

# A Fast that Feeds

ASH WEDNESDAY  
February 18, 2026  
12:00 p.m.

## GATHERING

RINGING OF THE BELLS

TIME OF SILENCE & CENTERING

\*INVITATION TO LENT

*We gather in silence*

Pastor Jon Haug

Friends in Christ, today with the whole church we enter the time of remembering Jesus' Passover from death to life, and our life in Christ is renewed.

**We enter this introspective season by acknowledging our need for repentance through God's mercy. We are created to experience joy in communion with God, to love one another, and to live in harmony with creation. Our sinful rebellion separates us from the fullness of God's love, our neighbors, and creation; as a result, we often overlook the guidance that lead us to a more purposeful life.**

As disciples of Christ, we are called to a discipline that contends against evil and resists whatever leads us away from the love of God. I invite you, therefore, to a sacrificial discipline for Lent; one of self-examination and repentance, prayer and fasting, sacrificial giving and works of love; strengthened by the gifts of word and sacrament.

**Let us continue our journey through these forty days to the great Three Days of Jesus' death and resurrection. Amen.**

*Ashes*

T. CONRY



1. We rise a - gain from ash - es, from the good we've failed to  
2. We of - fer you our fail - ures, we of - fer you at -  
3. Then raise us up from ash - es, your heal - ing ease our  
4. Give thanks to God the Fa - ther, who gave us life and



1. do. We rise a - gain from ash - es, re - deemed, O Lord, by  
2. tempts, the gifts not ful - ly giv - en, the dreams not ful - ly  
3. pain. Though spring has turned to win - ter, and sun - shine turned to  
4. breath. Give thanks to Christ our Sav - ior, who saved us by his



1. you. Our pen - ance, Lord, our sor - row, our griev - ing hearts re -  
2. dreamt. Our stum - blings, give di - rec - tion, our vi - sions wid - er  
3. rain, your rain will nur - ture grow - ing and cre - ate our world a -  
4. death, who, with the Ho - ly Spir - it, cre - ates the world a -



1. new, an of - fer - ing of ash - es, an of - fer - ing to you.  
2. view, an of - fer - ing of ash - es, an of - fer - ing to you.  
3. new— an of - fer - ing of ash - es, an of - fer - ing to you.  
4. new from an of - fer - ing of ash - es, an of - fer - ing to you.

\*GREETING

The grace of Jesus Christ our Savior, the reconciling love of God,  
and the communion of the Holy Spirit be with you all.

**And also with you.**

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## CONFESSION & FORGIVENESS

Blessed be the holy Trinity, † one God, who forgives all our sin, whose mercy endures forever.

**Amen.**

Let us return to God, confessing our sin in the assurance of God's abiding love.

*Silence is kept for reflection.*

Compassionate One,

**you are slow to anger and abounding in steadfast love, but our lives do not always reflect you and your love for the world. We do not show others the tender compassion you have shown to us. We do not welcome others with the radical hospitality you grant to all people. We oppress others, even though you have set us free again and again. We squander the abundant gifts of the earth. Transform our lives and guide us again in the way of the cross. Amen.**

Beloved in Christ, God's arms are always stretched open wide to welcome the wandering ones home. In † Christ your sins are forgiven. You have a place in God's house forever.

**Amen.**

## \*PRAYER OF THE DAY

Let us pray. Gracious God,

**out of your love and mercy you breathed into dust the breath of life, creating us to be of service to you, ourselves and each other. Call forth our prayers and acts of kindness, and strengthen us to face our mortality with confidence in the mercy of your Son, Jesus Christ, our Savior and Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever. Amen.**

## \*IMPOSITION OF ASHES

Almighty God, you have created us out of the dust of the earth. May these ashes be a sign of our mortality and penitence, reminding us that only by the cross of our Lord Jesus Christ are we given eternal life; through the same Jesus Christ, our Savior and Lord.

**Amen.**

*Everyone is invited to come forward to kneel or stand at the communion rail to receive the imposition of ashes.*

*Sign Us with Ashes*

M. L. BRINGLE/T. ALONSO

The musical score is written on four staves in 4/4 time with a key signature of three flats (B-flat, E-flat, A-flat). The lyrics are: Sign us with ash-es, mer - ci - ful God, chil - dren of dust, as to dust we re - turn. Sign us with ash-es, mer - ci - ful God; mark us and make us your own.

