BKB BEGA KWA BEGA U.K.

impact report

25 YEARS OF PROGRESS IN UGANDA





A woman in one of the villages we serve

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our 25-year journey



In 1982, a malady initially dubbed "slim disease" began claiming lives in Uganda, spreading swiftly across the nation. What became the HIV/AIDS epidemic especially hit hard the middle generation – taking parents, aunts, uncles, and other caregivers from our communities.

Frail grandparents were thrust into both caring for their ailing offspring and raising orphaned grandchildren. Millions of oprhans and vulnerable children were left behind, catapulting Uganda into a national crisis.

Reflecting on my mother's counsel to "strategize your philanthropy for enduring impact," I started exploring how I could best support these children. I did not lack in determination but did lack the experience and money needed to build and lead a non-profit organization. Guidance and encouragement from friends and colleagues spurred me onward.

And so, twenty-five years ago, I started Bega kwa Bega (BKB) – which means "Shoulder to Shoulder" in Swahili. I quickly learned BKB would only be as successful if we established and held to a clear vision – a vision that remains to this day. From day one we have:

- Placed children's welfare at the center of all our decisions.
- Embodied a shared learning culture, one where everyone is both teacher and student.
- Engaged where we were invited and welcomed by communities, rather than pushing our support on them
- Fostered collaborative community partnerships that place children's needs at the forefront and made sure communities owned the process and the decision-making. This included helping them identify and harness their own assets that they could bring to any effort. It involved co-creating clear goals, and implementing tailored strategies that responded to their specific needs. It also meant taking time to celebrate individual and communal growth.
- Encouraged knowledge, resources, and skills exchange within families and the communities where we work; and,
- Sustained two-way communication with community members throughout their engagement with BKB.

In the summer of 1998, we held a fundraiser with friends, particularly Ugandan expatriates, in the Washington DC area to get this vision off the ground. And you all know when we get together, we are lively – traditional music and dancing raised our spirits, and we pooled our resources.

I then returned to my ancestral village here in Uganda, eager to get started. The elders in my village beseeched us to "teach us how to generate income to feed and nurture our orphaned children." We started with workshops on business fundamentals, including business selection, plan development, management, and marketing. Participants largely gravitated toward poultry farming, pig rearing, and handicraft ventures.

> **"I quickly learned BKB would only be as successful if we established and held to a clear vision — a vision that remains to this day."**

Soon, women from neighboring villages sought similar training. As we started to realize the high demand and complexity of support needed – we utilized our vision to prioritize six interrelated programs that met the core needs of children and their caregivers: 1) Water, Sanitation And Hygiene; 2) Food Security; 3) Nutrition; 4) Family Income; 5) Health; 6) Education.

LOOKING TO THE FUTURE

While these programs have transitioned over the last quarter century in response to the most urgent needs for communities, and to outside forces such as the COVID-19 pandemic, our focus has always remained the same – to partner with communities and families to help them meet their goals of a better future.

Today, we are developing the "Improving Agriculture, Nutrition, and Student Learning Project," which will establish model farms and school gardens across selected primary and secondary schools. Produce from school gardens will improve nutrition for students' school lunches. We will also soon launch an "Adolescent Health Project" to address the pressing and overlooked needs of our youth.

As our program has grown in the last 25 years, we are thankful for and proud of the full- and part-time BKB staff members leading this program here in Uganda. Their dedication and initiative are invaluable, and they are the foundation for this organization's success. Our program also would not be successful without the many generous volunteers and donors whose support fuels our endeavors and transforms aspirations into reality. We cherish their belief in our cause and their contributions towards building a brighter future for us all.

To Bega Kwa Bega Uganda's next 25 years!

Conche McGarr, Founder & Executive Director
Bega Kwa Bega

BKB BEGA KWA BEGA

OUR VALUES

Mission

To improve the living conditions of orphans, vulnerable children, their caregivers and the communities in which they live.

