



Life. Love. Legacy.™
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LEGACY VILLAGE OF TIFTON

NEWSLETTER | APRIL 2026



YOUR LEADERSHIP TEAM



Alana Sirmans
Executive Director



Porshia Stone, LPN
Resident Services Director



Misty McDuffie
SC Life Enrichment Director



Chris Griffin
Maintenance Director



Barbara McLaren
Dining Services Director



Cashonda Pittman
Staff Development Coordinator



Josh Bennett
Chaplain

A MESSAGE FROM YOUR EXECUTIVE DIRECTOR



I recently found myself outside, kneeling in the dirt with the best of intentions to “get a jump on spring.” Armed with gloves I wasn’t sure had ever met soap, and a trowel that’s seen better days, I set out to conquer a small patch in my yard’s corner that felt as vast as the Grand Canyon—mostly because the work ahead looked just as intimidating.

This year, I’m trying a new approach with two of my favorite flowers—lavender and poppies. Year after year they start out bright and hopeful—lush green and full of promise—but under my watch, somehow morph into scraggly, sunburnt survivors. No matter how hard I try, I can’t seem to get these beauties to thrive. Past years had me rushing home from the garden center, grabbing the shovel, and excavating holes with the precision of a caffeinated mole. I’d water those delicate little green hopefuls with the enthusiasm of a fire hose and fertilize like I was trying to grow a forest overnight—perhaps drowning and chemically burning them all at once.

Then I stumbled on a video where a woman explained that the secret to lavender isn’t obsessing over the plants after planting but properly preparing the sandy soil before doing so. The next part she demonstrated carefully. She backed away carefully, turned around and began the last part of caring for her lavender: just leaving be those precious petals with pugnacity.

That new perspective made the whole process feel a little more manageable—like finally learning that the garden will grow at its own pace regardless, even if I can’t always see it happening.

And that’s when it hit me—gardening, much like life, isn’t about perfection or instant success. It’s about showing up, doing what we can, giving our best, and finding joy in the process—even when things get messy or don’t go as planned. Sometimes those messy, imperfect moments teach us that stepping back and letting things unfold without interference is both the most difficult yet most rewarding part of the journey — and that’s beautiful!

You know what else is beautiful? The volunteers who give their time, energy, and heart to this community. It’s Volunteer Appreciation Month, and we want to take a moment to celebrate these everyday heroes who help our garden—our community—thrive.

So, thank you—to every volunteer, every resident, and every family—for being part of this journey with us. We’re all growing together, in all the wonderfully messy ways that make life worth it!

Sincerely,

Alana Sirmans

Alana Sirmans
Executive Director



CHAPLAIN'S CORNER: EASTER IS A SEASON OF RENEWAL AND HOPE

As we step into the month of April, we find ourselves

surrounded by the vibrant signs of spring. The flowers begin to bloom, the days grow longer, and the world around us comes to life with a renewed sense of energy and vitality. In this time of awakening, we also prepare to celebrate Easter, a cornerstone event in the Christian calendar.

Easter is a season that invites us to reflect on themes of renewal, hope, and new beginnings. It embodies the profound story of the resurrection of Jesus Christ, symbolizing triumph over death and the promise of eternal life. This message of hope is not just a tale of the past but a living promise for the future, encouraging us to find optimism in the face of life's challenges.

For those of us in the assisted living community, Easter serves as a gentle reminder that renewal is always possible, no matter

where we are on life's journey. It's a time to embrace the joy found in everyday moments, to cherish our connections with friends and family, and to find strength in our shared faith.

This Easter, let us open our hearts to the transformative power of gratitude and hope. May we extend kindness and warmth to one another, fostering a spirit of community and compassion. Whether through a shared meal, a simple gesture of friendship, or a quiet moment of reflection, let us celebrate the abundant blessings in our lives.

As we gather to observe this sacred season, may we find inspiration in the promise of Easter. Let it renew our spirits and guide us as we continue to grow and thrive together, surrounded by love and support within our community.

