

A Fast that Feeds

FIRST SUNDAY IN LENT

February 22, 2026

9:00 a.m.**

**Please note that this service is livestreamed
and you may be recorded on video**

GATHERING

PRELUDE

Absolute Op. 49, No. 1

A. GUILMANT

RINGING OF THE BELLS

Order of St. John

WELCOME

Pastor Jon Haug

*GATHERING HYMN

Eternal Lord of Love, Behold Your Church

OLD 124TH

ELW HYMN 321

As music begins, please turn and face the Processional Cross.



1 E - ter - nal Lord of love, be - hold your church
2 So dai - ly dy - ing to the way of self,
3 If dead in you, so in you we a - rise,



walk - ing once more the pil - grim way of Lent,
so dai - ly liv - ing in your way of love,
you the first - born of all the faith - ful dead;



led by your cloud by day, by night your fire,
we walk the road, Lord Je - sus, that you trod,
and as through ston - y ground the green shoots break,



moved by your love and toward your pres - ence bent:
know - ing our - selves bap - tized in - to your death:
glo - rious in spring - time dress of leaf and flow'r,

Music continues on next page...

* You are invited to stand.



far off yet here— the goal of all de - sire.
 so we are dead and live with you in God.
 so in - to life and glo - ry shall we wake.

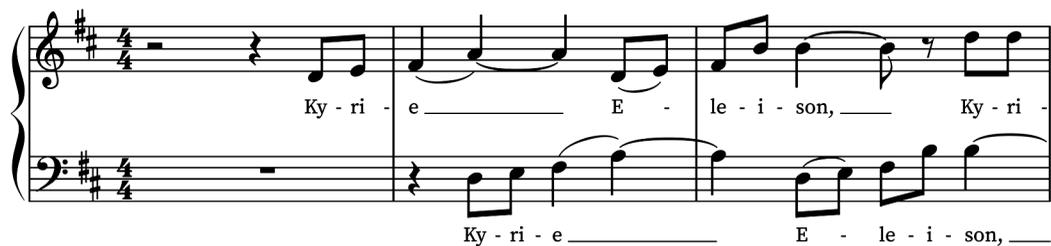
***GREETING**

The grace of Jesus Christ our Savior, the reconciling love of God,
 and the communion of the Holy Spirit be with you all.

And also with you.

***KYRIE**

PULKINGHAM/S. JOHNSON



Verses For the peace from above, and for our salvation, let us pray to the Lord. **Refrain**

For the peace of the whole world, for the well-being of the church of God,
 and for the unity of all, let us pray to the Lord. **Refrain**

For this holy house, and for all who offer here their worship and praise,
 let us pray to the Lord. **Refrain**

Help, save, comfort, and defend us, gracious Lord. **Refrain**

***PRAYER OF THE DAY**

Let us pray. Lord God, our strength,
**the struggle between good and evil rages within and around us, and the devil
 and all the forces that defy you tempt us with empty promises. Keep us steadfast
 in your word, and when we fall, raise us again and restore us through your Son,
 Jesus Christ, our Savior and Lord, who lives and reigns with you and the Holy
 Spirit, one God, now and forever. Amen.**

WORD

LESSON

Romans 5:12-19

Through Adam's disobedience, humanity came under bondage to sin and death, from which we cannot free ourselves. In Christ's obedient death, God graciously showers on us the free gift of liberation and life.

Holy wisdom, holy word.

Thanks be to God.

*GOSPEL PROLOGUE

Holy one, soften our hearts and slow our racing minds to truly hear your living Word.

Before the reading: The Holy Gospel according to Matthew, the 4th Chapter.

Glory to you, O Lord.

*GOSPEL READING

Matthew 4:1-11

Jesus experiences anew the temptations that Israel faced in the wilderness.

As the Son of God, he endures the testing of the evil one.

After the reading: The Gospel of our Lord.

Praise to you, O Christ.

