

# DEMAT SPRING SUMMER MENU 2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	MENU KEY:
<b>WEEK ONE</b> 13/4 4/5 25/5 15/6 6/7 27/7	<b>Option One</b> Macaroni Cheese	 Pork Sausage Roll with Potato Wedges	Roast Chicken, Roast Potatoes & Gravy	 Spaghetti Beef Bolognaise	Fishfingers with Chips or Salmon Fishfingers & Tomato Sauce	 Whole grain  Plant based  Added plant protein  Chef's Special
	<b>Option Two</b>  Veggie Curry with Rice 	 Mild Chilli with Rice 	 Roasted Quorn, Roast Potatoes, & Gravy	Bean Burger with Wedges & Tomato Sauce 	Cheese & Bean Pasty with Chips & Tomato Sauce	
	<b>Sides</b> Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	
	<b>Dessert</b> <b>NEW</b> Banana Mousse	Orange Drizzle Cake	 Fruit Platter	 Apple Flapjack 	 Strawberry Jelly with Mandarins	
<b>WEEK TWO</b> 20/4 11/5 1/6 22/6 13/7	<b>Option One</b> Cheese & Tomato Pizza with Summer Mixed Salad 	 Beef Chilli with Rice & Sweetcorn & Cucumber 	Pork Sausages, Mashed Potatoes & Gravy	Chicken Pitta with Rice, & Salad	Battered Fish with Chips & Tomato Sauce	
	<b>Option Two</b>  Sweet Potato Curry with Rice 	 Spaghetti & Meatballs in a Tomato Sauce	 Veg Wellington, Mash Potatoes & Gravy	Cheese Whirl with Rice, & Salad	<b>NEW</b> Cheesy Broccoli Frittata with Chips	
	<b>Sides</b> Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	
	<b>Dessert</b> Iced Vanilla Sponge	Peaches & Ice Cream	 Freshly Chopped Fruit Salad	Jam & Coconut Sponge with Custard	 Oaty Cookie 	
<b>WEEK THREE</b> 27/4 18/5 8/6 29/6 20/7	<b>Option One</b>  All Day Vegetarian Breakfast	 Beef Burger with Potato Wedges & Rainbow Slaw	Roast Gammon, New potatoes & Gravy, 	 Chicken Korma with Rice 	Fishfingers with Chips & Tomato Sauce	
	<b>Option Two</b> <b>NEW</b> Chinese Vegetable Noodles	 Bean Roll with New Potatoes & Rainbow Slaw	 Vegetable Loaf with New Potatoes & Gravy	Rainbow Pizza with Summer Salad	 Sausage and Bean Hotpot	
	<b>Sides</b> Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	
	<b>Dessert</b> Pineapple Upside Down Cake	Cheese & Crackers	 Fruit Medley	Strawberry and Apple Crumble with Custard 	 Vanilla Shortbread	

## AVAILABLE DAILY:

Hot Pasta with Tomato pasta sauce or Jacket Potato with a choice of fillings, Salad Bar, Freshly Baked Bread, Fresh Fruit, Yoghurt

