

4<sup>th</sup> Sunday in Ordinary Time

# Welcome to Good Shepherd Parish

February 1, 2026



*Sermon on the Mount* by Carl Bloch

“Jesus began to teach them, saying: “Blessed are the poor in spirit,  
for theirs is the kingdom of heaven.” Matthew 5:2-3

**Parish Office: (508) 650—3545****99 Main Street, Wayland, MA****GOOD SHEPHERD PARISH VISION STATEMENT**

Good Shepherd Parish strives to be a vibrant, welcoming community where every person can experience the Father's love. Through the Gospel proclamation, prayer, and joyous sacramental celebration, Good Shepherd Parish will inspire parishioners to discern and live out their vocations and to actively evangelize the world. As we bear witness to the Risen Christ, Our Lord and Savior, we aspire to serve our parish community. We will seek to welcome home the new, the lost, and the disheartened by using the gifts and fruits of the Holy Spirit.

**GOOD SHEPHERD PARISH MISSION STATEMENT**

We, the Roman Catholic community of Good Shepherd Parish, strive to be a living sign of Christ's love in and for the world. In response to our Baptismal call, nourished by the Eucharist and guided by the values of the Second Vatican Council, we seek to continue the mission of Jesus Christ by welcoming, supporting and guiding all through prayer, sacramental celebration, service and education.

**PARISH STAFF**

**Pastor:**  
Fr. Laurence "Ren" Tocci  
Ext. 14  
frren@goodshepherdwayland.org

**Senior Priest in Residence:**  
Rev. Austin H. Fleming, M.A.  
fraustin@goodshepherdwayland.org  
Fr. Fleming's daily blog:  
ConcordPastor.blogspot.com

**Permanent Deacon:**  
Deacon Colm McGarry Ext. 22  
Director of Youth Ministry  
cmcgarry@goodshepherdwayland.org  
youthministrywayland@gmail.com

**Finance & Operations Manager :**  
Liliana Lucas Ext. 18  
llucas@goodshepherdwayland.org

**Faith Formation Director (K-5):**  
Debora S. Robertson Ext.12  
dspairani@goodshepherdwayland.org

**Music Director**  
Bethany Ratcliff Ext. 33  
musicdirector@goodshepherdwayland.org

**Director of My Brother's Table:**  
Laurie Hojlo  
happyhojlos@verizon.net

**Communications & Sacramental Records:**  
Kat Holmstrom Ext. 13  
kholmstrom@goodshepherdwayland.org

**Administrative Assistant:**  
Vina Sousa Ext. 10  
vsousa@goodshepherdwayland.org

**Facilities Staff:**  
Steve McCarthy & Julio Pazmino Ext. 18

**Parish Office Hours:**  
Monday—Thursday  
9 AM—3 PM  
Friday 9 AM—12 PM



ST. ANN CHURCH, 134 COCHITUATE RD, WAYLAND, MA



ST. ZEPHERIN CHURCH, 99 MAIN ST, WAYLAND, MA

**Mass Times**

**Saturday, 4:00 PM St. Ann**  
**Sunday, 8:30 AM St. Zepherin**  
**Sunday, 10:30 AM St. Ann**  
**Sunday, 5:30 PM St. Zepherin**

**Confession**

**Saturday, 3:00 –3:45 PM**  
**St. Ann**  
(or by appointment)

**Weekday Masses**

**Monday—Tuesday**  
**9:00 AM St. Ann**  
**Wednesday—Friday**  
**9:00 AM St. Zepherin**

**Mass Intentions**

**SATURDAY, JANUARY 31**  
**4:00 PM**

**PEOPLE OF**  
**GOOD SHEPHERD PARISH**  
**SUNDAY, FEBRUARY 1**

**8:30 AM**  
**DOROTHY BYRON MCCARTHY**  
**10:30 AM**

**ROSE ASPIRAS**  
**MONDAY, FEBRUARY 2**  
**9:00 AM**  
**GOOD SHEPHERD PARISH (GSP)**  
**MEMORIAL SOCIETY**  
**TUESDAY, FEBRUARY 3**

