



# Healthcare Pulse

Official Magazine Of HCF USA

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## Nurses Week Answering God's Call to Compassionate Care

Each year during Nurses Week, we pause to honor and celebrate the dedicated men and women who serve faithfully in healthcare. Nurses are often the hands and feet of Jesus in moments of pain, uncertainty, grief, and healing. They stand beside patients and families during some of life's most difficult moments, offering not only physical care but compassion, comfort, encouragement, and hope.

From a Biblical perspective, nursing is far more than a profession — it is a calling. Throughout Scripture, we see God's heart for the sick, the suffering, and the vulnerable. Jesus Himself modeled compassionate care as He healed the sick, touched the untouchable, comforted the broken-hearted, and ministered to those society often overlooked.

In Matthew 25:40, Jesus said: "Whatever you did for one of the least of these brothers and sisters of mine, you did for me." This verse beautifully reflects the heart of nursing ministry. Every patient encounter becomes an opportunity to demonstrate Christ's love through kindness, patience, dignity, and servant leadership.

### Nursing as a Ministry

Nurses serve in hospitals, clinics, nursing homes, schools, prisons, mission fields, churches, and communities around the world. Many work long hours under stressful conditions while carrying tremendous emotional and spiritual burdens. Yet through their service, they bring healing and hope to countless lives each day. The ministry of nursing often reflects the compassion of the Good Samaritan found in Luke 10:33-34. The Samaritan stopped to care

*Continue to page 7..*

“  
*Carry  
each  
other's  
burdens,  
and in this  
way,  
you will  
fulfill the  
law of  
Christ.*

*Galatians 6:2*

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# EDITOR'S CORNER

*“Now may the God of peace Himself sanctify you completely; and may your whole spirit, soul, and body be preserved blameless at the coming of our Lord Jesus Christ.”*

— 1 Thessalonians 5:23 (NKJV)

**G**race and peace to everyone reading this magazine today. I pray that wherever you are in the world, God is blessing you abundantly and strengthening you in your walk with Him.

We were recently blessed to gather for our Prayer Retreat in California this February. We enjoyed a wonderful time of prayer, worship, and fellowship at the home of Sr. Thuy Tran in Dana Point. Following the retreat, we hosted a two-day conference titled “Caring for the Body, Mind, and Spirit: Building Whole-Person Care in Our Community.” The conference featured a diverse and outstanding group of speakers who shared valuable insights on a wide range of topics.

Presentations included missions, healing prayer, reversing disease through movement and frequencies, women’s hidden hormonal connections, reducing dementia at any age, Alzheimer’s disease, stroke prevention and recovery, Faith Community Nursing, starting new believers’ Bible studies in assisted living communities, values and beliefs in healthcare, rethinking aging, and the impact of stress and sleep on overall wellness. It was truly an enriching and inspiring time for everyone who attended.

We are now preparing for our 90th Jubilee Conference in South Africa, taking place September 4–11, 2026. The conference theme is “Living Faith Out Loud 2026.” This promises to be a powerful time of worship, prayer, collaboration, learning, and reconnecting with HCFI delegates from around the world.

I am especially looking forward to participating as one of the speakers in the Train the Trainers: Healthy Lifestyle and Longevity sessions alongside Dr. Dung Trinh, Dr. Joanna Su, and Dr. Yufang Lin.

Planning has also begun for our next Annual Prayer Retreat and Conference in California, scheduled for April 29–May 1 at Lutheran Church of the Cross. Please save the dates.

Our Nurses Christian Fellowship Group continues to meet monthly, providing encouragement, prayer, and fellowship for healthcare professionals.

We are delighted to share that Ramesh and Jessie Matcha were recently ordained as chaplains. Dr. Ramesh is now serving as a chaplain within the prison system, faithfully ministering to inmates and staff.

Jundel and his wife, Geri, are finishing up their discipleship teaching on “70X7: Forgiving Others and Your-

## CONTENTS

<b>CHOOSING LIFE</b>	<b>3</b>
by Eithne Keegan MSN, RN FCN	
<b>PERU MISSION TRIP</b>	<b>4</b>
by Melodee Battenschlag RN	
<b>DISCIPLESHIP IN SMALL GROUPS</b>	<b>5</b>
by Christelle Andrich	
<b>WHEN I ASKED TO HEAR GOD’S VOICE—</b>	<b>6</b>
<b>AND HE ANSWERED</b>	
by Lindsey Sorrell	
<b>PRAYER POINTS: USA &amp; IRAN</b>	<b>10</b>
<b>WHAT IS HCF ?</b>	<b>11</b>
<b>UPCOMING EVENTS</b>	<b>12</b>

self”, and are preparing to teach their next discipleship course on “Family Life” in collaboration with their church, Christ’s Commission Fellowship, in Minot, North Dakota.

