



Life. Love. Legacy.™  
 1934 Whiddon Mill Rd.  
 Tifton, Ga. 31793  
 (229) 386-2273



# LEGACY VILLAGE OF TIFTON

NEWSLETTER | FEBRUARY 2026



## YOUR LEADERSHIP TEAM



**Alana Sirmans**  
Executive Director



**Jenn Brown**  
Sales & Marketing Coordinator



**Misty McDuffie**  
SC Life Enrichment Director



**Chris Griffin**  
Maintenance Director



**Barbara McLaren**  
Dining Services Director



**Cashonda Pittman**  
Staff Development Coordinator



**Josh Bennett**  
Chaplain

## A MESSAGE FROM YOUR EXECUTIVE DIRECTOR



After a long day, I found myself in the checkout line of a busy grocery store. Around me, the rhythmic beeps of scanners punctuated the shuffle of carts, while nearby, friends exchanged the familiar, half-hearted promise to “grab lunch soon”—a well-meaning refrain rarely fulfilled. In the next lane, an elderly gentleman was telling what I can only assume was his very young grandchild that when they got home, he’d “buy that wart off of her.” I was utterly flummoxed, positively befuddled, and completely nonplussed—what on earth was this tomfoolery unfolding in the sacred ten-items-or-less express lane? I couldn’t wait to reach my car and dive online—curious whether Pa-paw’s claim had merit or if his imagination had simply taken flight.

The digital know-it-all, Google, told me the tradition: rub a copper penny over the wart, then bury it somewhere secret—some low-tech magic hoping the wart vanishes, carried away by the earth. It’s a charming blend of faith, hope, and folk wisdom, a reminder of a time when healing was as much about intention and human connection as it was about medicine. And at the heart of it is intention, the deeply held belief that true healing begins in the heart and mind, nurtured by small acts of care and kindness.

Copper isn’t just a shiny metal; it has natural antimicrobial properties, known for centuries to aid in healing. But beyond the science, this story—and others like it—holds something far more precious: the power of storytelling and tradition. They are the

threads that tie us to those who came before, the lessons and love passed down through generations.

In our fast-paced world, these stories risk fading away, lost in the shuffle of modern life. Yet they hold a quiet power—not just in what they teach us about healing or health, but in how they remind us to pause, listen, and share. To tell our own stories, to pass along the wisdom tucked into everyday moments, and to treasure the customs that shape who we are.

In our community, that spirit flourishes every day. Healing isn’t always about grand cures; it’s found in the smiles shared, the hands held, and the quiet presence beside someone who needs it most. Like the copper penny, these small acts carry a weight far greater than their size, weaving a fabric of care, connection, and hope.

As we move forward into this year, let’s take time to share our stories—those old family traditions, those little-known remedies, those moments of kindness and resilience that define us. Because when we tell these tales, we keep the past alive, strengthen our bonds, and build a future rooted in love, respect, and community.

May this year bring stories shared, memories made, and healing found in the simple power of connection.

Warmly,  
*Alana Sirmans*  
 Alana Sirmans  
 Executive Director



## FROM FARM FIELDS TO QUILTED KEEPSAKES: FAYE ODOM'S STORY

Nellie Faye Odom has lived a life shaped by family, faith, and the gentle rhythms of rural Georgia. Born on July 21, 1943, in the small town of Rebecca, she was the third of four children raised by Israel and Jane. Faye's childhood was spent on the family farm, where days began with the sunrise and ended with the quiet satisfaction of work well done. Her father tilled the soil while her mother managed the home and often joined him in the fields—a partnership that set an early example of devotion and teamwork for their children.

Faye attended school just outside of Rebecca in a quaint little house known as Emory. The building may have been humble, but the memories she made there—of laughter, friendship, and the comfort of a tight-knit community—are ones she treasures to this day.