**9:00 AM**  
**GRETTA ROZARIO**  
**WEDNESDAY, FEBRUARY 4**  
**9:00 AM**

**MILLIE CHOINSKI &**  
**RUTH (CHOINSKI) FORNES**  
**FRIDAY, FEBRUARY 6**  
**9:00 AM**  
**PATRICIA McCORMACK**

**Parish Calendar**

**TUESDAY, FEBRUARY 3**  
**BIBLE STUDY WITH PHEME**  
**10:00 AM**  
**PARISH CENTER**

**THURSDAY, FEBRUARY 5**  
**MY BROTHER'S TABLE**  
**FOOD DISTRIBUTION**  
**7:00 AM—11:00 AM**  
**ST. ANN'S HALL**

**THURSDAY, FEBRUARY 5**  
**PRAYER SHAWL MINISTRY**  
**1:00 PM—3:00 PM**  
**PARISH CENTER**



*The Evangelical Counsels and the Beatitudes (Part II-b) . . .*

This past September the Institute for Family Studies released a report disclosing their findings that adults are having less sex than ever, and the sharpest decline is among Generation Z. Prudish purity police might be inclined to applaud this as a victory for chastity, but that would be an erroneous understanding of the virtue of chastity. Even if we set aside for the moment the distinct likelihood that contributing to this decline is the ease-of-access to internet pornography and the rise in pornographic addiction, the factors leading to this crisis are not consistent with true purity of heart. The IFS notes that the lack of socialization is at the root of the phenomenon: people are turning to their iPhones for their socialization, not to in-person, real live relationships. As they withdraw into themselves and into their devices, their relational lives become flattened more and more.

But this is to get celibacy entirely wrong. Evangelical chastity isn't a disdain for sex; it's simply a different avenue of participating in the relational value that gives sex its truest significance. Pope St. John Paul II called this relational value the "nuptial meaning of the body"—specifically, the body's conjugal dimension. Those given the grace of evangelical chastity live out that nuptial meaning through spiritual relationality. It's not the deletion of something from one's life; it's turning away from one thing to turn towards something else. The old Baltimore Catechism used to have a picture of a bride and a groom kneeling before the altar at their wedding, with the caption "This is good . . ."; on the opposite page was a picture of a priest receiving ordination, with the caption ". . . This is better." The Church has since clarified that ordination isn't "better" than holy matrimony (although maybe that's why we're experiencing such a shortage of priests!). What we now recognize is that family-life and evangelical chastity are two sides of the same coin, so to speak.

In the Gospel, Jesus identifies that there are some who make themselves "eunuchs" for the sake of the Kingdom of Heaven. (It might be important to note that Aramaic, the language that Jesus spoke, has no word for a perpetual virgin by choice, so He used the closest word available in that vocabulary—eunuch—for want of a better term.) By practicing perfect continence, the celibate disciplines him- or herself to make a total gift of self to the Church—to God and to His people.

The renowned psychologist Carl Jung called this discipline sexual sublimation. Altogether different from sexual repression, which attempts to stifle and deny one's sex drive (an effort that will only result in a whole host of psychic problems), sublimation is the decision to exercise one's will power to re-channel the sexual energy toward a higher good. In cinema lore, we see this in the original Star Wars trilogy: as Luke develops into a full-fledge Jedi knight, he renounces romance for his higher calling. (The filmmakers, in order to pacify potential objections from fans, justified this by making Leia his twin sister; but the thematic significance was decidedly Jungian.) The priest and consecrated virgin embodies this in real life.

In practical terms, evangelical chastity frees the person from the responsibilities of family life so as to be more available to

the people (s)he is called to serve in God's name. But on a deeper level, it frees his/her affections to be totally oriented toward the other person. If the consecrated person is committed to the vocation of celibacy, (s)he is safeguarded from the disastrous possibility of allowing his/her relationships to morph into something contrary to what they are supposed to be. If my role is to be a spiritual counsellor, but it's permissible for me to be open to the potential of developing a romantic relationship with someone, it becomes all too easy to be drawn into the fragility of the person. Someone seeking my help as a spiritual aide may be confused, lonely, and vulnerable. It would be tempting to allow that to drift into altering the relationship into something it should never become. However honest my intentions may be, I betray my fundamental purpose, I betray the trust the person placed in me (even assuming it can credibly be said that I haven't exploited that trust), and I betray what God has asked of me.

