

A Fast that Feeds

FIRST SUNDAY IN LENT

February 22, 2026

11:30 a.m.

GATHERING

PRELUDE

Cello Suite No. 1 in G Major

J. S. BACH

RINGING OF THE BELLS

Order of St. John

WELCOME

Pastor Jon Haug

*GATHERING SONG

In These Days of Lenten Journey

R. MAANALO, CSP

Refrain



In these days of Len-ten jour-ney we have seen and we have heard



the call to sow jus-tice in the lives of those we serve.

Verses



1. We reach out to those who are home-less, to
2. We o - pen our eyes to the hun - gry and
3. We o - pen our ears to the wea - ry and
4. We call on the Spir - it of Jus - tice and



1. those who live with - out warmth. In the cool-ness of
2. see the fac - es of Christ. As we nour - ish all
3. hear the cry of the poor. To the voic - es that
4. pray for righ-teous-ness' sake. We will sing for the

Music continues on next page...

* You are invited to stand.

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1. eve - ning we'll shel - ter their dreams; we will
 2. peo - ple who hun - ger for food, may their
 3. ech - o the song of de - spair, we will
 4. free - dom of all the op - pressed; we will

2 to Refrain
 1. clothe them in mer - cy and peace.
 2. faith in our God be re - newed.
 3. show our com - pas - sion and care.
 4. loos - en the bonds of dis - tress.

***GREETING**

The grace of Jesus Christ our Savior, the reconciling love of God,
 and the communion of the Holy Spirit be with you all.

And also with you.

***KYRIE**

PULKINGHAM/S. JOHNSON

Ky - ri - e E - le - i - son, Ky - ri -
 Ky - ri - e E - le - i - son,
 e E - le - i - son.
 Ky - ri - e E - le - i - son.

Verses For the peace from above, and for our salvation, let us pray to the Lord. **Refrain**

For the peace of the whole world, for the well-being of the church of God,
 and for the unity of all, let us pray to the Lord. **Refrain**

For this holy house, and for all who offer here their worship and praise,
 let us pray to the Lord. **Refrain**

Help, save, comfort, and defend us, gracious Lord. **Refrain**

*PRAYER OF THE DAY

Let us pray. Lord God, our strength,
the struggle between good and evil rages within and around us, and the devil
and all the forces that defy you tempt us with empty promises. Keep us steadfast
in your word, and when we fall, raise us again and restore us through your Son,
Jesus Christ, our Savior and Lord, who lives and reigns with you and the Holy
Spirit, one God, now and forever. Amen.

WORD

PSALM 91

Be With Me Lord

M. HAUGEN

Refrain sung twice at beginning of song. 1st time by cantor, thereafter all. Verses sung by cantor.

Refrain



Be with me, Lord, when I am in trou-ble, be with me, Lord, I pray.

Verses You who dwell in the shelter of the Lord, Most High, who abide in the shadow of
our God, say to the Lord: “My refuge my fortress, the God in whom I trust.” **Refrain**

No evil shall befall you, no pain come near, for the angels stand close by your side,
guarding you always and bearing you gently, watching over your life. **Refrain**

Those who cling to the Lord live secure in God’s love, lifted high, those who trust in
God’s name, call on the Lord, who will never forsake you. God will bring you salvation
and joy. **Refrain**

*GOSPEL PROLOGUE

Holy one, soften our hearts and slow our racing minds to truly hear your living Word.

Before the reading: The Holy Gospel according to Matthew, the 4th Chapter.

Glory to you, O Lord.

*GOSPEL READING

Matthew 4:1-11

Jesus experiences anew the temptations that Israel faced in the wilderness.

As the Son of God, he endures the testing of the evil one.

After the reading: The Gospel of our Lord.

Praise to you, O Christ.

FIRST GLANCE

Elizabeth Kaetzel

SERMON

Pastor Paul Baglyos

SERMON RESPONSE

Let the words of my mouth
**and the meditation of our hearts be acceptable to you, O Lord,
our rock and our redeemer. Amen.**

CONFESSION & FORGIVENESS

On each of the five Sundays in Lent we pause for self-examination and honest confession, using Martin Luther's explanation of the Ten Commandments as found in his Small Catechism (see Evangelical Lutheran Worship, pages 1160-1161).

Let us confess our sin in the presence of God and of one another.

Silence is kept for reflection.

What does God command us?

You shall have no other gods.

What does this mean?

We are to fear, love, and trust God above all things.

What does God command us?

You shall not make wrongful use of the name of the Lord, your God.

What does this mean?

We are to fear and love God, so that we do not curse, swear, practice magic, lie, or deceive using God's name, but instead use that very name in every time of need to call on, pray to, praise, and give thanks to God.

God who is rich in mercy loved us even when we were dead in sin, and made us alive together with Christ. By grace you have been saved. In the name ✠ of Jesus Christ, your sins are forgiven. Almighty God strengthen you with power through the Holy Spirit, that Christ may live in you through faith.

