LEGACY VILLAGE OF TIFTON
Assisted Living • Memory Care

Life. Love. Legacy.™
1934 Whiddon Mill Rd.
Tifton, Ga. 31793
(229) 386-2273

YOUR LEADERSHIP TEAM



Alana Sirmans
Executive Director



Mallory Thompson
Sales & Marketing Director



Porshia Stone, LPN
Resident Services Director



Misty McDuffie
SC Life Enrichment Director



Chris Griffin
Maintenance Director



Olivia Hemingway
Dining Services Director



Cashonda Pittman
Staff Development Coordinator



Caleb Franks
Chaplain

LEGACY VILLAGE OF TIFTON

NEWSLETTER | NOVEMBER 2026





A MESSAGE FROM YOUR EXECUTIVE DIRECTOR

November has a way of reminding us what matters: a shared meal, a familiar story, someone taking the time to ask how we're doing. As Thanksgiving approaches, I'm grateful for the residents, families, and team members who get to know one another and look out for one another here.

This month, during National Alzheimer's Disease Awareness Month, we're thinking especially of those living with Alzheimer's or another form of dementia, and the families who love them. We call our memory care neighborhood The Harbor because it offers residents a safe, caring place to navigate the challenges that sometimes accompany dementia. Familiar routines, purposeful activities, and time spent with people who know them give residents opportunities to connect and enjoy their days. Our team brings patience and dedication to this work, along with annual certification in Alzheimer's and dementia care.

We also know that families need support of their own. That's why we offer complimentary Alzheimer's Support Services with Dr. Ron Harvard, in addition to the care we provide in our community. Dr. Harvard is a pastor, counselor, and professor with decades of experience. He also cared for his late wife, Linda, through her journey with Alzheimer's disease. He understands the questions and emotions families face, both through his work and through his own life. If it would help to talk with someone who understands, you can schedule a complimentary phone or video appointment with Dr. Harvard through our website.

That same commitment to helping families find their way through difficult questions extends to another group we're honoring this month: veterans and their families. On Veterans Day, we thank those who have served and the people who have stood beside them. For veterans, spouses, and surviving spouses exploring VA Pension with Aid and Attendance, we can also help make the application process easier to navigate. Through our partnership with Elder Resource Benefits Consulting (ERBC), families can get knowledgeable guidance at each step and avoid common delays. The initial eligibility call is always free, and we cover the cost of ERBC's service for those moving into or living in our community. If you'd like to learn more for yourself or someone you love, please reach out. We'd be glad to get you connected.

Whether we're helping a resident find comfort in a familiar routine, honoring a veteran's service, or answering a family's questions, our goal is the same: to be useful to residents and families in the ways that matter to them.

Thanksgiving gives us another chance to spend time together. If you're visiting a loved one this month, we hope you'll share a meal, join us for an activity, or simply sit and catch up. Thank you for trusting us to be part of your lives. We're grateful you're here, and we'd love to see you whenever you can stop by.

With gratitude,

Alana Sirmans

Alana Sirmans
Executive Director

Celebrations & Milestones

Welcome home!
- Dot Wilson
- Furman & Faye Toney

Let's celebrate everyone marking a special moment this month!

RESIDENT BIRTHDAYS
- Nov. 07: Joann Denham
- Nov. 23: J. H. White
- Nov. 30: Elizabeth Bowie

TEAM MEMBER BIRTHDAYS
- Nov. 01: Saneta Adderley
- Nov. 09: Cashonda Pittman
- Nov. 26: Quanisha Hall
- Nov. 27: Aquana Jackson

RESIDENT ANNIVERSARIES
- Ellen Hampton—4 yrs.
- Earnestine Manley—3 yrs.

TEAM ANNIVERSARIES
- Valeria Daniel—30 yrs.