After finishing school, Faye met Joe, the man who would become her lifelong companion. Joe served in the Army before returning home to the familiar rows of crops and the peaceful countryside. Together, Faye

and Joe built a life anchored in hard work, faith, and love. Faye balanced tending to their home with helping out on the farm, and their happiest day came with the birth of their daughter.

When Faye lost Joe, she found new purpose in work and community. She spent many dedicated years at Calhoun Produce, where her strong work ethic and kind spirit left a lasting impression. Outside of work, she found joy in her garden and in quilting—creating colorful quilts that are as much a testament to her patience and creativity as they are to her love for those around her.

One of Faye's fondest memories is meeting President Jimmy Carter during a trip to Plains, Georgia—a moment she recalls with pride and a smile.

A devoted member of Hawpond Church, Faye's faith has carried her through both joys and hardships. Her warmth, quiet strength, and gentle spirit have touched everyone at Legacy Village of Tifton. We are truly grateful to have Mrs. Faye as part of our family, and her presence continues to inspire all who know her.

## Celebrations & Milestones

### Welcome to our newest residents!

- Jackie Shierling
- Walter Kinchen, Sr.
- Pat Akridge
- Alvin Dorn

### Let's celebrate everyone marking a special moment this month!

#### RESIDENT BIRTHDAYS

- Feb. 23: Judy L.
- Feb. 26: Jean M.
- Feb. 27: Sandra C.

#### TEAM MEMBER BIRTHDAYS

- Feb. 3: Angela Taylor
- Feb. 6: Shontay Billings
- Feb. 26: 'Kanesha Johnson

#### RESIDENT ANNIVERSARIES

- Leona F. - 1 year
- Bobby M. - 1 year

#### TEAM ANNIVERSARIES

- Sharon Nichols - 24 years
- Marquis Nichols - 2 years



## PARTY MARTY Bingo



## LEVELING UP REHAB WITH GRACIE

## CATCHING APPLES FOR BALANCE



R	E	W	O	T	O	C	O	U	G	N	L	X	S	N
S	O	R	C	H	I	D	U	V	G	I	Z	H	L	K
A	E	R	S	P	S	D	X	N	O	G	V	R	L	Q
G	A	R	D	E	N	C	I	T	T	H	Z	J	A	B
M	K	L	U	S	N	L	B	F	F	T	Z	D	F	C
S	Q	Y	W	T	C	T	P	P	S	S	B	T	R	H
I	Y	A	M	Y	P	O	O	W	R	A	E	D	E	I
E	L	E	C	F	Q	L	O	S	Z	F	A	E	T	L
D	B	C	K	L	C	R	U	K	A	A	C	T	A	I
U	N	I	N	D	L	T	C	D	R	H	A	W	C	
B	S	O	O	F	O	N	E	G	S	I	E	O	H	R
F	I	N	I	D	Q	M	L	A	R	O	S	B	Y	A
L	U	S	I	K	K	R	Y	N	N	L	X	M	M	B
H	E	F	L	O	W	E	R	D	O	M	E	U	B	W
C	X	F	L	A	C	I	P	O	R	T	K	B	P	W

G	R	O	W	N	U	P	B	A	L	L				
A	A	A	R	T	A	I	M	S						
L	O	T	S	W	I	M	M	E	R	N	E			
A	P	M	I	E	L	F	A							
X	P	E	E	P	E	R	S	F	O	H	M			
Y	L	C	A	C	A	R								
C	O	N	T	I	N	U	E							
W	A	L	O	G	E	A								
P	R	I	N	C	I	P	A	L	E					
O	N	U	O	A	C	R	E							
D	O	G	L	E	N	A	M	S						
I	F	A	R	T	H	E	S	T	U	F	O			
F	E	L	K	R	O	Q	S	N						
E	F	L	O	W	E	R	D	O	M	E	U	B	W	
D	I	S	A	R	M	S	S	C	S					

## SCENIC VIEWS...



AND SWEET TREATS!

# CHOPPED

MYSTERY INGREDIENTS, EXPERT JUDGES,  
AND A WHOLE LOT OF FUN—CHOPPED: LEGACY EDITION!



