

Your Administrative Team



Alana Sirmans
Executive Director



Jenn Brown
Sales & Marketing
Coordinator



Greta Stephens, RN
Resident Services
Director



Misty McDuffie
SC Life Enrichment
Director



Mark Hansley
Dining Services
Director



Chris Griffin
Maintenance
Director



Cashonda Pittman
Staff Development
Coordinator



Josh Bennett
Chaplain



LEGACY VILLAGE OF TIFTON

NEWSLETTER | JULY 2025



Message From Your Executive Director



Welcome to July! I hope this month brings you more smiles than mosquito bites and plenty of chances to connect with friends and neighbors.

Did you know July is peak season for fireflies in many parts of the country, and scientists still can't agree on exactly how fireflies synchronize their blinking lights? In some places, entire fields of fireflies will flash in perfect unison, putting on a light show that even the world's best choreographers couldn't organize. Researchers have studied this mystery for decades, and while they understand the "how" (a mix of biology and environmental cues), the "why" is still up for debate. Some say it's about attracting mates, while others think it might help them avoid predators. Either way, it's a reminder that there's still a bit of magic left in nature—and sometimes, the best moments are the ones science hasn't quite figured out (kind of like why our socks disappear in the laundry).

Of course, July is also the month we celebrate Independence Day—a time to gather, reflect on freedom, and appreciate the spirit of community that brings us all together. Here's a little-known fact: the Continental Congress actually voted for

independence on July 2nd, 1776, not the 4th! John Adams, one of our Founding Fathers, was so certain July 2nd would be the day we'd always remember that he refused to celebrate the Fourth for the rest of his life. The Declaration of Independence was adopted on July 4th, but most delegates didn't even sign it until August. Just goes to show, even history likes to keep us on our toes!

Whether you're watching fireworks, enjoying a favorite summer meal, or simply spending time with loved ones, I hope you find moments this month that remind you of the strength and resilience we share.

Our calendar is packed with activities and opportunities to learn, laugh, and make memories. Please take a look inside, keep the calendar handy, and join us whenever you can.

Thank you for another month of letting us be a part of your lives and for trusting us with your care—or the care of your loved ones. We're grateful, every single day.

Here's to a July full of wonder, connection, and maybe a little firefly delight.

Sincerely,

Alana

Stitching Together Life's Moments: Celebrating Sandra Chambers



If you've ever shared a laugh or a story with Sandra Chambers, you know she brings a quiet warmth wherever she goes. Born on February 27, 1947, in Jacksonville Beach, Florida, Sandra was the second oldest of four siblings. Her early years were

spent in sunny Jacksonville, where her dad delivered milk and later ran a neighborhood gas station, while her mom balanced shifts at the Cigar Factory and even owned the town's very first Maryland Fried Chicken.

When Sandra was seven, her family moved to Waycross, Georgia. There, she jumped into school life—playing basketball and joining the Anchor Club at Ware High, where she graduated in 1964. Education was always important to Sandra, so she headed to Tifton

for ABAC, then on to Valdosta State for her master's in education.

It was at ABAC that she met Sid Chambers, who would become her husband and partner in adventure for decades. Sid's military career took them all over, but after 20 years of travel, they decided to plant roots in North Carolina. Together, they raised two children, and Sandra now beams with pride over her three grandchildren and one great-grandchild.

Eventually, Sandra made her way back to Tifton, wanting to be closer to her family. These days, she's a familiar face at nearly every activity, always quick with a kind word or a helping hand. When she's not joining in on the fun, you'll probably find her working on one of her beautiful cross-stitch projects.

