

**The Third Sunday in Lent
Sunday, March 8, 2026**

The Liturgy of the Word

Prelude

Kedron

Morrison

Entrance Hymn #522

Glorious things of thee are spoken

*1 Glorious things of thee are spoken,
Zion, city of our God;
he whose word cannot be broken
formed thee for his own abode;
on the Rock of Ages founded,
what can shake thy sure repose?
With salvation's walls surrounded,
thou may'st smile at all thy foes.*

*3 Round each habitation hovering,
see the cloud and fire appear
for a glory and a covering,
showing that the Lord is near.
Thus deriving from their banner,
light by night, and shade by day,
safe they feed upon the manna
which he gives them when they pray.*

*2 See! the streams of living waters,
springing from eternal love,
well supply thy sons and daughters
and all fear of want remove.
Who can faint, when such a river
ever will their thirst assuage?
Grace which, like the Lord, the giver,
never fails from age to age.*

*4 Blest inhabitants of Zion,
washed in the Redeemer's blood!
Jesus, whom their souls rely on,
makes them kings and priests to God.
'Tis his love his people raises
over self to reign as kings:
and as priests, his solemn praises
each for a thank-offering brings.*

Words: John Newton (1725-1807), alt.

Music: *Austria*, Franz Joseph Haydn (1732-1809); desc. Michael E. Young (b. 1939)

Opening Acclamation (*stand*)

Celebrant Bless the Lord who forgives all our sins.

People **God's mercy endures for ever.**

Collect for Purity

Almighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. Amen.

Kyrie Eleison



Lord, have mer - cy up - on us. Lord, have mer - cy up -
on us. Lord, have mer - cy up - on us. Christ, have mer - cy up -
on us. Christ, have mer - cy up - on us. Christ, have mer - cy up -
on us. Lord, have mer - cy up - on us.
Lord, have mer - cy up - on us. Lord, have mer - cy up - on us.

Collect of the Day

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

First Reading

Exodus 17:1-7

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarreled with Moses, and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the Lord?" But the people thirsted there for water; and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?" So Moses cried out to the Lord, "What shall I do with this people? They are almost ready to stone me." The Lord said to Moses, "Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink." Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarreled and tested the Lord, saying, "Is the Lord among us or not?"

Psalm 95

Venite, exultemus

- A 1 Come, let us sing to the Lord, *
let us shout for joy to the Rock of our salvation.
- B 2 Let us come before his presence with thanksgiving *
and raise a loud shout to him with psalms.
- A 3 For the Lord is a great God, *
and a great King above all gods.
- B 4 In his hand are the caverns of the earth, *
and the heights of the hills are his also.
- A 5 The sea is his, for he made it, *
and his hands have molded the dry land.
- B 6 Come, let us bow down, and bend the knee, *
and kneel before the Lord our Maker.
- A 7 For he is our God,
and we are the people of his pasture and the sheep of his hand. *
Oh, that today you would hearken to his voice!
- B 8 Harden not your hearts,
as your forebears did in the wilderness, *
at Meribah, and on that day at Massah,
when they tempted me.
- A 9 They put me to the test, *
though they had seen my works.
- B 10 Forty years long I detested that generation and said, *
"This people are wayward in their hearts;
they do not know my ways."
- B 11 So I swore in my wrath, *
"They shall not enter into my rest."

Second Reading

Romans 5:1-11

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope,

and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us.

For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person-- though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

Sequence Hymn #685

Rock of ages, cleft for me

*1 Rock of ages, cleft for me,
let me hide myself in thee;
let the water and the blood
from thy wounded side which flowed,
be of sin the double cure,
cleansing me from its guilt and power.*

*2 Should my tears for ever flow,
should my zeal no languor know,
all for sin could not atone:*

*thou must save, and thou alone;
in my hand no price I bring,
simply to thy cross I cling.*

*3 While I draw this fleeting breath,
when mine eyelids close in death,
when I rise to worlds unknown
and behold thee on thy throne,
Rock of ages, cleft for me,
let me hide myself in thee.*

Words: Augustus Montague Toplady (1740-1778), alt.
Music: *Toplady*, Thomas Hastings (1784-1872)

Gospel

John 4:5-42

The Holy Gospel of our Lord Jesus Christ according to John.

Glory to you, Lord Christ.

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon.

A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." (His disciples had gone to the city to buy food.) The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that

living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?” Jesus said to her, “Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life.” The woman said to him, “Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water.”

