



Life. Love. Legacy.™
1934 Whiddon Mill Rd.
Tifton, Ga. 31793
(229) 386-2273

YOUR LEADERSHIP TEAM



Alana Sirmans
Executive Director



Mallory Thompson
Sales & Marketing Director



Porshia Stone, LPN
Resident Services Director



Misty McDuffie
SC Life Enrichment Director



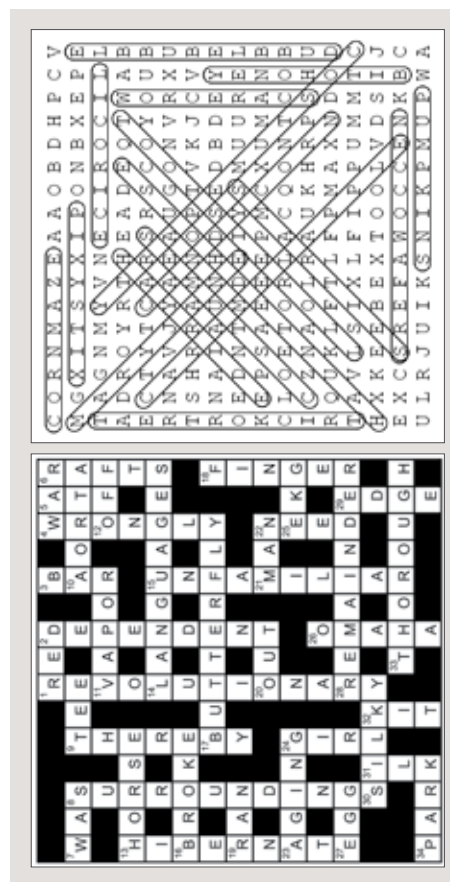
Chris Griffin
Maintenance Director



Cashonda Pittman
Staff Development Coordinator



Caleb Franks
Chaplain



LEGACY VILLAGE OF TIFTON

NEWSLETTER | OCTOBER 2026



A MESSAGE FROM YOUR EXECUTIVE DIRECTOR



October arrives with its own quiet invitation to slow down and notice what matters. The air turns crisp, leaves begin their colorful descent, and familiar sweaters find their way back into our daily routines. It's a season of change—but also one of remembrance, gratitude and renewed appreciation for the people around us.

At the heart of our work is a simple but meaningful mission: "To serve the Greatest Generation with honor, respect, faith and integrity." Living out that mission means seeing more than a room number, a care plan, or a daily schedule. We see the mother who once kissed scraped knees, the carpenter whose hands built homes, the teacher who encouraged generations of children, and the friend who never failed to show up when someone needed them. We take the time to know each person—their story, preferences, faith, humor, wisdom and the experiences that shaped them into who they are today. Each life holds hard-earned perspective, deeply held values, wisdom gathered through a lifetime of experience, and memories worthy of being known, shared, and honored.

There is something powerful about being known. We seem to recognize familiar voices somewhere deep within us, connecting the sound almost instantly with memories, emotions, and a sense of identity. That may help explain why hearing someone say our name with warmth—or recognizing the voice of a person we trust—can make us feel more at ease. A familiar voice can bring comfort before the words themselves have even registered. Long before

a conversation unfolds, something within us is already saying, "I know this person, and this person knows me." It's a small reminder that familiarity is more than recognition; it is one of the ways we experience connection, reassurance and belonging.

That sense of familiarity is built through small moments, repeated with genuine care: remembering how someone takes their coffee, knowing which song makes them smile, asking about the work they once loved, or taking time to hear a favorite story again—even when we've been fortunate enough to hear it before. It grows through shared laughter, a gentle greeting in the hallway, and noticing when someone seems a little quieter than usual. These details may appear ordinary, but together they create something meaningful. They tell a person: You are seen. You are known. You matter here. And perhaps just as importantly, they remind all of us that the time we spend getting to know one another is never wasted.

Thank you for allowing us to continue serving you and those you love. We're grateful for the trust you place in our communities and for the many ways you help make them feel like home. Please drop in and join us whenever you can for anything scheduled during October. Your presence is always welcome, and it means more than you may know.

Sincerely,

Alana Sirmans
Alana Sirmans
Executive Director

Celebrations & Milestones

Welcome home!

- Tim Hodnett
- Ruth Swieczkowski

Let's celebrate everyone marking a special moment this month!

RESIDENT BIRTHDAYS

- Oct. 12: Martha Garrett

TEAM MEMBER BIRTHDAYS

- Oct. 4: Christine Palmer
- Oct. 13: Mal Sherman

RESIDENT ANNIVERSARIES

- Bobby Woodward—1 yr.

