



# Introduction to Psychology

REST FOR THE RESTLESS HEART



## Syllabus

### Introduction To Psychology (PSYC-120)

**Course Title:**

Introduction To Psychology(PSYC-120)

**Course Author:**

Dr. Richard Beck and Rachel Riley

**Offering Institution:**

Abilene Christian University

**Credits:**

3 credit hours

**Course Description:**

A comprehensive survey of the science of psychology emphasizing human behavior.

**Learning Outcomes:**

Describe the basic theories, concepts, and findings in the field of psychology.

Synthesize major concepts, terminology, and theories across different focuses in psychology.

Apply insights and findings from psychology to promote emotional, relational, and spiritual well-being in everyday life.

**Textbooks/Resources:**

Rose M. Spielman, William J. Jenkins, Marilyn D. Lovett. (2020). Psychology 2e. Houston, TX.  
[openstax.org/books/psychology-2e](https://openstax.org/books/psychology-2e)

**Assessments:****Modules:****MODULE 1**

Mind, Body & Soul

**MODULE 2**

The Divine Spark

**MODULE 3**

The Journey of Life

**MODULE 4**

Searching For The Self

**MODULE 5**

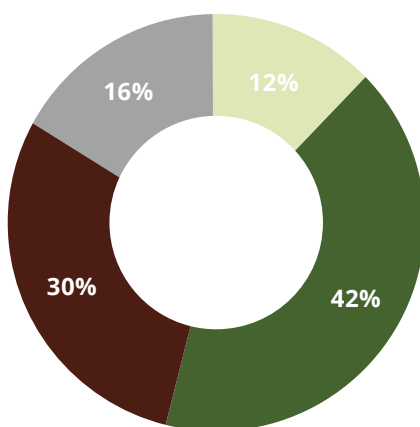
The Science of Love  
and Hate

**MODULE 6**

Brokenness and Healing

**MODULE 7**

The Outward Turn



Quizzes (6)

Discussions (6)

Assignments (12)

Reflection papers (7)