*Verses* Surely, you alone uphold us. You give us strength for all our needs.  
Shielding with a father's favor, you bless us with pardon and peace. **Refrain**

Surely, you alone can heal us. Yours is the will to make us whole.  
Soothing with a mother's kindness, the contrite of heart, you console. **Refrain**

Surely, you alone can free us. You break the bonds of guilt and sin.  
Bracing, till we walk uprightly, you bolster our hope once again. **Refrain**

Surely, you alone refine us. You give us grace for lives made new,  
forging, through your fire and radiance, a sacrifice worthy for you. **Refrain**

Surely, you alone redeem us. You fill our dust with holy breath.  
Bursting from the grave in glory, you rise from the ashes of death. **Refrain**

Accomplish in us, O Christ, the work of your salvation,  
**that we may embody and live God's love in the world.**

By the cross and passion of your Son, our Savior,  
**bring us with all your saints to the joy of his resurrection.**

Almighty God, have mercy on us, forgive us all our sins through our Lord Jesus Christ,  
strengthen us in all goodness, and by the power of the Holy Spirit, keep us in eternal life.

**Amen.**

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## WORD

PSALM 51

### *Create in Me*

B. HURD

*Refrain sung twice at beginning of song, 1st time by cantor, thereafter all.*



*Verses* Have mercy on me, God, in your compassion.  
Remove my sin. Wash me from my guilt. **Refrain**

O purify my heart and teach me wisdom;  
then I shall be whiter than the snow. **Refrain**

O give me back the joy of your salvation;  
a willing spirit sustain in me. **Refrain**

LESSON

2 Corinthians 5:20b—6:10

*The ministry of the gospel endures many challenges and hardships. Through this ministry, God's reconciling activity in the death of Christ reaches into the depths of our lives to bring us into a right relationship with God. In this way, God accepts us into the reality of divine salvation.*

Holy wisdom, holy word.  
**Thanks be to God.**

\*GOSPEL PROLOGUE

Holy one, soften our hearts and slow our racing minds to truly hear your living Word.

*Before the reading:* The Holy Gospel according to Matthew, the 6<sup>th</sup> Chapter.  
**Glory to you, O Lord.**

\*GOSPEL READING

Matthew 6:1-6, 16-21

*In the Sermon on the Mount, Jesus commends almsgiving, prayer, and fasting, but emphasizes that spiritual devotion must not be done for show.*

*After the reading:* The Gospel of our Lord.  
**Praise to you, O Christ.**

SERMON RESPONSE

Let the words of my mouth  
**and the meditation of our hearts be acceptable to you, O Lord,  
our rock and our redeemer. Amen.**

\*PRAYERS OF THE PEOPLE

Assisting Minister Mary Robinson

*After each petition:* Hear us, O God.

**Your mercy is great.**

\*PEACE

Jesus told his disciples, “Peace I leave with you; my peace I give you” (John 14:27).  
We proclaim that good news to those around us as we greet them with these or similar  
words: The peace of Christ be with you always.

**And also with you.**

**MEAL**

\*GREAT THANKSGIVING

The Lord be with you.

**And also with you.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give God thanks and praise.**

\*SANCTUS

**Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory. Hosanna, in the highest.  
Blessed is the one who comes in the name of the Lord. Hosanna, in the highest.**

\*THANKSGIVING AT THE TABLE

In the night in which he was betrayed, our Lord Jesus took bread, and gave thanks;  
broke it, and gave it to his disciples, saying: Take and eat; this is my body, given for you.  
Do this for the remembrance of me.

Again, after supper, he took the cup, gave thanks, and gave it for all to drink, saying:  
This cup is the new covenant in my blood, shed for you and for all people for the  
forgiveness of sin. Do this for the remembrance of me.

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\*LORD'S PRAYER

Gathered into one by the Holy Spirit, let us pray as Jesus taught us:

**Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever and ever. Amen.**

DISTRIBUTION OF COMMUNION

*All are welcome here at God's table. We believe Christ is truly present in the bread and wine through the faith of those who gather. Jesus invites you to this meal that imparts God's free gift of grace.*

*We share the meal by intinction; as you approach the center you will be handed a wafer that you may dip into the wine or juice. Grape juice is in the smaller compartment, and gluten free wafers are available upon request.*

*If you do not wish to commune, you may come forward for a blessing.  
Indicate this by crossing your arms over your chest.*

AGNUS DEI

**Lamb of God, you take away the sin of the world; have mercy on us.  
Lamb of God, you take away the sin of the world; have mercy on us.  
Lamb of God, you take away the sin of the world; grant us peace.**

MUSIC FOR COMMUNION

*Restore in Us, O God*

BAYLORD  
ELW HYMN 328



1 Re - store in us, O God, the splen - dor of your love; re -  
2 O Spir - it, wake in us the won - der of your pow'r; from  
3 Bring us, O Christ, to share the full - ness of your joy; bap -  
4 Three-per - soned God, ful - fill the prom - ise of your grace, that



new your im - age in our hearts, and all our sins re - move.  
fruit - less fear un - furl our lives like spring - time bud and flow'r.  
tize us in the ris - en life that death can - not de - stroy.  
we, when all our search - ing ends, may see you face to face.

