



BREAKFAST

OCTOBER 2025

Saint Patrick's Academy - East

Menu Subject to Change

Monday

Tuesday

Wednesday

Thursday

Friday

Milk
Cinnamon Roll
Fruit

1

Milk
Breakfast Bar
Fruit

2

Milk
Breakfast Pizza
Fruit

3

Milk
Goldfish Crackers
Smoothie
Fruit

6

Milk
Sausage Biscuit
Applesauce Cup

7

Milk
Cinnamon Sugar Donut
Fruit

8

Milk
Breakfast Bar
Fruit

9

Milk
Blueberry Muffin
Juice

10

Milk
Scooby Snack
Smoothie
Fruit

13

Milk
Sausage Biscuit
Applesauce Cup

14

Milk
Cinnamon Roll
Fruit

15

No School

16

No School

17

Milk
Goldfish Crackers
Smoothie
Fruit

20

Milk
Sausage Biscuit
Applesauce Cup

21

Milk
Cinnamon Sugar Donut
Fruit

22

Milk
Breakfast Bar
Fruit

23

Milk
Pancake on a Stick
Fruit

24

Milk
Scooby Snack
Smoothie
Fruit

27

Milk
Sausage Biscuit
Applesauce Cup

28

Milk
Cinnamon Roll
Fruit

29

Milk
Breakfast Bar
Fruit

30

Milk
Pumpkin Muffin
Juice

31



Monday

Tuesday

Wednesday

Thursday

Friday



6

Spaghetti w/ Meat Sauce,
Garlic Toast, Salad,
Fruit, Milk

7

Hawaiian Pork & Rice
Bowl, Carrots, Fruit, Milk

1

Scrambled Eggs w/
Cheese, Potato Casserole,
Sausage Links, Banana
Muffin, Fruit, Milk

2

Pizza Burger, Tossed
Salad, Fruit, Milk

3

Box Lunch
Enrichment Friday

13

Black Bean & Cheese
Quesadilla, Corn Chips w/
Bean Dip, Fruit, Milk

14

Cheese Ravioli Bake,
Garden Salad, Garlic
Bread, Fruit, Milk

15

Fish Sticks, Mac and
Cheese, Coleslaw,
Fruit, Milk

16

No School

17

No School

20

Chicken Nuggets, 3 Bean
Salad, Veg, Fruit, Milk

21

Hamburger Gravy,
Mashed Potatoes, Veg,
Fruit, Milk

22

Greek Gyro, Rice Pilaf,
Cucumbers, Fruit, Milk

23

Cheese or Pepperoni
Pizza, Carrot Sticks,
Fruit, Milk

24

Box Lunch
Enrichment Friday

27

Chicken Noodle Soup,
Turkey Ranch Wrap, Veg,
Fruit, Milk

28

Baked Potato Bar,
Broccoli w/ Cheese,
Bacon, Cheddar Cheese &
Sour Cream, Roll,
Fruit, Milk

29

Soft Pretzel w/ Cheese,
Romaine Salad, Fruit, Milk

30

Goulash, Corn, Roll,
Fruit, Milk

31

Box Lunch
Enrichment Friday

Main entrée item can be substituted for a PB&J sandwich available for 1st – 8th Grades.

Family members are welcome to eat lunch for only \$5. Please place your order by 8:30 AM on the day you will be joining us.