Beyond this, evangelical chastity opens the celibate to a deeper relationship with God, and a total reliance on Him. When Jesus speaks of this in the same Gospel passage I cited above, He says that not everyone can accept the role, but only those to whom it has been given. In fact, when a priest makes his three promises at his ordination, he replies to the bishop's first two questions—regarding obedience and a routine of prayer—by saying "I do." But to the last question, asking for the promise of celibacy, the ordinand answers "I do, with the grace of God." He recognizes that his celibacy is not only a matter of his free choice but can only be achieved by his will cooperating with divine grace.

The central relationship in the consecrated virgin's life is his/her relationship with God, nurtured through intimate prayer. When Jesus explains that in the Resurrection no one will marry because they will be like the angels in Heaven, He's pointing to the fact that the saints in Heaven are fully absorbed in the Beatific Vision, in their perfect worship of God. Those who choose celibacy here and now for the sake of God's Kingdom serve as living witnesses to this truth. They are a startling part of that contrast culture that the Church is meant to be for the world, living entire lives that demonstrate that through Christ the Kingdom of Heaven is among us here in this life.

The Second Vatican Council explains that the Church is the sacrament, or living sign, of Christ in the world. The Church is the Lord's presence in our world today, albeit veiled in mystery. And this mystery, according to the Council, is a sign and instrument of a very closely knit union with God and of the unity of the human race. The evangelical counsel of chastity animates consecrated celibates to make that mystery a bit clearer by dedicating their whole lives to this very closely knit union with God through humble dependence on His abiding presence, expressed in prayer; and to the unity of humanity by their radical availability to others in Spirit-filled service.


~ Fr. Ren

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ON THE WEEKENDS OF  
JAN.31 & FEB. 1,  
FEB. 7 & 8



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FOR VALENTINE'S DAY

**Prayer Shawl Ministry**

Please contact the Parish Office if there is someone you would like to recommend to receive one of the blessed shawls!  
**(508) 650-3545**



**Next date:  
February 5th**

First Thursdays  
of the Month  
1:00 – 3:00 PM  
Where:  
St. Zepherin Parish Center

All are welcome!  
Coming together  
to knit for others. You may  
bring your own projects, also.

Contact:  
Joanne Berry  
(508 524-8630)  
or  
Regina Kennedy  
(508 358-7684)



## Heart to Heart *A Men's Group*

### Heart to Heart

**A Men's Group to Grow Friendship and Faith, All in Christ**

**Passion and Paradox: Jesus's Model of Leadership**

*The concept of a CEO as a "servant-leader" was a popular business model some years back. And Jesus was the original servant-leader.*

*Join us for an opportunity to look at how Jesus's way of leading His disciples reveals to us authentic authority: exercised with humility, responsibility, and service to others. Six meetings, once-a-month, will explore the many ways Jesus was a leader who came to serve.*

**Tuesday evenings, 6:30 PM, in the St. Ann Library**

**Next Meeting: FEBRUARY 10TH**



**St Zepherin Church**

*is open for  
weekday prayer*

Monday - Thursday  
9:00 AM - 3:00 PM

Friday  
9:00 AM - 12 noon

**This weekend the blessing of the throat will be available at each Mass:**

## Saint Blaise

DIED 316

FEAST DAY — FEBRUARY 3

**S**aint Blaise is a bishop and martyr who lived in the fourth century in Turkey and Armenia. For a time, Blaise lived in a cave to escape persecution. On his feast the church recalls a miraculous cure associated with him and celebrates the blessing of the throats. Blaise apparently saved the life of a boy who was choking on a fish bone. The saint said that anyone who lit a candle in his memory would be free of infection, thus candles are used in the traditional throat blessing. He is listed among the Fourteen Holy Helpers, saints revered as healers.

He is the patron saint of throat illnesses, animals, wool combers, and wool trading.