*GOSPEL ACCLAMATION

SLANE

When We Are Tested

ACS HYMN 922

When we are test - ed and wres - tle a - lone,
fam - ished for bread when the world of - fers stone,
nour - ish us, God, by your word and your way,
food that sus - tains us by night and by day.

FIRST GLANCE

Elizabeth Kaetzel

SERMON

Pastor Paul Baglyos

SERMON RESPONSE

Let the words of my mouth
**and the meditation of our hearts be acceptable to you, O Lord,
our rock and our redeemer. Amen.**

CONFESSION & FORGIVENESS

On each of the five Sundays in Lent we pause for self-examination and honest confession, using Martin Luther's explanation of the Ten Commandments as found in his Small Catechism (see Evangelical Lutheran Worship, pages 1160-1161).

Let us confess our sin in the presence of God and of one another.

Silence is kept for reflection.

What does God command us?

You shall have no other gods.

What does this mean?

We are to fear, love, and trust God above all things.

What does God command us?

You shall not make wrongful use of the name of the Lord, your God.

What does this mean?

We are to fear and love God, so that we do not curse, swear, practice magic, lie, or deceive using God's name, but instead use that very name in every time of need to call on, pray to, praise, and give thanks to God.

God who is rich in mercy loved us even when we were dead in sin, and made us alive together with Christ. By grace you have been saved. In the name ✠ of Jesus Christ, your sins are forgiven. Almighty God strengthen you with power through the Holy Spirit, that Christ may live in you through faith.

Amen.

*PRAYERS OF THE PEOPLE

Assisting Minister Allen Siverson

After each petition: Hear us, O God.

Your mercy is great.

THE RITE OF ENROLLMENT

This rite signals a transition from an open-ended time of exploration of the Christian faith to a time of preparation for baptism and affirmation of baptism. Those who are journeying towards baptism and the affirmation of baptism make public their intention to the congregation, who represent the larger Christian community. Lumens write their names in a large book as a sign of being called to be joined to Christ in baptism.

PRESENTATION OF THE LUMENS

Lumens, by God's grace you have been drawn to this community of faith. You have heard the Word of God, learned and prayed with the people of this community, and faithfully inquired about the Christian faith and life. Do you now desire to begin preparations for baptism or affirmation of baptism at the coming Easter Vigil? If so please respond, individually, "I do."

Lumens, individually: I do

Companions, you have walked with these women and men in their journey of faith. Have they thus far been faithful in hearing the word of God and in receiving it as a pattern for their lives? If so, please respond altogether, "Yes, by the grace of God."

Companions: "Yes, by the grace of God."

People of God, as you continue your faith journeys, will you welcome these brothers and sisters into this congregation with your whole hearts? Will you be for them a community of love and growth in God's grace? If so, please respond altogether, "We will, and we ask God to help and guide us."

"We will, and we ask God to help us and guide us."

ENROLLMENT OF NAMES

Each Lumen writes his/her name in the book, with those preparing for baptism signing on one side and those preparing to affirm their baptism signing on the other side. After signing, all candidates and companions return to their original positions in front of the congregation.

You Have Called Us

B. FARRELL

Verses sung by cantor.

Refrain: 1st time: Cantor, All repeat; thereafter: All

You have called us by our name. We be - long to you.

You have called us by our name and we are yours.

Verses You have chosen us to be members of your family.
In your love you have created us to live in unity. **Refrain**

You will lead us to your light, walk before us through the night.
You will guide us on our journey. You will keep our vision bright. **Refrain**

You will hold us when we fall, give new strength to hear your call.
You will never be beyond us, for your love is all in all. **Refrain**

Through our sharing here today may our faith and life convey
Christ our light and Christ our vision, Christ our purpose, Christ our way. **Refrain**

*BLESSING OF THE LUMENS

*Companions may place a hand on their Lumen's shoulder in preparation for prayer.
The congregation may reach their hands toward the Lumens in blessing as well.*

Merciful God, creator and sustainer of all that is, you have called all people from darkness into light, from error into truth, from death to life. We ask you: grant grace to these Lumens. Bless them. Raise them by your Spirit. Revive them by your word. Form them by your hand. Bring them to the water of life and to the bread and cup of blessing, that all your people may bear witness to your grace and praise you forever.

