

**Orientation**  
(Read *The Journey and the Dream*)

**#1 Orientation and Introduction to the Franciscan Family**

**Themes:** Some Requirements, Periods of Formation, Three Orders, Structure of SFO, Franciscan Symbols, Discernment

<b><u>The Franciscan Journey</u></b> (Ch 1) Orientation in the SFO (Ch 2) Three Orders, Structure, Discernment	<b><u>Other</u></b> The Journey and the Dream Pathway to Profession Diagram (from FUN)	<b><u>For Up to Now</u></b> For the Formator What is Formation? Anne Mulqueen SFO The Franciscan Family, a Brief Introduction- Bob Fitzsimmons pp. 1-12
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**#2 The Church, the Layperson and Lay Spirituality**

**Themes:** Discernment, The Church and Its Mission, Baptism, Trinity, Lay Order, Lay Spirituality

<b><u>The Franciscan Journey</u></b> (Ch 2) Discernment (Ch 5) Lay Secular Spirituality	<b><u>Other</u></b> The Journey and the Dream Summary of FUN article (Fr. Trezzi) Lumen Gentium (Chap. 4)	<b><u>For Up to Now</u></b> Elements of Ecclesiology and Theology of the Laity-Ron Pihokker SFO pp. 1-14
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**#3 Basic Catholic Doctrine, Francis and Clare**

**Themes:** Francis, Clare, Scripture, The Creed (Trinity, Christology, Church, Mary, Sacraments, Eucharist)

<b><u>The Franciscan Journey</u></b> (Ch 3) Francis, Clare, Catholic Doctrine	<b><u>Other</u></b> The Journey and the Dream	<b><u>For Up to Now</u></b> Basic Catholic Doctrine- Edward Shirley SFO pp. 1-14
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**Inquiry**  
(Read a Detailed Biography of Francis)

**#1 Vocation-The Call to the SFO**

**Themes:**

<b><u>The Franciscan Journey</u></b> (Ch 4) Inquiry in the SFO	<b><u>Other</u></b> Biography of Francis	<b><u>For Up to Now</u></b> Vocation-God's -Marie Amore SFO
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**#2 Our Identity as a Secular Franciscan**

**Themes:** The Secular Dimension; the Franciscan Dimension; Being an Order

<b><u>The Franciscan Journey</u></b> (Ch 5-2nd reading) Lay Spirituality	<b><u>Other</u></b> Biography of Francis	<b><u>For Up to Now</u></b> Our Identity as a Secular Franciscan- Anne Mulqueen SFO pp 1-24.
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**#3 The Nature of the Secular Franciscan Order**

**Themes:**

<b><u>The Franciscan Journey</u></b> (Ch 7) A Brief History of the SFO and Development of the Rule	<b><u>Other</u></b> Biography of Francis	<b><u>For Up to Now</u></b> The Nature of the Secular Franciscan Order- Bob Fitzsimmons SFO pp. 1-18
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#### **#4 Vocation, Charism of the Founder, Mission of the Order**

**Themes:** Franciscan Vocation, Charism of St. Francis, Mission of the SFO

<b><u>The Franciscan Journey</u></b> (Ch 6) Writings and Stories of St. Francis and Clare	<b><u>Other</u></b> Biography of Francis	<b><u>For Up to Now</u></b> Vocation, Charism, and Mission of Secular Franciscans- Bob Fitzsimmons SFO pp.1-20
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#### **#5 Scripture in the SFO Life**

**Themes:** Importance of Study Reading and Listening): Inspired by the Holy Spirit; Interpretation; Evangelization

<b><u>The Franciscan Journey</u></b> (Ch 8) Scripture in the SFO Life	<b><u>Other</u></b> Biography of Francis	<b><u>For Up to Now</u></b>
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#### **# 6 Franciscan Movement-Journey of Francis (Part I)**

**Themes:** Discuss Biographies of Francis and Lifeline of Francis

<b><u>The Franciscan Journey</u></b>	<b><u>Other</u></b> Lifeline of Francis	<b><u>For Up to Now</u></b> Franciscan Movement (I) The Journey of Francis-Jan Parker SFO pp. 1-7
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## #7 Franciscan Movement–Your Own Journey (Part II)