Wishing each of you a blessed and joyous Easter.

Pastor Josh Bennett

Celebrations & Milestones

Welcome to our newest residents!

- Sandra Fisk

Let's celebrate everyone marking a special moment this month!

RESIDENT BIRTHDAYS

- April 7: Jimmy Phillips
- April 9: Mary Clements
- April 27: Ellen Hampton

TEAM MEMBER BIRTHDAYS

- April 4: Porshia Stone

RESIDENT ANNIVERSARIES

- Richard Brown - 5 years
- Ann Jones - 4 years
- Roy Walker - 4 years
- Judith Hamm - 2 years
- Elizabeth Walker - 1 year

TEAM ANNIVERSARIES

- Kelly Davis - 5 years

Here's to friends, milestones, & memories!



FEELING LUCKY & LOOKING LOVELY IN St. Patty's GREEN!

ALZHEIMER'S SUPPORT SERVICES

A complimentary support service, designed to complement the care we provide.

Schedule today with Dr. Ron Harvard.

LEGACYSL.NET/ALZHEIMERS-SUPPORT

YOU'RE NEVER TOO OLD FOR AN EASTER EGG HUNT!



He is Risen.



Get our newsletter, plus announcements and important updates just for residents and families straight to your inbox.

Click or scan to sign up: LEGACYTIFTON.NET/NEWSLETTERS



Thank You NATIONAL VOLUNTEER APPRECIATION WEEK April 19-25, 2026

With heartfelt gratitude, we honor our dedicated volunteers, whose steadfast commitment and familiar smiles brighten our community week after week. We also thank all those who give their time—whether often or just once—each act of kindness helps make this a better place for everyone.

Join us for a Volunteer APPRECIATION BREAKFAST Tuesday, April 21st 9:00AM

The smallest act of kindness is worth more than the grandest intention. —Oscar Wilde



BRITTANY GARMON APRIL WINNER

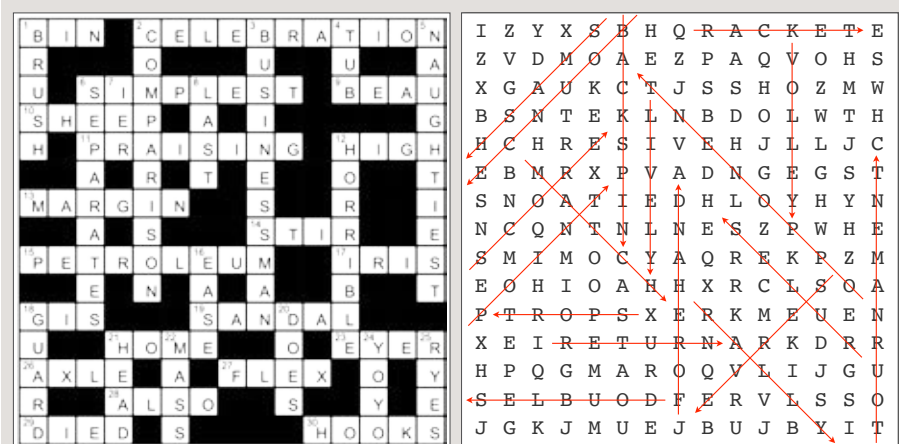


"If anyone forces you to go one mile, go with them two miles." Matt 5:41

Submit your nominations in the lobby!

IF YOU LOVE WHAT WE DO, PLEASE LEAVE A REVIEW!

legacytifton.net/testimonies



HELLO SPRING

GRILL OUT PARTY!



HOPPY HEARTS & CRAFTY HANDS!



LIFE ENRICHMENT Connections

The arrival of spring and the beauty of blooming flowers make this a truly special time of year. I feel incredibly fortunate to spend my days with such an inspiring group—our residents continually bring fresh ideas and energy that enrich everything we do.