NOVEMBER Highlights

6th Shopping and Lunch on the Town

10th Veterans Program with Bethany Hospice

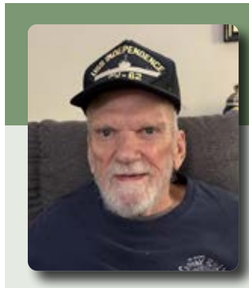
11th Veterans program and Veterans Lunch on the Town

12th Movie on the Lawn at 6

23rd Thanksgiving Family Lunch

30th Christmas Decorating





MAN ON THE MOVE *Bill Shelnutt*

Service, Love and the Great Outdoors

Bill Shelnutt grew up near Atlanta, Georgia, where his father owned a downtown hotel and his mother kept life at home running for Bill and his sister, Jane. Born William Doss Shelnutt Jr. on May 21, 1945, he shared his father's name, but over the years he'd make a story entirely his own.

At Druid Hills High School, Bill spent plenty of time on the move, running track and cross-country before graduating in 1963. He attended college for two years, then took a path that would carry him far beyond Georgia: He joined the United States Navy and served for 14 years.

One of the most important things to come from those Navy years had nothing to do with the sea. Bill was stationed in Virginia Beach when he met Karen, who was visiting from upstate New York. By the following June, they were married. In time, their family grew to include two sons and four grandchildren.

When Bill's Navy service ended, his work with the telephone company kept the family moving. They lived in Texas and Tennessee, gathering memories in each place. After Karen died of cancer, Bill returned to Georgia to be near their sons.

Georgia held another new beginning for him. While living in Big Canoe, Bill met Linda, and the two married. They found joy outdoors, whether they were heading out for a hike or spending time camping.

These days, there are two reliable ways to get Mr. Bill talking: college football and rock and roll. He went to several Georgia Tech games growing up, but don't mistake him for a Yellow Jackets fan. Bill's heart is with the Tennessee Volunteers, through and through. GBO!

From the Atlanta area where he grew up to the places he and his family made home, Bill's life has taken some turns he couldn't have predicted as a boy running cross-country at Druid Hills. We're glad this chapter has brought him to our Legacy family, and we're grateful we're sharing in his next chapter.

HAPPY THANKSGIVING!



GOBBLE TIL YOU WOBBLE!

Gratitude

I'm thankful for good company, good food, and the freedom to loosen one button.



LEGACYSL.NET/ALZHEIMERS-SUPPORT







LEGACY.





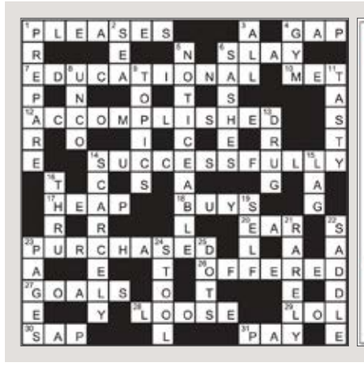








CELEBRATING 20 YEARS 2006 - 2026





LEGACY VILLAGE OF TIFTON

Assisted Living Memory Care



Thank You Tour

As Legacy Senior Living celebrates 20 years of service, members of our Support Center leadership team visited Legacy Village of Tifton for a special Thank You Tour celebration.

They spent time with residents and team members, thanking our residents for choosing to call this community home and recognizing our team members for the care and dedication they bring to it each day. Each resident and team member received a small token of appreciation.

We're grateful to everyone who has been part of the Legacy family and helped make the past 20 years possible. These photos capture a few moments from the visit.













LIFE.



LOVE.



















THE 2026 FALL FESTIVAL









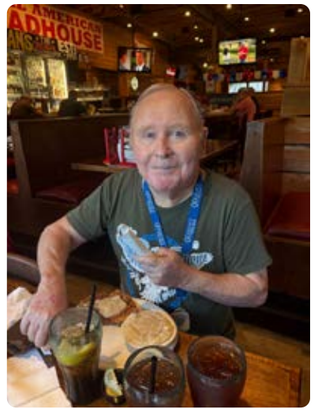


with Trunk or Treat

TWO DAYS, ONE DELICIOUS DESTINATION

Our ladies and gentlemen enjoyed two separate outings to this Valdosta favorite, sharing good food and great company on Guys' Day and Gals' Day!













