

# THE CHURCH OF ST. MARK & ALL SAINTS (Episcopal)

**Worldwide Anglican Communion  
Diocese of New Jersey  
Atlantic Convocation**

*"Loving God and neighbor by word and action"*



*Sundays 9:00 AM – Holy Eucharist  
Kid's Program (Sunday School) – 9AM*

*A Service for Healing with Holy Eucharist – Wednesdays at 5PM*

*For Holy Baptism, Private Confession, or Holy Matrimony,  
please contact the Church Office*

*429 South Pitney Road † Galloway, N.J. 08205 † 609-652-6222  
[www.smasnj.org](http://www.smasnj.org) [www.facebook.com/smasnj](http://www.facebook.com/smasnj)*

**Fifth Sunday After Epiphany**  
**February 8, 2026**  
**The Holy Eucharist Rite Two - Eucharistic Prayer A**  
**9:00 AM**

+++++

**WELCOME TO ALL!**

It is our privilege to have you worship with us and share in the community of God's faithful as we gather to celebrate the Holy Eucharist. We celebrate our diversity, knowing that ALL are created in God's image and likeness. At The Church of St. Mark and All Saints, there are no visitors—for this is Christ's Church; therefore, ALL God's children are welcomed here no matter where you are on the journey! Please sign our guestbook in the lobby.

**RESTROOMS:**

are located in the hall immediately across from the interior entrance doors to the sanctuary. The Ladies' Room is located to the right, with the Men's Room to the left. An usher will be happy to direct you.

*Please join us for coffee/tea and other light refreshments in the parish hall immediately following our worship today!*

+++++

**Helpful Abbreviations:**

**BCP** – *The Book of Common Prayer* (black or red book with the cross on the front cover)

**Blue Hymnal** – (hardback blue book with year 1982 on it)

**LEVAS** – *Lift Every Voice and Sing Hymnal* (multi-colored hymnal)

**Praise Hymnal** – (paperback light blue book)

***Gathering in the Lord's Presence***

Processional Hymn

**Blue Hymnal #381**

Salutations and Responses

Book of Common Prayer 355

Hymn of Praise

BCP 356

**Blue Hymnal S280**

**The Collect of the Day**

Set us free, O God, from the bondage of our sins, and give us the liberty of that abundant life which you have made known to us in your Son our Savior Jesus Christ; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and forever. **Amen.**

## ***The Word of God***

### **First Reading: Isaiah 58:1-9a, [9b-12]**

Shout out, do not hold back! Lift up your voice like a trumpet!

Announce to my people their rebellion, to the house of Jacob their sins. Yet day after day they seek me and delight to know my ways, as if they were a nation that practiced righteousness and did not forsake the ordinance of their God; they ask of me righteous judgments, they delight to draw near to God.

“Why do we fast, but you do not see? Why humble ourselves, but you do not notice?” Look, you serve your own interest on your fast day, and oppress all your workers. Look, you fast only to quarrel and to fight and to strike with a wicked fist. Such fasting as you do today will not make your voice heard on high.

Is such the fast that I choose, a day to humble oneself? Is it to bow down the head like a bulrush, and to lie in sackcloth and ashes? Will you call this a fast, a day acceptable to the Lord?

Is not this the fast that I choose to loose the bonds of injustice, to undo the thongs of the yoke, to let the oppressed go free, and to break every yoke? Is it not to share your bread with the hungry, and bring the homeless poor into your house; when you see the naked, to cover them, and not to hide yourself from your own kin? Then your light shall break forth like the dawn, and your healing shall spring up quickly; your vindicator shall go before you, the glory of the Lord shall be your rear guard. Then you shall call, and the Lord will answer; you shall cry for help, and he will say, Here I am.

[If you remove the yoke from among you, the pointing of the finger, the speaking of evil, if you offer your food to the hungry and satisfy the needs of the afflicted, then your light shall rise in the darkness and your gloom be like the noonday.

The Lord will guide you continually, and satisfy your needs in parched places, and make your bones strong; and you shall be like a watered garden, like a spring of water, whose waters never fail. Your ancient ruins shall be rebuilt; you shall raise up the foundations of many generations; you shall be called the repairer of the breach, the restorer of streets to live in.]

***The Word of the Lord.***

***People: Thanks be to God.***

### **Psalm 112:1-9, [10]**

1 Hallelujah!

Happy are they who fear the Lord \*

and have great delight in his commandments!