Jesus said to her, “Go, call your husband, and come back.” The woman answered him, “I have no husband.” Jesus said to her, “You are right in saying, ‘I have no husband’; for you have had five husbands, and the one you have now is not your husband. What you have said is true!” The woman said to him, “Sir, I see that you are a prophet. Our ancestors worshiped on this mountain, but you say that the place where people must worship is in Jerusalem.” Jesus said to her, “Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth.” The woman said to him, “I know that Messiah is coming” (who is called Christ). “When he comes, he will proclaim all things to us.” Jesus said to her, “I am he, the one who is speaking to you.”

Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, “What do you want?” or, “Why are you speaking with her?” Then the woman left her water jar and went back to the city. She said to the people, “Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?” They left the city and were on their way to him.

Meanwhile the disciples were urging him, “Rabbi, eat something.” But he said to them, “I have food to eat that you do not know about.” So the disciples said to one another, “Surely no one has brought him something to eat?” Jesus said to them, “My food is to do the will of him who sent me and to complete his work. Do you not say, ‘Four months more, then comes the harvest’? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, ‘One sows and another reaps.’ I sent you to reap that for which you did not labor. Others have labored, and you have entered into their labor.”

Many Samaritans from that city believed in him because of the woman’s testimony, “He told me everything I have ever done.” So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. And many more believed because of his word. They said to the woman, “It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Savior of the world.”

The Gospel of the Lord.

Praise to you, Lord Christ.

Sermon

A brief meditative silence follows.

Nicene Creed

All standing, as able

We believe in one God,

***the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.***

We believe in one Lord, Jesus Christ,

***the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,***

begotten, not made,

of one Being with the Father.

Through him all things were made.

For us and for our salvation

he came down from heaven:

by the power of the Holy Spirit

***he became incarnate from the Virgin Mary,
and was made man.***

For our sake he was crucified under Pontius Pilate;

he suffered death and was buried.

On the third day he rose again

in accordance with the Scriptures;

he ascended into heaven

and is seated at the right hand of the Father.

***He will come again in glory to judge the living and the dead,
and his kingdom will have no end.***

We believe in the Holy Spirit, the Lord, the giver of life,

who proceeds from the Father and the Son.

With the Father and the Son he is worshiped and glorified.

He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead,

and the life of the world to come. Amen.

Prayers of the People *(stand or kneel)*

The Leader and People pray responsively

In peace, let us pray to the Lord, saying, "Lord, have mercy."

Almighty God, you speak life into being and call us into holy community. Help us to knit closer connections with our neighbors in order to learn from each other, heal wounds, and share your love. Grant us courage and grace not to be silent, and to stand with all people in their faith journeys. Guide us with the Holy Spirit to grow into the likeness of Jesus.

Silence

Let us pray to the Lord.

Lord, have mercy.

For all the people of your Holy Church, unite us in truth and love, so that we may share your glory with the world. Give us courage to speak your Word.

Silence

Let us pray to the Lord.

Lord, have mercy.

For our leaders, give them wisdom to serve justice and promote the dignity and freedom of every person, according to your will. Give us courage to treat our leaders with respect, remembering that our citizenship is rooted in your heavenly kingdom.

Silence

Let us pray to the Lord.

Lord, have mercy.

For our earthly home, strengthen us to care for your creation and forgive us when, through our greed and indifference, we abuse its beauty and damage its potential. Empower us through the Holy Spirit to nurture and love the world so that all creation sings together in glory.

Silence

Let us pray to the Lord.

Lord, have mercy.

For our community and for the blessings that fill and enrich our lives, we thank you. Help us to remember the families, friends, and neighbors who share our journeys. We especially thank you for the opportunity to share your presence, as well as our resources, with those around us. Give us grace to serve Christ by serving our neighbors and our community, loving others as he loves us.

Silence

Let us pray to the Lord.

Lord, have mercy.

For those who are poor in body or spirit; those who are sick, lonely, and in mourning; those who are oppressed, unemployed, and forsaken by humanity: these are your children that you call most blessed. Comfort them with your love and open our wounded hearts when we forget to do the same.

Silence

Let us pray to the Lord.

Lord, have mercy.

For those who have departed this earthly life, may they be given eternal life among the saints.

Silence

Let us pray to the Lord.

Lord, have mercy.

The Celebrant adds a concluding Collect.

O God, whose glory it is always to have mercy: Be gracious to all who have gone astray from your ways, and bring them again with penitent hearts and steadfast faith to embrace and hold fast the unchangeable truth of your Word, Jesus Christ your Son; who with you and the Holy Spirit lives and reigns, one God, for ever and ever. ***Amen.***

Let us humbly confess our sins unto Almighty God.

Silence may be kept.

Confession of Sin and Absolution

(After a brief moment of silence we pray all together)

Most merciful God,

we confess that we have sinned against you

in thought, word, and deed,

by what we have done,

and by what we have left undone.

We have not loved you with our whole heart;

we have not loved our neighbors as ourselves.

We are truly sorry and we humbly repent.