This month, we have an exciting lineup of activities, including outings, celebrations, crafts and games designed for everyone to enjoy. We are also proud to recognize and celebrate our dedicated volunteers, whose selfless contributions make a meaningful difference in our community. We are deeply grateful for their time and commitment.

In their honor, we will host a Volunteer Appreciation Breakfast on Tuesday, April 21st. If you are interested in becoming a volunteer, please feel free to contact me. Would love to have you join our team!

We hope you'll take part in some or all the wonderful activities planned this month. Life is truly rewarding at Legacy!

Warmly,
Misty McDuffie
Life Enrichment Director

APRIL HIGHLIGHTS

- Apr. 3: Easter "Egg"stravaganza & Pictures with Bing the Bunny
- Apr. 7: VST with Gracie and Club55
- Apr. 14: Butterbean Auction with Ashley from Regency Hospice
- Apr. 16: Personal Care Family Lunch at 12PM
RSVP to Misty: mmcduffie@legacytifton.net
- Apr. 28: Resident Council



MUUMUUS, MOCKTAILS & MASTERPIECES
MADE A *muu-velous* DAY!

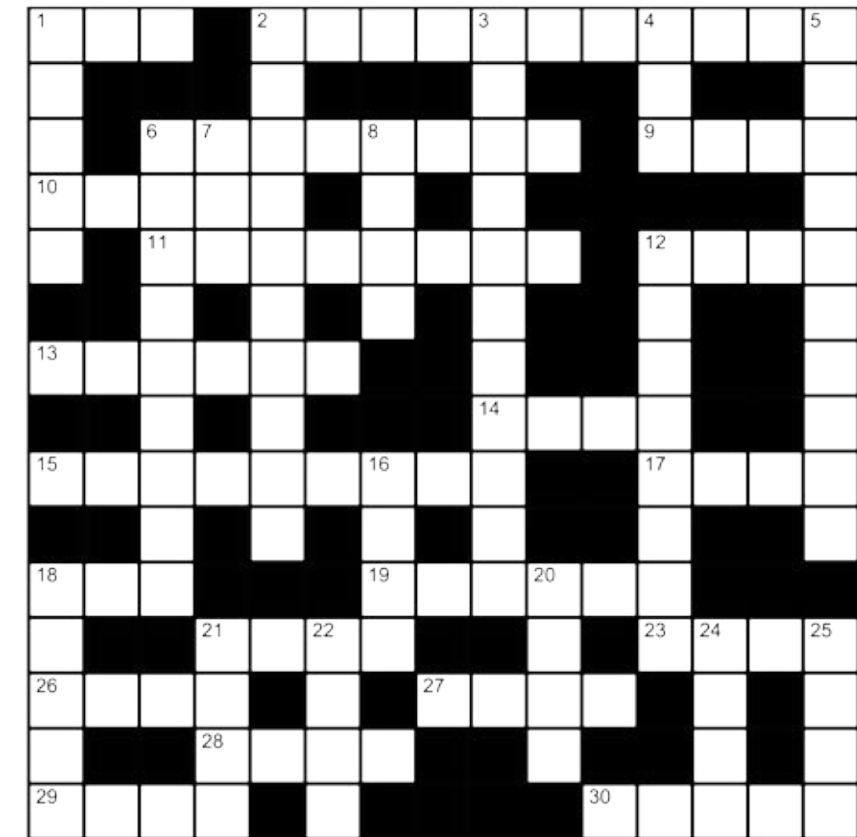


ACROSS

1. Coal container
2. Joyous occasion
6. Most uncomplicated
9. Longtime boyfriend
10. Little Bo Peep lost this
11. Expressing approval or admiration
12. Not low
13. Error allowance
14. Mix up
15. Thick crude oil
17. Eye part
18. Soldiers in the U.S. Army, abbrev.
19. Beach shoe
21. "Where the heart is"
23. Distant admirer, ogler, or viewer
26. Rod for a hot rod
27. Show off biceps
28. The Sun ___ Rises, Hemingway
29. Bought the farm
30. Things you can hang your hat on