May God bring you in peace and joy to the day of your baptism and to fullness of life in Christ.

Amen.

*PEACE

Jesus told his disciples, "Peace I leave with you; my peace I give you" (John 14:27). We proclaim that good news to those around us as we greet them with these or similar words: The peace of Christ be with you always.

And also with you.

MEAL

OFFERTORY

As we come together living out our faith in unity we trust in our God's loving care to provide for all we need. Let us respond generously to God's abiding love with our tithes and offerings. You are invited to scan the QR codes located in the pews in front of you and leave an online offering or you can leave any tithe, offering or connection cards in the collection plates as they are passed around or any located near the exits.

OFFERTORY MUSIC

MORECAMBE
ACS HYMN 922

When We Are Tested

Congregation will stand and sing verse when cued

When in the desert we cry for relief, pleading for paths marked by certain belief,
lift us to love you beyond sign and test, trusting your presence, our one true rest.

*ALL

When we have strug - gled and searched through the night,
sort - ing and sift - ing the wrong from the right,
Sav - ior, sur - round us with cir - cles of care,
an - gels of heal - ing, of hope, and prayer.

The image shows four staves of musical notation in 4/4 time, G minor key. The melody is written on a treble clef. The lyrics are printed below the notes. The first staff starts with a 4/4 time signature and a key signature of one flat. The second staff continues the melody. The third staff continues the melody. The fourth staff concludes the melody with a double bar line.

*OFFERTORY PRAYER

Let us pray. O God, maker of heaven and earth,
your steadfast love embraces all creation. You send rain and sunshine to nourish the earth and bring forth its bounty. Through these gifts of bread and wine, draw us into the death and life of your Son, who calls us to bear witness to his saving work. We ask this in Jesus' name. Amen.

*GREAT THANKSGIVING

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give God thanks and praise.

*THANKSGIVING AT THE TABLE

In the night in which he was betrayed, our Lord Jesus took bread, and gave thanks; broke it, and gave it to his disciples, saying: Take and eat; this is my body, given for you. Do this for the remembrance of me.

Again, after supper, he took the cup, gave thanks, and gave it for all to drink, saying: This cup is the new covenant in my blood, shed for you and for all people for the forgiveness of sin. Do this for the remembrance of me.

With your holy ones of all times and places, with earth and all its creatures, with sun and moon and stars, we praise you, O God, blessed and holy Trinity, now and forever.

Amen.

*LORD'S PRAYER

Gathered into one by the Holy Spirit, let us pray as Jesus taught us:

Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever and ever. Amen.

DISTRIBUTION OF COMMUNION

All are welcome here at God's table. We believe Christ is truly present in the bread and wine through the faith of those who gather. Jesus invites you to this meal that imparts God's free gift of grace.

We share the meal by intinction; as you approach the center you will be handed a wafer that you may dip into the wine or juice. Grape juice is in the smaller compartment, and gluten free wafers are available upon request.

If you do not wish to commune, you may come forward for a blessing.

Indicate this by crossing your arms over your chest.

Lamb of God

ELW HYMN 195

Lamb of God, you take a - way the sin of the world; have mer-cy on
us. Lamb of God, you take a - way the sin of the
world; have mer-cy on us. Lamb of God, you take a - way the
sin of the world; grant us peace, grant us peace.

MUSIC FOR COMMUNION

Lord Jesus, Think on Me

SOUTHWELL
ELW HYMN 599

1 Lord Je - sus, think on me, and purge a - way my sin;
2 Lord Je - sus, think on me, by anx - ious thoughts op - pressed;
3 Lord Je - sus, think on me, nor let me go a - stray;
4 Lord Je - sus, think on me, that, when the flood is past,
from self - ish pas - sions set me free and make me pure with - in.
let me your lov - ing ser - vant be and taste your prom - ised rest.
through dark - ness and per - plex - i - ty point out your cho - sen way.
I may the_e - ter - nal bright - ness see and share your joy at last.