For the sake of your Son Jesus Christ,

have mercy on us and forgive us;

that we may delight in your will,

and walk in your ways,

to the glory of your Name. Amen.

The Peace (stand)

Celebrant The peace of the Lord be always with you.

People ***And also with you.***

Community Announcements

Thanksgivings and Prayer Requests

The Holy Communion

Offertory Anthem

Agnus Dei

Butler

At the Offering

*Praise God, from whom all blessings flow;
praise him all creatures here below;
praise him above, ye heavenly host:
praise Father, Son, and Holy Ghost.*

The Great Thanksgiving

Celebrant The Lord be with you.

People *And also with you.*

Celebrant Lift up your hearts.

People *We lift them to the Lord.*

Celebrant Let us give thanks to the Lord our God.

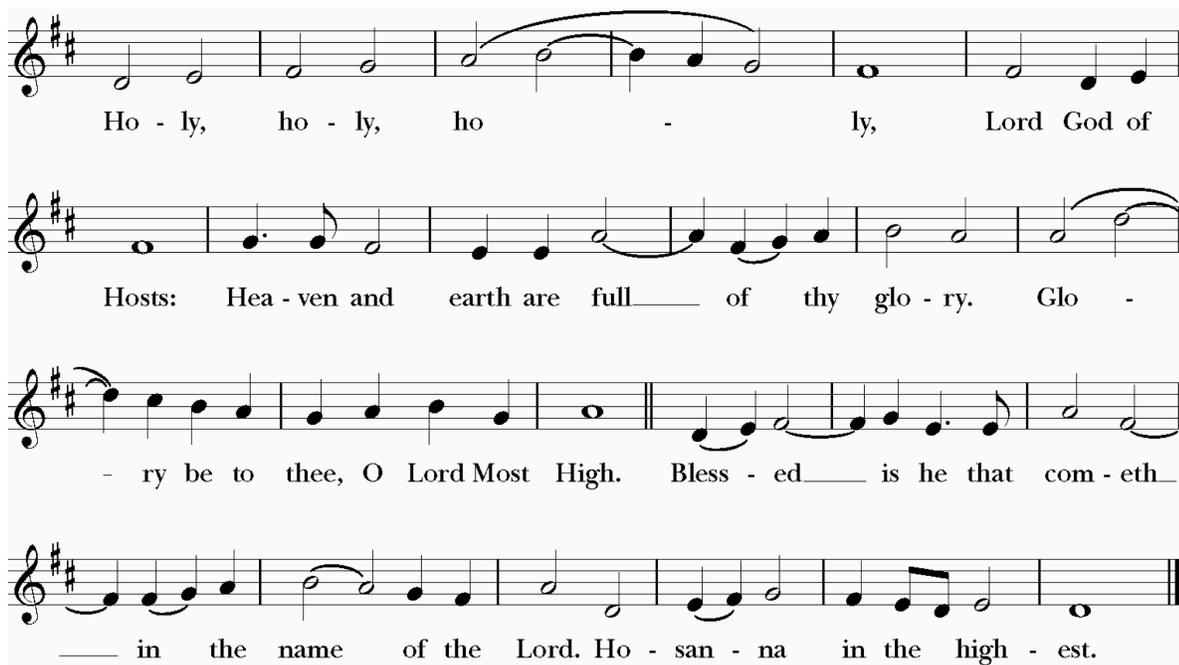
People *It is right to give God thanks and praise.*

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Here a Proper Preface is said.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Sanctus



Ho - ly, ho - ly, ho - ly, Lord God of
Hosts: Hea - ven and earth are full of thy glo - ry. Glo -
- ry be to thee, O Lord Most High. Bless - ed is he that com - eth
in the name of the Lord. Ho - san - na in the high - est.

The Celebrant continues (stand or kneel)

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:



We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

And now, as our Savior Christ taught us, we are bold to say,
(chanted)

***Our Father in heaven,
hallowed be your Name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.***

*Forgive us our sins
as we forgive those
who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.*

The Breaking of the Bread

O Lamb of God, that ta - kest a -
way the sins of the world, have mer - cy up -
on us. O Lamb of God, that
ta - kest a - way the sins of the world, have
mer - cy up - on us. O Lamb of
God, that ta - kest a - way the sins of the
world, grant us thy peace.

We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.

All baptized Christians, including children, are invited to receive Holy Communion. If you have not been baptized and/or choose not to receive, you are also invited to God's table; come forward to receive a blessing, crossing your arms over your chest to indicate your desire*

**Our Communion bread is gluten-free.*

Communion Hymn *As the deer*

A Prayer of Mission for Eucharistic Visitors

People We send you forth bearing these holy gifts, that those to whom you go may share with us the communion of Christ's body and blood.