In June 2026, we will restart our educational partnership program with University College Dublin, Ireland, working alongside the School of Nursing, Nzoia College of Nursing, and Kilimanjaro Christian Medical Centre in Kenya to support healthcare education and training.

Our weekly Bible studies continue to thrive. I will soon begin leading the Rooted study at Tomoka Christian Church, where I worship and fellowship. Rooted is a 10-week experiential Bible study. The program includes large group sessions, small group meetings, daily devotionals, and interactive experiences centered on three important themes: connecting with God, connecting with the Church, and connecting with your purpose. One of the most meaningful truths of the study is this: “People don’t grow in classrooms. People grow through experiences.”

We also enjoyed a wonderful time of fellowship and collaboration with our Kenyan friends at Streams of Life Worship Church in Daytona.

### Upcoming Missions

- Eithne — South Africa, Egypt, and Ethiopia**
- Rosie — Philippines**
- Melodee — Romania and Ukraine.**
- Dr. Dung Trinh — Peru**

Thank you all for your continued prayers, encouragement, and faithful support of the ministry. May the Lord continue to guide and strengthen each one of us as we serve Him in healthcare, missions, and discipleship around the world.

### Your Support Makes This Possible

This work is made possible through your **faithful**

*Turn to page 7...*



# CHOSING LIFE

## WHAT DEUTERONOMY TEACHES US ABOUT WHOLE-PERSON HEALTH

by Eithne Keegan MSN, RN FCN



**A**t the heart of Deuteronomy is a simple yet profound invitation:

**“I have set before you life and death... now choose life”**

**(Deuteronomy 30:19)**

Looking at the Book of Deuteronomy through a health and wellness lens is actually very rich—because it weaves together spiritual, physical, emotional, and community well-being. It’s not a modern “health manual,” but it offers principles that translate powerfully into whole-person care.

Here’s a clear way to approach it, along with practical tools you can use (especially helpful for teaching, ministry, or healthcare settings):

In today’s healthcare environment, we often separate physical, emotional, and spiritual care. Yet Scripture presents a different model—one that is deeply integrated. The book of Deuteronomy offers a powerful framework for whole-person health that is just as relevant today as it was for the people of Israel.

At its core, Deuteronomy is a call to remember, obey, and choose life. In Deuteronomy 30:19, God says, “I have set before you life and death... now choose life.” This invitation extends beyond spiritual salvation—it speaks to daily decisions that shape our well-being.

**First**, we see that **spiritual health is foundational**.

**“Love the Lord your God with all your heart, soul, and strength” (Deuteronomy 6:5)**. Our alignment with God influences our peace, purpose, and resilience.

**Second**, Deuteronomy emphasizes **mental and emotional awareness**. We are told to

**“Be careful... not to forget” (Deuteronomy 4:9)**.

Remembering God’s faithfulness is a powerful antidote to anxiety and fear.

**Third**, the book highlights **physical stewardship**. **Walking in God’s ways** leads to life and flourishing **(Deuteronomy 5:33)**. This includes rhythms of rest, movement, and healthy boundaries—especially

vital for those in caregiving roles.

**Fourth**, we find a strong emphasis on **preventive care**. Instructions like building **a parapet around a roof (Deuteronomy 22:8)** demonstrate God’s concern for safety and foresight. Prevention is not just practical—it is biblical.

**Finally**, Deuteronomy calls us to **community care and compassion**. We are instructed to support the vulnerable **(Deuteronomy 15:7–11)**, reminding us that health is never just individual—it is communal.

As healthcare professionals and ministry leaders, we are uniquely positioned to live out this holistic vision. By integrating spiritual awareness, emotional care, physical stewardship, and compassion into our work, we reflect God’s design for true wellness.