2 Their descendants will be mighty in the land; \*  
the generation of the upright will be blessed.

3 Wealth and riches will be in their house, \*  
and their righteousness will last for ever.

4 Light shines in the darkness for the upright; \*  
the righteous are merciful and full of compassion.

5 It is good for them to be generous in lending \*  
and to manage their affairs with justice.

6 For they will never be shaken; \*  
the righteous will be kept in everlasting remembrance.

7 They will not be afraid of any evil rumors; \*  
their heart is right;  
they put their trust in the Lord.

8 Their heart is established and will not shrink, \*  
until they see their desire upon their enemies.

9 They have given freely to the poor, \*  
and their righteousness stands fast for ever;  
they will hold up their head with honor.

[10 The wicked will see it and be angry;  
they will gnash their teeth and pine away; \*  
the desires of the wicked will perish.]

### **Second Reading: 1 Corinthians 2:1-12, [13-16]**

When I came to you, brothers and sisters, I did not come proclaiming the mystery of God to you in lofty words or wisdom. For I decided to know nothing among you except Jesus Christ, and him crucified. And I came to you in weakness and in fear and in much trembling. My speech and my proclamation were not with plausible words of wisdom, but with a demonstration of the Spirit and of power, so that your faith might rest not on human wisdom but on the power of God.

Yet among the mature we do speak wisdom, though it is not a wisdom of this age or of the rulers of this age, who are doomed to perish. But we speak God's wisdom, secret and hidden, which God decreed before the ages for our glory. None of the rulers of this age understood this; for if they had, they would not have crucified the Lord of glory. But, as it is written,

“What no eye has seen, nor ear heard, nor the human heart conceived, what God has prepared for those who love him” —

these things God has revealed to us through the Spirit; for the Spirit searches everything, even the depths of God. For what human being knows what is truly human except the human spirit that is within? So also no one comprehends what is truly God’s except the Spirit of God. Now we have received not the spirit of the world, but the Spirit that is from God, so that we may understand the gifts bestowed on us by God. [And we speak of these things in words not taught by human wisdom but taught by the Spirit, interpreting spiritual things to those who are spiritual.

Those who are unspiritual do not receive the gifts of God’s Spirit, for they are foolishness to them, and they are unable to understand them because they are spiritually discerned. Those who are spiritual discern all things, and they are themselves subject to no one else’s scrutiny.

“For who has known the mind of the Lord so as to instruct him?” But we have the mind of Christ.]

***The Word of the Lord.***

***People: Thanks be to God.***

**Sequence Hymn**

**Blue Hymnal #7**

***Gospel: The Holy Gospel of our Lord Jesus Christ according to Matthew 5:13-20***

***Glory to You, Lord Christ***

Jesus said, “You are the salt of the earth; but if salt has lost its taste, how can its saltiness be restored? It is no longer good for anything, but is thrown out and trampled underfoot. “You are the light of the world. A city built on a hill cannot be hid. No one, after lighting a lamp puts it under the bushel basket, but on the lampstand, and it gives light to all in the house. In the same way, let your light shine before others, so that they may see your good works and give glory to your Father in heaven.

“Do not think that I have come to abolish the law or the prophets; I have come not to abolish but to fulfill. For truly I tell you, until heaven and earth pass away, not one letter, not one stroke of a letter, will pass from the law until all is accomplished. Therefore, whoever breaks one of the least of these commandments, and teaches others to do the same, will be called least in the kingdom of heaven; but whoever does them and teaches them will be called great in the kingdom of heaven. For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven.”

***The Gospel of the Lord.***

***People: Praise to you, Lord Christ.***

The Homily	The Rev. Donald R. Caron
The Nicene Creed ( <i>see insert</i> )	BCP 358
Prayers of the People	<b>Form III</b> - BCP 387
Confession of Sin	BCP 359
The Peace	BCP 360
Announcements	

### ***The Holy Eucharist***

Offertory

#### **The Doxology**

***Praise God from Whom all blessings flow. Praise Him all creatures here below.  
Praise Him above ye heavenly host. Praise Father, Son, and Holy Ghost. Amen.***