TEAM ANNIVERSARIES

- Becky Brinkley—29 yrs.
- Mal Sherman—17 yrs.
- Barbara Grant—16 yrs.
- Mary Thomas—16 yrs.

LEGACY SENIOR LIVING

2026 THANK YOU TOUR

THANK YOU TOUR

WED., OCT. 13
AT 2:00 PM

This fall, Legacy Senior Living, the management company of Legacy Village of Tifton, is celebrating 20 years of service. We know this milestone wouldn't be possible without the residents and team members who make each of our communities so special. That's why we're hitting the road for a special Thank You Tour.

Members of our Support Center leadership team will be here to personally thank our residents for choosing to call our community home and celebrate the many years they've been part of the Legacy family. We'll also recognize our team members for their dedicated service and present each resident and team member with a special token of our appreciation.

We're grateful for everyone who has shaped our community over the past 20 years, and we hope you'll join us for this special celebration.

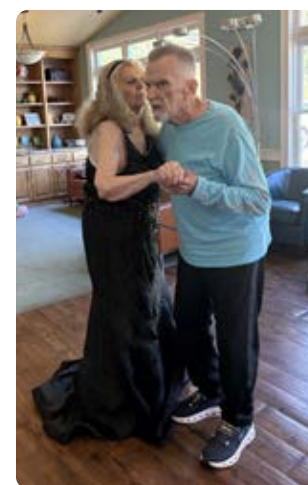
**WALK TO END
ALZHEIMER'S**

ALZHEIMER'S ASSOCIATION

SAT., OCT. 10TH
4:00PM AT ABAC

Walk with us!

BINGO WITH THE GRANDS
GRANDPARENTS DAY





MEET CALEB FRANKS, OUR NEW CHAPLAIN

Legacy Village is pleased to welcome Caleb Franks as our new chaplain. In this role, Caleb is available to residents, team members, and their families, offering prayer, spiritual guidance, encouragement, and a listening ear. He is committed to supporting each person with care and respect for their individual beliefs and faith background.

Here's a little more about Caleb, in his own words:

Hi, I'm Caleb Franks. I'm originally from a small town in Alabama, but I moved to Tifton a little over three years ago to join the staff at Awaken Church.

"My relationship with Jesus is the most important part of my life, and I'm passionate about helping others grow in their relationship with Him. I'm married to my best friend, Cadence, who is my rock and biggest supporter. When I'm not at church, you'll probably find me spending time with my yellow Lab, Seoul, or cheering on my Vanderbilt Commodores!"

"I'm excited to join the Legacy Village team and get to know the residents, their families, and my fellow team members."

2026 NALW Senior Prom



HAPPY BOSS'S DAY!



We know who's really in charge around here—the residents! Still, we're grateful to our Executive Director, **Alana Sirmans**, for her leadership, dedication, and good humor. Thanks for keeping everything running smoothly, Alana!



LIFE ENRICHMENT *Connections*

OCTOBER HIGHLIGHTS

- 5th Pop-Up Shop
- 12th Guys' Day Out (Lunch)
Price is Right
- 16th Butterbean Auction
- 19th Ladies Lunch out
- 20th Trunk or Treat
- 22th Shopping
- 23th Chili Cookoff
- 30th Halloween B-Day Party