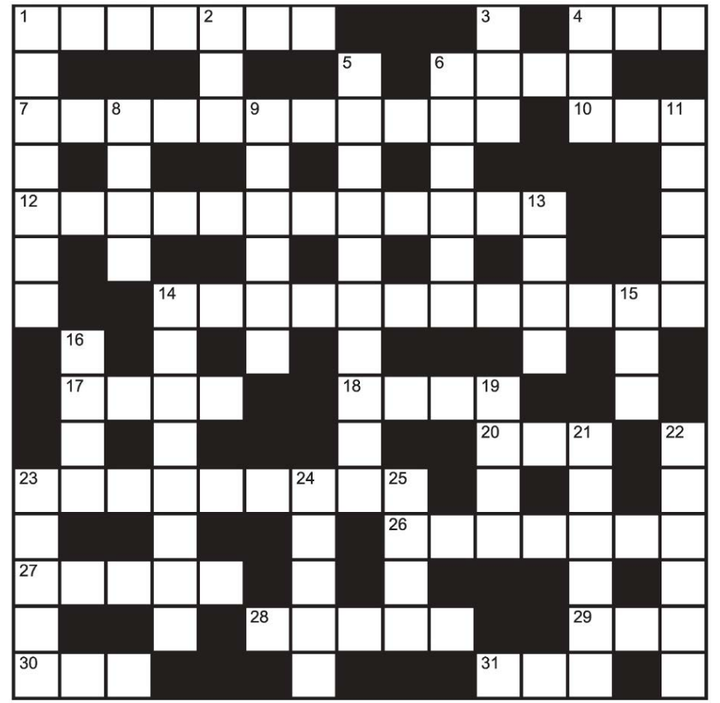



ACROSS

1. Makes satisfied
4. Mind the ___ (subway station warning)
6. Destroy
7. Instructive; providing knowledge
10. Got together
12. Skilled; proficient
14. Effectively
17. Pile
18. Acquires
20. Corn serving
23. Obtained for a price
26. Put forward for consideration
27. Soccer scores
28. Baggy
29. Laugh Out Loud, abbrev.
30. Tree juice
31. Foot the bill

DOWN

1. Set up
2. Caribbean or Red, for example
3. Entirely
4. Place to work out
5. Conspicuous
6. Pageant attire
8. University of Northern Colorado, abbrev.
9. Themes or subjects
11. Delicious
13. Medicinal substance
14. Barely
15. Fall behind
16. From beginning to end, informally
19. "To thine own ___ be true"
21. Nearly never
22. Cowboy's seat
23. Sheets of a book
24. Tavern perch
25. Pixels



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R	S	R	B	S	K	N	A	B	R	E	T	U	O	T
I	P	E	S	R	Z	H	K	P	B	Z	T	C	T	A
S	E	N	N	T	Z	E	U	C	E	B	R	A	B	T
P	P	S	O	A	I	Y	K	G	T	C	R	R	B	S
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E	Z	F	I	E	L	L	N	R	I	A	H	A	O	H
M	P	V	U	H	O	E	N	I	U	G	A	L	G	R
E	F	L	L	T	S	E	I	A	T	H	H	G	I	A
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Z	A	E	F	S	R	S	F	X	H	T	R	B	I	P
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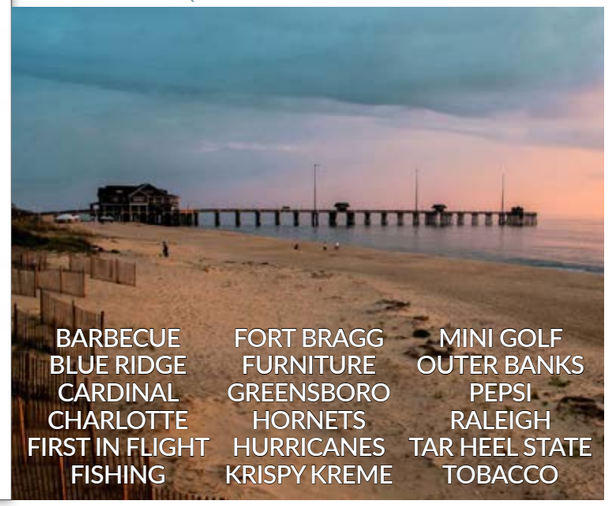
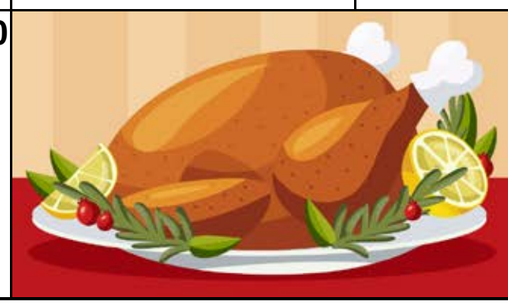
North Carolina