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<b>WEEK ONE</b> 13/4 4/5 25/5 15/6 6/7 27/7	<b>Option One</b> V318 Macaroni Cheese	<b>P24</b> Phat Pasty Pork Sausage Roll with <b>SD6</b> Potato Wedges	<b>C4/ C5</b> Roast Chicken, <b>SD40</b> Stuffing, <b>SD82</b> Roast Potatoes & <b>SD118</b> Gravy	<b>SD8</b> Spaghetti <b>B48</b> Bolognaise	<b>F6</b> Fishfingers or <b>F1</b> Salmon Fishfingers with <b>SD5</b> Chips & <b>SD14</b> Tomato Sauce	 Whole grain
	<b>Option Two</b> V321 Chickpea Curry with <b>SD84</b> Rice	<b>V309</b> Mild Mexican Chilli with <b>SD84</b> Rice	<b>V204</b> Roasted Quorn, <b>SD82</b> Roast Potatoes, & <b>SD118</b> Gravy	<b>V323 SD17</b> Smokey Bean Burger with <b>SD6</b> Wedges & <b>SD14</b> Tomato Sauce	<b>V191</b> Cheese & Bean Pasty with <b>SD5</b> Chips & <b>SD14</b> Tomato Sauce	
	<b>Sides</b> Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	
	<b>Dessert</b> D269 Banana Mousse	<b>D182</b> Orange Drizzle Cake	<b>D225</b> Fruit Platter	<b>D171</b> Apple Flapjack	<b>D235</b> Strawberry Jelly with Mandarins	
<b>WEEK TWO</b> 20/4 11/5 1/6 22/6 13/7	<b>Option One</b> V231 Cheese & Tomato Pizza with <b>SD126</b> Summer Mixed Salad	<b>B49</b> Beef Chilli with <b>SD84</b> Rice & <b>SB37</b> Sweetcorn & Cucumber Salsa	<b>P25</b> Roasted Pork or <b>C137</b> Chicken Sausage, <b>SD82</b> <b>SD1</b> Mashed Potatoes & <b>SD118</b> Gravy	<b>GR1</b> Greek Chicken Pitta with <b>SD195</b> Herby Rice, <b>GR3</b> Tzatziki & <b>GR4</b> Salad	<b>F3</b> Battered Fish with <b>SD5</b> Chips & <b>SD14</b> Tomato Sauce	 Plant based
	<b>Option Two</b> V108 Lentil & Sweet Potato Curry With <b>SD84</b> Rice	<b>SD8</b> Spaghetti & <b>V237</b> Meatballs in a <b>V225</b> Tomato Sauce	<b>V232</b> Veg Wellington, <b>SD1</b> Mashed Potatoes & <b>SD118</b> Gravy	<b>GR2</b> Greek Spinach & Cheese Whirl with <b>SD195</b> Herby Rice, <b>GR3</b> Tzatziki & <b>GR4</b> Salad	<b>V336</b> Cheesy Broccoli Frittata with <b>SD5</b> Chips	
	<b>Sides</b> Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	
	<b>Dessert</b> D177 Iced Vanilla Sponge	<b>D166</b> Peaches & <b>D13</b> Ice Cream	<b>D223</b> Freshly Chopped Fruit Salad	<b>D233</b> Jam & Coconut Sponge with <b>D2</b> Custard	<b>D85</b> Oaty Cookie	
<b>WEEK THREE</b> 27/4 18/5 8/6 29/6 20/7	<b>Option One</b> V249 All Day Vegetarian Breakfast	<b>B63 SD17</b> Beef Burger with <b>SD6</b> Potato Wedges & <b>SD92</b> Rainbow Slaw	<b>T1 C4 C5 B4</b> Roast of the Day, <b>SD1</b> Mashed Potatoes & <b>SD118</b> Gravy	<b>C86</b> Chefs Special Chicken Korma with <b>SD84</b> Rice	<b>F6</b> Fishfingers with <b>SD5</b> Chips & <b>SD14</b> Tomato Sauce	 Added plant protein
	<b>Option Two</b> V337 Chinese Vegetable Noodles	<b>V161</b> Mexican Bean Roll with <b>SD6</b> Potato Wedges & <b>SD92</b> Rainbow Slaw	<b>V13</b> Vegetable Loaf with	<b>V305</b> Rainbow Pizza and Summer Salad	<b>V307</b> Cowboy Sausage and Bean Hotpot	
	<b>Sides</b> Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	
	<b>Dessert</b> D262 Pineapple Upside Down Cake	<b>D56</b> Cheese & Crackers	<b>D224</b> Fruit Medley	<b>D259</b> Strawberry and Apple Crumble with <b>D2</b> Custard	<b>D57</b> Vanilla Shortbread	
<b>AVAILABLE DAILY:</b>	Jacket Potatoes with a choice of fillings, Salad Bar, Freshly Baked Bread, Fresh Fruit, Yoghurt					 Chef's Special

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