Trunk
or
Treat

Tues.
OCT.
20

2:00
UNTIL
3:30

GAMES
FACE PAINTING
TRUNKS
PHOTO BOOTH
CAKE WALK

OPEN TO THE COMMUNITY!
AT LEGACY VILLAGE OF TIFTON



50S DAY



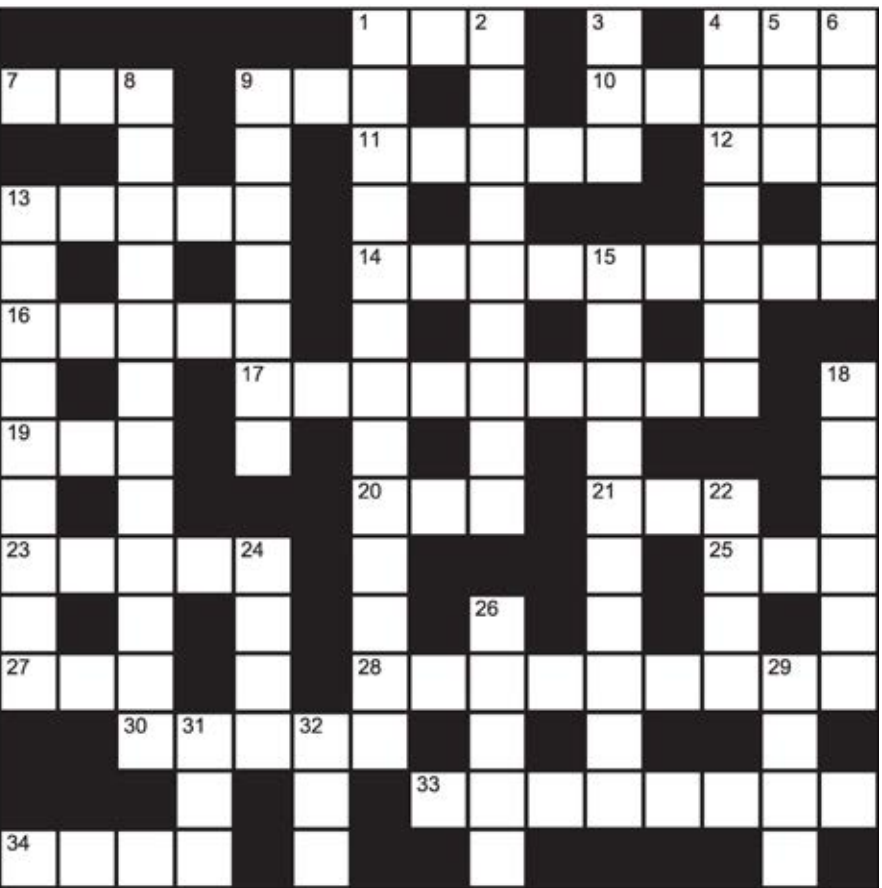
60S DAY

Karaoke & Candy with Tonya of Home Instead



- ACROSS
- 1. Royal carpet color
 - 4. Huge conflict
 - 7. "Jeremiah _____ a bullfrog..."
 - 9. Driving range accessory
 - 10. Major artery in the body
 - 11. Fog or mist, for example
 - 12. Light switch setting
 - 13. Mr. Ed, for one
 - 14. French, English, and Spanish are some
 - 16. Without any money to spend
 - 17. Mothlike insect
 - 19. Sprinted, for example
 - 20. "Strike three; you're _____!"
 - 21. Male
 - 23. Getting older
 - 25. Cardiologist's test, abbrev.
 - 27. Grade A item
 - 28. What's left
 - 30. Like corn tassels
 - 33. In-depth
 - 34. Place for picnicking

- DOWN
- 1. American ___ War; "shot heard round the world"
 - 2. Unable to do without
 - 3. Tavern
 - 4. Not in the right way
 - 5. Automotive Transmission Fluid, abbrev.
 - 6. Castaways' transports
 - 8. Environment
 - 9. Shakespeare: "And ___ hangs a tale"
 - 13. Sleep through winter
 - 15. Not known; strange
 - 18. Can be used for pointing
 - 22. A friend in _____
 - 24. Lass



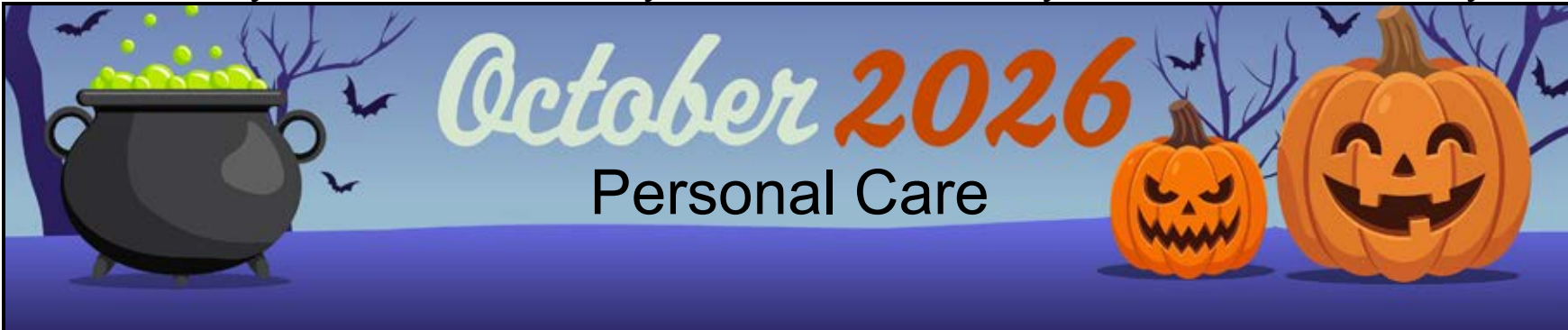
- 26. Mutual of ___'s Wild Kingdom
- 29. Sharp part of a sword
- 31. Kind, type
- 32. "Break me off a piece of that ___ Kat Bar!"