Amen.

*PRAYERS OF THE PEOPLE

Assisting Minister Allen Siverson

After each petition: Hear us, O God.

Your mercy is great.

*PEACE

Jesus told his disciples, “Peace I leave with you; my peace I give you” (John 14:27). We proclaim that good news to those around us as we greet them with these or similar words: The peace of Christ be with you always.

And also with you.

MEAL

*GREAT THANKSGIVING

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give God thanks and praise.

*THANKSGIVING AT THE TABLE

In the night in which he was betrayed, our Lord Jesus took bread, and gave thanks; broke it, and gave it to his disciples, saying: Take and eat; this is my body, given for you. Do this for the remembrance of me.

Again, after supper, he took the cup, gave thanks, and gave it for all to drink, saying: This cup is the new covenant in my blood, shed for you and for all people for the forgiveness of sin. Do this for the remembrance of me.

*LORD'S PRAYER

Gathered into one by the Holy Spirit, let us pray as Jesus taught us:

Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever and ever. Amen.

DISTRIBUTION OF COMMUNION

All are welcome here at God's table. We believe Christ is truly present in the bread and wine through the faith of those who gather. Jesus invites you to this meal that imparts God's free gift of grace.

We share the meal by intinction; as you approach the center you will be handed a wafer that you may dip into the wine or juice. Grape juice is in the smaller compartment, and gluten free wafers are available upon request.

*If you do not wish to commune, you may come forward for a blessing.
Indicate this by crossing your arms over your chest.*

Lamb of God

S. ANGRISANO

Lamb of God, you take a-way the
sins of the world: have mer-cy on us.
sins of the world: grant us peace.

MUSIC FOR COMMUNION

Bread of Life

B. FISHER

1. Bread of life and cup of hope, we come as gift to
2. Lov-ing Lord, Cre-a-tor God, o-pen our eyes to
3. Liv-ing Word, O Son of God, your love shows us the
1. you. 7 Change our hearts; fill us with peace. Trans-form our
2. see the good that lives in each of us, that called the
3. way that we may live in har-mo-ny, and from you
1. lives a-new. O-pen our eyes so that we might see
2. world to be. And when we fail to see the good,
3. nev-er stray. Wipe all op-pres-sion from our midst;

Music continues on next page...



1. your pres - ence in one an - oth - er. Your life, poured out in
2. when friend - ships fal - ter and crum - ble, give us the cour - age
3. give us a love for all peo - ple. Your song of jus - tice



1. love to - day, u - nites us all in you.
2. to for - give that we may live in peace.
3. sing in us, to live for peace to - day.

*POST-COMMUNION PRAYER

Let us pray. God of salvation,

we give you thanks for this meal that restores our souls, reconciles us to you, and strengthens us for the journey. Through the body and blood of your Son, may we become Christ's body in the world, bearing witness to your love for all creation, through Jesus Christ, our Savior and Lord. Amen.

SENDING

*BENEDICTION

*SENDING FORTH SONG

KINGSFOLD

B. HURD

Led by the Spirit



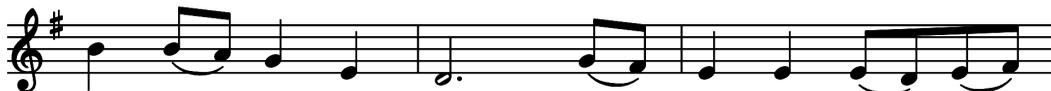
1. Led by the Spir - it of our God, we go to fast and
2. Led by the Spir - it, we con - front temp - ta - tion face to
3. Led by the Spir - it, now draw near the wa - ters of re -
4. Led by the Spir - it, now sing praise to God the Trin - i -



1. pray With Christ in - to the wil - der-ness; we join his
2. face, And know full well we must re - ly on God's re -
3. birth With hearts that long to wor-ship God in spir - it
4. ty: The Source of Life, the liv - ing Word made flesh to



1. pas - chal way. "Rend not your gar - ments, rend your hearts. Turn
2. deem - ing grace. On bread a - lone we can - not live, but
3. and in truth. "Who - ev - er drinks the drink I give shall
4. set us free, The Spir - it blow - ing where it will to



1. back your lives to me." Thus says our kind and
2. nour-ished by the Word We seek the will of
3. nev - er thirst a - gain." Thus says the Lord who
4. make us friends of God: This mys - t'ry far be -



1. gra - cious God, whose reign is lib - er - ty.
2. God to do: this is our drink and food.
3. died for us, our Sav - ior, kin and friend.
4. yond our reach, yet near in heal - ing love.

*DISMISSAL

Go in peace, serve the Lord,
and live God's love in the world.

