



February Lunch Menu

Pacific Coast Montessori Academy



Monday	Tuesday	Wednesday	Thursday	Friday
2 Hot Turkey and Cheese Melt with Carrots Bagel with Cream Cheese	3 Sauted Ham and Noodles with Peas Peaches & Wheat Thins	4 BBQ Chicken with Mashed Potatoes and Green Beans Cheese & Crackers	5 Ground Beef and Broccoli with Rice Blueberry Muffins	6 Tomato Soup with Grilled Cheese Sandwich Apples & Ritz
9 Turkey and Broccoli Stir-fry over Rice Apple Sauce & Graham Crackers	10 Smoked Sausage and Mashed Potatoes with Peas Strawberry Muffins	11 Chicken Noodle Soup with Mixed Veggies String Cheese & Cucumber	12 Spaghetti with Meatballs with Green Beans Cheez its & Apples	13 Cook's Choice Craisins & Wheat Thins
16  SCHOOL CLOSED	17  PROFESSIONAL DEVELOPMENT DAY SCHOOL CLOSED	18 Indian Butter Chicken with Peas Peaches & Goldfish	19 Beef and Cheese Burritos with Corn Bagel with Cream Cheese	20 Quesadillas with Mixed Veggies Blueberry Muffins
23 Hearty Ground Turkey and Vegetable Stew Apples & Graham Crackers	24 Ham and Cheese Wrap with Carrots String Cheese & Cucumber	25 Chicken Lo-Mein with Bell Peppers Saltines & Cheese	26 Cook's Choice Banana Muffins	27 English Muffin Pizza Pineapple Tidbits & Ritz



FRESH FRUIT IS SERVED EVERY DAY WITH LUNCH