*Prayer Requests*



+St. Martin  
de Porres,  
pray for us!+

**GOOD SHEPHERD PARISH**

**PRAYER LINE:**

**GSPPRAYERS@GMAIL.COM**

OR CALL THE NEW LINE  
TO LEAVE A MESSAGE :  
(508) 650 - 3545 EXT. 11



## BLACK HISTORY MONTH FEBRUARY

"For a nation to be just, it must be a society that recognizes and respects the legitimate rights of individuals and peoples. These rights precede any society because they flow from the dignity granted to each person as created by God." (Open Wide Our Hearts, The Enduring Call to Love – A Pastoral Letter Against Racism)

**MY BROTHER'S  
TABLE**  
AT GOOD SHEPHERD PARISH

## READINGS, SAINTS, OBSERVANCES 2026

<b>SUNDAY</b> Feb 1	<b>4th Sunday in Ordinary Time</b> Zep 2:3; 3:12-13/Ps 146:6-7, 8-9, 9-10/1 Cor 1:26-31/ Mt 5:1-12a
<b>MONDAY</b> Feb 2	<b>The Presentation of the Lord</b> Mal 3:1-4/Ps 24:7, 8, 9, 10/Heb 2:14-18/Lk 2:22-40 or 2:22-32
<b>TUESDAY</b> Feb 3	<b>Saint Blaise, Bishop and Martyr; Saint Ansgar, Bishop</b> 2 Sm 18:9-10, 14b, 24-25a, 30—19:3/Ps 86:1-2, 3-4, 5-6/Mk 5:21-43
<b>WEDNESDAY</b> Feb 4	2 Sm 24:2, 9-17/Ps 32:1-2, 5, 6, 7/Mk 6:1-6
<b>THURSDAY</b> Feb 5	<b>Saint Agatha, Virgin and Martyr</b> 1 Kgs 2:1-4, 10-12/1 Chron 29:10, 11ab, 11d-12a, 12bcd/Mk 6:7-13
<b>FRIDAY</b> Feb 6	<b>Saint Paul Miki and Companions, Martyrs</b> Sir 47:2-11/Ps 18:31, 47 and 50, 51/Mk 6:14-29
<b>SATURDAY</b> Feb 7	1 Kgs 3:4-13/Ps 119:9, 10, 11, 12, 13, 14/Mk 6:30-34
<b>SUNDAY</b> Feb 8	<b>5th Sunday in Ordinary Time</b> Is 58:7-10/Ps 112:4-5, 6-7, 8-9/1 Cor 2:1-5/Mt 5:13-16

Pilot Bulletins

## *The Son of Man Came to Seek and Save What Was Lost*

More and more young adults are looking for meaning and stability in their life, but sadly aren't sure where to go to find it. The richness of beauty and truth of our Catholic Faith has been a source of strength and purpose for countless people. Our young people deserve to have us share it with them.

### *What can we do?*

- **Pray the Rosary, the Chaplet of Divine Mercy, or make a Holy Hour for them**
- **Offer small sacrifices (fast from dessert, or meat, or TV) and offer it for their return**
- **Invite a young person to reach out to Father Ren for a friendly, open conversation. Sometimes a simple chat can plant the seeds of grace.**  
([frren@goodshepherdwayland.org](mailto:frren@goodshepherdwayland.org); 508.650.3545, ext. 14)

Let's unite in faith and hope, trusting that God hears our prayers and will touch the hearts of those who have wandered.



*"Rejoice with me; I have found my lost sheep." – Luke 15:6*



## GOD'S FRAMEWORK

When peace negotiators end by announcing that the parties have reached a "framework" with details to be worked out, my perspective on the Middle East schooled by some 4,000 years of history concludes, "failed again." The politics of power never produces the peace of God's justice. Our first reading (Zeph 2:3; 3:12-13) spells out the possibility for all the "humble people of the earth" to be kept safe "on the day of the Lord's wrath". The requirements are quite specific: observing God's justice, "do no wrong" and quite specifically speak as those whose hearts have been formed by God's Torah.