Please help us secure the parking in a timely manner and avoid any "lock-ups" by having your vehicles out of either the parking garage or church parking lot by 2:00 p.m. (Special events will have parking times listed)

**To make a one-time donation or to start a recurring donation,
or for updates and events in and around St. John's,
scan the QR Code or visit www.stjohnslc.org
to subscribe to our weekly e-newsletter.**



LENTEN BENEVOLENCE PARTNERS



Lutheran Office of Public Policy (LOPP) - California

LOPP-CA represents the coordinated witness of the Evangelical Lutheran Church in America (ELCA) on issues of public policy in the state of California. In addition to their presence on legislative matters, they provide education and networking for 400+ ELCA congregations across the state. They work hand in hand with other faith-based and secular groups seeking peace and justice.



Sacramento Area Congregations Together (ACT)

Sacramento ACT is a powerful multi-racial, multi-faith organization advocating a transformation of our community rooted in our shared faith values. They equip ordinary people to effectively identify and change conditions to create justice and equity. Sacramento ACT's members include over 56 congregations (including St. John's!), schools and neighborhood groups, representing 60,000 families in Sacramento County.

SERVING IN WORSHIP

Presider	Pastor Jon Haug
Preacher	Pastor Paul Baglyos
Assisting Minister	Allen Siverson
Lector	Jo Hoffmeier
First Glance	Elizabeth Kaetzel
Piano	Steven Johnson
Cello	William Masters
Cantors in Rotation	Alice Anderson, Joel Barkel, Linda Bush, Heather Mercer, Kathryn Mercer, Kitty Oppliger, Eliseo Paniagua
Altar Guild/Eucharistic Servers	Jo Hoffmeier & Carolyn Munson
Greeter	Bonnie Holmes-Gen
Ushers	Lisa Berg, Lisa Gardiner
Audio Technician	John Bogni
Video Technicians	Tim Reese, Esperanza Foft
Nursery Attendants	Amy Afoa, Helen Disho

ST. JOHN'S STAFF

Director of Missional Strategy	Rev. Paul Baglyos, Bridge Pastor
Director of Youth and Family	Rev. Jon Haug, Associate Pastor
Director of Worship & Music	Steven Johnson
Director of Communications and Community Engagement	Catherine Slabaugh
Director of Administration	Katherine Thorp
Associate Director of Worship & Music	Eliseo Paniagua
Associate Director of Volunteer Management	Joel Barkel
Property Staff	Matt Balara, Joe Allen, Nathan McQueen
Parish Nurse	Suzi Taylor, RN
Bridge Organist	Dan Nguyen
Audio Technician	John Bogni
Video Technicians	Tim Reese, Esperanza Foft
Nursery Attendants	Amy Afoa, Helen Disho

ST. JOHN'S MINISTRY ANNOUNCEMENTS

- **Worship Leader Training**
Sunday, March 1st & 8th | 12:30 p.m. | Oehler Hall
This training is for volunteers who currently serve, or are interested in getting involved, in worship: altar guild, eucharistic servers, lectors, ushers, and greeters. The training will begin with a catered lunch at 12:30 pm and an opportunity to meet other volunteers serving in worship in similar areas. Eliseo Paniagua, Associate Director of Worship and Music, will walk through specific service areas in worship. Longtime volunteers in each area will share personal insights and some of their best tips & tricks for serving! Please RSVP to attend on Realm!
- **St. Patrick's Karaoke Night**
Saturday, March 4th | 5:30 p.m. | The Gathering Place
Join the LGBTQ+ Ministry for a St. Patrick's Day Karaoke Night! Come enjoy Corned Beef & Pastrami Sandwiches and sing your heart out Karaoke style. This is a BYO drink night - bring a bottle of your favorite beer or wine and share it with a friend. A suggested donation of \$5 per person is being asked as funds raised will help support St. John's presence at the annual Sacramento PRIDE Parade this June! All are welcome and no one will be turned away for a lack of funds.
- **Holy Week Day Camp**
Monday, March 30th - Wednesday, April 1st | 8:30-3 p.m. | St. John's Lutheran Church
Save-the-date for this year's Holy Week Day Camp! Youth in kindergarten through seniors in high school are invited to join us all or part of the first three days of Holy Week from 8:30 a.m. - 3 p.m. These three days will be full of fun, friendship building, faith building, and a look at the meaning of Holy Week together. This is free of cost!

TODAY AT ST. JOHN'S

- **Sunday Worship Accompanier Training** | 12:30 p.m. | The Gathering Place
At St. John's, we believe all are welcome in Sunday worship. We also recognize that a quiet, full, or unfamiliar space can be challenging for those experiencing homelessness, substance use disorder, or mental health struggles. To better support our guests, we are launching a volunteer-led accompaniment model.
- **February Pub Theology** | 12:30 p.m. | Mattie Groves Brewery
Pub Theology is picking back up for the year! Head across the street to our local brewery, Mattie Groves, following the second worship service for delicious brews and insightful conversation. February's gathering will center around the topic - "AI and Faith: How do we respond to what we cannot confirm is real?"