

THE CHURCH OF ST. MARK & ALL SAINTS (Episcopal)

Worldwide Anglican Communion Diocese of New Jersey Atlantic Convocation

"Loving God and neighbor by word and action"



*Sundays 9:00 AM – Holy Eucharist
Kid's Program (Sunday School) – 9AM*

A Service for Healing with Holy Eucharist – Wednesdays at 5PM

*For Holy Baptism, Private Confession, or Holy Matrimony,
please contact the Church Office*

*429 South Pitney Road † Galloway, N.J. 08205 † 609-652-6222
www.smasnj.org www.facebook.com/smasnj*

Third Sunday in Lent

March 8, 2026

The Holy Eucharist Rite Two - Eucharistic Prayer A

9:00 AM

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WELCOME TO ALL!

It is our privilege to have you worship with us and share in the community of God’s faithful as we gather to celebrate the Holy Eucharist. We celebrate our diversity, knowing that ALL are created in God’s image and likeness. At The Church of St. Mark and All Saints, there are no visitors—for this is Christ’s Church; therefore, ALL God’s children are welcomed here no matter where you are on the journey! Please sign our guestbook in the lobby.

RESTROOMS:

are located in the hall immediately across from the interior entrance doors to the sanctuary. The Ladies’ Room is located to the right, with the Men’s Room to the left. An usher will be happy to direct you.

Please join us for coffee/tea and other light refreshments in the parish hall immediately following our worship today!

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Helpful Abbreviations:

BCP – *The Book of Common Prayer* (black or red book with the cross on the front cover)

Blue Hymnal – (hardback blue book with year 1982 on it)

LEVAS – *Lift Every Voice and Sing Hymnal* (multi-colored hymnal)

Praise Hymnal – (paperback light blue book)

Gathering in the Lord’s Presence

Processional Hymn		Blue Hymnal #686
Salutations and Responses		BCP Page 355
Collect of Purity		BCP Page 355
Hymn of Praise	Trisagion	Blue Hymnal S102

The Collect of the Day

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

The Word of God

First Reading: Exodus 17:1-7

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarreled with Moses, and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the Lord?" But the people thirsted there for water; and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?" So Moses cried out to the Lord, "What shall I do with this people? They are almost ready to stone me." The Lord said to Moses, "Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink." Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarreled and tested the Lord, saying, "Is the Lord among us or not?"

The Word of the Lord.

People: Thanks be to God.

Psalm 95

1 Come, let us sing to the Lord; *

let us shout for joy to the Rock of our salvation.

2 Let us come before his presence with thanksgiving *

and raise a loud shout to him with psalms.

3 For the Lord is a great God, *

and a great King above all gods.

4 In his hand are the caverns of the earth, *

and the heights of the hills are his also.

5 The sea is his, for he made it, *

and his hands have molded the dry land.

6 Come, let us bow down, and bend the knee, *

and kneel before the Lord our Maker.

7 For he is our God,

and we are the people of his pasture and the sheep of his hand. *

Oh, that today you would hearken to his voice!

8 Harden not your hearts,
as your forebears did in the wilderness, *
at Meribah, and on that day at Massah,
when they tempted me.

9 They put me to the test, *
though they had seen my works.

10 Forty years long I detested that generation and said, *
"This people are wayward in their hearts;
they do not know my ways."

11 So I swore in my wrath, *
"They shall not enter into my rest."

Second Reading: Romans 5:1-11

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us. For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person-- though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

The Word of the Lord.

People: Thanks be to God.

Sequence Hymn

Blue Hymnal #457

Gospel: The Holy Gospel of our Lord Jesus Christ according to John 4:5-42

Glory to You, Lord Christ

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon.

A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." (His disciples had gone to the city to buy food.) The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?" Jesus said to her, "Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water."

Jesus said to her, "Go, call your husband, and come back." The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; for you have had five husbands, and the one you have now is not your husband. What you have said is true!" The woman said to him, "Sir, I see that you are a prophet. Our ancestors worshiped on this mountain, but you say that the place where people must worship is in Jerusalem." Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth." The woman said to him, "I know that Messiah is coming" (who is called Christ). "When he comes, he will proclaim all things to us." Jesus said to her, "I am he, the one who is speaking to you." Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, "What do you want?" or, "Why are you speaking with her?" Then the woman left her water jar and went back to the city. She said to the people, "Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?" They left the city and were on their way to him.

Meanwhile the disciples were urging him, "Rabbi, eat something." But he said to them, "I have food to eat that you do not know about." So the disciples said to one another, "Surely no one has brought him something to eat?" Jesus said to them, "My food is to do the will of him who sent me and to complete his work. Do you not say, 'Four months more, then comes the harvest'? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds

true, 'One sows and another reaps.' I sent you to reap that for which you did not labor. Others have labored, and you have entered into their labor."

Many Samaritans from that city believed in him because of the woman's testimony, "He told me everything I have ever done." So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. And many more believed because of his word. They said to the woman, "It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Savior of the world."

The Gospel of the Lord.

People: Praise to you, Lord Christ.

Homily

The Rev. Donald R. Caron

The Nicene Creed

BCP 358

Prayers of the People

Form III - BCP 387

Confession of Sin

BCP 359

The Peace

BCP 360

Announcements

The Holy Eucharist

Offertory

Holy, Holy, Holy (Mass in G) - Schubert

The Doxology

Praise God from Whom all blessings flow. Praise Him all creatures here below.

Praise Him above ye heavenly host. Praise Father, Son, and Holy Ghost. Amen.