The words listed can be found vertically, horizontally, diagonally, forward, and backward.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00 Church w/ Pepper 11:00 Weekly Events 12:00 Lunch 1:00 One on Ones 2:00 BINGO 3:00 Puzzles 5:00 Dinner Daylight Saving Time Ends	**2** 9:30 Devotion w/ Mark 10:30 Exercise 12:00 Lunch 1:00 One on Ones 2:00 Ole Time Hits w/ Diane 3:00 Noodle Ball 5:00 Dinner	**3** 9:30 Coffee Chat 10:00 Devotion 10:30 Exercise w/ Gracie 11:30 Club 55 ($7) 1:00 Room Visits 2:00 Movie Matinee 3:00 Movie Treats 5:00 Dinner	**4** 9:30 Coffee Chat 10:00 Devotion 10:30 Exercise 12:00 Lunch 1:00 Room Visits 2:00 Church w/ Caleb 2:30 BINGO 5:00 Dinner	**5** 9-1 Beauty Shop & Pretty Nails 12:00 Lunch 2:00 Craft 3:00 Hot Chocolate/Music 5:00 Dinner	**6** 10:00 Devotion 10:30 Exercise 12:00 Lunch 2:00 Noodle Ball 3:00 Ice Cream Bar 5:00 Dinner	**7** 10:00 Independent Devotion 10:30 Exercise 12:00 Lunch 1:00 Room Rounds **Hosted in the Harbor** 2:00 Bean bag Toss 3:00 Simple C 5:00 Dinner
8 10:00 Church w/ Pepper 11:00 Weekly Events 12:00 Lunch 1:00 One on Ones 2:00 BINGO 3:00 Puzzles 4:00 Kraken Pro Wrestling Diwali (Hindi)	**9** 9:30 Devotion w/ Mark 10:30 Exercise 12:00 Lunch 1:00 One on Ones 2:00 Wheel of Fortune 3:00 Simple C Pics 5:00 Dinner	**10** 9:30 Coffee Chat 10:00 Devotion 10:30 Exercise w/ Gracie 12:00 Lunch 2:00 Communion w/ Paul 3:00 Veterans Program w/ Bethany 5:00 Dinner	**11** 10:00 Devotion 10:30 Exercise ***VETERANS*** 11:00 Veterans Program at Jack Stone Veterans Park & Lunch out 2:00 Church w/ Caleb 2:30 BINGO Veterans Day Remembrance Day (Canada)	**12** 9-1 Beauty Shop & Pretty Nails 12:00 Lunch 2:00 Cookie Bake 3:00 Music 5:00 Dinner 5:30 Movie on the Lawn	**13** 10:00 Devotion 10:30 Exercise 12:00 Lunch 1:00 Room Rounds 2-4 Movie Matinee 5:00 Dinner	**14** 10:00 Independent Devotion 10:30 Exercise 12:00 Lunch 1:00 Room Rounds **Hosted in the Harbor** 2:00 Volleyball 3:00 Snack & Simple C 5:00 Dinner
