



Freshly Baked at Rantapuisto:

Oven-baked pancake L
Focaccia V
Marina's archipelago bread L

Warm selection:

Karelian pies L
Marinated mushrooms V, G
Vegan "meatballs" V, G
Scrambled eggs L, G
Artisan sausages L, G
Bacon M, G
Whole grain oat porridge V, G

Cold selection:

Gouda cheese L, G
Emmental cheese L, G
Country-style smoked ham M, G
Sliced turkey M, G
Oddlygood Gouda V, G
Muu roast beef V
Salmon mousse M, G
Baltic Herring with tar seasoning M, G
Herring of the day M, G
Marinated eggplant V, G
Beetroot carpaccio V, G
Boiled egg M, G
Cucumber V, G
Mini plum tomatoes V, G
Lettuce V, G
Bell pepper V, G
Pickled cucumber V, G

Yogurts, cereals and toppings:

Organic Natural yogurt L, G
Oddlygood oatgurt V, G
Finnish Mixed berries V, G

Homemade Rantapuisto's Granola V, G
Tropical muesli V, G
Berry granola V, G
Dried cranberries V, G
Cornflakes M
Rice cereal M
Chocolate cereal L

Homemade Strawberry jam V, G
Apple marmalade V, G
Seasonal homemade preserve V, G
Fresh melon salad
Whole fresh fruits

Bread selection:

Sourdough bread V
Multigrain toast bread V
Rye bread V
Croissant L
Finnish berry pie L

Butter L, G
Margarine V, G
Egg butter L, G
Beetroot hummus V, G
Olive oil V, G

Drinks:

Seasonal shots
Grandma's blackcurrant juice
Grannas apple juice from Åland
Paulig Mundo organic coffee
Nordqvist tea selection
Rantapuisto smoothie V, G

Gluten-free options:

Dark bread G, V
Sunflower rolls G, V
Karelian pies G
Oat crispbread G, V
Chia seed &
sea salt cornbread G, L
Cookies G, V

