



# 2023 Surf Session Lineup

## Shoulder Season

Before Memorial Day & after Labor Day

WAVE SETUP	SESSION TIME
Anybody	830-915
Anybody	915-10
Anybody	10-1045
Anybody	1045-1130
Anybody	1130-1215
<i>Break/Coach Surf</i>	<i>1215-1245</i>
Anybody	1245-130
Anybody	130-215
Anybody	215-3
Anybody	3-345
Anybody	345-430
<i>Break/Coach Surf</i>	<i>430-5</i>
Anybody	5-545
Anybody	545-630
Anybody	630-715
Anybody	715-8

## Prime Season

Memorial Day weekend to Labor Day

WAVE SETUP	SESSION TIME
Advanced	745-830
Anybody	830-915
Anybody	915-10
Anybody	10-1045
Slidewaters Free	<i>1045-1130</i>
Slidewaters Free	<i>1130-1215</i>
<i>Break/Coach Surf</i>	<i>1215-1245</i>
Beginner	1245-130
Beginner	130-215
Anybody	215-3
Anybody	3-345
Anybody	345-430
<i>Break/Coach Surf</i>	<i>430-5</i>
Anybody	5-545
Advanced	545-630
Advanced	630-715
Anybody	715-8
Anybody	8-845
Anybody	845-930

**NOT ALL SESSIONS ARE AVAILABLE EVERY DAY LAKESIDE SURF IF OPEN.** PLEASE CHECK LAKESIDE SURF CALENDAR FOR SPECIFIC OPERATING HOURS. Sessions that can be completed within the days operating hours will be available.

### Explanation of Session Types

**Advanced Session:** Wave setup designed for accomplished surfers with experience on a river wave. With a higher flow of water and a faster pace, this wave is more difficult to surf and creates a larger wave for surfers. Wave will stay at this flow/size regardless of the group's skill level. Hard fins allowed and recommended.

**Anybody Session:** The #1 priority of this setup is safety. Wave settings may be adjusted based on overall experience level of group, but as a rule, "Anybody Sessions" feature a wave that's always big enough to allow hard fins, and also always safe enough for the least experienced surfer. "Anybody Sessions" can accommodate novice to expert surfers.

**Beginner Session:** Wave setup is designed specifically for new river surfers. The lower waterflow and smaller wave is more inviting for beginners and allows them to feel comfortable on the wave. The beginner wave settings do not allow for hard fins.

**Slidewaters Free Sessions:** These sessions are available to paid guests of Slidewaters and are only booked day of, on-site with Surf Coaches. These sessions utilize "Beginner" wave settings. Surf Vouchers, Memberships and drop-in privileges are not valid during these sessions. Priority for these surf spots given to first-time visitors at Lakeside Surf. Slidewaters season pass holders and other frequent visitors to Slidewaters are entitled to up to 10 free sessions per season.

Please contact our Surf Coaches for more information

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