Today, the invitation remains the same: **Choose life—in your thoughts, your habits, your relationships, and your care for others.** 🙏



*Eithne Keegan MSN, RN was born and raised in Ireland in a small village. She emigrated to the US on December 31st, 1977. She started her nurse training in Dublin, Ireland, and continued her nursing career in Orange County, California, where she raised her daughter, Nora. She now lives in Florida.*

*Eithne is an international missionary, teacher, speaker, and short story writer. She edits a magazine called “Healthcare Pulse”. She has worked in many aspects of Nursing such as administration, adult and pediatric nursing, prison nursing, education, community health, and Faith Community Nursing. Presently, Eithne has transitioned into full time ministry as the Regional Director of HCFUSA. This is a global organization that encourages disciples, mentors, leads and trains medical mission trips around the world.*

*Eithne helped start a school of Nursing in Northern Kenya and assisted in writing the best practices of medical missions.*

*You can reach Eithne through [hcfusa53@gmail.com](mailto:hcfusa53@gmail.com)*





# PERU MISSION TRIP

by Melodee Battenschlag RN

Last August, I had the privilege of serving on a mission trip to Trujillo with Joni & Friends through their Wheels for the World ministry. Founded by Joni Eareckson Tada, a quadriplegic who has dedicated her life to serving people with disabilities, Joni & Friends ministers to individuals and families affected by disability around the world.

As part of the Wheels for the World outreach, donated wheelchairs are restored and refurbished by prison inmates, who gain valuable skills while also giving back through meaningful service. These wheelchairs are then shipped around the world to people in desperate need of mobility assistance.

For our mission trip to Peru, we received 200 wheelchairs, along with walkers, canes, and crutches. Months of preparation had already been completed by eight local churches that partnered with us to identify and invite individuals in need of mobility devices. Some recipients traveled as far as six hours by bus, accompanied by family members and even local community leaders, in hopes of receiving assistance.

I served as a Support Assistant alongside physical therapists, wheelchair mechanics, and local church volunteers. Together, we distributed 158 wheelchairs, as well as walkers, canes, and crutches according to individual needs. Many of the children and adults we served had severe disabilities and had never owned a wheelchair because of poverty and lack of access to medical resources.

Seeing the joy and gratitude on their faces was deeply moving. Many tears were shed — both theirs and mine. It was life-changing to witness how something as simple as a wheelchair could restore dignity, freedom, mobility, and hope.

Each wheelchair had to be carefully customized to fit the recipient's body size, disability, safety needs, and comfort level. This process often took several hours. While the mechanics modified the



wheelchairs, I assisted the physical therapists by helping create custom cushions, safety belts, harnesses, desk trays, and storage bags. I even learned practical skills such as cutting foam, stapling vinyl onto wood, and adapting wheelchair accessories to better meet each individual's needs.

During the waiting times, I had the opportunity to spend time with the families, listening to their stories of hardship, suffering, and perseverance. I also enjoyed playing with the children and their siblings using crayons, coloring books, bubbles, and playdough that I had brought along. One of the highlights for the children was a large sloth puppet named "Harry." Many of the younger children believed Harry was real, which brought laughter and joy to families who had experienced so much difficulty.

Most importantly, this mission trip provided opportunities to share the love of Christ. I was able to share the Gospel message with many waiting families and give them Gospel bracelets as reminders of God's love and salvation. Every

Turn to page 9...



# DISCIPLESHIP IN SMALL GROUPS

by Christelle Andrich



## Following Christ and Forming Christlike Lives

**H**ealthcare Christian Fellowship provides opportunities where spiritual support can be given to the sick and those caring for them. Intercession and encouragement are at the heart of discipleship in healthcare.

The writer of the Hebrews said, *"And let us consider how we may spur one another on toward love and good deeds, not giving up meeting together, as some are in the habit of doing, but encouraging one another—and all the more as you see the Day approaching."* Hebrews 10:24-25 (NIV)

Those who are caring for the sick in healthcare are facing unprecedented pressures and challenges. They need our earnest prayer and spiritual support. That is why we start or encourage small groups in our hospitals, nursing homes, communities and churches. We work closely with church leaders and chaplains wherever possible. Small groups are easy to organize and can encourage us in all areas of life. As we meet regularly with a few Christian friends or colleagues, we can support one another through Word and prayer.