Vision

To transform communities into societies where all children particularly orphans and the vulnerable can thrive in supportive, healthy, and resilient environments

OUR programs

Bega Kwa Bega (BKB) has dedicated 25 years to empowering communities in Uganda through comprehensive and impactful programs in Water, Sanitation, and Hygiene (WASH), Nutrition, Agriculture, Health, and Education. Our efforts have transformed lives by providing essential resources, education, and support to vulnerable populations. From ensuring access to clean water and improving sanitation practices, to combating malnutrition, enhancing agricultural productivity, and bridging healthcare gaps with our Mobile Health Clinic and Wellness Program, BKB remains steadfast in our mission to foster sustainable development. Through education initiatives, we have opened doors to brighter futures for countless children and their families. Our success stories and the measurable impacts of our programs highlight our unwavering commitment to creating healthier, more resilient communities.





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wash

Our Water, Sanitation, and Hygiene (WASH) program focuses on educating communities about the critical importance of sanitation and hygiene in households, along with providing access to safe, clean water.

WATER

In remote Ugandan villages, women and children often travel up to five miles daily to fetch water, facing the risk of sexual assault. Many rural schools lack clean water for meal preparation, cleaning, and hand washing, disrupting learning. BKB's WASH intervention provides safe, clean water, improving community health, ensuring child safety, saving time and energy, and reducing waterborne diseases. Through donor support, BKB funds initiatives like protected springs, water harvesting tanks, and community boreholes. Beneficiaries receive hygiene and maintenance information during handover ceremonies, along with new jerrycans. A trained water committee manages the water source. Since 2000, BKB has delivered 285 protected springs, 40 boreholes, and 56 water tanks, benefiting over 45,000 people, 77 health centers, and 26 schools. Additionally, 1,735 "tippy taps," 1,287 compost pits, and 1,048 dish racks have been installed.

SANITATION

In targeted areas, BKB conducts workshops to educate communities on the importance of sanitation and hygiene for disease prevention and health promotion. These sessions cover practical home practices, such as constructing dish racks to facilitate dish drying, exposing dishes to sunlight to eliminate germs, and keeping dishes out of reach of children and animals. Participants also learn to build "tippy taps," recommended to have two per household—one near the latrine and one at the home entrance. This knowledge proved invaluable during the COVID-19 pandemic when hand washing was crucial. Additionally, participants are taught to construct compost pits for organic waste decomposition, producing manure to enhance garden fertility and food production.

CASE STUDY

This case study examines 25 years of Bega Kwa Bega's efforts to provide clean and safe water to underserved communities through our WASH program. As part of our baseline survey, our team identified schools and communities with limited access to clean and safe water for domestic use. The communities were then added to a waiting list, whereby as WASH donors were identified, the communities would be selected for appropriate interventions. This case study highlights the impact of our WASH program on these communities.

INTRODUCTION: According to the Ministry of Water and Environment, an estimated 81 percent of Uganda's population lacks access to clean and safe water. Many families and school children living in rural areas spend over 30 minutes walking to collect water, which takes time away from work and school.

Often, the water collected is contaminated and sourced from unprotected springs shared with animals. These unprotected springs pose a safety hazard to children who risk falling in and drowning or being bitten by snakes that hide in the murky water. Additionally, the consumption of this unsafe water leads to waterborne diseases. In Uganda diarrhea is among the top five causes of mortality for children under five, contributing to over 140,000 deaths annually and accounting for 7.1% of all under-five deaths in the country. The lack of access to clean and safe water is directly linked to the prevalence of diarrheal diseases.

Finally, children waste school time walking long distances to fetch unclean water for preparing school meals. For girls, these long walks through isolated areas are risky, with many facing abuse along the way. These communities experience poor health due to inadequate sanitation and hygiene.

OUR METHOD: Through baseline surveys and other program activities, BKB identifies communities and schools that lack access to clean and safe water. Our WASH funding primarily comes from individuals and organizations in Europe and the USA. With these funds, we construct boreholes, protected springs and rainwater harvesting tanks. We received a grant from the MTN Foundation to develop four protected springs.