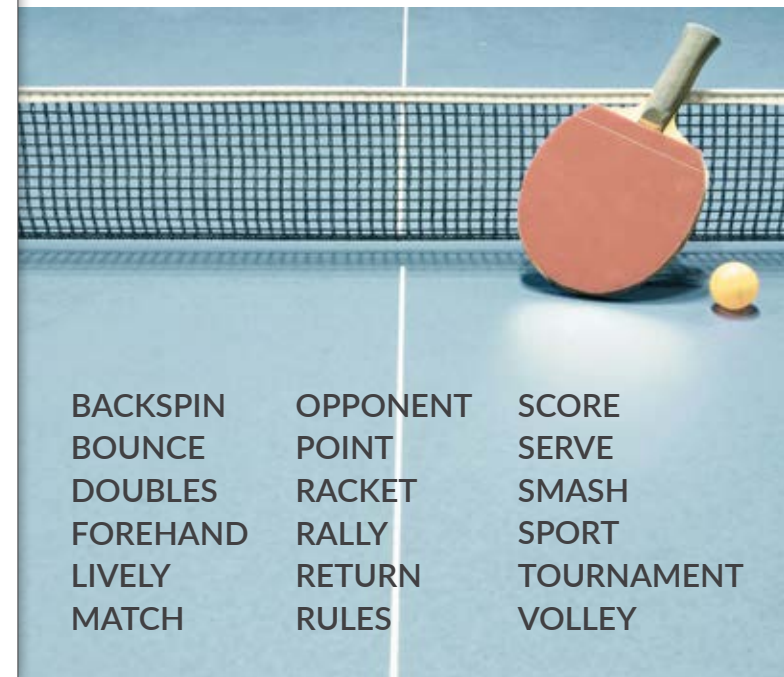
DOWN

1. Advice from a dentist
2. Examining 2 things side by side
3. A chap engaged in commerce
4. Is often rhymed with rub & dub
5. Most disobedient
6. Splits up
7. Institute for Energy Research, abbrev.
8. Where nice guys finish
12. Like Hägar of the comics
16. "___ on Down the Road"
18. Watch over
20. Female deer (plural)
21. ___ of lettuce, for example
22. Buses and subway systems; ___ transit
24. It goes up and down
25. Marble, pumpernickel, and Russian are some



PING PONG

The words listed can be found vertically, horizontally, diagonally, forward, and backward.



- | | | |
|----------|----------|------------|
| BACKSPIN | OPPONENT | SCORE |
| BOUNCE | POINT | SERVE |
| DOUBLES | RACKET | SMASH |
| FOREHAND | RALLY | SPORT |
| LIVELY | RETURN | TOURNAMENT |
| MATCH | RULES | VOLLEY |

