

Welcome

Thank you for taking the time to read our August newsletter! We have enjoyed using our senses to explore a variety of fun filled activities.

Take a look at some of the highlights from last month, as well as the exciting things we have planned for August.

What's to come...

We will be celebrating many different events this month including World Elephant Day, International Dog Day as well as International Owl Awareness Day.

We will also be celebrating National Beach Day by creating our own role play beach, building sandcastles and splashing around in our water tray.



What we have been up to...

Hedgehogs have been developing their gross motor skills as they encourage and support the children with pulling themselves to standing as well as cruising around furniture and taking their first steps! The team have also been supporting the children with their communication skills, singing songs and reading stories to increase their vocabulary.

In **Butterflies**, the team have also been supporting the children with their communication skills. The team have been leading circle times, using flash cards to increase the children's vocabulary as well as their confidence speaking in small groups. The team have also been planning some wonderful sensory activities, encouraging the children to use their senses and imagination to explore.

Little Toads have been developing their fine motor skills as they participate in activities such as threading. This also links with hand eye coordination which the team have been supporting the children with their hand eye coordination by activities such as throwing and catching, puzzles etc. The team have also been encouraging the children to recognise the first letter of their names.

In **Owls**, the children have been working on simple mathematics including addition calculations as well as maths games and puzzles. The children have also been discussing school, looking at different school uniforms and putting them on themselves as well as practicing writing their names.

Parent Notices

Forest School has now finished for the summer holidays. We will inform you on the return date closer to the time.

Reminder - the weather is changing so please ensure you bring weather appropriate clothing with you, including a sunhat, as well as spare clothing just in case needed!

Dates for your diary

Date	Event
Tuesday 4 th August	International Owl Awareness Day
Wednesday 12 th August	World Elephant Day
Wednesday 26 th August	International Dog Day
Sunday 30 th August	National Beach Day



Recipe of the Month

Pea & Paneer Curry

Ingredients

- 300g paneer, cubed
- 500g peas (frozen)
- 2 onions, finely chopped
- 200g tinned tomatoes
- 1.5 garlic cloves, minced
- 1 tbsp mild curry powder
- 200ml coconut milk
- 1 tbsp vegetable oil

Method

1. Heat oil in a large pot, sauté onions and garlic until soft.
2. Stir in curry powder and tomatoes; cook for 5 minutes.
3. Add coconut milk and bring to a gentle simmer.
4. Stir in peas and paneer, simmer for 10-15 minutes until heated through.
5. Serve with rice or naan.

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