After receiving donor funding, BKB conducts a technical survey to assess existing springs and possibilities for borehole construction to evaluate their suitability for construction. Upon confirming that the spring can be protected or the water table can sustain a borehole,

BKB collaborates with the Local Council 1 (LC1) leader to obtain permission to ensure that the spring can be used by the community. To foster a sense of ownership, BKB involves selected community members during the construction process. Upon completion, a handover ceremony is held whereby the technical expert educates the community on spring or borehole maintenance and a maintenance committee is elected. To ensure a complete water cycle, each household receives three new jerrycans and is encouraged to keep them clean. The committee includes a treasurer who collects Ugx. 1,000 per household per month to fund service and repairs as needed.



nutrition

According to UNICEF, malnutrition threatens Uganda's children, with over one-third (24 million) suffering from stunting, causing irreversible harm. This rate is higher than in neighboring countries and disproportionately affects rural areas, where stunting rates are 36% compared to 19% in urban areas. Child malnutrition costs the economy an estimated 5.6% of GDP annually.

Young women often give birth to low birth weight infants, predisposing them to malnutrition. Many families struggle to provide a nourishing diet due to poverty or lack of knowledge. Adequate nutrition is also crucial for individuals with HIV/AIDS (PHA) and Type 1 diabetes (T1D).

In response, BKB initiated nutrition sessions in 2014, targeting vulnerable groups with education, practical demonstrations, and preparation of nutritious meals using local ingredients. Malnourished children under six are placed on a rehabilitation diet. Each village hosts an exhibition to reinforce the teachings.

As of 2023, the program has rehabilitated 219 malnourished children and trained 1,862 participants in preparing nutritious meals for children, pregnant and breastfeeding mothers, PHA, T1D patients, and the elderly.



Measuring a young child's length for a nutrition assessment

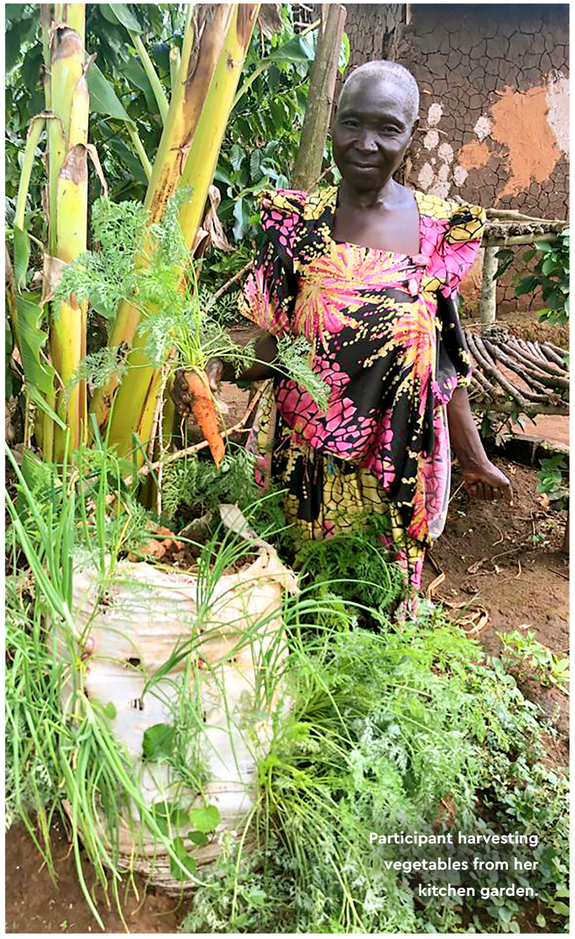
agriculture

Uganda's agrarian economy is crucial for food provision, but food security is challenged by weather, pests, diseases, economic factors, and social and political issues. Despite progress, rural and vulnerable populations still face significant challenges. Improving agricultural productivity, sustainable farming practices, market access, and social safety nets can enhance food security.

Economic growth hasn't matched the need for food security, with a 3.3% annual population growth and only a 2% increase in agricultural output. Many young adults in smallholder agriculture face underemployment and low income, prompting migration to urban areas and leaving farming to women and the elderly.

BKB's agriculture intervention educates communities on improved farming techniques to boost food production and nutrient-rich food cultivation. Sessions cover space farming, composting, pest and disease management, water and soil conservation, staggered production, and organic farming. Demonstration gardens in each village illustrate these practices. BKB provides seeds for these gardens and for farmers to use at home.