Thy Holy Wings

1 Thy ho - ly wings, O Sav - ior, spread gent - ly o - ver me,
 2 Oh, let me nes - tle near thee, with - in thy down - y breast
 3 Oh, wash me in the wa - ters of No - ah's cleans - ing flood.



and let me rest se - cure - ly through good and ill in thee.
 where I will find sweet com - fort and peace with - in thy nest.
 Give me a will - ing spir - it, a heart both clean and good.



Oh, be my strength and por - tion, my rock and hid - ing place,
 Oh, close thy wings a - round me and keep me safe - ly there,
 Oh, take in - to thy keep - ing thy chil - dren great and small,



and let my ev - 'ry mo - ment be lived with - in thy grace.
 for I am but a new - born and need thy ten - der care.
 and while we sweet - ly slum - ber, en - fold us one and all.

POST-COMMUNION MEDITATION

Cello Suite No. 1 in G Major

J. S. BACH

*POST-COMMUNION PRAYER

Let us pray. God of salvation,

**we give you thanks for this meal that restores our souls, reconciles us to you,
 and strengthens us for the journey. Through the body and blood of your Son,
 may we become Christ's body in the world, bearing witness to your love for all
 creation, through Jesus Christ, our Savior and Lord. Amen.**

SENDING

*BENEDICTION

*SENDING FORTH HYMN

Bless Now, O God, the Journey

LLANGLOFFAN
ELW HYMN 326



1 Bless now, O God, the jour - ney that all your peo - ple make,
2 Bless so - journ - ers and pil - grims who share this wind - ing way;
3 Di - vine e - ter - nal lov - er, you meet us on the road.



the path through noise and si - lence, the way of give and take.
your hope burns through the ter - rors, your love sus - tains the day.
We wait for lands of prom - ise where milk and hon - ey flow,



The trail is found in des - ert and wĩnds the moun - tain round,
We yearn for ho - ly free - dom while of - ten we are bound;
but wait - ing not for plac - es, you meet us all a - round.



then leads be - side still wa - ters, the road where faith is found.
to - geth - er we are seek - ing the road where faith is found.
Our cov - e - nant is writ - ten on roads, as faith is found.

*DISMISSAL

Go in peace, serve the Lord,
and live God's love in the world

POSTLUDE

Fuga in c

J. L. KREBS

Please help us secure the parking in a timely manner and avoid any "lock-ups" by having your vehicles out of either the parking garage or church parking lot by 2:00 p.m. (Special events will have parking times listed)

LENTEN BENEVOLENCE PARTNERS



Lutheran Office of Public Policy (LOPP) - California

LOPP-CA represents the coordinated witness of the Evangelical Lutheran Church in America (ELCA) on issues of public policy in the state of California. In addition to their presence on legislative matters, they provide education and networking for 400+ ELCA congregations across the state. They work hand in hand with other faith-based and secular groups seeking peace and justice.



Sacramento Area Congregations Together (ACT)

Sacramento ACT is a powerful multi-racial, multi-faith organization advocating a transformation of our community rooted in our shared faith values. They equip ordinary people to effectively identify and change conditions to create justice and equity. Sacramento ACT's members include over 56 congregations (including St. John's!), schools and neighborhood groups, representing 60,000 families in Sacramento County.

**To make a one-time donation or to start a recurring donation,
or for updates and events in and around St. John's,
scan the QR Code or visit www.stjohnslc.org
to subscribe to our weekly e-newsletter.**



SERVING IN WORSHIP

Presider	Pastor Jon Haug
Preacher	Pastor Paul Baglyos
Assisting Minister	Allen Siverson
Lector	Cory Hollingsworth
First Glance	Elizabeth Kaetzel
Organ	Dan Nguyen
Piano	Steven Johnson
Cello	William Masters
Cantors in Rotation	Alice Anderson, Joel Barkel, Linda Bush, Heather Mercer, Kathryn Mercer, Kitty Oppliger, Eliseo Paniagua
Altar Guild	Ingrid Garland
Eucharistic Servers	Catherine Woodbridge, Steve Schoff
Greeters	Mark Carlson, Ellen Chrismer
Ushers	Frank & Gail Graff-Blaha, David Byrd
Audio Technician	John Bogni
Video Technicians	Tim Reese, Esperanza Foft
Nursery Attendants	Amy Afoa, Helen Disho

