

Hitchin Newsletter

Welcome

Thank you for taking the time to read our October newsletter.

We have had a very busy September! Take a look at what the children have been up to.

What have we been up to...

Forest School is back!

Our new Owls children loved their first Forest School adventure. We practiced our road safety by walking to the triangle gardens, holding our friends' hands. We were greeted by Tanya our Forest School teacher.

We then made our own kites by decorating thin plastic bin liners and securing them into a kite shape using sticks. We went out onto the field and watched our kites fly high.



Hedgehogs have been exploring the dinosaur island. They have been exploring new textures and learning new sounds and actions.

Little Chicks have been preparing for Autumn by crafting different autumn creatures. They particularly enjoyed making hedgehogs using paper plates, glue, paint and straw.

Badgers enjoyed their first French lesson with Louise. The children have been learning different animal names.

Ladybirds explored a construction site with oats, diggers and small world people. The children got imaginative and created their own construction stories.

Ladybirds baked a delicious beetroot cake. The children picked the beetroot from our garden – it was a fascinating colour. The children then weighed out the ingredients, mixed them together and baked the cakes. What a delicious treat to share with parents!

Butterflies have been creating a beautiful autumn tree using different parts of their body in paint. The children loved watching as the paint mixed, representing the changes in autumn.

Dragonflies developed a love for stories with there new cozy corner. The children talked about their favourite stories and characters.



Parent Notices

Family photos

Please can you email in or upload to EY a family photo for your child to share with their friends.

Backpacks

We are excited to issue a wonderful backpack to all our two-year-olds. This is a great place to store any spare clothes coming into nursery.

Autumn treasure collection

Please find an autumn treasure collection bag near our front door - a wonderful activity for you and your child to explore.

Suitable clothing

As we go through the autumn season, please can I remind you to bring in appropriate clothing for your child. This includes suitable footwear, warm coats and hats. We also require plenty of changes of clothes in case we get wet in the garden.

Dates for your diary

Date	Event
1 st October	World Ballet Day
4 th - 10 th October	World Space Day
17 th October	National Nursery Practitioner Day
21 st October	Apple Day
24 th October	Diwali
31 st October	Halloween

Daniela



Sarah



Please welcome Sarah and Daniela to our team

Recipe of the Month - Homemade Quorn sweet 'n sour with couscous



(Serves 5)

Ingredients

Onions - 1 diced
Green beans - 100 g
Garlic (minced) - 2 cloves
Pineapple (fresh) ¼ whole
Malt Vinegar - 80 ml.
Soft brown sugar - 45 g
Soy Sauce - 1 tbsp.
Tomato purée - 70 g
Ground ginger - ½ tsp.
Cornflour - 1 tbsp.
Quorn (diced) - 1 kg
(use vegetables for under 1)
Broccoli - 300 g
Couscous - 180 g

Method

1. In a pan lightly fry onions and garlic.
2. Add ground ginger, vinegar and sugar.
3. Add tomato purée and soy sauce.
4. Add approximately 100 ml of water and bring to a simmer.
5. Combine cornflour with a small amount of water and mix into the pan until it thickens.
6. Cook out cornflour and add pineapple chunks.
7. Floret the broccoli and top and tail the green beans.
8. In a small pan boil the broccoli and green beans until al dente.
9. Fry Quorn to caramelise.
10. Add Quorn and vegetables to sauce.
11. Serve with cooked couscous.