We at HCF Ireland train, equip and strengthen staff in their daily walk with the Lord. We link healthcare workers with each other in Christian Fellowship. With a training course called "Salt and Light" with Christian healthcare staff and church groups to become effective witnesses for the Lord where they live, work and study.

We place a strong emphasis on the deity of Jesus Christ and His atonement, regeneration and the indwelling of the Holy Spirit and the supreme authority of Scriptures. The book "Small group devotionals" help the small groups read the Bible, reflect and pray together. In other words, discipleship takes place within the small group itself.

### How to form a small group in healthcare or churches

- Invite a few Christian friends to join you. These may be friends from your church or your place of work. If you have a busy schedule, a group of 3, 4 or 5 is easier to organize than a larger number.

- Plan to meet regularly. Try to meet every week or fortnight, either in person or on social media. Be creative in finding the right time and place where you will not be easily interrupted. It is better to meet regularly for just half an hour than less frequently for a longer time.
- Invite group members to bring names. Each of you may bring the names of up to three people who you want to pray for to come to know Christ.
- Commit to pray for each other. During your personal times of prayer, remember to pray for the others in your small group, and those they have asked prayer for. It is helpful to make a list of names, to remind you.

Discipleship is one of the central themes of the Bible and lies at the heart of Christian living. In biblical terminology, discipleship is more than attending church, gaining knowledge, or identifying as a Christian. It is the lifelong process of following Jesus Christ, learning from Him, obeying His teachings, and becoming transformed into His likeness.

The word "disciple" comes from the Greek word *mathetes*, meaning "learner," "student," or "follower." In the New Testament, a disciple was someone who attached themselves to a teacher to learn not only information, but also a way of life. Biblical discipleship therefore involves relationship, transformation, obedience, and multiplication.

Jesus' invitation was simple yet profound: "Follow Me." — The Gospel of Matthew 4:19

This call was not merely an invitation to belief, but a call to surrender, commitment, and spiritual formation.

### The Meaning of Discipleship

In Scripture, discipleship begins with a personal relationship with Jesus Christ. When Jesus called His disciples, He invited ordinary people—fishermen, tax collectors, and others—to walk closely with Him. They learned by observing His character, listening to His teachings, witnessing His miracles, and participating in His mission.

Turn to page 8...





# WHEN I ASKED TO HEAR GOD'S VOICE—AND HE ANSWERED

by Lindsey Sorrell

**"My sheep hear my voice, and I know them, and they follow me" —John 10:27**

I remember it vividly. I was sitting in my mother's 1993 hatchback, watching her carefully parallel park, when I said, "Mom, I want to hear God's voice."

She looked at me with her warm smile and gentle eyes and replied simply, "Just listen." So, I did.

As praise and worship music by Kirk Franklin filled the car, I sat quietly and listened. I did not hear an audible voice, but I felt a deep sense of God's presence move through me. When we stepped out onto the sidewalk, I sensed a calm, reassuring voice—not in my ears, but deep within my spirit. Overcome with emotion, I began to cry and asked my mother, "What is happening to me?"

That moment changed my life. At thirteen years old, I realized that our Heavenly Father hears His children, sees them, and responds to sincere prayers. I also learned that hearing God's voice comes with responsibility.

I grew up on the North Side of Chicago as an only child in a predominantly African American and Latino community. Like many young girls, I wanted to fit in and be accepted by my peers. Yet my parents grounded me in faith through church, Scripture reading, worship, and choir participation.

As a teenager, I was often known as "the church girl." While others pursued what seemed exciting or popular, I tried to hold onto the truth that God was always with me. But as I entered adulthood, I drifted away from that foundation. I began making decisions apart from God's guidance, and eventually the consequences caught up with me.

I experienced my parents' divorce, became a single mother, struggled academically, and slowly lost my spiritual direction. During my twenties and early thirties, I neglected my relationship with God and found myself caught in cycles of broken relationships, confusion, and emotional pain. Looking back, Psalm 118:5–6 became deeply meaningful to me: **"I called upon the Lord in distress: the Lord answered me... The Lord is on my side; I will not fear."**

Today, I hold tightly to Scriptures like these, storing them in my heart as reminders of God's faithfulness during difficult seasons.

My turning point came during one of the darkest periods of my life. I had recently left an abusive relationship. Despite having a college degree, I was struggling

financially and working delivery jobs just to survive. One day, while making deliveries, I ran out of gas. My phone was failing, I felt completely alone, and I saw no clear way forward.

