

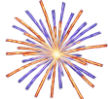





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
July 2025 1635 The Meadows		1 10:00 Iced Tea Social 10:30 Manicures & Music 12:15 Hand Massages 2:30 Patriotic Flower Arranging 3:45 Room Visits  Canada Day	2  Petting Zoo & Fourth of July Cookout 	3 10:00 Seated Exercise & Hydration Station 11:00 BINGO! 2:30 Group Crossword 3:45 One-to-Ones	4 2:30 Frank Plumer  Independence Day (US)	5 3:15 Whiteboard Games
6 3:15 BINGO! Happy Birthday Linda!	7 10:00 Seated Exercise & Hydration Station 11:00 Group Crossword 12:15 Music & Meditation 2:30 Joy in motion (37/35) 3:45 Room Visits	8 10:00 Iced Tea Social 10:30 Manicures & Music 12:15 Hand Massages 2:00 Wellness series with Kristen OT (35) 3:15 Popsicles and Music on the Porch	9 10:00 Activity Prep 10:30 Art with Hiral (35) 12:30 Hydration Station 2:30 Cooking with Mady DIY Pizza with Homegrown Garden Veggies! 3:45 Taste Test!	10 10:00 Morning Movie 2:00 BINGO! Store!!!	11 10:00 Morning Convo 10:30 Jewish Services (37) 11:00 BINGO! 2:30 Friday Entertainment Jazz with Yvonne	12 3:15 Whiteboard Games
13 3:15 BINGO!	14 10:00 Iced Tea Social 10:30 Manicures & Music 12:15 Hand Massages 2:30 Scrabble 3:45 Room Visits	15 10:00 Seated Exercise & Hydration Station 11:00 BINGO! 2:15 Jigsaw Puzzles 3:45 Popsicles and Music on the Porch	16 10:00 Seated Exercise & Hydration Station 11:00 Group Crossword 12:15 Current Events 2:30 Take 2 Variety Band (35) 3:45 Porch Chats	17 10:00 Coffee & Convo 10:30 Quirkle 12:00 Trivia Time! 2:30 Story time with Arianna Ross (35) 3:45 One-to-Ones	18 10:00 Seated Exercise & Hydration Station 11:00 BINGO! 2:30 Friday Entertainment Music with Melanie	19 3:15 Whiteboard Games
20 3:15 BINGO!	21 10:00 Iced Tea Social 10:30 Manicures & Music 12:15 Hand Massages 2:30 Scrabble 3:45 Room Visits	22 10:00 Seated Exercise & Hydration Station 11:00 BINGO! 2:15 Jigsaw Puzzles 3:45 Popsicles and Music on the Porch	23 10:00 Seated Exercise & Hydration Station 11:00 Group Crossword 12:15 Current Events 2:00 Movie in the Meadows  3:45 Porch Chats	24 10:00 Activity Prep 10:30 Travels with Linda Across the Pond 12:00 Trivia Time! 2:30 Paint & Sip 3:45 One-to-Ones	25 10:00 Seated Exercise & Hydration Station 11:00 BINGO! 2:30 Friday Entertainment Flynnatra	26 3:15 Whiteboard Games
27 3:15 BINGO!	28 10:00 Iced Tea Social 10:30 Manicures & Music 12:15 Hand Massages 2:30 Culinary Explorations 3:45 Room Visits	29 10:00 Salon Transportation & Intermittent one on ones 2:15 BINGO! 3:45 Popsicles and Music on the Porch	30 10:00 Seated Exercise & Hydration Station 11:00 Group Crossword 12:15 Current Events 2:00 Harp with Hector (41) 3:30 Snack & Chat	31 10:00 Coffee & Convo 10:30 Quirkle 12:00 Trivia Time! 2:00 July Birthday Celebration & Social 		

Activities are subject to change