**Themes:** Discuss Your Own Lifeline

<u><b>The Franciscan Journey</b></u>	<u><b>Other</b></u> Your Own Lifeline	<u><b>For Up to Now</b></u> Franciscan Movement (II) Your Own Journey-Jan parker SFO pp. 7-10
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## Candidacy

### #1 The History of the Secular Franciscan Order and Its Rules

**Themes:** Development of the Order; Rules of 1223, 1289, 1883 and 1978

<b><u>The Franciscan Journey</u></b> (Ch. 9) Vatican II and SFO Rule and Constitutions	<b><u>Other</u></b> FUN D- Importance of Familiarization with the Documents of the SFO- Michael Higgins TOR	<b><u>For Up to Now</u></b> A Brief History of the Secular Franciscan Order and its Rules-William Wicks SFO
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### #2 Prologue and Chapter One (The Secular Franciscan Order) of the SFO Rule

**Themes:** Exhortation to the Brother and Sisters of Penance, Conversion

<b><u>The Franciscan Journey</u></b> (Ch. 10) Candidacy in the SFO (Ch. 11) The SFO Rule	<b><u>Other</u></b> SFO Rule- Prologue (First Letter to the Faithful); Ch.1-Arts. 1, 2, 3	<b><u>For Up to Now</u></b> The Rule of the SFO-Teresa Baker, SFO, pp. 1-6
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### #3 Focus on Christ, the Gospel and Encountering Christ (SFO Rule Arts. 4 ,5)

**Themes:** The Incarnation; The Way, Truth and Life; Gospel Living; Study and Listen, Encountering Christ in Others, Scripture, Church, Eucharist

<b><u>The Franciscan Journey</u></b> (Ch. 12) A Focus on Christ (Ch. 13) Encountering Christ	<b><u>Other</u></b> SFO Rule-Arts. 4, 5 Constitution- Arts. 8, 9, 10, 11 The Incarnation (Catholic Update Article)	<b><u>For Up to Now</u></b> The Rule of the SFO-Teresa Baker SFO pp. 7-17
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#### #4 Profession (#1) and Rebuilding the Church (SFO Rule Art. 6)

**Themes:** Baptism, Profession, Rebuilding the Church, Building the Kingdom, Hospitality

<b><u>The Franciscan Journey</u></b> (Ch. 14) A Rebuilding Task	<b><u>Other</u></b> SFO Rule: Art. 6 Constitution: Arts. 14.1, 17 FUN D Profession in the SFO Power Point Presentation	<b><u>For Up to Now</u></b> The Rule of the SFO-Teresa Baker SFO pp. 7-17 Profession and the Secular Franciscan- Fr. Richard Trezza OFM pp. 1-18
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#### #5 Conversion and Penitence (SFO Rule Art. 7)

**Themes:** Conversion, Penance, Sacrament of Reconciliation

<b><u>The Franciscan Journey</u></b> (Ch 15) Gospel, Conversion and Reconciliation	<b><u>Other</u></b> SFO Rule: Art. 7 Constitution: Art. 13 The Testament of Francis	<b><u>For Up to Now</u></b> The Rule of the SFO-Teresa Baker SFO pp. 18-28 Penitence and Conversion- Ron Pihokker SFO pp. 1-18
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#### #6 A Franciscan Prayer Life (SFO Rule Art. 8)

**Themes:** Contemplation, Liturgy of the Hours, Lectio Divina, Eucharist, Cave of the Heart

<b><u>The Franciscan Journey</u></b> (Ch 16) When You Pray	<b><u>Other</u></b> SFO Rule: Art. 8 Constitution: Arts. 12.3, 14 Franciscan Prayer by Ilia Delio (Ch 7) Lectio Divina (4R's +1) Admonition 1	<b><u>For Up to Now</u></b> The Rule of the SFO-Teresa Baker SFO pp. 18-28
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### #7 The Theology and Spirituality of Francis (#1)

**Themes:** A Trinitarian God; Who Am I?; Life According to the Gospel

<b><u>The Franciscan Journey</u></b>	<b><u>Other</u></b> The Theology and Spirituality of Francis (Summary of <i>Francis of Assisi: Writer and Spiritual Master</i> by Thadee Matura OFM; Earlier Rule Ch 23	<b><u>For Up to Now</u></b> St. Francis and His Approach to Divinity- Bob Fitzsimmons SFO pp. 1-16
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### #8 The Theology and Spirituality of Francis (#2)