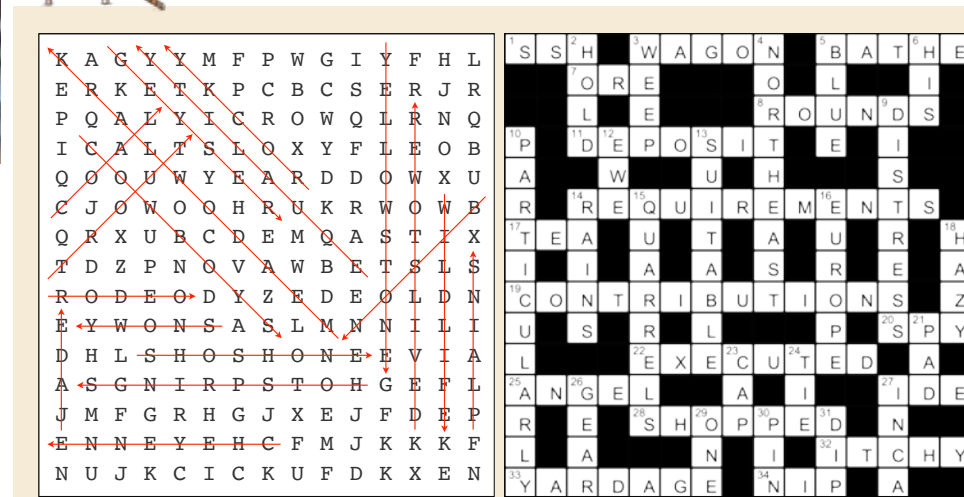
We're so grateful to have Sandra as part of our Legacy family. She's a reminder that every resident brings a lifetime of stories, and we're lucky to share in hers.



**Sizzle, Sip
& Smile:
Father's Day
Steakhouse
Cookout**



**BARNYARD
BASH**
AT THE
LEROY ROGERS
SENIOR CENTER





Happy Birthday!

RESIDENTS

5th Marolyn Pariso
20th Earnestine Manely
21st Betty Mealor
21st Faye Odom
24th Leona Free
26th Betty Fletcher

TEAM MEMBERS

9th Kelly Davis
13th Audrey King

TEAM MEMBER
Anniversaries

10 YRS Misti McDuffie
3 YRS Cindy Richardson

Thank You!



Life Enrichment Corner



"Christmas in July, oh what delight!
Gifts and joy, all day and night!"
Unknown

We're gearing up for another full month
of activities to keep your mind sharp,
your body moving, and your spirit lifted!
Every morning, we kick things off with

devotion, exercise, and a reminder to stay hydrated—
especially with this South Georgia heat hanging
around.

This July, we're shaking things up with a festive
"Christmas in July" theme. Think summer cheer with a
hint of holiday magic. We can't wait to dive into all the
fun, from Christmas crafts to cool treats and plenty of
surprises along the way.

Here are a few highlights you won't want to miss this
month!

Misti McDuffie
Life Enrichment Director

JULY HIGHLIGHTS

- Jul 1 Happy Hour (Pineapple Punch),
Communion, Craft Leis
- Jul 2 Church w/ Josh, Christmas in July BINGO
- Jul 3 Ice Cream Truck
- Jul 4 Fourth of July
- Jul 7 Ole Time Songs w/ Diane
- Jul 8 Shopping/Snowbiz
- Jul 10 Happy Hour (Reindeer Beach Retreat)
- Jul 11 Christmas movie & Snacks
- Jul 14 Hawaiian Luau
- Jul 15 Tasty Tuesday
- Jul 21 Resident Council/Butterbean Auction
- Jul 23 Gorgeous Grandma Fashion Show
- Jul 25 Jingle & Mingle July Birthday Bash

happy  *4th of july*
INDEPENDENCE DAY



Chaplain's Corner



Embracing Summer at Legacy Village: A Testament to God's Faithfulness

As the golden days of summer stretch before us, Legacy Village becomes a focal point of vibrant life and communal warmth, embodying the

enduring faithfulness of God. This season, we are invited to not only revel in the natural beauty surrounding us but also to reflect deeply on the divine presence that informs every aspect of our lives.

Summer at Legacy Village is an opportunity for renewal and celebration of God's abundant blessings. Each sunrise brings new opportunities to experience His love and grace, illuminating our paths and hearts alike. Residents find joy in the simple pleasures of life, such as the fragrance of flowers or the gentle whisper of the summer breeze.

Our community programs mirror the spirit of

Pastor Josh Bennett

togetherness and gratitude. With activities like morning exercises, weekly Worship Services, and enriching activities, residents are encouraged to connect, share, and find solace in each other's company. These gatherings are more than just events; they are a celebration of life and a reaffirmation of God's presence in our midst.