Ring in the  
NEW YEAR!



## ACTIVITY Highlights

February is here, and it's filled with celebrations of love, friendship, and meaningful moments. While Valentine's Day is one of my favorite days of the month, there is so much more to enjoy. From wondering whether Punxsutawney Phil will see his shadow on Groundhog Day, to honoring our nation's leaders on Presidents Day, February offers many opportunities to reflect, celebrate, and connect. We also take time this month to honor the important contributions of historical figures during Black History Month.

We look forward to celebrating each of these special days with you, along with many fun and engaging activities throughout the month.

This February, we are also proud to kick off our Alzheimer's fundraising campaign. Our goal this year is to raise \$2,000 for the Alzheimer's Association, and we appreciate your support as we come together for such a meaningful cause.

We are always looking for new volunteers to help enrich our community. If you have a talent or interest you would like to share, please feel free to contact me at 229-386-2273.

Warmly,  
Misty McDuffie  
Life Enrichment Director

### February ACTIVITY HIGHLIGHTS

- Feb. 6 @ 2:00PM: Superbowl's Touchdown Tailgate Party
- Feb. 13 @ 2:00PM: Love Bug Ball
- Feb. 17 @ 2:00PM: Mardi Gras Social
- Feb. 23-27 @ 10:00AM: Winter Olympics Week



**NO PASSPORT NEEDED!**

WE TRAVELED NORTH THROUGH PAINT IMAGINATION



**SHINE A LIGHT ON GREATNESS!**



*Nominate Someone Who's Going the Extra Mile!*

At Legacy Village, we believe exceptional care deserves recognition. Our Going the Extra Mile Award celebrates team members who make a difference with kindness, compassion, and dedication every day.

We invite families, visitors, and community members to nominate staff who go above and beyond for our residents. If you've seen a moment that warmed your heart, made you smile, or showed extraordinary care, we'd love to hear about it!

Your nomination helps us highlight the amazing people who make Legacy Village feel like home. Thank you for helping us celebrate the heart and spirit of our community!

*Nominate a Team Member Today!*

**IF YOU LOVE WHAT WE DO, PLEASE LEAVE A REVIEW!**



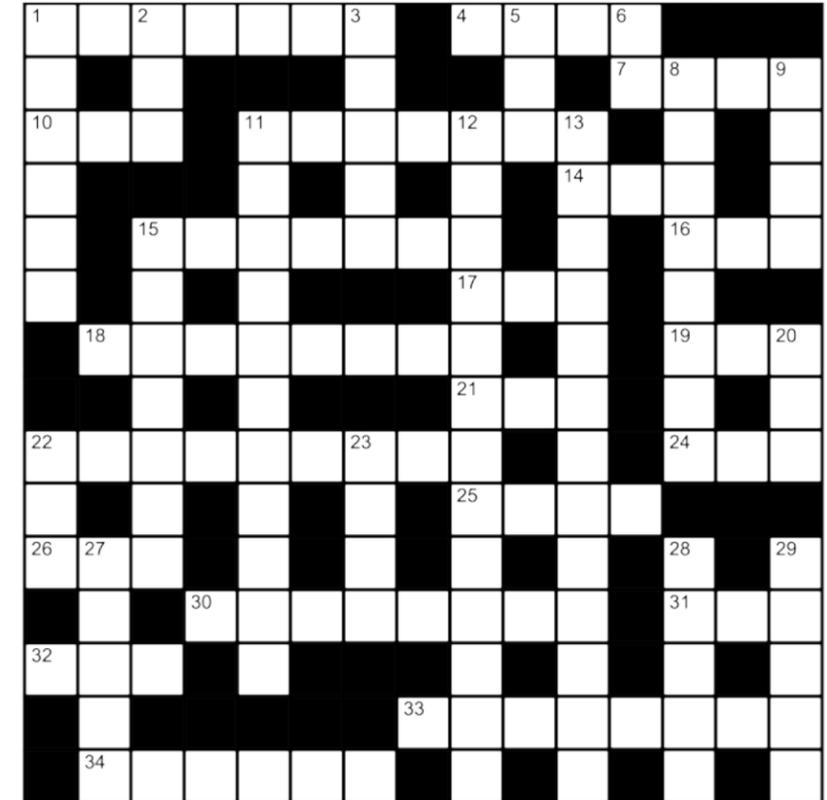
legacytifton.net/testimonies  
**YOUR FEEDBACK HELPS OTHERS!**

