

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

October 2026

Woods 1614

				10:00 Good Morning Chats 11:00 Hangman: Fall Fest 1:30 Outdoor Walk 2:00 Fall Watercolor Painting 3:00 Fall Hydration Station: Apple Cider Social	2 10:00 Voting Clinic 11:00 Fall Stretch & Bands 1:30 Write Word Game 2:30 <i>The Reputations</i> (14) 3:30 Snacks, Mocktails & Social Chat: Pretzels & Apple Cider	3 10:00 Good Morning Chats 10:30 <i>Bingo</i> 11:00 Seated Fitness Simchat Torah Begins
4 10:00 Sunday Morning on CBS (Ch9) 10:30 Catholic Mass (channel 23) 11:00 Outdoor Walk and Chat 11:30 Carol Burnet TV Show	5 10:00 Rise and Shine 10:30 Group Crosswords 11:00 Outdoor walk 1:30 Anagram Game 2:30 Bible study or <i>Child Day Discussion</i> 3:30 Hydration Station	6 10:00 Morning Stretches with bands 11:00 Balloon Ball 1:30 Funny videos 2:30 Riddle Me This 3:30 Current Events & Cinnamon Tea Social	7 10:00 Get Groovy 10:30 Puzzles 11:00 Cornhole 1:30 Did you know? About Stevie Wonder 2:00 Travel Club: Thailand 3:00 Thai Tea Social	8 10:00 Good Morning 10:30 Hangman 11:00 Balloon Ball 1:30 Origami 2:00 Car Ride 3:00 America Got Talent	9 10:00 Morning Stretches 11:00 Bowling 1:30 Trivia 2:00 America go talent show 3:00 Short Story Club :	10 10:00 Rise and Shine 10:30 <i>Bingo</i> 11:00 The Great Fall Walk 3:15 <i>Bob Clark</i> (14)
11 10:00 Good Morning Stretches 10:30 Catholic Mass (Channel 23) 11:00 Balloon Ball 11:30 Animal Show	12 10:00 Morning Chats 10:30 Alphabet Challenge: Food and Drinks 11:00 Seated Exercise 1:30 Gardening Club: Terrarium Building 2:00 Ice Cream Social 3:00 Hydration station <i>Indigenous Peoples' Day Columbus Day (U.S.) Thanksgiving Day (Canada)</i>	13 10:00 Good Morning Chats 10:30 Balloon ball 11:00 Hydration Station 1:30 Brain Bowl: Team Trivia 2:00 Outdoor Walk 3:30 <i>Singing Cowgirl</i> (14)	14 10:00 Seated Fitness 11:00 <i>Bingo</i> 1:30 Balloon Ball 2:00 Nails and Music 3:00 Afternoon Matinee	15 9am - 12pm <i>Vaccine Clinic</i> 10:00 Morning Stretches 10:30 Did You Know? - Trivia game 11:00 Rummikb Game 1:30 Arts & Crafts 2:30 Smoothie Making 3:55 <i>Mike and Shawna</i> (14)	16 10:00 Morning Chats: Favorite Artist 10:30 Music history: Birth of Pop 11:00 FaceTime Calls 1:30 Finish the Lyrics 1950's - 1970's 2:30 <i>Oktoberfest (Meadows Circle)</i>	17 10:00 Stretch & Music 10:40 <i>Bingo</i> 11:30 Fall Porch Chats
18 10:00 Sunday Morning on CBS 10:30 Catholic Mass 11:00 Bowling 11:30 Lassie Show	19 10:00 Morning News 11:00 Front Porch Chats Grandparent Memories 1:30 Gardening Club 2:30 Bible study or Movie Matinee 3:00 Word Games 3:30 Guess the character	20 10:00 Morning Chats 11:00 Brain Bowl: Team Trivia 1:30 Outdoor walk 2:00 Fall Energy Snack: Peanut Butter Toast with Banana & Honey 2:30 <i>Drums with Deke</i> (14)	21 10:00 Good Morning 11:00 Seated Fitness 1:30 Brain Games - Crossword 2:00 <i>Birthday Bash</i>	22 10:00 Coffee & Headlines 11:00 Pumpkin Craft 1:30 Balloon Ball 2:00 <i>Fido's for Freedom</i> (14) 3:30 One-to-one Visits	23 10:00 Morning Chats: Favorite Things to Do in Fall 11:00 Balloon Ball 1:30 Whiteboard Game 2:00 Cocoa Hour: Hot Chocolate & Cookies 2:30 <i>Music With Melanie</i> (14)	24 10:00 Good Morning Chats 10:30 <i>Bingo</i> 11:30 Balloon Ball
25 10:00 Porch Chats - Halloween Hangman Edition 11:00 Balloon Ball 11:30: America's Got Talent	26 10:00 Greet and Gather 11:00 21 Questions 1:30 Painting Terracotta Pots 2:00 Undine Surveys 3:00 Board Games 3:30 One-to-One Visit	27 10:00 Rise & Shine 10:30 Puzzles 11:00 <i>Lunch Outing</i> 2:00 Movie in the Meadows 3:00 Smoothie Making	28 10:00 Good Morning 10:30 Balloon Ball 11:00 Did You know? - History Of Coca-Cola 2:00 Animal Planet 3:00 <i>Harp with Hector</i> (14)	29 10:00 Good Morning Chat 11:00 Pumpkin Carving 1:30 Afternoon Trivia 2:00 Seated Yoga 3:00 Art and Craft 3:30 Facetime Calls	30 10:00 Good Morning Chats 11:00 Travel Club - Fiji 1:30 Seated Yoga 2:30: Stories and Fables: Five Minute Mysteries 3:30 <i>Bernie Kellet</i> (14)	31 10:00 Morning stretches. 10:30 <i>Bingo</i> 11:30 Nails and Music Halloween

Activities are subject to change.