So far, 1,862 participants have been trained, 19 demonstration farms established, and 465 family gardens improved. Additionally, 78 schools received science kits with garden tools and seeds.



Participant harvesting vegetables from her kitchen garden.

OUR IMPACT

19 demonstration farms established

78 schools as recipients of science kits with garden tools and seeds

465 family gardens improved

1862 participants trained



Participant harvesting vegetables from her kitchen garden.



Farmers preparing a compost pit

igp INCOME GENERATING PROGRAM

Our Income-generating Program (IGP) is not implemented in isolation. Building upon the foundation laid during our agriculture and nutrition sessions, BKB empowers participants with essential skills to generate income and sustain their families. Leveraging the agricultural knowledge and nutritional expertise gained, participants are equipped to establish small family businesses using locally grown produce and nutritious snacks learned during the sessions.

As each village cycle nears its conclusion, we conduct an IGP workshop for participants and community teachers, providing basic business skills and startup capital to kickstart their ventures. Following the completion of the sessions, our team maintains regular contact with the beneficiaries to ensure the continuity and success of their small businesses, ultimately enhancing family income.

Our IGP interventions have trained 530 participants in basic IGP training and supported 441 income-generating businesses.

OUR IMPACT

530 participants

441 income-generating businesses



STORIES OF IMPACT

Nabadda Florence was a subsistence farmer using the produce for family consumption but not as a source of income. Florence is one of the 10 women who received income-generation food items worth Ugx 300,000, including a carton of wheat flour, 20 litres of cooking oil, a wok etc. After acquiring skills during the nutrition and the income-generation training sessions, she started a snack business. She prepares snacks six days a week, using an average capital sum of Ugx 40,000 and earns a profit of Ugx 25,000. This results in a weekly income of Ugx. 150,000 out of which she saves Ugx 30,000 per week in the SACCO group.

As a community, they agreed that the first group of people to receive the start-up capital would work and save the same amount to be passed on to another beneficiary for extended reach and impact. After returning the start-up capital, Florence was able to start another business in addition to snacks which is brewing alcohol. From this, she earns a minimum profit of Ugx 200,000.

She is now able to pay for her children's education and other basic family needs.

"Ever since BKB came to our community, life has changed for many people. Thank you BKB." —Florence



Beneficiaries receive sewing machines from our UK Coordinator Camilla Broadbent.

health

Inequalities in disease burden and access to healthcare remain significant concerns in Uganda. When our Mobile Health Clinic (MHC) started in 2000, issues included high HIV/AIDS rates, poor sanitation, lack of clean water, and inadequate hygiene. The burden of disease disproportionately affects the impoverished, who face barriers like distance to healthcare facilities, insufficient supplies, and high costs.

In response, BKB introduced the MHC to bridge healthcare accessibility gaps. The MHC visits an average of 45 villages annually, offering health education, preventive care, nutrition support, WASH awareness, and basic healthcare services. It also supports orphaned individuals with disabilities by providing wheelchairs and tricycles.

Due to funding challenges, especially during the COVID-19 pandemic, BKB transitioned the MHC to a Wellness Program in 2022, focusing on disease prevention and extending its reach. The Wellness Program promotes healthier lifestyles, reduces healthcare costs, educates on preventive care, and minimizes emergency care needs.

The program targets 45 villages per year, conducting workshops and training sessions on malaria prevention, nutrition, HIV/AIDS prevention, traditional medicines, sexual and reproductive health, mental health, and more. These are delivered through workshops, discussions, Q&A sessions, and educational materials.

Our MHC reaches an average of

45 villages annually.

From 2000 to 2023, our MHC/Wellness Program reached numerous villages and provided healthcare services to

181,755

recipients.