AN OLD-FASHIONED Halloween



- BIT O HONEY
- CANDY CORN
- CARAMEL APPLE
- CORN MAZE
- COSTUME PARTY
- COSTUMES
- DUBBLE BUBBLE
- HAUNTED HOUSE
- HAYRIDE
- LICORICE
- MARY JANE
- NECCO WAFERS
- PIXY STIX
- PUMPKINS
- SCARECROW
- SMARTIES
- TOOTSIE ROLL
- TRICK OR TREAT

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
9:30 Rise & Shine 10:00 Church w/ Pepper 11:00 Weekly Events 12:00 Lunch 1:00 One on Ones Hosted in the Harbor 2:00 BINGO 3:00 Puzzles 5:00 Dinner	9:30 Devotion w/ Mark FBC 10:00 Exercise 12:00 Lunch 1:00 Room Rounds 2:00 Pop Up Shop 3:00 Snacks and Hydration 5:00 Dinner 5:30 Simple C Show	9:30 Rise & Shine 10:00 Devotion 10:30 VST w/ Gracie 11:30 Club 55 2:00 Spooky Treats Senior Chef 3:00 Ghost Painting 5:30 Simple C Show	9:30 Rise & Shine 10:00 Devotion/Hymns 10:30 Exercise/Hydration 12:00 Lunch 1:00 One on Ones 2:00 Devotion w/ Caleb 2:30 BINGO 5:00 Dinner	9:30 Newsletter & Coffee 9-1 Beauty Shop 12:00 Lunch 1:00 Room Rounds 2:00 Spooky Snow Globes 3:00 believable or batty game 5:00 Dinner	9:30 Rise & Shine 10:00 Devotion/Hymns 10:30 Exercise/Hydration 12:00 Lunch 1:00 Room Rounds 2:00 Movie Matinee 3:00 Movie Snacks 5:00 Dinner 5:30 Simple C Show	9:30 Rise & Shine 10:00 Devotion 10:30 Exercise 12:00 Lunch Hosted in the Harbor 2:00 Noodle Ball 3:00 Coke Floats w/ Orange Soda 5:00 Dinner Simchat Torah Begins
9:30 Rise & Shine 10:00 Church w/ Pepper 11:00 Weekly Events 12:00 Lunch 1:00 One on Ones Hosted in the Harbor 2:00 BINGO 3:00 Puzzles 5:00 Dinner	9:30 Devotion w/ Mark FBC 10:00 Exercise 11:30 Guys Day out (Lunch) 1:00 Room Rounds 2:00 Halloween Price is Right 3:00 Trivia & Treats 5:00 Dinner 5:30 Simple C Show Indigenous Peoples' Day Columbus Day (U.S.) Thanksgiving Day (Canada)	9:30 Rise & Shine 10:00 Devotion 10:30 VST w/ Gracie 12:00 Lunch 1:00 Hydration & one on ones 2:00 LEGACY SENIOR LIVING THANK YOU TOUR 3:00 Thank You Tour 5:00 Dinner 5:30 Simple C Show	9:30 Rise & Shine 10:00 Devotion/Hymns 10:30 Exercise/Hydration 12:00 Lunch 1:00 One on Ones 2:00 Devotion w/ Caleb 2:30 BINGO 5:00 Dinner	9-1 Beauty Shop 12:00 Lunch 1:00 Room Rounds 2:00 Baked Cinnamon Apple Bites 3:00 Halloween Trivia 5:00 Dinner	9:30 Rise & Shine 10:00 Devotion/Hymns 10:30 Exercise/Hydration 12:00 Lunch 1:00 Room Rounds 2:00 Oct Jeopardy 3:00 Simple C Show 5:00 Dinner 5:30 Simple C Show	9:30 Rise & Shine 10:00 Devotion 10:30 Exercise 12:00 Lunch Hosted in the Harbor 2:00 Volleyball 3:00 Snack & hydration 5:00 Dinner
