

July 2025

Brooke Grove Retirement Village
Independent Living Community Calendar of Events

| Monday | Tuesday 1 | Wednesday 2 | Thursday 3 | Friday 4 | Saturday 5 |
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|  | Everyday Balance 9:45 Appointments with Amy 11:00-1:00 Yoga 1:30 | Botanic Garden 10:30 Departure | Morning Social 9:15 Red Room 10:30, 12:30 Local Shuttle Bridge 2:00 Red Room Independence Day Dinner  | <i>Happy Independence Day!</i> <i>Westbrooke Clubhouse is closed!</i> | Sunday 6 |
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| Monday 7 | Tuesday 8 | Wednesday 9 | Thursday 10 | Friday 11 | Saturday 12 |
| Strength Training 9:45 Gospel of Matthew Class 2:30 Red Room | Everyday Balance 9:45 Appointments with Amy 11:00-1:00 Yoga 1:30 Games in the Red Room 3:00 | Lunch: Manor at Silo Falls 11:00 Departure | Morning Social 9:15 Red Room 10:30, 12:30 Local Shuttle Strength Training 1:00 Walk to End Alzheimer's Kickoff Party 2:30 Rehab Courtyard | Great Courses 10:00 Red Room Everyday Balance 11:15 Yoga 12:00 Movie: <i>Friendly Persuasion</i> 2:00 Gathering Room | Sunday 13 |
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| Monday 14 | Tuesday 15 | Wednesday 16 | Thursday 17 | Friday 18 | Saturday 19 |
| Strength Training 9:45 Program Committee 11:00 Red Room | Appointments with Amy 11:00-1:00 Martina Sestakova Exhibit 1:30 Departure | Quarterly Corporate Meeting 11:00 Red Room Story Time with Patty, Andrew, & Fred 2:00 Red Room | Morning Social 9:15 Red Room 10:30, 12:30 Local Shuttle Art & History 11:00 Red Room Strength Training 1:00 Bridge 2:00 Red Room | Great Courses 10:00 Red Room Everyday Balance 11:15 Yoga 12:00 Olney Theatre: <i>Kim's Convenience</i> 1:00 Departure | Sunday 20 |
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| Monday 21 | Tuesday 22 | Wednesday 23 | Thursday 24 | Friday 25 | Saturday 26 |
| Strength Training 9:45 Gospel of Matthew Class 2:30 Red Room | Everyday Balance 9:45 Appointments with Amy 11:00-1:00 Yoga 1:30 Trivia 3:00 Red Room | Little Italy, Baltimore: Aquarium & Lunch 9:30 Departure | Morning Social 9:15 Red Room 10:30, 12:30 Local Shuttle Strength Training 1:00 ILRA Meeting 11:00 Red Room | Great Courses 10:00 Red Room Everyday Balance 11:15 Yoga 12:00 Movie: <i>Nonnas</i> 2:00 Gathering Room | Sunday 27 |
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| Monday 28 | Tuesday 29 | Wednesday 30 | Thursday 31 | | |
| Strength Training 9:45 Sarah Province Art Show 10:30 Red Room Book Club 2:30 Red Room | Appointments with Amy 11:00-1:00 Internet Café 3:30 Red Room | Gideon Amir Community Gem: Are You Crazy? Jumping Out of a Plane? 2:00 Red Room | Morning Social 9:15 Red Room 10:30, 12:30 Local Shuttle Strength Training 1:00 Bridge 2:00 Red Room Graham Nash & Emmylou Harris Wolf Trap 6:00 Departure | | |