[above] Wellness nurse conducting a malaria sensitization session. [right] Wellness nurse examining a child before prescribing drugs.





education

SINCE 1999

290 children sponsored

519 new students

60 staff

1 state-of-the-art school

Education is central to our mission. We focus on facilitating access to education for Uganda's children, especially Orphans and Vulnerable Children (OVCs), while fostering teacher professional development. Despite the introduction of universal primary and secondary education in some schools, many children still face dropout challenges due to socioeconomic constraints.

Most children supported by BKB attend private schools known for their higher educational standards. Since 1999, BKB has sponsored 290 children, many of whom have progressed to further education, technical colleges, or universities. This support is crucial for their self-sufficiency and ability to contribute to their families.

For teacher development, BKB conducts regular workshops to enhance skills and knowledge, focusing on mathematics, science, and English.

To improve education quality, BKB established Gogolo Junior School, starting with two classrooms, five learners, and two teachers in 2015. With donor support, the school expanded to a fully equipped kindergarten and primary section, accommodating 490 kindergarten and 180 primary learners. In 2024, a boarding section was inaugurated for 128 girls and 96 boys. The student population has grown to 519 learners and 60 staff members. As we celebrate our 25th anniversary, the school anticipates its first Primary Leaving Exam (PLE) candidates.

To support ongoing growth, additional staff housing and sports facilities are needed. Currently, proceeds are reinvested in the school for necessary infrastructure.

gogolo junior school

STRIVING TO REACH FOR THE STARS

Mission

To provide children with high-quality education and childcare in a safe and respectful environment.

Vision

To create a nurturing school community where children excel and are inspired to continue learning in the future.

To improve education quality, BKB established Gogolo Junior School, starting with two classrooms, five learners, and two teachers in 2015. With donor support, the school expanded to a fully equipped kindergarten and primary section, and offers state-of-the-art education as a model school.

CORE VALUES

- Learner Confidence: Fostering a sense of self-worth and personal value in our students, staff, and community.
- Discipline: Ensuring strict adherence to school rules and regulations.
- Respect for Self and Others: Strive to nurture respect for self and others in every aspect of our learners' lives as a value essential for holistic development.

OUR GOALS

- To provide high-quality education for the participating learners.
- To improve the quality of education through teacher development
- To use Gogolo Junior School as a model to demonstrate outstanding, scalable strategies that set high standards and motivate educators at other schools to join the initiative

HISTORY AND GROWTH: Gogolo Junior School started as a play centre in 2014, where parents brought their children to play and celebrate birthdays. Due to family demand, Gogolo Kindergarten opened with 6 learners in 2015 and later expanded into Gogolo Junior School. Despite a 2-year COVID-19 lockdown, the school has steadily grown to primary seven with a total student enrollment of 530 learners.

CURRENT STATUS: We now have 530 learners and a dedicated team of 58 teaching and non-teaching staff, and we continue growing with strong parental support. Our boarding section has also expanded, providing a "home away from home" experience.

GOGOLO AS A MODEL SCHOOL: Gogolo Junior School aims to spearhead an education renewal to improve student achievement. We ensure:

- Smaller classes: 30 per kindergarten class and 35 per primary class
- Academic excellence: Teachers strive to help every child to exceed standards, with active parental involvement.
- Train dedicated teachers: Frequent training in social and emotional skills to manage behavior, conflict, and decision-making, and classroom development to improve teacher knowledge and skills.
- Experiential methods of learning: Stimulating minds through varied experiential instruction methods to accommodate different learning styles and needs.

IMPACT OF GOGOLO AS A MODEL SCHOOL ON:

The learners: We aim to nurture well-rounded children with strong academic performance, self-confidence good morals and social skills. Parental involvement is crucial for academic achievement and student behaviour. Learners transmit knowledge learned to family members and the community. Through our school prefects' bodies, learners develop leadership skills.

Teachers: Professional development workshops that are open to teachers all over the country enhance teacher confidence, knowledge, instructional skills and performance. We emphasize excellence in classroom practices, health and safety, and professional conduct.

Community: Gogolo Junior School creates employment opportunities, improves living standards, supports local businesses, and provides education to vulnerable children through the BKB sponsorship program. We also distribute donated reading and textbooks through our outreach program, improving education across the community.

OUR FUTURE: With a current enrollment of 530 learners, we aim to reach our full capacity of 670 students.

