

# EATING THE RAINBOW



## Challenge Directions:

- Aim to eat a food from each color of the rainbow every day in March!  
Ex) Red=Cherries, Yellow=Bananas, Blue=Blue Corn Tortillas, Purple=Eggplant
- For each color eaten, fill in that space for the corresponding day
- Submit your rainbow for an entry to win a snacking basket!  
Submit to: [mflanigan@bfair.org](mailto:mflanigan@bfair.org)