15 10:00 Church on TV 11:00 Weekly Events 12:00 Lunch 1:00 One on Ones 2:00 BINGO 3:00 Puzzles 5:00 Dinner	**16** 9:30 Devotion w/ Mark 10:30 Exercise 12:00 Lunch 1:00 One on Ones 2:00 Resident Council 3:00 Butterbean Auction w/ Luke 5:00 Dinner	**17** 9:30 Coffee Chat 10:00 Devotion 10:30 Exercise w/ Gracie 12:00 Lunch 1:00 Room Visits 2:00 Simple C 3:30 The Carpenters 5:00 Dinner	**18** 10:00 Devotion 10:30 Exercise 12:00 Lunch 1:45 Tift area 5th grade (songs & crafts) 2:00 Church w/ Caleb 2:30 BINGO 5:00 Dinner	**19** 9-1 Beauty Shop & Pretty Nails 12:00 Lunch 2:00 Sing a longs 3:00 Snacks & Convos 5:00 Dinner	**20** 10:00 Devotion 10:30 Exercise 12:00 Lunch 1:00 Room Rounds 2:00 Folk Songs Paul Teter 3:00 Music & Convos 5:00 Dinner	**21** 10:00 Independent Devotion 10:30 Exercise 12:00 Lunch 1:00 Room Rounds **Hosted in the Harbor** 2:00 Kickball 3:00 Snack & Simple C 5:00 Dinner
22 10:00 Church on TV 11:00 Weekly Events 12:00 Lunch 1:00 One on Ones 2:00 BINGO 3:00 Puzzles 5:00 Dinner	**23** 9:30 Devotion w/ Mark 10:30 Exercise 12:00 Family Thanksgiving Lunch 2:00 Movie Matinee 3:00 Movie Snacks 5:00 Dinner	**24** 9:30 Coffee Chat 10:00 Devotion 10:30 Exercise w/ Gracie 12:00 Lunch 1:00 Room Visits 2:00 Pie Making 3:00 Thanksgiving Trivia 5:00 Dinner	**25** 9:30 Coffee Chat 10:00 Devotion 10:30 Exercise 12:00 Lunch 1:00 Room Visits 2:00 Church w/ Caleb 2:30 BINGO 5:00 Dinner	**26** 9-12 Macy's Thanksgiving Parade 12:00 Lunch 2:00 Movie Matinee 5:00 Dinner Thanksgiving Day (U.S)	**27** 10:00 Devotion 10:30 Exercise 12:00 Lunch 1:00 Room Rounds 2:00 Independent Game 3:00 Simple C 5:00 Dinner	**28** 10:00 Independent Devotion 10:30 Exercise 12:00 Lunch 1:00 Room Rounds **Hosted in the Harbor** 2:00 Ring Toss 3:00 Snack & Simple C 5:00 Dinner
29 10:00 Church on TV 11:00 Weekly Events 12:00 Lunch 1:00 One on Ones 2:00 BINGO 3:00 Puzzles 5:00 Dinner	**30** 9:30 Devotion w/ Mark 10:30 Exercise 12:00 Lunch 2:00 Christmas Trivia 3:00 Cookies & Hot Chocolate 5:00 Dinner					