**Themes:** Life According to the Gospel (cont.)

<b><u>The Franciscan Journey</u></b>	<b><u>Other</u></b> The Theology and Spirituality of Francis (Summary of <i>Francis of Assisi: Writer and Spiritual Master</i> by Thadee Matura OFM; The 2 <sup>nd</sup> Letter to the Faithful; Admonitions	<b><u>For Up to Now</u></b> St. Francis and His Approach to Divinity- Bob Fitzsimmons SFO pp.1-16
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### #9 Francis and the Mother of God (SFO Rule Art. 9)

**Themes:** Virgin Made Church; A Model for Us; Fully Human

<b><u>The Franciscan Journey</u></b> (Ch. 17) The Mother of God—and our Mother	<b><u>Other</u></b> SFO Rule: Art. 9 Constitution 16 The Salutation to the Blessed Virgin	<b><u>For Upto Now</u></b> Francis and the Blessed Virgin Mary- Susan Simeone SFO pp. 1-16
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### **#10 Following Christ in a Spirit of Poverty, Detachment and Freedom (SFO Rule Arts. 10. 11)**

**Themes:** Obedience, Building the Kingdom, Way of the Cross, Poverty, Simplicity, Detachment, Beatitudes

<b><u>The Franciscan Journey</u></b> (Ch 18) Being Faithful (Ch 19) A Simple Way to Live	<b><u>Other</u></b> SFO Rule: Arts. 10, 11 Constitution: Arts. 12.1, 12.2, 15 Franciscan Prayer by Ilia Delio (Ch 4)	<b><u>For Up to Now</u></b> The Rule of the SFO-Teresa Baker SFO pp. 12-18
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### **#11 Following Christ in a Spirit of Poverty, Detachment, and Freedom (SFO Rule Arts. 11, 12)**

**Themes:** Building the Kingdom, Poverty, Simplicity, Detachment, Freedom of Choice, Sine Proprio, Purity of Heart

<b><u>The Franciscan Journey</u></b> (Ch 19) Being Faithful (Ch 20) Freedom to Love	<b><u>Other</u></b> SFO Rule: Art. 12 Constitution: Art. 15.4 What is the Kingdom of God? (Catholic Update Article)	<b><u>For Up to Now</u></b> The Rule of the SFO-Teresa Baker SFO pp. 12-18
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### **#12 Franciscan Theology and Spirituality**

**Themes:** Dominican School vs Franciscan School; Contributions of Francis, Bonaventure, and Duns Scotus

<b><u>The Franciscan Journey</u></b>	<b><u>Other</u></b> What is Franciscan Spirituality? What Are the Major Themes? FUN D- Francis and Divinity #3 Power Point Presentation	<b><u>For Up to Now</u></b> Understanding Franciscan Theology, Tradition and Spirituality (Part 1)- Bob Fitzsimmons SFO pp. 1-17
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### #13 St. Clare of Assisi

**Themes:** Biography, Privilege of Poverty, Letters, Form of Prayer and Mirror of the Cross

<b><u>The Franciscan Journey</u></b> (Ch 3, pp. 25-27)	<b><u>Other</u></b> St. Clare- Brief biography Letters to Agnes of Prague FUN D St. Clare of Assisi-Power Point Presentation	<b><u>For Up to Now</u></b> St. Clare of Assisi- Francine Gikow SFO pp. 1-24 Understanding Franciscan Theology, Tradition, and Spirituality (Part 2)- Bob Fitzsimmons SFO
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### #14 Loving Others and Christian Service (SFO Rule Arts. 13, 14)

**Themes:** Universal Kinship, Others as Gift and Image, Love of the Poor, Evangelical & Fraternal World, Service

<b><u>The Franciscan Journey</u></b> (Ch 21) How to Love People (Ch 22) Foundations for the Kingdom	<b><u>Other</u></b> SFO Rule: Arts. 13, 14 Constitution: 18.1, 18.2, 18.3, 19, 20 Deus Caritas Est Part I	<b><u>For Up to Now</u></b> The Rule of the SFO- Teresa Baker SFO pp.28-46
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### #15 Catholic Social Teaching and JPIC (#1) (Justice, Peace, and Integrity of Creation)(SFO Rule Arts. 15, 16)