During this season, I was reminded of the joy it is to serve our residents. It's a joy I see spread across the face of all our staff here at Legacy.

During this sunlit season, I extend an invitation to residents and their families to embrace the warmth and light symbolizing God's unwavering love. As we bask in these moments, we are reminded that while the seasons change, His faithfulness remains constant and assuring.

Join us in celebrating the beauty of summer, reaffirming our trust and gratitude for the countless ways God enriches our lives here at Legacy Village.

Pastor Josh

ACROSS

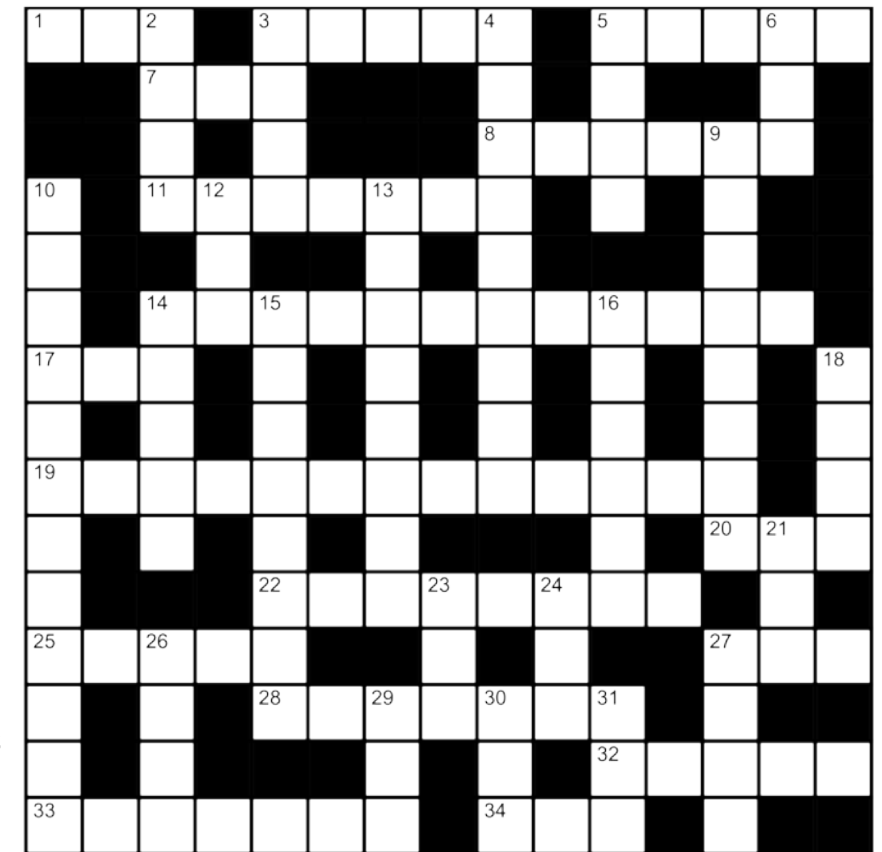
- Often overheard in a library
- Oregon Trail transportation
- Get clean
- Mineral yet to be processed
- Pub orders
- Withdrawal's opposite
- Criteria
- Caffeine source
- Donations
- Mole
- Carried out
- Heavenly host?
- Integrated Drive Electronics, abbrev.
- Made purchases
- Like wool, to some
- Distance gained by a football player
- Small bite

DOWN

- "I Want to ____ Your Hand," by the Beatles
- Cry softly
- In the United States, New England
- Red + ____ = purple
- He's a man of ____ word
- Anguish, hardship
- Especially
- Lamb's mother
- Appropriate
- "When it _____, it pours!"
- Disagreements

- France's continent
- Vague, as a memory
- Hippie's hangout
- Graduate's headwear
- Windsor, for one
- Equipment

- Machu Picchu group
- "The loneliest number"
- Brooch
- Party favorites: chips and ____



In the early 1900s, it was popular to celebrate July 4th with "bicycle parades"—but the real showstoppers were the pigs. That's right: in some towns, folks would dress up pigs in patriotic ribbons and race them down Main Street. Prizes were given for the fastest (and best-dressed) pig.