That single-heartedness distinguishes the "humble remnant of Israel" who will experience God's salvation. Zeph 3:13 puts it, they "*do no wrong, speak no lies, nor shall there be found in their mouths a deceitful tongue.*" Zephaniah may have anticipated that this transformation in God's people would result from King Josiah's religious and political reforms. Discovering a scroll of Deuteronomy in the Temple showed how far from God's Law the nation strayed. As Assyria's control over the region weakened during Josiah's reign (640-609 BCE), it seemed possible to expand Judah's territory. While Deuteronomy as God's Law provides the key to justice and peace, the "lowly ones of the earth" are not to rule another empire.

Many who heard Jesus announcing that God's reign was at hand dreamt that he would grab David's throne. Jesus' vision of the lowly, humble who will enter God's kingdom (Matt 5:1-12a) concludes shockingly: "... *blessed are those persecuted for the sake of righteousness (= justice) ... persecute you, and utter every kind of evil against you falsely because of me ... reward great in heaven.*" Those "little ones" (= "poor in spirit", "meek") suffering from the injustice of human rulers receive comfort. Others actively embody that justice, loving God and neighbor, in Deuteronomy: merciful, "clean of heart" (= not divided), peacemakers starved for justice, persecuted. Jesus will embody these virtues, dying on the cross as "king of the Jews".

PHEME PERKINS, Ph.D.  
Joseph Professor  
Of Catholic Spirituality  
Boston College



"he said to Peter, "So, could you not stay awake with me one hour?" Matthew 26: 40

## HOLY HOUR

"The only time our Lord asked the Apostles for anything was the night He went into agony. Not for activity did He plead but for an Hour of companionship."

-Ven. Archbishop  
Fulton Sheen



**February 12th at St. Zepherin**

**COME SPEND AN HOUR WITH JESUS**

**Adoration of the Blessed Sacrament**

Every 2nd Thursday at St Zepherin ~ 7:00-8:00 PM

Every 4th Thursday at St Ann ~ 7:00-8:00 PM



## Readings To-Go!

4th Sunday in Ordinary Time  
February 1, 2026

Scan QR code to see  
this week's readings!

### In the event of inclement weather:

When the local schools are closed during the week, so are we. There will be no daily Mass. The following stations provide closing and delay information on-screen as well as on-line.

The on-line links are:

Channel 4 (WBZ)

<http://boston.cbslocal.com/closings/>

Channel 5 (WCVB)

[www.wcvb.com/weather/closings](http://www.wcvb.com/weather/closings)

Channel 7 (NBC) & Channel 56 (CW)

<http://whdh.com/storm-closings-delays/>

Channel 10 (NBC Boston)

<http://www.nbcboston.com/weather/school-closings/>

Fox 25 (WFXT)

<http://www.fox25boston.com/weather/schoolclosings>





+St. Martin  
de Porres,  
pray for us!+

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BLESS,  
PREACH



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Have you met the Lay Dominicans?  
[www.laydominicans.org](http://www.laydominicans.org)

Monthly meetings normally take place on the 3rd Sunday of the month in St. Ann's Hall and are open to visitors at any time.  
Next meeting: February 15, 2026

It is helpful if you do notify the group in advance if you will be attending.  
Direct inquiries to:

Visit [boston3op.com](http://boston3op.com) for information or email

Mrs. Mikayla Dalton, O.P.  
(fraternity president) at  
[mikayla.v.dalton@gmail.com](mailto:mikayla.v.dalton@gmail.com).

## THE TABERNACLE CANDLES



CONTACT THE  
PARISH OFFICE  
FOR MORE  
INFORMATION  
ON HOW YOU  
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MEMORY OF A  
LOVED ONE.  
508-650-3545



*We are grateful for Your Support!*

Thanks to the participation and generosity of our parish families, we surpassed our 2025 Catholic Appeal Parish Goal by over \$3,700.