Sitting in my car overwhelmed with despair, I cried out to God—not with polished words, but with complete honesty. I asked Him for help, for direction, and for healing from years of loneliness and poor choices. In that moment, I remembered the faith I had as a thirteen-year-old girl—the faith that believed God listens and answers.

That same day, something unexpected happened. I received a phone call from someone I had not spoken to since childhood: my future husband's brother. Soon afterward, I reconnected with the man who would later become my husband. Through that relationship, God began restoring my life, renewing my faith, and drawing me back to Scripture and a deeper walk with Christ.

Since then, my life has been transformed by God's grace and mercy. I have learned that even when we wander, the father lovingly calls us back to Himself. He is faithful to answer sincere prayers and to guide us toward healing, purpose, and restoration.

Today, my encouragement to others is simple: come to God with childlike faith. Trust Him in every season of life. He sees you, hears you, and cares deeply about your journey.

Our Father is our Deliverer, and through Christ we find hope, salvation, and new life.

I encourage my fellow peers to Come to the Most High Elohim like a child. Trust Him in all your comings and goings. He is our Deliverer, and His Son is our Savior. All praise belongs to God, my YHWH!

**"And your ears shall hear a word behind you, saying, 'This is the way, walk in it,' Whenever you turn to the right hand Or whenever you turn to the left."**

**(Isaiah 30:21, NKJV)** 

*Lindsey Sorrell is a faithful member of the Congregation of YHWH BCVI, where she has worshiped and served for five years. She is a devoted mother of five, a loving wife, and an only daughter. Lindsey enjoys music, writing, and anime—her favorite creative escape. Her greatest passions are God, her family, and building Apocryphal Holdings Group, LLC, a faith-driven business rooted in purpose and obedience.*

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*Continued from "NURSES WEEK. . ."*

for the wounded man, treated his injuries, and ensured his continued care. In many ways, nurses continue this ministry today by caring for those who are hurting physically, emotionally, and spiritually.

Nursing is also an expression of servant leadership. Jesus taught His disciples: "Whoever wants to become great among you must be your servant."— Mark 10:43.

Nurses embody this servant-hearted example every day through acts of sacrifice, compassion, advocacy, and dedication.

**Caring for the Whole Person**

As Christian healthcare professionals, we recognize that true healing involves more than treating disease. Human beings are created by God as body, mind, and spirit. Nurses are uniquely positioned to provide holistic care by addressing emotional needs, offering encouragement, listening with compassion, and sometimes praying with patients and families during difficult times.

A caring touch, a gentle word, or simply being present can become powerful expressions of God's love. Many patients may never enter a church, but they encounter Christ through the compassion shown by Christian nurses.

**Encouragement for Nurses**

To every nurse reading this article: thank you for your faithful service. God sees every act of kindness, every sleepless night, every prayer whispered for a patient, and every moment you choose compassion despite exhaustion.

Colossians 3:23 reminds us: "Whatever you do, work at it with all your heart, as working for the Lord, not for human masters." Your work matters deeply to God. Even on difficult days when you feel unseen or overwhelmed, the Lord is using your hands, your voice, and your presence to minister healing and hope.

**A Prayer for Nurses**

*Heavenly Father,  
We thank You for nurses around the world who faithfully care for the sick and vulnerable. Strengthen them physically, emotionally, and spiritually. Fill them with wisdom, compassion, patience, and peace. Protect them from burnout and discouragement and remind them daily that their work is a sacred calling. May they continue to reflect the love of Christ in every patient interaction. Bless them, guide them, and renew their hearts as they serve others in Your name. Amen.*

As we celebrate Nurses Week, may we honor not only the profession of nursing but also the ministry of compassionate care. May Christian nurses continue to shine as lights in the healthcare world, bringing the healing presence of Christ to all they serve. 🙏

*Continued from "EDITOR'S CORNER. . ."*

**prayers and generous support.** Thank you for partnering with us to extend Christ's compassion throughout the healthcare world.

Would you prayerfully consider making a financial contribution to sustain this ministry?

Your gift helps fund mission trips, provide medical education and care, and most importantly, **share the gospel in the U.S. and in underserved communities around the globe.**

**Ways to Give**

- ☑ Online: [www.hcfusa.org](http://www.hcfusa.org), Zelle: [hcfusa53@gmail.com](mailto:hcfusa53@gmail.com) or by mail.