The Great Thanksgiving	<b>Eucharistic Prayer A</b>	BCP 361
Sanctus		Blue Hymnal S125
The Lord's Prayer		BCP 364
The Breaking of the Bread	BCP 364	<b>Fraction Anthem -Blue Hymnal S155</b>
Communion Hymn		<b>Blue Hymnal #505</b>
Post Communion Prayer	<b><i>Going Forth into the World</i></b>	BCP 366
Blessing		BCP366
Dismissal		BCP 366
Recessional Hymn		<b>Blue Hymnal #345</b>



+++++

**THIS WEEK AT SMAS:**

**Sun., 2/8 – 9:00 AM** – Mass, Children’s Sunday, Annual Parish Meeting

**Mon., 2/9 - 9:30 AM** - Zoom Morning Prayer

**6:00 -8:00 PM** – Art Space (*all ages & skill levels welcome*)

**Tues., 2/10 - 9:30 AM** - Zoom Morning Prayer

**4:30 PM** ESL at St. Mary’s

**7:00 PM** Evening Bible Study with Mo. Mag via Zoom

**Wed., 2/11 – 9:30 AM** - Zoom Morning Prayer

**4:30 PM** ESL at St. Mary’s

**5:00 PM** Healing service with Eucharist

**Thurs., 2/12 - 9:30 AM** - Zoom Morning Prayer

**Fri., 2/13 - 9:30 AM** - Zoom Morning Prayer

**Sat., 2/14 - 9:30 AM** - Zoom Morning Prayer

+++++

**Fellowship Hour** -Please join us after Mass. Potluck Brunch – Annual Parish Meeting!  
Hosts needed! Sign up for future weeks to maintain our weekly fellowship hour.

+++++

**Announcements & Birthday/Anniversary/Traveler Blessings**

**STEWARDSHIP** - Many thanks to all who submitted pledge cards already. Pledging helps the church strike a more accurate budget for the upcoming year. If you have not pledged yet, or have never pledged in the past, there is still time. There are extra pledge cards on the table in the center aisle. You can place folded pledge cards in the collection plate. Thanks to all for sharing your time, talents, and treasures to support the Lord's work.

**Annual Parish Meeting – Today** Following the 9:00 AM Mass, we will gather in the parish hall to conduct parish business and hold elections.

**Openings on the Mission Committee include:**

- **Junior Warden** – 2-year term
- **Three Vestry Members** – 3-year terms

**We also elect Deputies & Alternates to the Diocesan Convention, and Delegates for our Atlantic Convocation. Mark your calendars and plan to attend this important meeting!**

**Pancake Supper & Pancake Races** - Mark your calendars and join the fun at our annual Shrove Tuesday Pancake Supper on **Tuesday, February 17**, from 5:30–7:00 p.m. Enjoy a delicious meal, plenty of laughter, and our always-entertaining *crazy Pancake Races!* Bring a friend (or two!) and come share in the fun and fellowship. There is no set price—a free-will offering will be accepted. Everyone is welcome!

*(We need volunteers to help with set/clean-up and pancake flippers, please call or text Val Kozlowski 609-204-1633 if you can lend your talents)*

### **Ash Wednesday – February 18**

Begin the season of Lent with prayer, reflection, and the sign of ashes.

- **Ashes to Go:** 7:30–9:30 AM in the church parking lot – a brief, meaningful moment for those on the go.
- **Noon Service:** Distribution of Ashes (no Eucharist).
- **6:00 PM Service:** Distribution of Ashes with Holy Eucharist.

All are welcome to pause, pray, and mark the beginning of this sacred season.

**SEAMAN'S CHURCH INSTITUTE** - We will continue to collect throughout the year **HAND** knitted or crocheted hats and scarves, ditty bags, toiletries, candy, tissues, microwave popcorn, playing cards, etc. Please place it in box provided by entry to the sanctuary. We will be shipping them as soon as shipping boxes are full. Any questions, please see Deacon Rich.

**Men of St. Mark & All Saints** – At our first gathering, the group agreed to meet every other Tuesday. Our next meeting will be held at the church on Tuesday, **February 10<sup>th</sup> at 4:00 PM**. Join us for a short Bible reflection and plenty of good conversation and fellowship.

**Kid's Program** –for children up to 6<sup>th</sup> grade! Children will have fun learning Bible stories, how to imitate Jesus, as well as how to worship in the Episcopal Church, etc. Sundays during 9AM Mass.

**Peggy's Pantry** – From our collection on January 18<sup>th</sup> we collected 200 lbs. of food, and \$85 in cash- Thank you! The next Peggy's Pantry will be on **February 15<sup>th</sup>**. Your generosity helps support the community food bank.