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			9:30 Newsletters & Coffee 1 10:00 Devotion 10:30 Exercise/Hydration 12:00 Lunch 1:00 Room Visits 2:00 Church w/ Josh 2:30 BINGO 5:00 Dinner <small>All Fools' Day Passover Begins</small>	9-1 2 Beauty Shop 12:00 Lunch 1:00 One on Ones 2:00 Pampered Hands 3:00 Snack/Hydration 5:00 Dinner	9:30 Lobby Chat 3 10:00 Devotion 10:30 Exercise/Hydration 12:00 Lunch 1:00 Room Visits 2:00 Easter "Egg"stravaganza 3:00 Pictures w/ Bing our Bunny 5:00 Dinner	9:30 Lobby Chat 4 10:00 Devotion 10:30 Exercise/Hydration 12:00 Lunch 1:00 Room Visits 2:00 Volleyball 3:00 Popsicles and Porch Time 5:00 Dinner
10:00 Church w/ Pepper 5 11:00 Weekly Events 12:00 Lunch 1:00 Room Visits 2:00 BINGO 3:00 Snacks/Puzzles 5:00 Dinner <small>Easter Sunday</small>	9:30 Devotion w/ Mark FBC 6 10:15 Exercise/Hydration 12:00 Lunch 1:00 Concentration Puzzle 2:00 Trivia & Treats 3:00 Simple C Armchair Travel 5:00 Dinner	9:30 Lobby Chat 7 10:00 Devotion 10:30 VST w/ Gracie 11:30 Club 55 (\$7) 12:00 Lunch 1:00 Room Visits 2:00 Movie Matinee 3:00 Popcorn & Pop 5:00 Dinner	9:30 Coffee Chat 8 10:00 Devotion 10:30 Exercise/Hydration 12:00 Lunch 1:00 Room Visits 2:00 Church w/ Josh 2:30 BINGO 5:00 Dinner	9-1 9 Beauty Shop 12:00 Lunch 1:00 One on Ones 2:00 Activity w/ Evangela 3:00 Snack/Hydration 5:00 Dinner	9:30 Lobby Chat 10 10:00 Devotion 10:30 Exercise/Hydration 12:00 Lunch 1:00 Room Visit 2:00 Country Ride 3:00 DQ Stop 5:00 Dinner	9:30 Lobby Chat 11 10:00 Devotion 10:30 Exercise/Hydration 12:00 Lunch 1:00 One on Ones 2:00 Noodle Ball 3:00 Coke Floats 5:00 Dinner
10:00 Church w/ Pepper 12 11:00 Weekly Events 12:00 Lunch 1:00 Room Visits 2:00 BINGO 3:00 Snacks/Puzzles 5:00 Dinner	9:30 Devotion w/ Mark FBC 13 10:15 Exercise/Hydration 12:00 Lunch 1:00 Wacky Words 2:00 Ole Time Hits w/ Diane 3:00 Cooking w/ Chandler 5:00 Dinner	9:30 Lobby Chat 14 10:00 Devotion 10:30 Exercise w/ Gracie 12:00 Lunch 1:00 Happy Hour 2:00 Butter Bean w/ Ashley 3:00 Simple C Name That 5:00 Dinner	9:30 Coffee Chat 15 10:00 Devotion 10:30 Exercise/Hydration 12:00 Lunch 1:00 Room Visits 2:00 Church