

Welcome

Thank you for taking the time to read our September newsletter! We have enjoyed using our senses to explore a variety of fun filled activities.

Take a look at some of the highlights from last month, as well as the exciting things we have planned for the month ahead.

What's to come...

We will be celebrating many different events this month including Fitness Day, Getting to Know you Week and Gratitude Day.

We will also be hosting our 'Welcome back from summer coffee morning' on Tuesday 1st September. We look forward to seeing you all there.



What we have been up to...

Hedgehogs have been developing their gross motor skills through supported standing activities at the table, encouraging and helping the children to build their strength and confidence in standing. The children have also been enjoying group times with singing and stories, supporting their communication and language development.

In **Butterflies**, the children have enjoyed exploring Jungle Week, using different animals and a variety of materials and resources, exploring the textures while making marks. This also supported the children's communication skills as they identified the different animals and the sounds that they make.

Little Toads have been enjoying using their imagination as they explore the role play area. The children were identifying different food, discussing healthy eating as well as how we cook the foods. The children have also been developing their fine motor skills as well as hand eye coordination as they participate in activities such as threading and puzzles.

In **Owls**, the team have been supporting the children with school readiness, including fine motor skills activities including treading. The children have also been participating in activities based on holidays and summer. They enjoyed talking about different holidays they have been on and re-creating their memories into pieces of artwork.

Parent Notices

Forest school has now finished for the summer holidays. We will inform you on the return date closer to the time.

Reminder - the weather is changing so please ensure you bring weather appropriate clothing with you, including a sunhat, as well as spare clothing just in case needed!

Dates for your diary

Date	Event
Tuesday 1 st September	Getting to Know you Week
Tuesday 1 st September	Coffee Morning
Friday 18 th September	Fitness Day
Monday 21 st September	Gratitude Day



Recipe of the Month

Frozen Banana Yoghurt Lollies

Ingredients

- Bananas
- Natural or Greek yoghurt

Optional toppings:

- Desiccated coconut
- Cinnamon

Method

1. Peel bananas and cut them in half.
2. Insert a lolly stick or child-safe skewer.
3. Allow children to dip the bananas into yoghurt.
4. Roll in chosen toppings.
5. Place on a lined tray and freeze for 2-3 hours.
6. Enjoy as a refreshing summer snack.

Learning Opportunities

- Exploring different textures and temperatures
- Developing fine motor skills through dipping and rolling
- Encouraging independence and food confidence
- Talking about healthy foods that help keep our bodies cool and hydrated
- Introducing new flavours in a fun and pressure-free way

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Children's Nursery