Nothing says "freedom" quite like a pig in a bowtie running for glory!



CORNHOLE TOURNAMENT FUN

AT THE
LEROY ROGERS
SENIOR CENTER



K	A	G	Y	Y	M	F	P	W	G	I	Y	F	H	L
E	R	K	E	T	K	P	C	B	C	S	E	R	J	R
P	Q	A	L	Y	I	C	R	O	W	Q	L	R	N	Q
I	C	A	L	T	S	L	O	X	Y	F	L	E	O	B
Q	O	O	U	W	Y	E	A	R	D	D	O	W	X	U
C	J	O	W	O	H	R	U	K	R	W	O	W	B	
Q	R	X	U	B	C	D	E	M	Q	A	S	T	I	X
T	D	Z	P	N	O	V	A	W	B	E	T	S	L	S
R	O	D	E	O	D	Y	Z	E	D	E	O	L	D	N
E	Y	W	O	N	S	A	S	L	M	N	N	I	L	I
D	H	L	S	H	O	S	H	O	N	E	E	V	I	A
A	S	G	N	I	R	P	S	T	O	H	G	E	F	L
J	M	F	G	R	H	G	J	X	E	J	F	D	E	P
E	N	N	E	Y	E	H	C	F	M	J	K	K	K	F
N	U	J	K	C	I	C	K	U	F	D	K	X	E	N

Wyoming



The words listed below can be found vertically, horizontally, diagonally, forward, and backward.