Boarding Facilities: Our boarding school can accommodate an additional 166 but currently, we have 58 boarders. The boys' dormitory is presently only two levels high, although it is designed to have four levels.

Staff Accommodation: We have 31 teaching staff, but we can only provide housing for 10 teachers at present.

Playground Separation: Despite a directive from the Ministry of Education and Sports to separate kindergarten and primary sections,

our kindergarten and primary learners still share the same playground.

Resource Room: As a model school, we are developing a resource room for teacher development and reference, accessible to educators from all schools.

Sports and Recreation: Ministry requirements mandate games and sports facilities. Currently, our students must walk to a nearby institution to use its football pitch. We have secured space for a mini soccer pitch, basketball court, netball, volleyball, and badminton courts.

However, we currently lack the necessary funding to develop these facilities. Below is our capital fundraising budget for these projects: In summary, Gogolo Junior School significantly contributes to Bega Kwa Bega's mission of supporting vulnerable children and communities through education and other livelihood-improving activities. As a model school, we continue to provide the best environment for the children to learn, and continued teacher development. Our target is to have the full capacity of learners and structures by 2028.

CAPITAL FUNDRAISING BUDGET

ITEM	DESCRIPTION	UGX	USD	POUNDS
Resource Centre & Offices	2 floors: Resource Centre, Skills room and offices	**982,011,390**	**280,575**	**218,225**
Boys Dormitory	2 floors with bathrooms and Toilets	**1,412,198,670**	**403,485**	**313,822**
Staff Quarters	3 levels with 9 units	**2,000,000,000**	**571,429**	**444,444**
Miniature Football Pitch	1 pitch with lights and turf	**102,499,000**	**29,285**	**22,778**
Basketball, Netball & Tenis Pitch	2 pitches, one at the girls end and another at the boys end	**60,885,000**	**17,396**	**13,530**
Kindergarten Play Centre	As a ministry requirement to separate Kindergarten play centres from Primary	**122,500,000**	**35,000**	**27,222**
TOTAL		**4,680,094,060**	**1,337,170**	**1,040,021**

Gogolo Junior School



testimonials

APPRECIATION FROM KALUNGU VILLAGE TO BEGA KWA BEGA

Kalungu Village, located in Kyasa Parish, Namayumba sub-county, Wakiso district, thank Bega Kwa Bega for their various activities and contributions to our community. The following initiatives have been conducted in our village:

- **Agriculture**: BKB supplied quality seeds and taught us improved farming and animal production methods, space-saving farming techniques, and the construction of energy-saving stoves.
- **Nutrition**: The team educated us on home hygiene, food preparation, personal hygiene, home sanitation, and the construction of brick ovens.
- **Water**: A borehole was drilled, a well was maintained, and water drums were provided for the elderly in the village.
- **Schools**: Science kits were provided, including garden tools, hand washing facilities, water tanks, and seeds. Additionally, a few pupils from our village received scholarships.
- **Income Generation**: A total of forty beneficiaries received start-up capital, which included seeds, farm inputs, business equipment, and other various items.

Based on the above-mentioned programs, Kalungu Village extends its appreciation to Bega Kwa Bega. We warmly welcome any future opportunities and support.

Sincerely,
Ssemwogerere Francis
Secretary, Kalungu Village



STORIES OF IMPACT

In 2016, I got my first professional job with Mukwano Industries Uganda Limited, one of the biggest manufacturing companies in East and Central Africa. I was employed as an Operations Support Assistant in the Logistics Department. Due to my tremendous performance, I was also designated to the departmental Quality Management Systems (QMS) Internal auditor which I did for four years. In December 2020, I was hired by Crown Beverages Limited, the authorized producers of Pepsi products in Uganda as a Stock Controller in the Stores and Warehouse Department. Owing to my good performance, I was promoted to Stores Supervisor in September 2023.

Better still, BKB Organization allowed me to be a member of BKB's board of directors in 2021. This builds my confidence and keeps me closer to what I now call 'new family'.