**ACROSS**

- 1. Adult
- 4. Event attended by Cinderella
- 7. Goals
- 10. Auction unit
- 11. Aquatic athlete
- 14. Pointy-eared figure of fantasy
- 15. "Jeepers, creepers, where'd you get those \_\_\_?"
- 16. Electrical unit
- 17. Garage contents
- 18. To carry on
- 19. It's "the word" (Hint: keeping a secret)
- 21. Captain's journal
- 22. Teacher's superior
- 24. Doris \_\_\_ (Hint: "Que Sera, Sera")
- 25. A measure of land
- 26. Man's best friend
- 30. Most remote
- 31. E.T.'s craft
- 32. Caribou kin
- 33. Rushing
- 34. Render harmless

**DOWN**

- 1. Milky Way, for one
- 2. Kind of bran
- 3. 8:00 p.m. is \_\_\_\_\_-time TV
- 5. Chowd down
- 6. Pie a-\_\_-mode
- 8. Well-versed
- 9. A petticoat's junction
- 11. Amazing, sensational
- 12. Mixed, varied
- 13. Chilling appliances
- 15. Readying a field, say
- 20. "\_\_\_ I help you?"
- 22. Like two peas in a \_\_\_
- 23. Verse writer
- 27. Applied lubricant
- 28. Something to face? (Hint: accept unpleasant consequences)
- 29. Karaoke choices



R E W O T O C O U G N L X S N  
 S O R C H I D U V G I Z H L K  
 A E R S P S D X N O G V R L Q  
 G A R D E N C I T Y H Z J A B  
 M K L U S N L B F F T Z D F C  
 S Q Y W T C T P P S S B T R H  
 I Y A M Y P O O W R A E D E I  
 E L E C F Q L O S Z F A E T L  
 D B C K L C R U K A A C T A I  
 U N I N N D L T C D R H A W C  
 B S O O F O N E G S I E O H R  
 F I N I D Q M L A R O S B Y A  
 L U S I K K R Y N N L X M M B  
 H H F L O W E R D O M E U B W  
 C X F L A C I P O R T K B P W

*Gingapore* The words listed can be found vertically, horizontally, diagonally, forward, and backward.



- BEACHES
- BUMBOAT
- CHILI CRAB
- CLEAN
- CYCLING
- FLOWER DOME
- GARDEN CITY
- GUOCO TOWER
- LAWS
- LION
- MONKEYS
- NIGHT SAFARI
- ORCHID
- SCULPTURES
- SENTOSA
- SWORDFISH
- TROPICAL
- WATERFALLS



YOU'RE INVITED  
**MARDI GRAS PARTY!**  
TUESDAY, FEBRUARY 17  
2:00PM



*You're Invited*  
**LOVE BUG BALL**  
FRIDAY  
FEBRUARY  
13<sup>th</sup> | 2:00PM

