



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1>SEPTEMBER</h1> 				1 8:30 Morning Show CH3 9:00 Walk & Wheelchair Cardio H2 10:00 Ocean Bingo H3 1:30 All Hands on Deck Beanbag Toss H1	2 8:30 Morning Show CH3 9:00 Exercise H2 10:00 Fall Items Match Game H1 1:30 September Birthday Party H3	3 9:30 DVD Exercise CH3 10:00 Movie: <i>Jonah</i> Theater/CH3 1:30 Bingo MDR
4 3:00 Worship w/Emil Woerner MDR	5 Labor Day Holiday	6 8:30 Morning Show CH3 9:00 Walk & Wheelchair Cardio H2 10:00 Ocean Bingo H3 1:30 Create & Craft Seashell Painting H1	7 8:30 Morning Show CH3 9:00 Exercise H2 10:00 Target Trip LOB 12:30 Apple Orchard & Farmer's Market Trip Meet in the Lobby	8 8:30 Morning Show CH3 9:00 Walk & Wheelchair Cardio H2 10:00 Ocean Bingo H3 1:30 Feed the Shark Ball Toss H1	9 8:30 Morning Show CH3 9:00 Exercise H2 10:00 Sailboat Craft H1 1:30 Sailboat Races H1 Courtyard	10 9:30 Exercise DVD CH3 1:30 Bingo MDR
11 3:00 Worship w/Kim Hammer MDR	12 8:30 Morning Show CH3 9:00 Exercise H2 10:00 Bible Study PDR 1:30 Fancy Nails H1	13 8:30 Morning Show CH3 9:00 Walk & Wheelchair Cardio H2 10:00 Sailboat Bingo 1:30 Residents' Council Meeting PDR	14 8:30 Morning Show CH3 9:00 Exercise H2 10:00 Out to Lunch at Fisherman's Wharf & Trip to Garvan Gardens Meet in the Lobby	15 8:30 Morning Show CH3 9:00 Walk & Wheelchair Cardio H2 10:00 Sailboat Bingo H3 1:30 Beach Towel Ball Toss H1	16 8:30 Morning Show CH3 9:00 Exercise H2 10:00 Chicks Chat Lighthouse Nightlight Craft H1 Just 4 Men Lunch TBA 1:30 <i>The Perfect Storm</i> Movie Theater/CH3	17 9:30 Exercise DVD CH3 1:30 Bingo MDR
18 3:00 Worship w/Holland Chapel MDR	19 8:30 Morning Show CH3 9:00 Exercise H2 10:00 Bible Study PDR 1:30 H2 • 1:50 H3 2:10 H1 Bingo Store THTR	20 8:30 Morning Show CH3 9:00 Walk & Wheelchair Cardio H2 10:00 Lighthouse Bingo H3 1:30 All Hands on Deck Wheel of Fortune H1	21 8:30 Morning Show CH3 9:00 Exercise H2 10:00 Walmart Trip LOB 1:30 Sailboat Ladder Ball Game H1 Courtyard	22 8:30 Morning Show CH3 9:00 Walk & Wheelchair Cardio H2 10:00 Lighthouse Bingo H3 1:30 Create & Craft Salt Dough Starfish H1	23 8:30 Morning Show CH3 9:00 Exercise H2 10:00 Nautical Expressions Wheel of Fortune H1 1:30 Sea Turtle Toss H1	24 9:30 Exercise DVD CH3 1:30 Bingo MDR
25 3:00 Worship w/Shane Harrington MDR	26 8:30 Morning Show CH3 9:00 Exercise H2 10:00 Bible Study PDR 1:30 Ship's Wheel Dice & Dominoes H3	27 8:30 Morning Show CH3 9:00 Walk & Wheelchair Cardio H2 10:00 September Bingo H3 1:30 Balloon Tennis H1	28 8:30 Morning Show CH3 9:00 Exercise H2 10:00 Life Preserver Toss H1 1:30 Entertainment by Al Binder	29 8:30 Morning Show CH3 9:00 Walk & Wheelchair Cardio H2 10:00 September Bingo H3 1:30 The Ship, Captain, & Crew Dice Game H3	30 8:30 Morning Show CH3 9:00 Exercise H2 10:00 Don't Sink the Boat Kerplunk Game H1 1:30 <i>Anchors Away</i> Movie Theater/CH3	