

Welcome

Thank you for taking the time to read our October newsletter.

The children have had a wonderful September and have all been very busy. Take a look at what they have been up to and will be doing in October.

What have we been up to...

Throughout September, we have celebrated many events including National Read a Book Day, Recycle Week as well as European Day of Languages.

We also enjoyed celebrating Teddy Bear Day. We hosted our own teddy bear picnic. The children brought in their favourite teddy and enjoyed participating in some fun filled garden games before tucking into a yummy tea party.



This month

Hedgehogs are developing their speech and language skills. The team are supporting the children with this by reading stories and singing songs, encouraging the children to join in with some of the familiar words and phrase that they know. The team are also supporting the children with socialising with their peers. The team will be planning small group activities to support the children to build relationships with their peers and develop their confidence while doing so.

Little Toads are supporting the children with turn taking and sharing. The team will be planning small group time, turn taking activities to encourage the children to develop this skill while also building relationships with their peers. The team are also supporting the children with their fine motor skills, using puzzle and threading activities to develop the children's hand eye coordination, as well as developing their fine motor skills.

Owls are supporting the children with building relationships with their peers by planning small group activities to develop communication skills as well as confidence. The team are also supporting the children with understanding emotions. The team are introducing the book *The Colour Monster*, which represents emotions as colours, encouraging the children to identify how they are feeling and what makes them feel happy, sad, excited etc.

Parent Notices

Weather

The weather is always changing, it's sometimes sunny, sometimes raining. Please ensure you provide appropriate clothing for your children for all weathers, including raincoats and sunhats.

Review us!

We would really appreciate if you could upload a review of your experience as part of the Toad Hall family. [Submit a Review - Toad Hall Nursery Chessington](#)

Door Safety

Please ensure you do not let other people into the nursery when you are buzzed in. This is to ensure the safety of the children and to make sure we are aware of who is entering the setting.

Dates for your diary

Date	Event
October	Harvest Festival
3 rd October	World Animal Day
6 th October	Grandparents' Day
10 th October	World Mental Health Day
18 th - 23 rd October	Diwali
31 st October	Halloween - Creepy crafts stay and play, 3-5pm.



Recipe of the Month - Homemade Quorn sweet 'n sour with couscous



(Serves 5)

Ingredients

Onions – 1 diced
Green beans – 100 g
Garlic (minced) – 2 cloves
Pineapple (fresh) ¼ whole
Malt Vinegar – 80 ml.
Soft brown sugar – 45 g
Soy Sauce – 1 tbsp.
Tomato purée – 70 g
Ground ginger – ½ tsp.
Cornflour – 1 tbsp.
Quorn (diced) – 1 kg
(use vegetables for under 1)
Broccoli – 300 g
Couscous – 180 g

Method

1. In a pan lightly fry onions and garlic.
2. Add ground ginger, vinegar and sugar.
3. Add tomato purée and soy sauce.
4. Add approximately 100 ml of water and bring to a simmer.
5. Combine cornflour with a small amount of water and mix into the pan until it thickens.
6. Cook out cornflour and add pineapple chunks.
7. Floret the broccoli and top and tail the green beans.
8. In a small pan boil the broccoli and green beans until al dente.
9. Fry Quorn to caramelise.
10. Add Quorn and vegetables to sauce.
11. Serve with cooked couscous.