

Hitchin Newsletter

Welcome

Thank you for taking the time to read our February newsletter! January was a busy month, we welcomed back all our children and families after a wonderful Christmas break.

Take a look at some of the highlights from last month, as well as the exciting things we have planned for this month.

Whats to come...

On Friday 13th February, we will be celebrating Valentine's Day with a yummy breakfast for our parents. Our rooms will also be celebrating with a range of crafts and activities to talk about the people we love.

On Tuesday 17th February, we will be celebrating Lunar New Year with a special lunch and a variety of exciting activities to mark the occasion.

Hedgehogs are planning to go on lots more walks to explore the environment. Please ensure you child has appropriate clothing and shoes for the weather.

What we have been up to...

Owls have been busy exploring their story of the month *The Gruffalo's Child*. The children particularly enjoyed exploring a wonderful tuff tray set up, re-creating the story using puppets. Painting Gruffalo pictures and making Gruffalo models using playdoh. They discussed the Gruffalo features for example, his orange eyes and the purple prickles all over his back.



Hedgehogs enjoyed mirror play and the emotion puppets to support with their self recognition, understanding their emotions and self regulation. The children looked at the emotion puppets and copied the different facial expressions.



Ladybirds made delicious pizzas for the team. They discussed healthy eating and their favourite food and ingredients.



Parent Notices

Buggy Storage

Please can I remind all parents and carers to collapse their push chairs before putting them in the buggy storage.

Little Chicks flooring

On Saturday 7th February, the flooring in Little Chicks will be done. We are excited to see the room looking fresh and new.

Outdoor play

Just a little reminder to bring in appropriate clothing for your child, we play outside in all weathers.

Dates for your diary

Date	Event
31 st Jan- 8 th Feb	National Storytelling Week
6 th Feb	National Wear Something Red (Children's heart surgery fund)
14 th Feb	Valentine's Day
15 th - 20 th Feb	Random act of Kindness
17 th Feb	Lunar New Year
17 th Feb	Shrove Tuesday
17 th -18 th Feb	Ramadan
20 th Feb	Love Your Pet Day
27 th Feb	International Polar Bear Day

Recipe of the Month - Shepherds Pie with seasonal vegetables



(Serves 4)

Ingredients

Lamb mince - 400 g
Carrots (peeled and diced) - 1 whole
Onions - 1 whole
Garlic - 1 clove
Rosemary (dried) - 1 Tsp
Potatoes - 350 g
Butter - 50 g
Tin Tomatoes - 400 g

Method

1. Heat a pan with oil and add lamb mince to cook it. Remove from pan to drain excess fat.
2. Dice onions and mince garlic.
3. Peel and dice carrots.
4. Heat a pan with a little oil, fry onions with garlic and carrots until soft, add rosemary and tomatoes.
5. Add the cooked lamb mince to the pan and stir and simmer.
6. Serve with mashed potatoes (mashed with butter) or place potatoes on top and bake.