ST. JOHN'S STAFF

Director of Missional Strategy	Rev. Paul Baglyos, Bridge Senior Pastor
Director of Youth and Family	Rev. Jon Haug, Associate Pastor
Director of Worship & Music	Steven Johnson
Director of Communications and Community Engagement	Catherine Slabaugh
Director of Administration	Katherine Thorp
Associate Director of Worship & Music	Eliseo Paniagua
Associate Director of Volunteer Management	Joel Barkel
Property Staff	Matt Balara, Joe Allen, Nathan McQueen
Parish Nurse	Suzi Taylor, RN
Bridge Organist	Dan Nguyen
Audio Technician	John Bogni
Video Technicians	Tim Reese, Esperanza Foft
Nursery Attendants	Amy Afoa, Helen Disho

ST. JOHN'S MINISTRY ANNOUNCEMENTS

- **Worship Leader Training**
Sunday, March 1st & 8th | 12:30 p.m. | Oehler Hall
This training is for volunteers who currently serve, or are interested in getting involved, in worship: altar guild, eucharistic servers, lectors, ushers, and greeters. The training will begin with a catered lunch at 12:30 pm and an opportunity to meet other volunteers serving in worship in similar areas. Eliseo Paniagua, Associate Director of Worship and Music, will walk through specific service areas in worship. Longtime volunteers in each area will share personal insights and some of their best tips & tricks for serving! Please RSVP to attend on Realm!
- **St. Patrick's Karaoke Night**
Saturday, March 4th | 5:30 p.m. | The Gathering Place
Join the LGBTQ+ Ministry for a St. Patrick's Day Karaoke Night! Come enjoy Corned Beef & Pastrami Sandwiches and sing your heart out Karaoke style. This is a BYO drink night - bring a bottle of your favorite beer or wine and share it with a friend. A suggested donation of \$5 per person is being asked as funds raised will help support St. John's presence at the annual Sacramento PRIDE Parade this June! All are welcome and no one will be turned away for a lack of funds.
- **Holy Week Day Camp**
Monday, March 30th - Wednesday, April 1st | 8:30-3 p.m. | St. John's Lutheran Church
Save-the-date for this year's Holy Week Day Camp! Youth in kindergarten through seniors in high school are invited to join us all or part of the first three days of Holy Week from 8:30 a.m. - 3 p.m. These three days will be full of fun, friendship building, faith building, and a look at the meaning of Holy Week together. This is free of cost!

TODAY AT ST. JOHN'S

- **Spiritual Practices - A Lenten Series for Adult Faith Formation** | 10:15 a.m. | Oehler Hall
Join us for a transformative series of sessions running from February 22nd through March 15th, focusing on a number of spiritual practices designed to deepen your connection with God, your faith and yourself. Each week, we will explore a different topic: recognizing the presence of God in everyday life, fasting, thoughtful planning for the end of life, yoga, and prayer meditation.
- **Sunday Worship Accompanier Training** | 12:30 p.m. | The Gathering Place
At St. John's, we believe all are welcome in Sunday worship. We also recognize that a quiet, full, or unfamiliar space can be challenging for those experiencing homelessness, substance use disorder, or mental health struggles. To better support our guests, we are launching a volunteer-led accompaniment model.
- **February Pub Theology** | 12:30 p.m. | Mattie Groves Brewery
Pub Theology is picking back up for the year! Head across the street to our local brewery, Mattie Groves, following the second worship service for delicious brews and insightful conversation. February's gathering will center around the topic - "AI and Faith: How do we respond to what we cannot confirm is real?"