



# August 2025

Brooke Grove Retirement Village  
Independent Living Community Calendar of Events

				Friday 1	Saturday 2
				Great Courses 10:00 Red Room Everyday Balance 11:15 Yoga 12:00	
					Sunday 3
Monday 4	Tuesday 5	Wednesday 6	Thursday 7	Friday 8	Saturday 9
Strength Training 9:45 Gospel of Matthew Class 2:30 Red Room	Everyday Balance 9:45 Appointments with Amy 11:00-1:00 Yoga 1:30	Phillips Collection 10:30 departure 🚗	Morning Social 9:15 Red Room 10:30, 12:30 Local Shuttle 🚌 Strength Training 1:00	Great Courses 10:00 Red Room Everyday Balance 11:15 Yoga 12:00 Movie: Blues Brothers 2:00 Gathering Room	
Monday 11	Tuesday 12	Wednesday 13	Thursday 14	Friday 15	Saturday 16
Program Committee Meeting 11:00 Red Room	Everyday Balance 9:45 Mary Ann Jung Performance 11:30 Red Room Yoga 1:30	Lunch: Old Angler Inn 11:30 departure 🚗	Morning Social 9:15 Red Room 10:30, 12:30 Local Shuttle 🚌 ILRA Meeting 11:00 Red Room	Great Courses 10:00 Red Room Everyday Balance 11:15 Yoga 12:00 Summer Concert: Starvation Army Jazz Band 7-8 Patio	
Monday 18	Tuesday 19	Wednesday 20	Thursday 21	Friday 22	Saturday 23
Strength Training 9:45 Gospel of Matthew Class 2:30 Red Room	Everyday Balance 9:45 Appointments with Amy 11:00-1:00 Yoga 1:30 Weinberg: The Tempest 12:00 departure 🚗	Lunch: Olive on Main 11:30 departure 🚗	Morning Social 9:15 Red Room 10:30, 12:30 Local Shuttle 🚌 Strength Training 1:00	Great Courses 10:00 Red Room Trivia 3:00 Red Room	
Monday 25	Tuesday 26	Wednesday 27	Thursday 28	Friday 29	Saturday 30
Strength Training 9:45	Everyday Balance 9:45 Appointments with Amy 11:00-1:00 Yoga 1:30	Baltimore Museum of Art & Gertrude's Chesapeake Kitchen 10:00 departure 🚗	Morning Social 9:15 Red Room 10:30, 12:30 Local Shuttle 🚌 Art & History 11:00 Red Room Strength Training 1:00	Great Courses 10:00 Red Room Everyday Balance 11:15 Yoga 12:00 Movie: Goyo 2:00 Gathering Room	
					Sunday 31