



Brennan Hilleary

FOUNDER, BUILD YOUR POWER COACHING

Brennan believes a company only evolves as much as the humans inside of it.

As the founder of Build Your Power Coaching, Brennan serves as a human development partner for fast-growing service companies. His work helps organizations close the gap between high-level performance and personal wellbeing so that as a business scales, its people and culture scale with it.

After overcoming serious illness and addiction as a teenager, Brennan rebuilt his life through the Marine Corps and years of corporate achievement. The relentless pressure to perform eventually led him back to addiction, costing him his career and relationships. That bottom became his turning point and the foundation of his work.

He discovered that sustainable success requires two things: the external competency to perform and the internal development to sustain that performance. One without the other eventually breaks down.

SIGNATURE TALKS

Breaking Free From the Burnout Cycle

Strategies to reclaim energy and focus

Success Without the Sacrifice

Building a high-performance life that does not cost you everything

Lead Without Losing Yourself

How to stay grounded while leading through rapid growth

Regardless of how, Brennan's mission is the same...

To Help People Stop Surviving and Start Living.

Scan the QR Code to Contact Brennan



BACKGROUND

Marine Corps Veteran

Former District Manager

10+ Years Leadership Experience

Native of Washington, Illinois

Based in Richmond, Virginia

ROLES

Human Development Partner

Keynote Speaker

Workshop Facilitator

Group Coaching Programs

Podcast Host, Whole Man

Addiction Recovery Advocate

CONTACT

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