w/ Josh 2:30 BINGO 5:00 Dinner	9-1 16 Beauty Shop 12:00 Family Lunch 1:00 One on Ones 2:00 Pampered Hands 3:00 Snack/Hydration 5:00 Dinner	9:30 Lobby Chat 17 10:00 Devotion 10:30 Exercise/Hydration 12:00 Lunch 1:00 Room Visits 2:00 Volleyball 3:00 Banana Splits 5:00 Dinner	9:30 Lobby Chat 18 10:00 Devotion 10:30 Exercise/Hydration 12:00 Lunch 1:00 Room Visits 2:00 Bean Bag Toss 3:00 Simple C Music 5:00 Dinner
10:00 Church w/ Pepper 19 11:00 Weekly Events 12:00 Lunch 1:00 Room Visits 2:00 BINGO 3:00 Snacks/Puzzles 5:00 Dinner Volunteer Appreciation Week	9:30 Devotion w/ Mark FBC 20 10:15 Exercise/Hydration 12:00 Lunch 1:00 One on Ones 2:00 Trivia & Treats 3:00 Simple C Pictures 5:00 Dinner	9:30 Lobby Chat 21 10:00 Devotion 10:30 Exercise w/ Gracie 12:00 Lunch 1:00 Room Visits 2:00 Gardening w/ Amanda 3:30 The Carpenters 5:00 Dinner	9:30 Coffee Chat 22 10:00 Devotion 10:30 Exercise/Hydration 12:00 Lunch 1:00 Room Visits 2:00 Church w/ Josh 2:30 BINGO 5:00 Dinner <small>Earth Day Administrative Professionals Day</small>	9-1 23 Beauty Shop 12:00 Lunch 1:00 Room Visits 2:00 Activity w/ Tonya L. 3:00 Snack/Hydration 5:00 Dinner	9:30 Lobby Chat 24 10:00 Devotion 10:30 Exercise/Hydration 12:00 Lunch at Yoders 1:00 Independent Games 2:00 Movie Matinee 3:00 Popcorn & Pop 5:00 Dinner <small>Arbor Day</small>	9:30 Lobby Chat 25 10:00 Devotion 10:30 Exercise/Hydration 12:00 Lunch 1:00 One on Ones 2:00 Ring Toss 3:00 Snacks/Hydration 5:00 Dinner
10:00 Church w/ Pepper 26 11:00 Weekly Events 12:00 Lunch 1:00 Room Visits 2:00 BINGO 3:00 Snacks/Puzzles 5:00 Dinner	9:30 Devotion w/ Mark FBC 27 10:15 Exercise/Hydration 12:00 Lunch 1:00 Room Visits 2:00 Cooking w/ Chandler 3:00 Simple C Name That 5:00 Dinner	9:30 Lobby Chat 28 10:00 Devotion 10:30 Exercise w/ Gracie 12:00 Lunch 1:00 Room Visits 2:00 Resident Council 3:00 New Resident Meet & Greet 5:00 Dinner	9:30 Coffee Chat 29 10:00 Devotion 10:30 Exercise/Hydration 12:00 Lunch 1:00 Room Visits 2:00 Church w/ Josh 2:30 BINGO 5:00 Dinner	9-1 30 Beauty Shop 12:00 Lunch 1:00 Room Visits 2:00 Resident Birthday Party 3:00 Snack/Hydration 5:00 Dinner		