Celebrant Go in peace.

Postcommunion Prayer

Almighty and everliving God, we thank you for feeding us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us thereby of your favor and goodness towards us: that we are living members of the mystical body of your Son, the blessed company of all faithful people; and also heirs, through hope, of your everlasting kingdom. We humbly beseech you so to assist us with your grace, that we may continue in that holy fellowship, and do all such good works as you have given us to do; through Jesus Christ our Lord, to whom with you and the Holy Spirit be all honor and glory, world without end. Amen.

Blessing

Closing Hymn #690

Guide me, O thou great Jehovah

*1 Guide me, O thou great Jehovah,
pilgrim through this barren land;
I am weak, but thou art mighty;
hold me with thy powerful hand;
bread of heaven, bread of heaven,
feed me now and evermore,
feed me now and evermore.*

*2 Open now the crystal fountain,
whence the healing stream doth flow;
let the fire and cloudy pillar
lead me all my journey through;
strong deliverer, strong deliverer.
be thou still my strength and shield,
be thou still my strength and shield.*

3 *When I tread the verge of Jordan,
bid my anxious fears subside;
death of death, and hell's destruction,
land me safe on Canaan's side;*

*songs of praises, songs of praises,
I will ever give to thee,
I will ever give to thee.*

Words: William Williams (1717-1791); tr. Peter Williams (1722-1796), alt.

Music: *Cwm Rhondda*, John Hughes (1873-1932)

Dismissal

People Thanks be to God!

Postlude

Basse de Trompette

Couperin

Worship Ministry for Today's Service

Celebrant & Preacher	The Rev. Jane Schmoetzer
LEMs	8am: Shanon Smith 10:15am: Julie Wiley
Lectors	8am: Tom Smith 10:15am: Randy Milligan
Acolytes	8am: 10:15am: Breanne O'Hare
Chalice Bearers	8am: Todd Sluss 10:15am: Susi C. & Melissa W.
Eucharistic Visitor	Julie Wiley
Ushers	8am: Mark D. & Tom S. 10:15am: Steve Goheen
Altar Guild Principal	Kris Wood
Music Director	John Spencer
Assistant Music Director	Adam Muhlestein
Video	Steve Wiley & Al Wells
Money	
Counters	Athena P. & John S.
Children's Chapel	Rachel L. & Cynthia S.

What's Happening at All Saints'

Parenting Workshop - The workshop will meet again **today**, after the 10:15 service, to discuss Ch. 7-8 of *Raising Humans in a Digital World*. We'll also spend some time considering what to read next.

Candy Donations Needed - We are collecting donations of wrapped candy for the Easter Egg Hunt and the senior baskets. Please bring the candy to the church office, or give to Theresa, **no later than Sunday, March 22**.

March B4 Dinner - Our Building Bridges Between Believers series continues on **Tuesday, March 10, at 6pm**. We'll focus on the doctrine of Apostolic Succession, and then learn about and create Anglican prayer beads. We've love to see you there!

Easter Bulletin Covers - Seeking artists of all ages to help design the covers of our Easter bulletins! Details can be found in the *March Saints Alive!* Submissions are needed in the office by **March 25**.

Easter Bag Sewing Party - Help us spread Easter cheer by sewing Easter Bunny treat bags! We'll meet in the parish hall on **Saturday, March 14, from 11am-3pm** - bring your sewing machine. Find supplies to make one at home in the narthex. See Theresa G. or Susi C. with any questions.

Youth Group - The Youth Group, for anyone in grades 6-12, will meet **Sunday, March 15, from 5-7pm** to prep for Easter and the upcoming tea. Dinner is included, and we'll end with Compline. Friends are always welcome!

Saints and Sinners - This potluck social group open to all adults will be meeting **Friday, March 20**, in the parish hall. We'll meet at 6pm for drinks, with dinner at 7pm. Sign up in the narthex the week before to RSVP.

Spring Gathering Day - Join our Southwest regional siblings for Gathering Day on **Saturday, March 21 from 9:30am-3:30pm**, at St. Paul's in Walla Walla. We'll focus on our corporate and personal prayer life. Lunch will be provided. All are invited - clergy and laypeople.

All Saints' Book Group - Our next book to read is *Project Hail Mary* by Andy Weir. This 2022 novel is a sci-fi thriller with the fate of humanity and the earth in the hands of a lone astronaut. We will meet on **Thursday, March 26, at 6pm** for a potluck dinner and discussion.

March Outreach: Skills Development Mission - We are collecting healthy after school snacks, juice boxes, and Kleenex for the Skills Development Mission. Examples of snacks can be found in the *March Saints Alive!* The donation box will be available in the narthex through March. Thank you for supporting SDM!