9:30 Rise & Shine 10:00 Church on TV 11:00 Weekly Events 12:00 Lunch 1:00 One on Ones Hosted in the Harbor 2:00 BINGO 3:00 Puzzles 5:00 Dinner	9:30 Devotion w/ Mark FBC 10:00 Exercise 11:30 Ladies Lunch at Fancy Girl Farms 1:00 Room Rounds 2:00 Simple C Show 3:00 Color Pages 5:00 Dinner 5:30 Simple C Show	9:30 Rise & Shine 10:00 Devotion 10:30 Exercise w/ Gracie 12:00 Lunch 2:00-3:30 Trunk or Treat Fall Festival 3:30 Carpenters	9:30 Rise & Shine 10:00 Devotion/Hymns 10:30 Exercise/Hydration 12:00 Lunch 1:00 One on Ones 2:00 Devotion w/ Caleb 2:30 BINGO 5:00 Dinner	9-1 Beauty Shop 12:00 Lunch 1:00 -4 Retail Therapy 2:00 Independent Games 3:00 Puzzles 5:00 Dinner	9:30 Rise & Shine 10:00 Devotion/Hymns 10:30 Exercise/Hydration 12:00 Lunch 1:00 Annual Chili Cookoff 2:00 Halloween Movie Matinee 5:00 Dinner 5:30 Simple C Show	9:30 Rise & Shine 10:00 Devotion 10:30 Exercise 12:00 Lunch Hosted in the Harbor 2:00 Ring Toss 3:00 Snack & hydration 5:00 Dinner
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9:30 Rise & Shine 10:00 Church on TV 11:00 Weekly Events 11:30 Lunch 1:00 One on Ones 2:00 BINGO 3:00 Puzzles 4:30 Dinner	9:30 Devotion w/ Mark FBC 10:00 Exercise 11:30 Lunch 1:00 Room Rounds 2:00 Pop Up Shop 3:00 Snacks and Hydration 4:30 Dinner 5:30 Simple C Show	9:30 Rise & Shine 10:00 Devotion 10:30 VST w/ Gracie 11:30 Club 55 2:00 Spooky Treats Senior Chef 3:00 Ghost Painting 5:30 Simple C Show	9:30 Rise & Shine 10:00 Devotion/Hymns 10:30 Exercise/Hydration 11:30 Lunch 1:00 One on Ones 2:00 Devotion w/ Caleb 2:30 BINGO 4:30 Dinner	9:30 Newsletter & Coffee 9-1 Beauty Shop 11:30 Lunch 1:00 Room Rounds 2:00 Spooky Snow Globes 3:00 believable or batty game 4:30 Dinner	9:30 Rise & Shine 10:00 Devotion/Hymns 10:30 Exercise/Hydration 11:30 Lunch 1:00 Room Rounds 2:00 Scenic Ride 3:00 DQ Ice Cream 4:30 Dinner 5:30 Simple C Show	9:30 Rise & Shine 10:00 Devotion 10:30 Exercise 11:30 Lunch 1:00 Room Rounds 2:00 Noodle Ball 3:00 Coke Floats w/ Orange Soda 4:30 Dinner 5:30 Simple C Show Simchat Torah Begins
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9:30 Rise & Shine 10:00 Church on TV 11:00 Weekly Events 11:30 Lunch 1:00 One on Ones 2:00 BINGO 3:00 Puzzles 4:30 Dinner	9:30 Devotion w/ Mark FBC 10:00 Exercise 11:30 Ladies Lunch on the Town 1:00 Room Rounds 2:00 Name that Candy 3:00 Candy Tasting Party 4:30 Dinner 5:30 Simple C Show	9:30 Rise & Shine 10:00 Devotion 10:30 Exercise w/ Gracie 11:30 Lunch 2:00-3:30 Trunk or Treat Fall Festival 3:30 Carpenters	9:30 Rise & Shine 10:00 Devotion/Hymns 10:30 Exercise/Hydration 11:30 Lunch 1:00 One on Ones 2:00 Devotion w/ Caleb 2:30 BINGO 4:30 Dinner	9-1 Beauty Shop 11:30 Lunch 1:00 -4 Retail Therapy 2:00 Independent Games 3:00 Puzzles 4:30 Dinner	9:30 Rise & Shine 10:00 Devotion/Hymns 10:30 Exercise/Hydration 11:30 Lunch 1:00 Annual Chili Cookoff 2:00 Halloween Movie Matinee 4:30 Dinner 5:30 Simple C Show	9:30 Rise & Shine 10:00 Devotion 10:30 Exercise 11:30 Lunch 1:00 Room Rounds 2:00 Ring Toss 3:00 Snack & Hydration 4:30 Dinner 5:30 Simple C Show
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