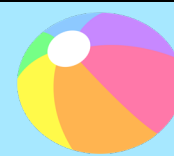




August Lunch Menu

Pacific Coast Montessori Academy



Monday	Tuesday	Wednesday	Thursday	Friday
				1 Bean and Cheese Burritos with Corn
				String Cheese & Ritz
4 Turkey and Cheese English Muffin Pizza with Cucumbers	5 Ham and Cheese Melts with Bell Pepper Strips	6 Chicken Fettuccine Pasta with Green Beans	7 Beef Sliders with Broccoli	8 Grilled Cheese Sandwiches with Carrots
Bagels & Cream Cheese	Apple Cinnamon Muffins	Cheese & Crackers	Pineapple Tidbits & Ritz	Cucumber & Cream Cheese
11 Cook's Choice	12 Smoked Sausage and Pasta with Green Beans	13 Indian Butter Chicken with Carrots & Peas	14 Beef and Bean Burritos with Corn	15 Macaroni and Cheese with Broccoli
Apples & Pita Bread	Banana & Graham Crackers	Blueberry Muffins	Apple Sauce & Crackers	Craisins & Wheat Thins
18 Turkey and Broccoli Stir-Fry over Rice	19 Ham Quesadillas with Carrots	20 Chicken Fajita Bowl with Bell Pepper strips	21 Beef Sloppy Joes with Green Beans	22 Spaghetti and Mixed Vegetables
Cheese & Ritz	Bagels & Cream Cheese	Pineapple Tidbits & Cheez Its	Banana Muffins	Fruit & Crackers
25 Turkey Tacos with Corn	26 Cook's Choice	27 Chicken & Cheese Pita Sandwiches with Carrots	28 School Closed - Staff Development Days	29 School Closed - Staff Development Days
String Cheese & Raisins	Apples & Pita Bread	Strawberry Muffins		

FRESH FRUIT IS SERVED EVERY DAY WITH LUNCH