**Peggy's Pantry Reminders** - Help us serve our neighbors safely! When donating, please avoid glass jars (which break in transit) and perishable items (like fresh produce or bread). We appreciate your kindness and your help in keeping our donations safe and fresh!

**Jersey Shore Fiber Arts Guild** - We're back! Join us, **Thursday, 2/19**, from 7-9 PM in the Fellowship Hall. No membership fees—everyone is invited to come, reconnect, and share in the creative fun. For more details, feel free to email us at: [jerseyshorefiberartsguild@gmail.com](mailto:jerseyshorefiberartsguild@gmail.com)

**Thinking about getting more involved at SMAS?** We could really use some friendly faces to help out as ushers! Please add your name to the sign-up sheet on the long table.

**Fall/Winter Bible Study with Mother Mag** - September 9, 2025 – June 2026

Join us on Tuesdays, 7:00 – 8:15 PM as we study Matthew's Gospel. No homework required—just bring your preferred Bible. [🔗](#) Please call the office for the Zoom details.

**Portrait of a Radical: The Jesus Movement** - We will meet again on February 9<sup>th</sup> and 16<sup>th</sup>. You are welcome to participate even if you didn't attend the first session. Let Mel know if you plan to attend.

**In need of Prayer?** Please add name(s) to our parish prayer list at the usher's stand.

**Zoom Morning Prayer** – Mondays through Saturdays at 9:30 AM. Please contact the church office for the link to Morning Prayer.

**SMAS CARE Team** – Is there a parishioner who needs a visit? Card? Call? Assistance with transportation to a medical appointment? Please email or call the church office.

**Vestry Meeting** will be held on **Wednesday, 2/25 at 6:00 PM**. ALL Welcome!

**Pocket Prayer Squares Ministry** – Please take one from the blue basket at the back of the church for someone in need or your comfort.

**Important Groups Meeting at SMAS: Art**

**Space** – Mondays 6 PM – 8 PM

**Alcoholics Anonymous (AA)** – Tuesdays (6 PM) & Wednesdays (4:30 PM)

**Boardwalk Chorus** – Wednesdays 6 PM – 8 PM

**Jersey Shore Fiber Arts Guild** – 7 PM – 9 PM (**3<sup>rd</sup>**

**Thursday of the month)**

**Easter Seals** – Fridays (10:30 AM – 1:30 PM)

**Girl Scouts** – Every Other Tuesday

**Cub Scouts (Chartered by SMAS)** – 3<sup>rd</sup> Sunday



## **Memorials & Thank Offerings**

### **Altar Flowers**

Faith Penrose in loving memory of niece Kilcey Penrose and brother Patrick Penrose

### **Church Bulletin**

Marie Beall in loving memory of my mother Anna on her birthday

### **Candle Memorials and Thank Offerings**

Jeane Lutz in loving memory of my parents Robert & Louise Raymond



### **Our Ministers**

**Jesus Christ, Chief Pastor and Head of the Church**

**All Baptized Members**

**The Rev. Richard J. Wisniewski, Deacon**

[richnewski@hotmail.com](mailto:richnewski@hotmail.com) – Pastoral Emergency: Call/Text 732-322-0947 (cell)

**The Rev. Lee Powers, Retired   The Rev. Dwight L. Neglia, Retired**

**The Rev. Margaret Otterburn, Retired   The Rev. Donald R. Caron, Retired**

Admin Asst.	<b>Andrea Sarnowski</b>	<a href="mailto:smasoffice@aol.com">smasoffice@aol.com</a>	609-652-6222
Music Directo	<b>Ellen Junggren</b>	<a href="mailto:njmusiclady6555@hotmail.com">njmusiclady6555@hotmail.com</a>	
Senior Warden	<b>Vicki Sharp</b>	<a href="mailto:smassrwarden@aol.com">smassrwarden@aol.com</a>	609-432-7661
Junior Warden	<b>John Spencer</b>	<a href="mailto:smasjrwarden@outlook.com">smasjrwarden@outlook.com</a>	609-652-8760
Parish Treasurer	<b>Stan Kozlowski</b>	<a href="mailto:smastreasurer@aol.com">smastreasurer@aol.com</a>	
Clerk of Mission Comm	<b>Andrea Sarnowski</b>		