**Themes:** Seven Themes of Catholic Social Teaching; Charity, Justice, JPIC FAN; Work as Gift, Duty, Creation, Service

<b><u>The Franciscan Journey</u></b> (Ch 23) Justice and Franciscan Life (Ch 24) The Gift of Work	<b><u>Other</u></b> SFO Rule: Arts. 15, 16 Constitution: Arts. 21, 22 Summary of Seven Themes of Catholic Social Teaching; Deus Caritas Est Part II	<b><u>For Up to Now</u></b> Justice, Peace, and Integrity of Creation- Pat Brandwein-Ball SFO pp 1-28 The Rule of the SFO-Teresa Baker SFO pp. 28-46.
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#### **#16 Catholic Social Teaching and JPIC (#2) (SFO Rule Arts. 17, 18)**

**Themes:** Family (Basic Unit), Fidelity, Respect for Life, Care for Creation, Peace Bearers, Unity, Joy, Hope, Sister Death

<b><u>The Franciscan Journey</u></b> (Ch 25) In Their Family (Ch 26) Universal Kinship	<b><u>Other</u></b> SFO Rule: Arts. 17, 18 Constitution: Arts. 18.4, 24 Canticle of Creatures	<b><u>For Up to Now</u></b> Justice, Peace, and Integrity of Creation- Pat Brandwein-Ball SFO pp. 1-28
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#### **#17 Catholic Social Teaching and JPIC (#3) (SFO Rule Arts. 18, 19)**

**Themes:** Care for Creation, Peace Bearers, Unity, Joy, Hope, Sister Death

<b><u>The Franciscan Journey</u></b> (Ch 26) Universal Kinship (Ch 27) Bearers of Peace	<b><u>Other</u></b> SFO Rule: Arts.18, 19 Constitution: Arts:18.4, 23, 26, 27 True and Perfect Joy	<b><u>For Up to Now</u></b> Justice, Peace, and Integrity of Creation- Pat Brandwein-Ball SFO pp. 1-28
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#### **#18 Profession (#2)(SFO Rule: Arts. 6, 23)**

**Themes:** Baptism, Grace, Fraternity, Ministers, Holy Spirit, Eucharist, Consecration. Value, Gospel Life. Etc.

<b><u>The Franciscan Journey</u></b> (Ch 31) Membership in the SFO	<b><u>Other</u></b> Profession in the SFO: Gift and Commitment by Fr.Felice Cangelosi OFM Cap- Article and Summary; SFO Rule: Arts.6, 23 Constitution: Arts. 17.1, 37-45	<b><u>For Up to Now</u></b> Profession and the Secular Franciscan- Fr. Richard Trezza OFM pp. 1-18
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### #19 Fraternity (SFO Rule Arts. 20, 21, 22)

**Themes:** Three Levels, Profession, Ongoing Formation, Leadership, Importance of Local Fraternity

<b><u>The Franciscan Journey</u></b> (Ch 28) Fraternities—Gathering as “One” (Ch 29) Servant Leadership (Ch 30) Fraternity Life	<b><u>Other</u></b> SFO Rule: Arts. 20, 21, 22 Constitution: Arts. 28-36, 46-53, 85-95 FUN D Francis and Fraternity-Power Point Presentation	<b><u>For Up to Now</u></b> Fraternity and Francis- Tom Bello SFO Fraternity as a Fundamental Element of St. Francis Spirituality- Fr. Irudaysamy OFM Cap pp. 1-22
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### #20 Enriching the Spirit and Family Connections (SFO Rule Arts. 24, 25)

**Themes:** Regular Gatherings, Ongoing Formation, Prayer, Youth, Connection to Other Orders, Visitations

<b><u>The Franciscan Journey</u></b> (Ch 32) Enriching the Franciscan Spirit (Ch 33) Franciscan Family Connections	<b><u>Other</u></b> SFO Rule: Arts. 24, 25 Constitution: Arts. 96-103	<b><u>For Up to Now</u></b>
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### #21 Assisi Pilgrimage

<b><u>The Franciscan Journey</u></b>	<b><u>Other</u></b> FUN D Assisi Pilgrimage (Retreat) Power Point Presentation	<b><u>For Up to Now</u></b>
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