Goal \$88,200

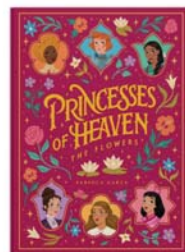
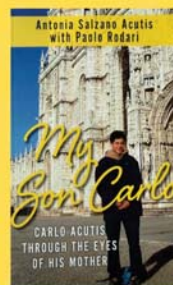
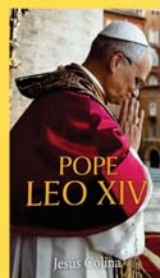
Raised \$91,829



## GOOD SHEPHERD PARISH LIBRARY

*located at St. Ann Church  
across from the confessional*

Please feel free to come  
visit our bookshelves and  
check out a book!



For your convenience, the library  
will be accessible  
Mondays, Tuesdays & Thursdays  
from 9:30 AM - 3 PM  
Saturdays from 10 AM - MASS time

## ST. ZEPHERIN CEMETERY

Bent Avenue-Wayland

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low prices!

Call the Parish Office 508-650-3545  
for more information.

## GLORIA

Glo-ry! Glo-ry to God in the high-est. Glo-ry!

Glo-ry to God in the high-est, and on earth peace to peo-ple of good will.

We praise you, we bless you, we a-dore you, we glo-ri-fy you, we give you thanks for your great glo - ry,

Lord God, heav-en-ly King, O God, al - might-y Fa - ther. Lord Je-sus Christ, On-ly Be - got - ten Son,

Lord God, Lamb of God, Son of the Fa - ther, you take a - way the sins of the world, have mer-cy on us; you take a - way the sins of the world, re-ceive our prayer; you are seat-ed at the right hand of the Fa-ther, have mer-cy on us. For

you a-lone are the Ho-ly One, you a-lone are the Lord, you a-lone are the Most High, Je - sus Christ, with the Ho - ly Spir-it, in the glo-ry of God the Fa - ther. Glo-ry!

Glo-ry to God in the high-est. Glo-ry! Glo-ry to God in the high-est, and on earth peace to peo-ple of good will. A - men.

Text © 2010, ICEL

Ed Bolduc  
Music © 2011, WLP

## GOSPEL ACCLAMATION

Al-le-lu - ia, al-le-lu - ia, al-le-lu - ia.

Al-le-lu - ia, al-le-lu - ia, al-le-lu - ia.

Music: Mass of Saint Ann, Ed Bolduc, © 2011, World Library Publications, a division of GIA Publications, Inc.

## HOLY, HOLY, HOLY

Ho-ly, Ho-ly, Ho - ly Lord God of hosts.

Heav-en and earth are full of your glo-ry. Ho -

san - na in the high-est. Bless-ed is he who

comes in the name of the Lord. Ho - san-na, ho -

san - na in the high-est. Ho - san-na, ho -

san - na in the high - est.

Text: ICEL, © 2010

Music: Mass of Saint Ann, Ed Bolduc, © 2011, World Library Publications, a division of GIA Publications, Inc.

## MEMORIAL ACCLAMATION B

When we eat this Bread and drink this Cup,

we pro-claim your Death, O Lord, un-til you come a -

gain, un - til you come a - gain.

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## AMEN

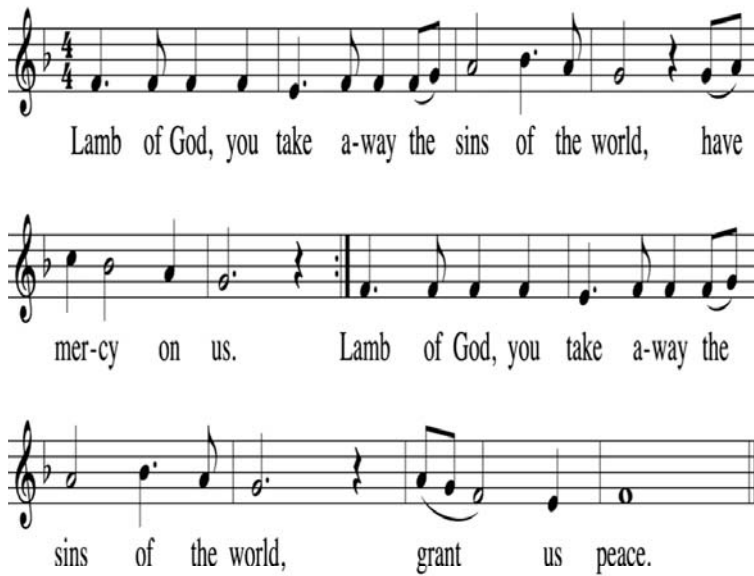
A - men, a - men, a - men.