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# February 2026

Personal Care



<p>10:00 Church w/Pepper 1 11:00 Weekly Events 1:00 Snack/Hydration 2:00 BINGO 3:00 Monthly Word Search 5:30 Armchair Travels 6:30 Hallway Stroll <small>Tu B'Shevat Begins</small></p>	<p>9:30 Mark FBC 2 10:00 Exercise/Hydration 10:30 Newsletters 1:00 Ground Hog Word Search 2:00 Edible Ground Hogs 3:00 Ground Hog Trivia 5:30 Simple C Music <small>Groundhog Day</small></p>	<p>9:30 Rise &amp; Shine 3 10:00 Exercise w/ Gracie 10:30 Devotion/Hymns 11:30 Club 55 (\$7) 1:00 Room Visits 2:00 Movie Matinee 3:00 Movie Snacks 5:30 Simple C</p>	<p>9:30 Rise &amp; Shine 4 10:00 Devotion/Hymns 10:30 Exercise/Hydration 1:00 Room Visits 2:00 Pastor Josh 2:30 BINGO 5:30 Puzzles in AR</p>	<p>9-1 5 <b>Beauty Shop</b> 2:00 Pampered Hands 3:00 Word Search 5:30 ME TV 6:00 Evening Stroll</p>	<p>10:00 Devotion/Hymns 6 10:30 Exercise/Hydration 1:00 Room Visits 2:00 Touchdown Tailgate (Super Bowl pregame party) 3:00 Cornhole 5:30 ME TV</p>	<p>9:30 Rise &amp; Shine 7 10:00 Devotion/Hymns 10:30 Exercise/Hydration 1:00 Room Visits 2:00 Noodle Ball 3:00 Tic Tac Toe 5:30 ME TV</p>
<p>10:00 Church w/ Pepper 8 11:00 Weekly Events 1:00 Snack/Hydration 2:00 BINGO 3:00 Monthly Word Search 5:30 Armchair Travels 6:30 Superbowl</p>	<p>9:30 Mark FBC 9 10:00 Be Fit Valentine 10:30 Simple C Trivia 1:00 Room Visits 2:00 Hits w/ Diane 3:00 Valentine Cards for Daycare 5:30 Armchair Travels</p>	<p>10:00 Exercise w/ Gracie 10 10:30 Devotion/Hymns 1:00 Room Visits 2:00 Tasty Tuesday White Choco Red Velvet Crinkles 3:00 UNO 5:30 ME TV</p>	<p>9:30 Rise &amp; Shine 11 10:00 Devotion/Hymns 10:30 Exercise/Hydration 1:00 Room Visits 2:00 Pastor Josh 2:30 BINGO 5:30 Simple C Pictures</p>	<p>9-1 12 <b>Beauty Shop</b> 2:00 Pampered Hands 3:00 Noodle Ball 5:30 Simple C TV 6:00 Evening Stroll</p>	<p>9:30 Rise &amp; Shine 13 10:00 Devotion/Hymns 10:30 Exercise/Hydration 1:00 Room Visits 2:00 Love Bugs Ball 3:00 Dance/Karaoke 5:30 Simple C TV</p>	<p>9:30 Rise &amp; Shine 14 10:00 Devotion/Hymns 10:30 Exercise/Hydration 1:00 Room Visits 2:00 Bean Bag Toss 3:00 Snack/Hydration 5:30 Evening Stroll <small>Valentine's Day</small></p>
<p>10:00 Church on TV 15 11:00 Weekly Events 1:00 Snack/Hydration 2:00 BINGO 3:00 Monthly Word Search 5:30 Armchair Travels 6:30 Hallway Stroll</p>	<p>9:30 Mark FBC 16 10:00 Presidential Fitness 10:30 Armchair Travel Pics 1:00 Room Visits 2:00 Presidential Snacks 3:00 First Ladies Trivia <small>Presidents' Day (U.S.)</small></p>	<p>9:30 Rise &amp; Shine 17 10:00 Exercise w/ Gracie 10:30 Devotion/Hymns 1:00 Room Visits 2:00 Mardi Gras Party 3:30 The Carpenters 5:30 Armchair Travels <small>Ramadan Begins Mardi Gras Chinese New Year (Year of the Horse)</small></p>	<p>9:30 Rise &amp; Shine 18 10:00 Devotion/Hymns 10:30 Exercise/Hydration 1:00 Room Visits 2:00 Pastor Josh 2:30 BINGO 5:30 Simple C TV</p>	<p>9-1 19 <b>Beauty Shop</b> 2:00 Pampered Hands 3:00 Connect Four 5:30 ME TV 6:00 Evening Stroll</p>	<p>9:30 Rise &amp; Shine 20 10:00 Devotion/Hymns 10:30 Exercise/Hydration 1:00 Room Visits 2:00 Country Ride 3:00 Wendys Frosty Stop 5:30 Simple C TV</p>	<p>9:30 Rise &amp; Shine 21 10:00 Devotion/Hymns 10:30 Exercise/Hydration 1:00 Room Visits 2:00 Ring Toss 3:00 Snack/Hydration 5:30 Evening Stroll</p>
<p>10:00 Church on TV 22 11:00 Weekly Events 1:00 Snack/Hydration 2:00 BINGO 3:00 Monthly Word Search 5:30 Armchair Travels 6:30 Hallway Stroll</p>	<p>9:30 Mark FBC 23 10:00 Winter Olympics workout 1:00 Room Visits 2:00 Zamboni Driver 3:00 Snack Cart 5:30 ME TV</p>	<p>9:30 Rise &amp; Shine 24 10:00 Devotion/Hymns 10:00 Exercise w/ Gracie 1:00 Room Visits 2:00 Mountain Groomer 3:00 Snack/Hydration 5:30 Simple C</p>	<p>9:30 Rise &amp; Shine 25 10:00 Devotion/Hymns 10:30 Exercise/Hydration 1:00 Room Visits 2:00 Ski Jump Tester 3:00 Snack/Hydration 5:30 ME TV</p>	<p>9-1 26 <b>Beauty Shop</b> 2:00 Pampered Hands 3:00 UNO 5:30 Simple C 6:00 Evening Stroll</p>	<p>9:30 Rise &amp; Shine 27 10:00 Devotion/Hymns 10:30 Exercise/Hydration 1:00 Room Visits 2:00 Rope Toe Engineer 3:00 Snack/Hydration 5:30 ME TV</p>	<p>9:30 Rise &amp; Shine 28 10:00 Devotion/Hymns 10:30 Exercise/Hydration 1:00 Room Visits 2:00 Noodle Ball 3:00 Snack/Hydration 5:30 Evening Stroll</p>