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8 10:00 Church w/ Pepper 11:00 Weekly Events 11:30 Lunch 1:00 One on Ones 2:00 BINGO 3:00 Puzzles 4:30 Dinner Diwali (Hindi)	**9** 9:30 Devotion w/ Mark 10:30 Exercise 11:30 Lunch 1:00 One on Ones 2:00 Wheel of Fortune 3:00 Simple C Pictures 4:30 Dinner	**10** 9:30 Coffee Chat 10:00 Devotion 10:30 Exercise w/ Gracie 11:30 Lunch 2:00 Communion w/ Paul 3:00 Veterans Program w/ Bethany 4:30 Dinner	**11** 10:00 Devotion 10:30 Exercise ***VETERANS*** 11:00 Veterans Program at Jack Stone Veterans Park & Lunch out 2:00 Church w/ Caleb 2:30 BINGO Veterans Day Remembrance Day (Canada)	**12** 9-1 Beauty Shop & Pretty Nails 11:30 Lunch 2:00 Cookie Bake 3:00 Stories on the Porch 4:30 Dinner 5:30 Movie on the Lawn	**13** 10:00 Devotion 10:30 Exercise 11:30 Lunch 1:00 Room Rounds 2-4 Movie Matinee 4:30 Dinner	**14** 10:00 Independent Devotion 10:30 Exercise 11:30 Lunch 1:00 Room Rounds **Hosted in the Harbor** 2:00 Bean Bag Toss 3:00 Snacks & Simple C 4:30 Dinner
15 10:00 Church on TV 11:00 Weekly Events 11:30 Lunch 1:00 One on Ones 2:00 BINGO 3:00 Puzzles 4:30 Dinner	**16** 9:30 Devotion w/ Mark 10:30 Exercise 11:30 Family Thanksgiving Lunch 2:00 Simple C Name That 3:00 Butterbean Auction w/ Luke	**17** 9:30 Coffee Chat 10:00 Devotion 10:30 Exercise w/ Gracie 11:30 Lunch 1:00 Room Visits 2:00 Simple C 3:30 The Carpenters 4:30 Dinner	**18** 10:00 Devotion 10:30 Exercise 11:30 Lunch 1:45 Tift Area 5th Grade (Songs & Craft) 2:00 Church w/ Caleb 2:30 BINGO 4:30 Dinner	**19** 9-1 Beauty Shop & Pretty Nails 11:30 Lunch 2:00 Sing a longs 3:00 Simple C 4:30 Dinner	**20** 10:00 Devotion 10:30 Exercise 11:30 Lunch 1:00 Room Rounds 2:00 Folk Songs Paul Teter 3:00 Music & Convo 4:30 Dinner	**21** 10:00 Independent Devotion 10:30 Exercise 11:30 Lunch 1:00 Room Rounds **Hosted in the Harbor** 2:00 Kickball 3:00 Snack & Simple C 4:30 Dinner
22 10:00 Church on TV 11:00 Weekly Events 11:30 Lunch 1:00 One on Ones 2:00 BINGO 3:00 Puzzles 4:30 Dinner	**23** 9:30 Devotion w/ Mark 10:30 Exercise 1:00 Room Visits 2:00 Movie Matinee 3:00 Movie Snacks 4:30 Dinner	**24** 9:30 Coffee Chat 10:00 Devotion 10:30 Exercise w/ Gracie 11:30 Lunch 1:00 Room Visits 2:00 Pie Making 3:00 Thanksgiving Trivia 4:30 Dinner	**25** 9:30 Coffee Chat 10:00 Devotion 10:30 Exercise 11:30 Lunch 1:00 Room Visits 2:00 Church w/ Caleb 2:30 BINGO 4:30 Dinner	**26** 9-12 Macy's Thanksgiving Parade 11:30 Lunch 2:00 Movie Matinee 4:30 Dinner Thanksgiving Day (U.S)	**27** 10:00 Devotion 10:30 Exercise 11:30 Lunch 1:00 Room Rounds 2:00 Christmas Movie 3:00 Popcorn & soda 4:30 Dinner	**28** 10:00 Independent Devotion 10:30 Exercise 11:30 Lunch 1:00 Room Rounds **Hosted in the Harbor** 2:00 Ring Toss 3:00 Snack & Simple C 4:30 Dinner
29 10:00 Church on TV 11:00 Weekly Events 11:30 Lunch 1:00 One on Ones 2:00 BINGO 3:00 Puzzles 4:30 Dinner	**30** 9:30 Devotion w/ Mark 10:30 Exercise 11:30 Lunch 2:00 Christmas Trivia 3:00 Cookies & Hot Chocolate 4:30 Dinner					

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