Together, we can continue fulfilling the Great Commission in healthcare.

May God richly bless you and your family this year! 🙏

With gratitude and blessings,

**Eithne Keegan, MSN, RN**

*Eithne Keegan MSN, RN was born and raised in Ireland in a small village. She emigrated to the US on December 31st, 1977. She started her nurse training in Dublin, Ireland, and continued her nursing career in Orange County, California, where she raised her daughter, Nora. She now lives in Florida.*

*Eithne is an international missionary, teacher, speaker, and short story writer. She edits a magazine called "Healthcare Pulse". She has worked in many aspects of Nursing such as administration, adult and pediatric nursing, prison nursing, education, community health, and Faith Community Nursing. Presently, Eithne has transitioned into full time ministry as the Regional Director of HCFUSA. This is a global organization that encourages disciples, mentors, leads and trains medical mission trips around the world.*

*Eithne helped start a school of Nursing in Northern Kenya and assisted in writing the best practices of medical missions.*

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HEALTHCARE CHRISTIAN FELLOWSHIP INTERNATIONAL



Biblical discipleship includes several key elements:

### 1. Following Jesus

A disciple chooses to follow Christ above all else. This means placing Jesus at the center of one's life, priorities, decisions, and identity.

Jesus said:

**"If anyone would come after Me, let him deny himself, take up his cross daily, and follow Me." — Luke 9:23**

Discipleship requires surrender. It is not a casual association with Jesus, but wholehearted devotion.

### 2. Learning from Jesus

A disciple is continually learning from God's Word and growing spiritually. The Bible is the primary guide for understanding God's character, truth, and will.

The early disciples devoted themselves to:

Teaching      Prayer      Service  
Fellowship      Worship

Discipleship involves both knowledge and application. True disciples do not merely hear the Word; they live it out daily.

### 3. Becoming Like Jesus

The ultimate goal of discipleship is transformation into Christlikeness. God desires that believers reflect the character of Jesus in their attitudes, speech, relationships, and actions.

The fruit of discipleship includes:

Love              Compassion      Servanthood  
Humility              Holiness  
Obedience      Forgiveness

A mature disciple increasingly resembles Christ in both heart and behavior.

### Discipleship and Relationship

Biblical discipleship is deeply relational. Jesus spent time with His disciples—eating with them, traveling with them, teaching them privately, correcting them, and encouraging them. Discipleship happens best in authentic relationships where spiritual growth can be nurtured and modeled.

The Apostle Paul demonstrated this relational approach when he mentored leaders

like Timothy and Titus. He encouraged believers to imitate godly examples as they followed Christ.

Discipleship is not simply teaching lessons—it is sharing life.

### The Cost of Discipleship

Jesus never hid the cost of following Him. Biblical discipleship may involve sacrifice, persecution, self-denial, and perseverance. A disciple must be willing to remain faithful even during hardship.

Jesus taught that discipleship could cost:

Personal comfort      Relationships  
Popularity              Even one's life  
Earthly ambitions

Yet Scripture also teaches that true life, peace, joy, and eternal purpose are found in surrendering fully to Christ.

### The Great Commission: Making Disciples

Before ascending to heaven, Jesus gave His followers a final command known as the Great Commission:

**"Go therefore and make disciples of all nations..." —Matthew 28:19**

The mission of the Church is not merely to gain converts, but to make disciples—people who know Christ, obey Him, and help others follow Him.

Biblical discipleship is therefore reproductive. Mature disciples are called to disciple others. This creates a spiritual multiplication that advances God's kingdom from generation to generation.

### Characteristics of a Biblical Disciple

According to Scripture, a biblical disciple:

- Loves God wholeheartedly
- Obeys God's Word
- Lives by faith
- Serves others humbly
- Loves fellow believers
- Shares the Gospel
- Remains steadfast in trials
- Depends on prayer and the Holy Spirit
- Bears spiritual fruit



recipient also received a Bible and a copy of Joni Eareckson Tada's autobiography.

During the outreach, 351 people heard the Gospel message, and 108 individuals made decisions to accept Christ as their Savior.