A - men, a - men, a - men.

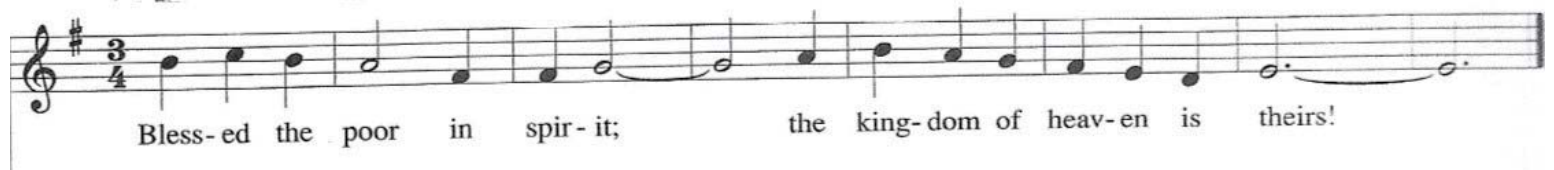
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## LAMB OF GOD



Music: *Mass of Saint Ann*, Ed Bolduc, © 1992, 2011, World Library Publications, a division of GIA Publications, Inc.



*Reminder:* Our Livestreamed Masses may be accessed via our website: [goodshepherdwayland.org](http://goodshepherdwayland.org) and our YouTube channel: Good Shepherd Wayland

## FEBRUARY 2ND—CANDLEMAS

## The Presentation of the Lord



"We too are called to welcome Jesus who comes to meet us. To encounter him: the God of life is to be encountered every day of our lives; not now and then, but every day. To follow Jesus is not a decision taken once and for all, it is a daily choice." —Pope Francis, Feast of the Presentation of the Lord, 2019

The Presentation of Jesus in the temple shows him to be the firstborn Son who belongs to the Lord. With Simeon and Anna, all Israel awaits its encounter with the Savior—the name given to this event in the Byzantine tradition. Jesus is recognized as the long-expected Messiah, the "light of the nations" and the "glory of Israel," but also "a sign that is spoken against." The sword of sorrow predicted for Mary announces Christ's perfect and unique oblation on the cross that will impart the salvation of God has "prepared in the presence of all peoples" (CCC, no. 529).

## Psalm 146: Blessed Are the Poor

1. The Lord keeps faith forever, secures justice  
For the oppressed, gives food to the hungry.  
The Lord sets captives free.
2. The Lord gives sight to the blind.  
The Lord lifts up those who were bowed down.  
The Lord loves the just.  
The Lord protects strangers.
3. The fatherless and the widow the Lord sustains,  
But the way of the wicked he thwarts.  
The Lord shall reign forever, your God,  
O Zion, through generations.

## WORLD DAY OF PRAYER FOR CONSECRATED LIFE FEBRUARY 2

In 1997, Pope Saint John Paul II instituted a day of prayer for women and men in consecrated life. This celebration is attached to the Feast of the Presentation of the Lord on February 2nd. This Feast is also known as Candlemas Day; the day on which candles are blessed symbolizing Christ who is the light of the world. So too, those in consecrated life are called to reflect the light of Jesus Christ to all peoples. The celebration of World Day for Consecrated Life is transferred to the following Sunday in order to highlight the gift of consecrated persons for the whole Church.

Please pray for all those who have made commitments in the consecrated life, and be sure to thank them on their special day. May they continue to be inspired by Jesus Christ and respond generously to God's gift of their vocation.

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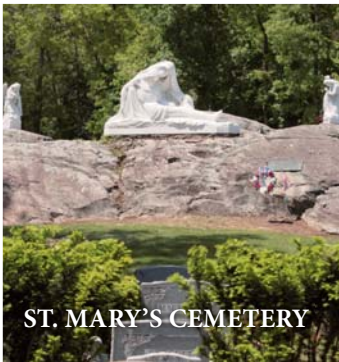
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