*Around You, O Lord Jesus*

- 1 A - round you, O Lord Je - sus, your own you gath - er still  
 2 We hear your in - vi - ta - tion, and heed, O Lord, your call;  
 3 We are your own for - ev - er; un - til our fi - nal breath



to share the feast you give us with grace our lives to fill.  
 your word of con - so - la - tion is spo - ken here to all.  
 we will be true and nev - er— in joy, in grief, in death—



You say to us so lov - ing - ly, "Take, eat! This is my  
 It draws us to your lov - ing heart; it brings to us your  
 de - part from you, for you are still a - mong your peo - ple



bod - y! Take, drink! This is my blood!"  
 bless - ing, which nev - er will de - part.  
 dwell - ing, as you have said you will.

**\*POST-COMMUNION PRAYER**

Let us pray. God of our salvation,

**we give you thanks for this meal that restores our souls, reconciles us to you,  
 and strengthens us for the journey. Through the body and blood of your Son,  
 may we become Christ's body in the world, bearing witness to your love for all  
 creation, through Jesus Christ, our Savior and Lord. Amen.**

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# SENDING

\*BENEDICTION

\*SENDING FORTH HYMN

FOREST GREEN  
ACS HYMN 920

## *All Things of Dust to Dust Return*



All things of dust to dust \_ re - turn on earth and \_ in the sky.  
Lord, mark with dust and ash \_ my \_ brow so I may \_ com-pre - hend  
Lord, mark up - on my brow \_ this \_ sign: a stark and \_ bar-ren cross



The hot - test, bright - est suns \_ that \_ burn in time grow \_ dim and die.  
that ev - 'ry mo - ment here \_ and \_ now links me to \_ that same end  
re - mind - ing me that though \_ di - vine you know my \_ pain and loss,



The \_ fish that leap \_ the \_ birds \_ that \_ soar, the new-born young that play,  
I \_ share with all \_ that \_ breathe \_ and \_ burn, that flare and fade and tire  
and \_ at the touch \_ of \_ dust \_ and \_ ash a - wake my heart to view



the leaves that fill the for - rest \_ floor re - vert to \_ dust and clay.  
yet by their wan - ing light \_ di - scern your own un - dy - ing fire.  
how death it - self is but \_ a \_ flash that dies a - way in you.

\*DISMISSAL

Go in peace, serve the Lord,  
**and live God's love in the world.**



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**To make a one-time donation or to start a recurring donation,  
or for updates and events in and around St. John's,  
scan the QR Code or visit [www.stjohnslc.org](http://www.stjohnslc.org)  
to subscribe to our weekly e-newsletter.**



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## SERVING IN WORSHIP

<b>Presider</b>	Pastor Jon Haug
<b>Preacher</b>	Pastor Paul Baglyos
<b>Assisting Minister</b>	Mary Robinson
<b>Lector</b>	Lynne Gilbertson
<b>Organ recording</b>	Dr. Ryan Enright
<b>Piano</b>	Steven Johnson
<b>Cantors in Rotation</b>	Alice Anderson, Joel Barkel, Linda Bush, Heather Mercer, Kathryn Mercer, Eliseo Paniagua
<b>Altar Guild</b>	Eliseo Paniagua
<b>Eucharistic Servers</b>	Tom Sebo & Cheryl Young
<b>Greeters</b>	Ellen Chrismer
<b>Ushers</b>	Gwynnae Byrd
<b>Audio Technician</b>	John Bogni

## ST. JOHN'S STAFF

<b>Director of Missional Strategy</b>	Rev. Paul Baglyos, Bridge Senior Pastor
<b>Director of Youth and Family</b>	Rev. Jon Haug, Associate Pastor
<b>Director of Worship &amp; Music</b>	Steven Johnson
<b>Director of Communications and Community Engagement</b>	Catherine Slabaugh
<b>Director of Administration</b>	Katherine Thorp
<b>Associate Director of Worship &amp; Music</b>	Eliseo Paniagua
<b>Associate Director of Volunteer Management</b>	Joel Barkel
<b>Property Staff</b>	Matt Balara, Joe Allen, Nathan McQueen
<b>Parish Nurse</b>	Suzi Taylor, RN
<b>Bridge Organist</b>	Dan Nguyen
<b>Audio Technician</b>	John Bogni
<b>Video Technicians</b>	Tim Reese, Esperanza Foft
<b>Nursery Attendants</b>	Amy Afoa, Helen Disho