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# February 2026

The Harbor

<p>10:00 Church w/ Pepper 11:00 Weekly Events 1:00 Snack/Hydration 2:00 BINGO 3:00 Monthly Word Search 5:30 Armchair Travels 6:30 Hallway Stroll <small>Tu B'Shevat Begins</small></p>	<p>9:30 Mark FBC 10:00 Exercise/Hydration 10:30 Newsletters 1:00 Ground Hog Word Search 2:00 Edible Ground Hogs 3:00 Ground Hog Trivia 5:30 Simple C Music <small>Groundhog Day</small></p>	<p>9:30 Rise &amp; Shine 10:00 Exercise w/ Gracie 10:30 Devotion/Hymns 11:30 Club 55 (\$7) 1:00 Room Visits 2:00 Movie Matinee 3:00 Movie Snacks 5:30 Simple C</p>	<p>9:30 Rise &amp; Shine 10:00 Devotion/Hymns 10:30 Exercise/Hydration 1:00 Room Visits 2:00 Pastor Josh 2:30 BINGO 5:30 Puzzles in AR</p>	<p>9-1 <b>Beauty Shop</b> 2:00 Pampered Hands 3:00 Word Search 5:30 ME TV 6:00 Evening Stroll</p>	<p>10:00 Devotion/Hymns 10:30 Exercise/Hydration 1:00 Room Visits 2:00 Touchdown Tailgate (Super Bowl pregame party) 3:00 Cornhole 5:30 ME TV</p>	<p>9:30 Rise &amp; Shine 10:00 Devotion/Hymns 10:30 Exercise/Hydration 1:00 Room Visits 2:00 Noodle Ball 3:00 Tic Tac Toe 5:30 ME TV</p>
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