The Great Thanksgiving

Eucharistic Prayer A

BCP 361

Sanctus

Blue Hymnal S125

The Lord's Prayer

BCP 364

The Breaking of the Bread

BCP 364

Fraction Anthem -Blue Hymnal S164

Communion Hymn

Blue Hymnal #691

Post Communion Prayer

Going Forth into the World

BCP 366

Sending Out Prayer

Celebrant: In the name of this congregation, I send you forth bearing these holy gifts, that those to whom you go may share with us in the communion of Christ’s body and blood.

People: We who are many are one body, because we all share one bread, one cup.”

Celebrant: Emily, thank you for your faithful ministry and all the ways you serve our Lord and the people of St. Mark and All Saints.

Blessing BCP366
Dismissal BCP 366
Recessional Hymn **Blue Hymnal #690**

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THIS WEEK AT SMAS:

Sun., 3/8 – 9:00 AM – Mass, Children’s Program, Fellowship Hour

Mon., 3/9 - 9:30 AM - Zoom Morning Prayer
6:00 -8:00 PM – Art Space *(all ages & skill levels welcome)*

Tues., 3/10 - 9:30 AM - Zoom Morning Prayer
4:30 PM ESL at St. Mary’s
7:00 PM Evening Bible Study with Mo. Mag via Zoom

Wed., 3/11 – 9:30 AM - Zoom Morning Prayer
4:30 PM ESL at St. Mary’s
5:00 PM Healing service with Eucharist

Thurs., 3/12 - 9:30 AM - Zoom Morning Prayer

Fri., 3/13 - 9:30 AM - Zoom Morning Prayer

Sat., 3/14 - 9:30 AM - Zoom Morning Prayer

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Fellowship Hour -Please join us after Mass. Thank you to Eric Harrington! Hosts needed! Sign up for future weeks to maintain our weekly fellowship hour.

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Announcements & Birthday/Anniversary/Traveler Blessings

SEAMAN'S CHURCH INSTITUTE - We will continue to collect throughout the year **HAND** knitted or crocheted hats and scarves, ditty bags, toiletries, candy, tissues, microwave popcorn, playing cards, etc. Please place it in box provided by entry to the sanctuary. We will be shipping them as soon as shipping boxes are full. Any questions, please see Deacon Rich.

Men of St. Mark & All Saints – At our first gathering, the group agreed to meet every other Tuesday. Our next meeting will be held at the church on Tuesday, **March 17th at 4:00 PM**. Join us for a short Bible reflection and plenty of good conversation and fellowship.

Kid's Program –for children up to 6th grade! Children will have fun learning Bible stories, how to imitate Jesus, as well as how to worship in the Episcopal Church, etc. Sundays during 9AM Mass.

Peggy's Pantry –The next Peggy's Pantry will be on **March 15th**. Your generosity helps support the community food bank.

Peggy's Pantry Reminders - Help us serve our neighbors safely! When donating, please avoid glass jars (which break in transit) and perishable items (like fresh produce or bread). We appreciate your kindness and your help in keeping our donations safe and fresh!

Jersey Shore Fiber Arts Guild - We're back! Join us, **Thursday, 3/19**, from 7-9 PM in the Fellowship Hall. No membership fees—everyone is invited to come, reconnect, and share in the creative fun. For more details, feel free to email us at: jerseyshorefiberartsguild@gmail.com

Thinking about getting more involved at SMAS? We could really use some friendly faces to help out as ushers! Please add your name to the sign-up sheet on the long table.

Fall/Winter Bible Study with Mother Mag - September 9, 2025 – June 2026
Join us on Tuesdays, 7:00 – 8:15 PM as we study Matthew's Gospel. No homework required—just bring your preferred Bible. Please call the office for the Zoom details.

In need of Prayer? Please add name(s) to our parish prayer list at the usher's stand.

Zoom Morning Prayer –Mondays through Saturdays at 9:30 AM. Please contact the church office for the link to Morning Prayer.

SMAS CARE Team – Is there a parishioner who needs a visit? Card? Call? Assistance with transportation to a medical appointment? Please email or call the church office.

Vestry Meeting will be held on **Wednesday, 3/18 at 6:00 PM**. ALL Welcome!

Pocket Prayer Squares Ministry – Please take one from the blue basket at the back of the church for someone in need or your comfort.

Important Groups Meeting at SMAS: Art

Space – Mondays 6 PM – 8 PM

Alcoholics Anonymous (AA) – Tuesdays (6 PM) & Wednesdays (4:30 PM)

Boardwalk Chorus – Wednesdays 6 PM – 8 PM

Jersey Shore Fiber Arts Guild – 7 PM – 9 PM (3rd

***Thursday of the month*)**

Easter Seals – Fridays (10:30 AM – 1:30 PM)

Girl Scouts – Every Other Tuesday

Cub Scouts (Chartered by SMAS) – 3rd Sunday



Memorials & Thank Offerings

Candle Memorials and Thank Offerings

Sarah Wisniewski in thanksgiving for Deacon Rich’s birthday and granddaughter Alary’s birthday

Church Bulletin

JoAnn Binette in thanksgiving for Ryan’s 30th birthday

Our Ministers

Jesus Christ, Chief Pastor and Head of the Church

All Baptized Members

The Rev. Richard J. Wisniewski, Deacon

richnewski@hotmail.com – *Pastoral Emergency*: Call/Text 732-322-0947 (cell)

The Rev. Lee Powers, Retired The Rev. Dwight L. Neglia, Retired

The Rev. Margaret Otterburn, Retired The Rev. Donald R. Caron, Retired

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