

Hitchin Newsletter

Welcome

Thank you for taking the time to read our July newsletter. June was filled with love and celebration for our wonderful Father's and male role models, we had a takeaway breakfast for them offering fresh fruit, pancakes with toppings and drinks. Please look at some of our highlights from the month.

What's to come...

On Wednesday 8th July we will be having a visit from Zoo Lab to learn about lots of different reptiles and insects.

We will also be inviting all our Owl's families to our Nursery Graduation on Saturday 18th July to celebrate their next step in starting school. Please remember to notify the team if you are attending.



What we have been up to...

Our rooms have explored some lovely activities.

Hedgehogs have been keeping cool during to hotter weather by having lots of water play in the tuff tray with the ducks and water toys.

Little Chicks have made shaving foam paint to print ice creams for their summer display. Please look out for this lovely display next time you go passed.

Butterflies have been looking at healthy foods such a fruits and vegetables and been sticking photos of their favorite foods onto paper plates.

Dragonflies have also celebrated Healthy Eating Week by printing fruits using different coloured paints.

Little Toads made Father's Day cards and lovely gifts to celebrate the important male role models in their life.

Ladybirds enjoyed World Ocean Day having a tuff tray including sea creatures, shells and sand. They talked about looking after animals and putting rubbish in bins, so the rubbish doesn't end up in the ocean.

Badgers book of the month has been *The Three Little Pigs*, they have acted out the storybook alongside making the houses out of straw, bricks and sticks.

Owls have had their graduation photos taken and have begun to make graduation hats to wear on the 18th July to celebrate their time with us.

Parent Notices

As the warming up again please can I remind you to bring your child in wearing **appropriate clothing** and **sunhat** and **suncream** when needed. We will be having lots of water & ice play; drink breaks and monitoring garden times alongside aircon to keep cool.

Please can we ask all parents to be mindful of where they're parking. Please **DO NOT** park in any spaces allocated to the surrounding businesses.

We would like to welcome Ellie our new Modern Apprentice, who will be supporting across all the rooms whilst completing her qualification with us.

A big congratulations to Laura D on her promotion to Room Leader of Little Toads. A warm welcome to Hayley A who will be returning to Owls in August and overseeing both Preschool rooms.

Dates for your diary

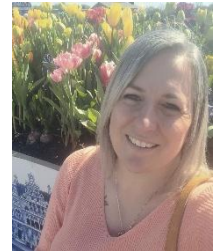
Date	Event
Wednesday 8th July	Zoo Lab visiting
Friday 17th July	Break up for summer holidays for our term time children.
Saturday 18th July	Graduation for Owls



Laura, Room Leader of Little Toads



Ellie, Modern Apprentice



Hayley, Team Leader for over 3's

Recipe of the Month

Salmon, butterbean and potato gratin

Ingredients

- 500g boneless, skinless salmon fillets (fresh or frozen)
- 400g potatoes cooked and mashed
- 800g tinned butterbeans
- 200g frozen peas
- 200g sweetcorn
- 400g spinach
- 150g grated cheese
- 250 ml milk

Method

1. Cook salmon and thoroughly check for bones whilst flaking the fish.
2. In a saucepan, gently heat the milk, then add frozen peas, sweetcorn, spinach.
3. Simmer gently for 5-7 minutes until the veg is soft and heated through.
4. Let cool slightly, then blend until smooth using a hand blender or jug blender to create a creamy, bright green sauce.
5. In a large mixing bowl or dish, combine the cooked potatoes (lightly mashed), carefully flaked salmon and the beans.
6. Pour over the blended veg sauce and gently mix until everything is well coated.
7. Transfer the mixture into a large ovenproof baking dish, sprinkle the grated cheese evenly over the top.
8. Bake in a preheated oven at 180°C / 350°F for 20-25 minutes, or until the top is golden and bubbling.

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