

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

October 2026

MEADOWS 1639

				10:00 FACETIME CALLS 11:00 SEATED EXERCISE 12:00 GROUP READING 2:00 MINDFUL COLORING 3:00 MUSICAL AFTERNOON	1 10:00 WALK & TALK HYDRATION STATION 11:00 ARTS & CRAFTS 12:00 ONE ON ONES 2:30 FLYNNATRA (35) 3:45 SNACK & CHAT	2 11:15 BALLOON BALL 3:15 JIGSAW PUZZLES Simchat Torah Begins
11:15 COLORING PAGES 3:15 AFTERNOON MOVIE MATINEE	4 10:00 MORNING NEWS 11:00 BALLOON BALL 12:00 BINGO 2:30 BIBLE STUDY (37) 3:45 ONE ON ONES	5 10:00 MANICURES 11:15 BALLOON BALL 12:15 GROUP READING 2:00 MINDFUL COLORING 3:00 MATCHING GAME	6 10:00 SEATED EXERCISES 11:00 ARTS & CRAFTS 12:00 21 QUESTIONS 2:00 WHITEBOARD GAMES 3:00 TRIVIA	7 10:00 BALLOON BALL 11:00 BINGO 12:00 GROUP READING 2:00 SMOOTHIES & CHAT 3:00 ORCHESTRA PERFORMANCE ON YT	8 10:00 WALK & TALK 11:00 SORTING GAME 12:00 JIGSAW PUZZLE 2:00 ARTS & CRAFTS 3:45 SNACK & CHAT	9 11:15 MINDFUL COLORING 2:00 BOB CLARK (35)
11:15 WHITE BOARD GAMES 3:15 WALK & TALK	11 10:00 MORNING NEWS 11:00 BEAN BAG TOSS 12:00 21 QUESTIONS 2:00 MINDFUL COLORING 3:00 JIGSAW PUZZLES Indigenous Peoples' Day Columbus Day (U.S.) Thanksgiving Day (Canada)	12 10:00 MANICURES 11:00 SORTING GAME 12:00 GROUP READING 2:30 SINGING COWGIRL (35) 3:00 ONE ON ONES	13 10:00 WALK & TALK 11:00 MINDFUL COLORING 12:00 WHITEBOARD GAMES 2:00 BALLOON BALL 3:00 AFTERNOON MOVIE MATINEE	14 10:00 FACETIME CALLS 11:00 MIKE AND SHAWNA (35) 12:15 GROUP READING 2:00 MATCHING GAME 3:00 JIGSAW PUZZLE 9AM – 12PM VACCINE CLINIC	15 10:00 GREET & GATHER 10:15 JEWISH SERVICES (37) 11:45 MINDFUL COLORING 2:30 OKTOBERFEST (MEADOWS CIRCLE)	16 11:15 BALLOON BALL 3:15 BINGO
11:15 JIGSAW PUZZLES 3:15 NATIONAL GEOGRAPHIC DOCUMENTARY	18 10:00 MORNING NEWS 11:00 SEATED EXERCISES 12:00 GROUP READING 2:30 BIBLE STUDY (37) 3:45 ONE ON ONES	19 10:00 MANICURES 11:00 MATCHING GAME 12:00 WHITEBOARD GAMES 2:00 HOT COCOA & CHAT 3:00 JIGSAW PUZZLES	20 10:00 GREET AND GATHER 10:30 ART WITH HIRAL (39) 11:45 GROUP READING 2:00 BIRTHDAY BASH (35) 3:45 ONE ON ONES	21 10:00 GREET & GATHER LUNCH OUTING 3:00 AFTERNOON MUSICAL ON YT	22 10:00 MORNING STRETCHES 11:00 TRIVIA 12:00 BINGO 2:30 DAVE WEBER (35) 3:45 SNACK & CHAT	23 11:15 WHITE BOARD GAMES 3:15 BALLOON BALL
11:15 SEATED EXERCISES 3:15 BINGO	25 10:00 MORNING NEWS 11:00 BALLOON BALL 12:00 BINGO 2:00 MINDFUL COLORING 3:00 SORTING GAME	26 10:00 MANICURES 11:00 TRIVIA 12:00 GROUP READING 2:00 MOVIE IN THE MEADOWS (37) 3:30 ONE ON ONES	27 10:00 SEATED EXERCISES 11:00 ARTS & CRAFTS 12:00 21 QUESTIONS 2:00 HARP WITH HECTOR (41) 3:15 JIGSAW PUZZLES	28 10:00 FACETIME CALLS 11:00 WHITEBOARD GAMES 12:00 GROUP READING 2:00 BOWLING 3:00 HOCUS POCUS & POPCORN	29 10:00 MORNING NEWS 11:00 HALLOWEEN PARADE 2:30 BERNIE KELLET (35) 3:45 SNACK & CHAT	30 11:15 SPOOKY MINDFUL COLORING 3:15 AFTERNOON MOVIE MATINEE Halloween

Activities subject to change