BISON
CHEYENNE
COAL
COWBOYS
DEVILS TOWER
EQUALITY

GEYSER
HOT SPRINGS
JADE
MEADOWLARK
PLAINS
ROCKY

RODEO
SHOSHONE
SNOWY
TROUT
WILDLIFE
YELLOWSTONE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
		9:30 Rise & Shine It's Newsletter Time 10:00 Devotion 10:30 Exercise w/ Ashley 1:00 Happy Hour (pineapple punch) 2:00 Communion w/ Paul 3:00 Craft (Leis) 4:00 Simple C Songs 5:30 Hallway Stroll <small>Canada Day</small>	9:30 Rise & Shine Coffee Time 10:00 Devotion 10:30 Exercise w/ Misty 1:30 Happy Hour 2:00 Church w/ PJ 2:30 Christmas in July BINGO 3:30 July Crosswords 5:30 Hallway Stroll	9-1 Beauty Shop & Pretty Nails 11:30 Grill Out w/ Chris 2:00 Ice Cream Truck 2:30 Mark FBC 3:30 Songs & Facts 5:30 Hallway Stroll	9:30 Coffee Chat 10:00 Devotion 10:30 Independent Exercise 1:00 Simple C Show 2:00 Porch Chat 3:00 Independent UNO 5:30 Hallway Stroll 6:00 Simple C Show <small>Independence Day (US)</small>	9:30 Coffee Chat 10:00 Devotion 10:30 Exercise/Hydration 1:00 Noodle Ball 2:00 Bomb Pops 3:00 Firework Paint 5:30 Simple C Show 6:00 Evening Stroll	
	10:00 Church w/ Pepper 11:00 Independent Exercise 1:00 Weekly Activity 2:00 BINGO 3:30 Snack/Hydration 4:00 Independent Game 5:30 Hallway Stroll 6:00 Simple C Show	9:30 Coffee Chat 10:00 Devotion 10:30 Exercise/Hydration 1:00 Happy Hour 2:00 Ole Time Songs w/ Diane 3:00 North Pole Pops 5:30 Music Matters 6:00 Hallway Stroll	9:30 Coffee Chat 10:00 Devotion 10:30 Exercise w/ Ashley 1:00 Crossword Puzzles 2:00 Shopping/SnowBiz or Movie Matinee/popcorn 3:00 Simple C Show 5:30 I Love Lucy 6:00 Hallway Stroll	9:30 Coffee Chat 10:00 Devotion 10:30 Exercise/Hydration 1:00 Happy Hour 2:30 BINGO w/ Vicki 3:30 Word Search 5:30 After Supper Show 6:00 Evening Stroll	9-1 Beauty Shop & Pretty Nails 1:00 Independent Game 2:00 Snow Cone Social 2:30 Mark FBC 3:30 Simple C Trivia 5:30 Hallway Stroll	9:30 Coffee Chat 10:00 Devotion 10:30 Exercise/Hydration 1:00 Happy Hour 2:00 Movie Matinee (Home Alone) 3:00 Christmas Movie Snacks 5:30 Simple C Show 6:00 Evening Stroll	9:30 Coffee Chat 10:00 Devotion 10:30 Exercise/Hydration 1:00 Independent UNO 2:00 BINGO 3:00 Frosty's Ice Cream Sandwiches 5:30 Simple C Show 6:00 Hallway Stroll
	10:00 Church w/ Pepper 11:00 Independent Exercise 1:00 Weekly Activity 2:00 BINGO 3:30 Snack/Hydration 4:00 Independent Game 5:30 Hallway Stroll 6:00 Simple C Show	9:30 Coffee Chat 10:00 Devotion 10:30 Exercise/Hydration 2:00 Hawaiian Luau w/ Ashley 3:00 Pineapple Bowling/Pineapple Ball Toss 5:30 Simple C Pictures 6:00 Hallway Stroll	9:30 Coffee Chat 10:00 Devotion 10:30 Exercise w/ Ashley 1:00 Happy Hour 2:00 Activity w/ Amanda 3:30 The Carpenters 5:30 Armchair Travel 6:00 Hallway Stroll	9:30 Coffee Chat 10:00 Devotion 10:30 Exercise/Hydration 1:00 Happy Hour 2:00 Church Pastor Josh 2:30 BINGO 5:30 Andy Griffith 6:00 Evening Stroll	9-1 Beauty Shop & Pretty Nails 1:00 Happy Hour 2:00 Ice Cream Truck 2:30 Mark FBC 3:30 Simple C Math Game 5:30 Hallway Stroll	9:30 Coffee Chat 10:00 Devotion 10:30 Exercise/Hydration 1:00 Happy Hour 2:00 Paul Teter 3:00 Homemade Ice Cream 5:30 Simple C Show 6:00 Evening stroll	9:30 Coffee Chat 10:00 Devotion 10:30 Exercise/Hydration 1:00 Happy Hour 2:00 BINGO 3:00 Color Pages 5:30 Simple C Show 6:00 Evening Stroll
	10:00 Church on TV 11:00 Independent Exercise 1:00 Weekly Activity 2:00 BINGO 3:30 Snack/Hydration 4:00 Independent Game 5:30 Hallway Stroll 6:00 Simple C Show	9:30 Coffee Chat 10:00 Devotion 10:30 Exercise/Hydration 1:00 Happy Hour 2:00 Resident Council 3:00 Butterbean Auction 5:30 Hee Haw 6:00 Evening Stroll	9:30 Coffee Chat 10:00 Devotion 10:30 Exercise w/ Ashley 1:00 Happy Hour 2:00 Sudzy Rims Wash w/ Therapy 3:00 Popsicles & Puzzles 5:30 TV Game Shows 6:00 Evening Stroll	9:30 Coffee Chat 10:00 Devotion 10:30 Exercise/Hydration 1:00 Happy Hour (Santa's Surfside Splash) 2:00 Gorgeous Grandma Day (Fashion Show) 3:00 Photo Booth 5:30 Golden Girls 6:00 Evening Stroll	9-1 Beauty Shop & Pretty Nails 1:00 Tic Tac Toe 2:00 Watermelon 2:30 Mark FBC 3:30 Simple C Game 5:30 In His Name Sing	9:30 Coffee Chat 10:00 Devotion 10:30 Exercise/Hydration 2:00 Resident Birthday Party w/ Kristy 3:00 July Jeopardy 5:30 Simple C Show 6:00 Evening Stroll	9:30 Coffee Chat 10:00 Devotion 10:30 Exercise/Hydration 1:00 Happy Hour 2:00 BINGO 3:00 Word Search 5:30 Simple C Show 6:00 Evening Stroll
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