












April 2026

Brooke Grove Retirement Village
Independent Living Community Calendar of Events

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| <p>“April is a month of melody. You can hear the warbling of mockingbirds, and the hum of bees.”</p> | | <p>Wednesday 1</p> <p>Tour of Two Exhibits & Lunch at the Phillips Collection 10:15 departure 🚌</p> | <p>Thursday 2</p> <p>Morning Social 9:30 Red Room Local Shuttle by request 🚌 Strength Training 1:00 Bridge 2:00 Red Room</p>  | <p>Friday 3</p> <p>The Great Courses 10 Red Rm Everyday Balance 11:15 Yoga 12:00 Movie: “The Illusionist” 2:00 Red Room</p> | <p>Saturday 4</p> |
| | | <p>Sunday 5</p> | | | |
| <p>Monday 6</p> <p>Strength Training 9:45 Book of Jubilees Class 2:30 Red Room</p> | <p>Tuesday 7</p> <p>Everyday Balance 9:45 Fitness & Massage with Amy 11:00 -1:00 Yoga 1:30</p>  | <p>Wednesday 8</p> <p>Lunch Bunch at The Irish Inn at Glen Echo 10:45 departure 🚌🍴</p> | <p>Thursday 9</p> <p>Morning Social 9:30 Red Room ILRA Executive Board Meeting 11:00 Red Room Local Shuttle by request 🚌 Strength Training 1:00</p> | <p>Friday 10</p> <p>The Great Courses 10 Red Rm Everyday Balance 11:15 “1776” at Ford’s 11:30 🚌 Yoga 12:00 Spring Fling Dinner</p>  | <p>Saturday 11</p> |
| <p>Sunday 12</p> | | | | | |
| <p>Monday 13</p> <p>Strength Training 9:45  Program Committee Meeting 11:00 Red Room</p> | <p>Tuesday 14</p> <p>Everyday Balance 9:45 Fitness & Massage 11 -1:00 Yoga 1:30 Internet Café 3:30 Red Room </p> | <p>Wednesday 15</p> <p>Coffee Talk with BGF Administration 11:00 Red Room “Appropriate” at Multz- Gudelsky Theatre Lab 6:45 departure 🚌</p> | <p>Thursday 16</p> <p>Morning Social 9:30 Red Room Local Shuttle by request 🚌 Art & History 11:00 Red Room Strength Training 1:00 Bridge 2:00 Red Room </p> | <p>Friday 17</p> <p>The Great Courses 10 Red Rm. Everyday Balance 11:15 Yoga 12:00 Movie: “What About Bob?” 2:00 Red Room  “Lollapalosaurs” 6:00 🚌</p> | <p>Saturday 18</p> |
| <p>Sunday 19</p> | | | | | |
| <p>Monday 20</p> <p>Strength Training 9:45 Book of Jubilees Class 2:30</p> | <p>Tuesday 21</p> <p>Everyday Balance 9:45 Lunch at Silver Fountain & Martina’s Art Show 10:45 departure 🚌 Fitness & Massage 11 -1:00 Yoga 1:30</p> | <p>Wednesday 22</p> <p>Guided Tour & Lunch at Folger’s Shakespeare Library 10:15 departure 🚌</p> | <p>Thursday 23</p> <p>Morning Social 9:30 Red Room Local Shuttle by request 🚌 Vaccination Clinic 10:00 (1635) Strength Training 1:00 Community Gems: Elaine Taylor’s Art Open House (1739 Hickory) 1:00 to 4:00 🚌</p> | <p>Friday 24</p> <p>The Great Courses 10:00 Red Room Everyday Balance 11:15 Yoga 12:00 </p> | <p>Saturday 25</p> |
| <p>Sunday 26</p> | | | | | |
| <p>Monday 27</p> <p> Strength Training 9:45</p> | <p>Tuesday 28</p> <p>Everyday Balance 9:45 Outdoor Fitness Walk 11:15 Amy in Fitness Ctr. 12-1:00 Yoga 1:30</p> | <p>Wednesday 29</p> <p>Azaleas at the Arboretum and Lunch at Greek Village 9:00 departure 🚌</p> | <p>Thursday 30</p> <p>Morning Social 9:30 Red Room Local Shuttle by request 🚌 Strength Training 1:00 Geography Trivia at 2:30</p> | | |