

# Nicole Mangione, MM, MT-BC

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## Education

### **Master of Music | Music Therapy | Graduated, May 2025**

University of Miami Coral Gables, FL

- Thesis: The Effect of Sedative and Stimulative Music Listening on State-Anxiety, Heart Rate, And Galvanic Skin Response in Nursing Students

### **Bachelor of Music | Musical Theatre | Graduated, May 2022**

The Catholic University of America Washington, DC

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## Clinical Training

### **Whole Steps Creative Arts Center, LLC | Music Therapist (Contractor)| Miami, FL | February 2026-Present**

*Population:* Children and adolescent clients with diverse developmental and intellectual abilities, and behavioral and medical needs.

- Facilitate individual and group music therapy sessions across contracted sites, including Crystal Academy, Learning Cove Academy, Maven in Behavior, and Glory to God Prescribed Pediatric Extended Care (PPEC)
- Conduct assessments and implement treatment plans targeting multiple domains, including language development, sustained attention, peer interaction, impulse control, sensory processing, pre-academic readiness, and functional movement.
- Utilize music-based interventions such as developmentally appropriate sensory stimulation, singing, instrument play, and movement to address treatment goals.

### **Nicklaus Children's Hospital | Music Therapy Intern | Miami, FL | July 2025-Dec 2025**

*Rotation #1 Population:* Pain Management and Palliative Care

*Rotation #2 Population:* Oncology and Critical Care Units

*Rotation #3 Population:* Neonatal Intensive Care Unit and Developmental Care

- Facilitated 3-6 individual music therapy sessions daily by introducing services, conducting evaluations and implementing personalized music interventions to address patient needs.
- Co-treated with hospital disciplines and participated in department meetings, interdisciplinary rounds, and Child Life events.
- Assisted an ophthalmologist and nurse navigator in the NICU after Retinopathy of Prematurity exams, using music-assisted relaxation to support patients' return to baseline.
- Provided live guitar music for bell-ringing celebrations marking the completion of chemotherapy, helping enhance the emotional well-being of patients and their families.
- Introduced the Heartbeat Song Project to patients and their families to promote sibling support and bonding, memory making, and emotional processing.
- Provided positive sensory stimulation during VEEG's to promote procedural support and compliance with care.
- Designed and facilitated 4 music psychotherapy and counseling sessions with the Pediatric Advanced Care Team as part of the internship project.

### **Jackson Memorial Hospital | Student Music Therapist | Miami, FL | Sept 2024-Nov 2024**

*Population:* Lung Transplant patients in the Intensive Care Unit

- Facilitated 3-6 individual music therapy sessions twice weekly under the supervision of a Speech-Language Pathologist using active music making, therapeutic singing, and music-assisted relaxation to support speech production, mood, and coping skills.

**Bruce W. Carter Department of VA Med Center | Student Music Therapist | Miami, FL | Feb 2024-April 2024**

*Population:* Elderly adults with varying psychological, neurological, and other medical conditions

- Led and co-facilitated weekly 1 hour group music therapy sessions under the supervision of a board-certified music therapist using active music making, musical games, music listening, and songwriting, to support social interactions, emotional well-being, memory recall and decision making.

**Nicklaus Children's Hospital | Student Music Therapist | Miami, FL | Aug 2023-Dec 2023**

*Population:* Palliative care patients ranging from birth to 21 years old with various diagnoses

- Led and co-facilitated 2-3 weekly 15-30-minute individual music therapy sessions under the supervision of a board-certified music therapist using Multimodal Neurologic Enhancement, music-assisted relaxation, active music making, and developmentally appropriate sensory stimulation to support pain management, relaxation, and developmental needs.

**Unique Learning Center | Student Music Therapist | Miami, FL | Feb 2023-April 2023**

*Population:* Children with developmental and intellectual disabilities.

- Led and co-facilitated weekly 1 hour group music therapy sessions under the supervision of a board-certified music therapist using developmentally appropriate sensory stimulation, singing, instrument play, and music and movement to foster social interactions, turn taking, impulse control, and pre-academic skills.

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**Teaching Assistantship**

**Linda Ray Intervention Center | Student Music Therapist | Miami, FL | Jan 2023-May 2025**

*Population:* Young children affected by the child welfare system, developmental delays, or health complications.

- Facilitated 3 30-minute group music enrichment classes twice weekly using instrument play, singing, musical games, music and movement, and developmentally appropriate sensory stimulation activities aligned with developmental and curriculum goals.

**Miami Northwestern Senior High School | Student Music Therapist | Miami, FL | Sept 2024-May 2025**

*Population:* Neurodivergent high school students.

- Facilitated weekly 1 hour group music enrichment classes using instrument play, singing, music and movement, musical games, songwriting, and music listening activities to promote social interactions, decision making, self-expression, and emotional well-being.

**John A. Ferguson Senior High School | Student Music Therapist | Miami, FL | Sept 2024-May 2025**

*Population:* Neurodivergent high school students.

- Facilitated weekly 1 hour group music enrichment classes via Zoom, using instrument play, singing, music listening, and music and movement activities to promote social interactions, decision making, self-expression, and emotional well-being.

**Leadership Learning Center at St. John Bosco | Student Music Therapist | Miami, FL | Feb 2023-April 2024**

*Population:* Typically developing students; K-8<sup>th</sup> grade.

- Led and co-facilitated 3 weekly 30-minute after-school group music classes, teaching ukulele, music theory, and music history, while incorporating instrument play, singing, music and movement, and musical games to support developmental and academic skills.

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**Work Experience**

**Wholesome Harmonies, LLC | Music Enrichment Teacher | Miami, FL | Feb 2025-April 2025**

*Population:* Young children with diverse neurodevelopmental needs.

- Facilitated weekly 45-minute in-home music enrichment sessions targeting developmental needs through instrument play, music and movement, singing, and musical games.

**Suzuki for Tots | Music Enrichment Teaching Assistant | Miami, FL | Sep 2022-Dec 2023**

*Population:* Infants and toddlers with diverse neurodevelopmental needs.

- Co-facilitated 2 weekly "Mommy and Me" music classes by providing visual supports, redirecting attention, and managing set-up and clean-up of materials.

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### **Memberships & Certifications**

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Member, American Music Therapy Association	<b>2024-Present</b>
Member, Alpha Mu, UM Student Music Therapy Organization	<b>2022-2025</b>
Basic Life Support CPR and AED	<b>2024-2026</b>

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### **Skills**

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Oboe · Voice · Guitar · Piano · Ukulele · Dance · GarageBand · Word · Teams · PowerPoint · Excel · Canva