I am deeply grateful that God called me to serve the disabled community in Peru. The physical needs were significant, but the spiritual impact was even greater. Many people not only received a wheelchair that transformed their daily lives, but they also encountered the love of God and made decisions that will impact their eternity.

This mission reminded me that true ministry cares for both the physical and spiritual needs of people. It was a powerful example of being the hands and feet of Jesus to those who are often overlooked and underserved. 🙏



- Makes other disciples

Discipleship is not perfection, but continual growth and dependence upon God's grace.

### Practical Application for Believers Today

In today's world, discipleship remains essential for spiritual maturity and effective Christian witness. Modern believers can practice biblical discipleship by:

- Spending daily time in Scripture and prayer
- Participating in Christian community
- Serving others selflessly
- Seeking accountability and mentorship
- Applying biblical truth in everyday life
- Sharing faith with others
- Living with integrity and compassion
- Mentoring younger believers

Discipleship is both personal and communal. Every believer is called to grow as a disciple and help others grow as well.

### Conclusion

Discipleship in biblical terminology is the lifelong journey of following Jesus Christ, being transformed by His truth, and participating in His mission. It is rooted in relationship, obedience, and spiritual transformation. Jesus did not call people merely to admire Him from a distance, but to walk closely with Him and become like Him.

The call to discipleship remains as powerful today as it was in the first century: "Follow Me."

Those who answer this call discover not only the cost of discipleship, but also the deep joy, purpose, and eternal significance found in living fully for Christ. 🙏

*Melodee obtained her BS in Nursing. In addition to being President of her nursing organization, she operated a Case Management business for 35 years. Her passion for missions led her to receive training in medical missions, chaplain intensive, encountering Islam, Christian disaster preparedness, and human trafficking. Mission trips include India medical clinics, Uganda surgeries, clinics and orphanage, France Gypsies, Israel bomb shelters, Philippines crusades, Lebanon Syrian refugees, and Vietnam leprosy colony and orphanages, Cuba home churches, community, Kenya hospitals, slums, VBS, community, Peru wheelchair distribution.*

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*Christelle has been joyful to serve as the HCF Ireland National Coordinator and to see the Lord raise up new leaders in the work across Ireland. She finds it a privilege to do such pioneering work and to see small groups flourishing in church and healthcare settings. She believes this ministry will continue to grow in His Name.*

*The Lord called Christelle to do the work of an evangelist (2 Timothy 4:5). She gives God all the glory and honour for a fruitful, wonderful life which she would not change for anything!*

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# PRAYER Points for



## USA

Largest Religion: Christian, 77.6 %  
% Evangelical: 28.9 %  
Population: 347,276,000  
Continent: North America



**Spiritual Revival and Brokenness:** Pray for a true spiritual revival within the American Church—one marked by a deep conviction of sin, humility, and repentance rather than "slick mass evangelism" or spectacles. Pray that the public face of Christianity draws people closer to Christ rather than turning them away.

**Leadership and Prudence:** Pray for the provision of wise, humble, and forward-looking leaders in both civil

authority and the Church. Pray that America's vast resources, wealth, and power are used with prudence, a heart for the poor, and a strong opposition to systemic injustices or sinful practices that cause suffering abroad.

Source: <https://operationworld.org/>

*"If my people, who are called by my name, will humble themselves and pray and seek my face and turn from their wicked ways, then I will hear from heaven, and I will forgive their sin and will heal their land."*

( 2 Chronicles 7:14 )

# PRAYER Points for



## IRAN

Largest Religion: Muslim  
% Evangelical: 0.2 %  
Population: 92,418,000  
Continent: Asia

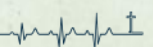


**The Burgeoning Underground Church:** Despite heavy restrictions and persecution, Iran has one of the fastest-growing underground church movements in the world, largely driven by a frustrated younger generation. Pray that the deep political, social, and economic longings of Iranian youth find fulfillment in Jesus.

**Leadership Training and Development:** Because the church is growing so rapidly underground, leadership development is vital. Pray for the success, safety, and distribution of short-term and innovative leadership training programs to equip passionate, capable leaders for house churches.

Despite the 1979 Islamic Revolution's promises of peace and prosperity, widespread protests in 2022 and 2026 reflect systemic collapse driven by corruption, economic hardship, oppression, and social crises like addiction. Consequently, while Iran possesses a proud ancient heritage, its disillusioned youth are increasingly abandoning Islam for Christianity, Zoroastrianism, or atheism. Pray that Iranians' desires for greatness, prosperity, freedom, and even for righteousness might ultimately be met through worship of Jesus.