Wow, life can have twists! My initial dream was to complete primary seven and learn to read and write. Now, thanks to BKB's intervention, I am a store supervisor of such a big company! I can give my family a life and education I couldn't dream of.



The first day I met my sponsor Anna in 2002 (far left)

Richard Lukaaga 2023 (left)

HOW MY EDUCATION HELPED SOCIETY

Currently, I am a productive citizen of Uganda, providing professional services (manpower) to my country as well as tax. Without proper education, I don't think I would provide these services. Further, I am a motivation to members of my bigger family and village, giving them inspiration to educate their children. To the children, I inspire them to hang onto their education to increase their chances of realizing their dreams. In addition, I am a founding member of Bugabo-Bukaaya Savings Group which gives soft loans to low-income earners who cannot access bank loans. This group was founded on my graduation day.

CONCLUSION

Education is a ray of light in the darkness. It is certainly a hope for a better life. Education is a basic right of every Human on this Planet. Thank you BKB and Anna, for you gave me light, you gave me life, I mean good life.

CASE STUDY

In Kayini and Ntonto villages, a one-year journey of transformation began with BKB's Nutrition, Agriculture, WASH, Health, and Income Generation sessions. A baseline survey revealed limited access to clean water, poor sanitation, reliance on subsistence farming, widespread child malnutrition, and inadequate dietary scores among the elderly, children, expectant, and lactating mothers. Our work led to significant improvements in health, sanitation, and agriculture. Clean water access improved, reducing diseases, and child malnutrition rates began to drop as families adopted nutritious diets. The residents embraced the knowledge and resources provided, leading to a remarkable enhancement in their livelihoods and well-being.

INTRODUCTION: Lack of access to clean water causes waterborne diseases and forces women and children to spend considerable time fetching water, distracting from income-generating activities, education time, and posing safety risks. Malnutrition has severe and lasting developmental, economic, social, and medical impacts. Poor farming systems result in low crop yields, food insecurity, and low farmer incomes. Many struggle to meet basic needs like food, energy, health care, housing, and education due to insufficient income.

High disease burdens negatively impact a community's productivity, growth, and economic development. The residents of Kayini and Ntonto villages lacked sufficient knowledge about general health and well-being. Their participation in the one-year BKB session on nutrition, WASH, agriculture, income generation, and health and well-being brought about significant community change.

OUR METHOD: In Kayini and Ntonto Villages, a one-year journey of transformation began with BKB's Nutrition, Agriculture, WASH, Health, and Income Generation sessions. A baseline survey revealed limited access to clean water, poor sanitation, reliance on subsistence farming, widespread child malnutrition, and inadequate dietary scores among the elderly, children, expectant, and lactating mothers.

BKB's program brought vital knowledge to the community, teaching practices like building "tippy taps" for hand washing, constructing dish racks and creating compost pits. These small steps led to significant improvements in health, sanitation, and agriculture. Clean water access improved, reducing diseases, and child malnutrition rates began to drop as families adopted nutritious diets.

Information for this case study was gathered through interviews, session observations, weekly follow-ups throughout the year, and post-implementation visits to interview beneficiaries across different program areas.

RESULTS: The journey to improved living standards in Kayini and Ntonto was driven by the communities' dedication to the program and their desire for a better life. This case study demonstrates the profound impact of BKB's programs on the communities we serve. The transformative power of education, commitment, willingness and team spirit opens doors to significantly improve quality of life. This one-year journey serves as an inspiration to other communities and the achievements highlight the determination to overcome community challenges. The study underscores the importance and need for continued community sensitization to improve living standards.



Heading home after fetching clean water from a BKB protected spring

OUR IMPACT
1999 – 2024

Over the past 25 years, we have had the privilege of helping to change the lives and improve the health and living conditions of an estimated more than 450,000 individuals in Uganda. With generous support from volunteers, donors and other supporters, we will be able to impact even more lives in the next 25 years.

HEALTH

The mobile health clinic/Wellness Program reached a total of **187,217** recipients from 2014 to 2022. We have:

- Diagnosed and treated **8029** malaria cases
- Distributed **46,710** doses of deworming medication
- Treated **15,104** people for cough
- Diagnosed and treated **1006** STD cases
- Treated **1220** cases of backache
- Managed **1076** pregnancy-related complications
- Treated **1113** individuals with minor wounds
- Distributed **1675** mama kits to expectant mothers.

