



September Lunch Menu

Pacific Coast Montessori Academy



Monday		Tuesday		Wednesday		Thursday		Friday	
1	SCHOOL CLOSED	2		3		4		5	
		Ham and Cheese Quesadilla with Peas & Carrots		Sautéed Orange Chicken with Vegetable Blend Mix		Spaghetti & Meatballs with Green Beans		Quesadillas with Carrots	
		Bagels with Cream Cheese		Strawberry Muffins		Oranges & Graham Crackers		Apple Sauce & Animal Crackers	
8		9		10		11		12	
Turkey & Cheese Wrap with Cucumbers		Creamy Ham Pasta with Mixed Vegetables		Chicken Teriyaki with Broccoli		Cook's Choice		Macaroni and Cheese with Peas	
Cheese & Crackers		Apples & Pita Bread		Pineapple Tidbits & Ritz		Banana Muffins		String Cheese & Cucumber	
15		16		17		18		19	
Turkey Meatloaf with Peas & Carrots		Ham and Cheese Sandwich with Carrots		Chicken Noodle Soup with Mixed Veggies		Beef Enchilada Casserole with Corn		Baked Ziti with Green Beans	
Oranges & Graham Crackers		Bell Peppers & String Cheese		Blueberry Muffins		Fruit & Crackers		Apple Slices & Cheese	
22		23		24		25		26	
Turkey Sliders with Green Beans		Cook's Choice		Chicken Fried Rice with Peas & Carrots		Creamy Beef Shells with Peas		Cheese Pizza with Carrots	
Bagel with Cream Cheese		Applesauce & Crackers		Banana & Graham Crackers		Apples & Pita Bread		Banana Muffins	
29		23							
Turkey Chili with Bell Peppers		Smoked Sausage and Pasta with Corn							
Oranges & Crackers		String Cheese & Cucumber							

FRESH FRUIT IS SERVED EVERY DAY WITH LUNCH



**WELCOME BACK
TO SCHOOL**