Source: <https://operationworld.org/>





# WHAT IS HCF ?

**T**he Healthcare Christian Fellowship (HCF) is a non-profit interdenominational organization among caregivers.

In 1936, Francis Grim, a Christian businessman in South Africa, and his brother, Carl, visited their elderly father daily in a local hospital. During these visits they noticed that the patient's physical needs were well taken care of, but their spiritual needs were largely ignored.

Francis was alarmed and concerned about the lack of spiritual care. He realized that many patients pass through the healthcare systems of our world who do not pass through our churches.

Yet, when they are ill, they often want to reach out to God: A God they do not know. They need someone to teach them the Good News of Jesus' forgiveness, care, healing, joy, and salvation.

He began to train a small group of student nurses how to share their faith with their patients and fellow workers. This was the beginning of what has now become Healthcare Christian Fellowship International (HCFI), a world-wide movement among all branches of healthcare, active in over 100 countries around the world. Go to [www.hcfglobal.org](http://www.hcfglobal.org) for more information.

## Doctrinal Basis

The Doctrinal Basis of HCFI shall consist of the essential beliefs of Biblical Christianity, including:

- The unity of the Father, the Son, and the Holy Spirit in the Godhead.
- The person of our Lord Jesus Christ as very God and very Man, born of the virgin Mary, His real and sinless humanity, His atoning death, His bodily resurrection, and His ascension into Heaven.
- The Divine inspiration and supreme authority of the Holy Scripture in all matters of faith and conduct.
- The guilt and depravity of human nature in consequence of the Fall.
- The substitutionary death of our Lord Jesus Christ, and His resurrection, as the only way of salvation from sin through repentance and faith.
- The necessity for the new birth by the Holy Spirit and His indwelling in the believer for sanctification and service.
- The personal return of the Lord Jesus Christ and the judgment to come for the just and for the unjust.

- The resurrection of the body and eternal life.
- Hell as a place of eternal punishment for all who rejected the Lord Jesus Christ.
- Heaven as a place of everlasting blessedness for all who have accepted the Lord Jesus Christ.

In brief, HCFI places a strong emphasis upon the Deity of Jesus Christ and His Atonement; regeneration by the Holy Spirit and His indwelling fullness in the believer for personal victory and fruitfulness; the supreme authority of the Scriptures and the importance of personal and group evangelism.

## Healthcare Christian Fellowship, USA

Healthcare Christian Fellowship, USA (formerly Hospital Christian Fellowship) is the United States chapter of Healthcare Christian Fellowship International. It began in 1972 at a small hospital in San Clemente, California.

A nurse, Aubrey Beauchamp, started prayer meetings at her home. In time this small beginning became a national movement among Christian Caregivers. Aubrey has retired and Eithne Keegan has taken over the leadership of HCF USA. She can be reached at [hcfusa53@gmail.com](mailto:hcfusa53@gmail.com).

Our mission is to encourage and strengthen caregivers in their faith, workplace, and personal life, promoting Biblical principles in healthcare. We train caregivers to meet the spiritual needs of their patients and fellow workers.

You can also visit [www.hcfusa.org](http://www.hcfusa.org) for more resources and to know how to be part of what God is doing in the health fields of USA and beyond. 📌

**Watch this [Youtube video](#) courtesy of Philippine HCF.**

JOIN US on  
YouTube and  
Facebook



**Healthcare Christian Fellowship, USA**



# UPCOMING EVENTS



## HCF USA CONFERENCE 2027

APRIL 29—MAY 1

Lutheran Church of the Cross  
Laguna Woods, California

**SAVE THE DATE !**

\* More details will be announced later.

FOR INQUIRIES PLEASE EMAIL US AT [hcfusa53@gmail.com](mailto:hcfusa53@gmail.com)



## NURSES CHRISTIAN FELLOWSHIP

### KEEGAN—ORMOND BEACH NCF

NEW GROUPS START on the  
2nd TUESDAY OF THE MONTH

ORMOND BEACH, FLORIDA

Please email  
[hcfusa53@gmail.com](mailto:hcfusa53@gmail.com)  
for more information



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