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



<p>10:00 Church w/ Pepper 11:00 Weekly Events 11:30 Lunch 1:00 Room Visits 2:00 BINGO 3:00 Snacks/Puzzles 4:30 Dinner</p> <p><small>Easter Sunday</small></p>	<p>9:30 Devotion w/ Mark FBC 10:15 Exercise/Hydration 11:30 Lunch 1:00 Simple C Pictures 2:00 Noodle Ball 3:00 Cold Treats & Porch Talk 4:30 Dinner</p>	<p>9:30 Lobby Chat 10:00 Devotion 10:30 VST w/ Gracie 11:30 Club 55 (\$7) 11:30 Lunch 1:00 One on Ones 2:00 Movie Matinee 3:00 Popcorn & Pop 4:30 Dinner</p>	<p>9:30 Newsletters & Coffee 10:00 Devotion 10:30 Exercise/Hydration 11:30 Lunch 1:00 Room Visits 2:00 Church w/ Josh 2:30 BINGO 4:30 Dinner</p> <p><small>All Fools' Day Passover Begins</small></p>	<p>9-1 Beauty Shop 11:30 Lunch 1:00 Room Visits 2:00 Pampered Hands 3:00 Snack/Hydration 4:30 Dinner</p>	<p>9:30 Lobby Chat 10:00 Devotion 10:30 Exercise/Hydration 11:30 Lunch 1:00 One on Ones 2:00 Easter "Egg"stravaganza 3:00 Pictures w/ Bing the Bunny 4:30 Dinner</p>	<p>9:30 Lobby Chat 10:00 Devotion 10:30 Exercise/Hydration 11:30 Lunch 1:00 Crossword 2:00 Volleyball 3:00 Popsicles & Porch Time 4:30 Dinner</p>
<p>10:00 Church w/ Pepper 11:00 Weekly Events 11:30 Lunch 1:00 Room Visits 2:00 BINGO 3:00 Snacks/Puzzles 4:30 Dinner</p>	<p>9:30 Devotion w/ Mark FBC 10:15 Exercise/Hydration 11:30 Lunch 1:00 One on Ones 2:00 Ole Time Hits w/ Diane 3:00 Parachute Pop 4:30 Dinner</p>	<p>9:30 Lobby Chat 10:00 Devotion 10:30 Exercise w/ Gracie 11:30 Lunch 1:00 Room Visits 2:00 Butterbean w/ Ashley 3:00 Simple C Name That 4:30 Dinner</p>	<p>9:30 Rise & Shine 10:00 Devotion 10:30 Exercise/Hydration 11:30 Lunch 1:00 Room Visits 2:00 Church w/ Josh 2:30 BINGO 4:30 Dinner</p>	<p>9-1 Beauty Shop 11:30 Lunch 1:00 One on Ones 2:00 Pampered Hands 3:00 Snack/Hydration 4:30 Dinner</p>	<p>9:30 Lobby Chat 10:00 Devotion 10:30 Exercise/Hydration 11:30 Lunch 1:00 Room Visits 2:00 Volleyball 3:00 Banana Splits 4:30 Dinner</p>	<p>9:30 Lobby Chat 10:00 Devotion 10:30 Exercise/Hydration 11:30 Lunch 1:00 Puzzles 2:00 Beanbag Toss 3:00 Simple C 4:30 Dinner</p>
<p>10:00 Church w/ Pepper 11:00 Weekly Events 11:30 Lunch 1:00 Room Visits 2:00 BINGO 3:00 Snacks/Puzzles 4:30 Dinner</p>	<p>9:30 Devotion w/ Mark FBC 10:15 Exercise/Hydration 11:30 Lunch 1:00 Simple C Music Therapy 2:00 Penny Pitching 3:00 Coke Floats 4:30 Dinner</p>	<p>9:30 Lobby Chat 10:00 Devotion 10:30 Exercise w/ Gracie 11:30 Lunch 1:00 Simple C 2:00 Gardening w/ Amanda 3:30 The Carpenters 4:30 Dinner</p>	<p>9:30 Rise & Shine 10:00 Devotion 10:30 Exercise/Hydration 11:30 Lunch 1:00 Room Visits 2:00 Church w/ Josh 2:30 BINGO 4:30 Dinner</p> <p><small>Earth Day Administrative Professionals Day</small></p>	<p>9-1 Beauty Shop 11:30 Lunch 1:00 One on Ones 2:00 Activity w/ Tonya L. 3:00 Snack/Hydration 4:30 Dinner</p>	<p>9:30 Lobby Chat 10:00 Devotion 10:30 Exercise/Hydration 11:30 Lunch at Yoders 1:00 Room Visit 2:00 Movie Matinee 3:00 Popcorn & Pop 4:30 Dinner</p> <p><small>Arbor Day</small></p>	<p>9:30 Lobby Chat 10:00 Devotion 10:30 Exercise/Hydration 11:30 Lunch 1:00 One on Ones 2:00 Ring Toss 3:00 Snack/ Hydration 4:30 Dinner</p>
<p>10:00 Church w/ Pepper 11:00 Weekly Events 11:30 Lunch 1:00 Room Visits 2:00 BINGO 3:00 Snacks/Puzzles 4:30 Dinner</p>	<p>9:30 Devotion w/ Mark FBC 10:15 Exercise/Hydration 11:30 Lunch 1:00 Simple C Name That 2:00 Volleyball 3:00 Ice Cream Social 4:30 Dinner</p>	<p>9:30 Lobby Chat 10:00 Devotion 10:30 Exercise w/ Gracie 11:30 Lunch 1:00 Simple C Show 2:00 Senior Chef 3:00 Fun & Games 4:30 Dinner</p>	<p>9:30 Rise & Shine 10:00 Devotion 10:30 Exercise/Hydration 11:30 Lunch 1:00 Room Visits 2:00 Church w/ Josh 2:30 BINGO 4:30 Dinner</p>	<p>9-1 Beauty Shop 11:30 Lunch 1:00 One on Ones 2:00 Resident Birthday Party 3:00 Snack/Hydration 4:30 Dinner</p>	<p><i>The Harbor</i></p>	