Severe cases are referred to the nearest health centres. BKB utilizes Village Health Teams (VHTs) to monitor beneficiaries who have been given treatment, ensuring they avoid further complications.

WASH

Our WASH intervention has achieved the following:

- Built **245** protected springs
- Drilled **42** boreholes
- Installed **64** rainwater harvesting tanks
- Provided **92** water storage drums to elderly beneficiaries
- Distributed three clean jerrycans to **4320** households to ensure a complete clean water chain.
- Overall, the program has served over **35,504** households benefiting an estimated **248,527** people.

EDUCATION

- A total of **312** orphans and vulnerable children have been given the opportunity to attend school, many of whom have graduated and are now earning incomes and supporting their families.
- Gogolo Junior School has grown significantly since its inception, expanding from **6** kindergarten learners and **5** staff in 2015 to **435** learners and **41** staff in 2023.

NUTRITION

The nutrition program has achieved the following:

- Trained **1557** caregivers and **149** peers on how to prepare nutritious balanced meals and the best meals for vulnerable people
- **233** malnourished children have been rehabilitated under our supplementary program.

AGRICULTURE

In an effort to enhance food security, the agriculture program has:

- Assisted **4961** walk-in farmers at the organic demonstration farm.
- Trained **1520** community farmers
- Supported **864** farmers to start new organic gardens

INCOME GENERATION

A total of **1182** participants on basic IGP skills and **783** given start-up capital to boost or start income-generating activities. **252** teachers were trained in IGP skill and given start-up capital to start small businesses to boost their income.

OUTREACH PROGRAM

Through the distribution of books, the outreach program has reached **534** junior schools, **61** secondary schools, **10** tertiary institutions and **4** public resource centers. 7 teachers' workshops have trained **401** teachers in better and experiential methods of teaching math and English teaching.

BKB BEGA KWA BEGA

IMPACT BY the numbers

1224 improved family gardens

187,217 beneficiaries of MHC + Wellness program

245 protected springs

248,527 beneficiaries of WASH program

312 orphans sponsored

8,029 treated for malaria

557 caregivers trained

867 new organic farmer gardens

42 bore holes

423 villages in Uganda served



Unity Junior School students showing thanks for new water tank

testimonial

VOTE OF THANKS TO BEGA KWA BEGA

On behalf of all the beneficiary schools in Kalezi and Kigogolo villages, I extend my heartfelt gratitude to the donor and coordinator of BKB for their tremendous efforts and unwavering support to both private and government schools in these villages. We are especially grateful for selecting Creative Junior School as a centre for your services.

We deeply appreciate the construction of 10,000-liter plastic water tanks in six schools. These tanks have alleviated water shortages for over 1,487 students, significantly enhancing their classroom concentration and lesson time.

Additionally, six schools received science kits, including dust bins, hygiene and sanitation posters, hand washing facilities, and cards, all of which have greatly improved sanitation. Garden kits provided to six schools, including hoes, slashers, pangas, watering cans, wheelbarrows, and shovels, have enabled the establishment of school gardens. These gardens are now growing carrots, Sukuma wiki, eggplants, and onions, enhancing the school meals.

Orchards with mango, avocado, pawpaw, and orange trees have been established in 10 schools. Furthermore, five schools were fortunate to receive start-up capital items worth UGX 3,000,000 each, aimed at improving the living standards of the teachers.

We wish you continued success in your endeavors and pledge to always remember Bega Kwa Bega.

Yours sincerely,
Opio Patrick
Bega Kwa Bega Coordinator
Kalezi and Kigogolo

bkb team

The work we've done over the past 25 years wouldn't have been possible without the commitment, skills and talents of the following individuals:

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Mutumba Mari, Accountant
Marea Musubika, Program Manager – Nutrition
Kamoga Gerald, Program Manager – Agriculture
Mugume Edward, Program Manager – Wellness Program
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