

Welcome

Welcome to you all!

Summer has officially finished and I don't want to be the one to say it, but we are secretly loving this cooler weather.

With this in mind, please make sure your child's nursery bag is packed with everything they might need for the changing weather. As you know, we love exploring the outdoors whatever the weather, so wellies and raincoats are definitely going to be needed! You're more than welcome to leave these at nursery, but please, please remember to label everything with your child's name. It makes it so much easier for us to keep track of those wellies and coats!



What's to come...

October is going to be spooky season so we will be hosting a spooktacular Stay and Play with lots of activities and some yummy food, so come along on the 30th October and join in with the fun!



We will also be celebrating Diwali from the 20th October; we will be teaching the children all about the festival of light.



What we have been up to...

In **Hedgehogs** this month we have been doing lots of sensory activities including homemade sensory pouches with different coloured paint, the children can move and see the different patterns and movement of the paint when they touch it. We have been doing lots of filling and pouring with water and sand. The children also had so much fun getting messy in cloud dough.

Little Toads have been loving our construction area and have been using a range of materials from foam bricks, Lego to natural resources. They have been able to express their own ideas and creativity and have built castles, car parks and pens for the animals.

Owls have been very busy this month and have been looking at self care routines using activities like yoga to focus on how important it is to look after our wellbeing. The children have also enjoyed caring for their dolls, using resources to bathe, dress and feed them. They have also been role-playing as doctors, checking on their dolls and helping them feel better. These activities encourage compassion and empathy while helping the children learn about people who help us.

Parent Notices

Our car park is a 5mph to ensure our children and team, please can all parents and visitors abide by the limit.

We do also ask for parents and visitors to park in the back car park and not along the building to allow pedestrians safe passage to and from the car park.

Thank you all in advance.

Dates for your diary

Date	Event
October	National Walk to Nursery Month
w/c 05/10/2026	Space Week
16/10/2026	World Food Day
20/10/2026	Diwali
30/10/2026	Spooky Stay and Play 3-5pm

Recipe of the Month

Chicken & Veg Pie

Ingredients

- 250g diced chicken breast or thigh Quorn
- 200g mixed root veg (carrot, parsnip, beetroot & swede)
- 150ml low-sodium chicken stock
- ¼ tsp dried herbs
- 40ml semi-skimmed milk
- 20g unsalted butter
- 20g plain flour
- Ready-made puff pastry
- 1 egg, beaten (for glaze)

Method

1. Preheat oven to 180°C (fan).
2. Boil/Roast diced root veg until just tender & mash.
3. In a large pan, cook chicken/**Quorn** until browned and cooked through.
4. Make a roux with butter and flour, whisk in milk and stock to form sauce.
5. Add veg, chicken and herbs; stir to coat.
6. Pour mixture into deep trays
7. Roll out puff pastry and cut into circles with pastry cutter, cook on a baking sheet separately to the pie mix then serve age-appropriate amounts.
8. Bake 30-35 minutes until golden and piping hot.
9. Cool before serving.

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