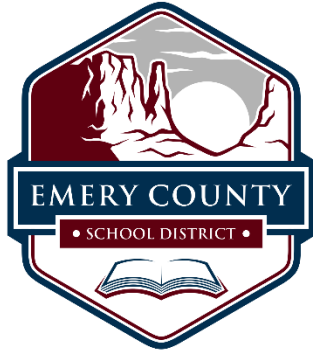




Profile of a Graduate (POG) Self-Assessment Survey

Assessment Type: Pre & Post-Assessment

Student Name: _____

Date: _____

Grade / Class: _____

Overview & Instructions

To capture genuine growth from the beginning to the end of the school year, this survey uses an objective **5-Point Likert Scale**. This shifts the mindset from arbitrary letter grades to actionable skill acquisition.

Please rate yourself honestly for each statement on a scale from **1 to 5** using the rubric below:

Rating Scale Rubric

Level	Classification	Description
1	Novice	I rarely or never do this, or I do not understand this concept yet.
2	Emerging	I sometimes do this with reminders, or I am starting to develop this ability.
3	Proficient	I regularly do this independently and understand its importance well.
4	Advanced	I consistently practice this and apply it across different subjects or real-world situations.
5	Expert	I have mastered this skill, do it automatically, and can confidently lead or guide my peers.

Official 20-Question Survey Instrument

PILLAR 1: Responsibility

Themes: Integrity, Digital Boundaries, Punctuality, and Personal Accountability

- **Q1. Personal Integrity**

I can independently evaluate my personal choices and actions to ensure they align with my integrity and core values, even when no one else is watching.

☐ 1 – Novice ☐ 2 – Emerging ☐ 3 – Proficient ☐ 4 – Advanced ☐ 5 – Expert

- **Q2. Digital Boundaries**

I can manage my digital boundaries by actively turning off notifications, minimizing tech distractions, and tracking my focus breaks to protect my learning time.

☐ 1 – Novice ☐ 2 – Emerging ☐ 3 – Proficient ☐ 4 – Advanced ☐ 5 – Expert

- **Q3. Punctuality & Preparation**

I arrive at my classes and activities physically, mentally, and materially prepared (e.g., with a charged device and necessary supplies) without needing reminders from others.

☐ 1 – Novice ☐ 2 – Emerging ☐ 3 – Proficient ☐ 4 – Advanced ☐ 5 – Expert

PILLAR 2: Civic Citizenship

Themes: Local Government, Public Services, Community Engagement, and Elections

- **Q4. Community Leadership**

I can identify key leaders in my local community or county and describe how their roles and public decisions impact my daily life.

☐ 1 – Novice ☐ 2 – Emerging ☐ 3 – Proficient ☐ 4 – Advanced ☐ 5 – Expert

- **Q5. Public Services & Allocation**

I understand how local public services (such as parks, roads, and libraries) are funded and can formulate a reasoned argument on how community budgets should be allocated.

☐ 1 – Novice ☐ 2 – Emerging ☐ 3 – Proficient ☐ 4 – Advanced ☐ 5 – Expert

- **Q6. Community Gratitude**

I actively show gratitude and support to school and community workers (such as bus drivers, custodians, and nurses) who maintain my environment.

☐ 1 – Novice ☐ 2 – Emerging ☐ 3 – Proficient ☐ 4 – Advanced ☐ 5 – Expert

PILLAR 3: Critical Thinking

Themes: Media Literacy, Logical Fallacies, Viewpoint Analysis, and Fact-Checking

- **Q7. Analytical Reasoning**

I can distinguish between correlation and causation, allowing me to spot misleading arguments or false statistics in scientific or everyday claims.

☐ 1 – Novice ☐ 2 – Emerging ☐ 3 – Proficient ☐ 4 – Advanced ☐ 5 – Expert

- **Q8. Media Literacy & Fact-Checking**

I am able to research a controversial topic, identify potential biases or hidden agendas in media sources, and use fact-checking tools to verify the information.

☐ 1 – Novice ☐ 2 – Emerging ☐ 3 – Proficient ☐ 4 – Advanced ☐ 5 – Expert

- **Q9. Viewpoint Analysis**

I can objectively listen to a viewpoint that contradicts my own and construct a logical, respectful argument explaining the opposing side's perspective.

☐ 1 – Novice ☐ 2 – Emerging ☐ 3 – Proficient ☐ 4 – Advanced ☐ 5 – Expert

- **Q10. Evidence-Based Reasoning**

I form my opinions on major issues by gathering diverse evidence and evaluating the credibility of sources rather than relying on popular trends.

☐ 1 – Novice ☐ 2 – Emerging ☐ 3 – Proficient ☐ 4 – Advanced ☐ 5 – Expert

PILLAR 4: Resilience

Themes: Growth Mindset, Cognitive Stamina, and Feedback Reception

- **Q11. Growth Mindset**

When I face a difficult academic challenge, I can intentionally shift my mindset from "I can't do this" to "I can't do this yet with my current strategy."

☐ 1 – Novice ☐ 2 – Emerging ☐ 3 – Proficient ☐ 4 – Advanced ☐ 5 – Expert

- **Q12. Feedback Reception**

I can take critical, constructive feedback from a rubric or a teacher and translate it into clear, actionable steps to improve my next performance.

☐ 1 – Novice ☐ 2 – Emerging ☐ 3 – Proficient ☐ 4 – Advanced ☐ 5 – Expert

- **Q13. Cognitive Stamina**

I have the cognitive stamina to clear my mind and stay completely focused on dense reading or complex problem-solving tasks for extended periods without quitting.

☐ 1 – Novice ☐ 2 – Emerging ☐ 3 – Proficient ☐ 4 – Advanced ☐ 5 – Expert

PILLAR 5: Communication

Themes: Professional Correspondence, Non-Verbal Signals, and Active Listening

- **Q14. Professional Correspondence**

I can draft formal, professional emails to teachers or community leaders that use respectful greetings, precise language, and an appropriate tone.

☐ 1 – Novice ☐ 2 – Emerging ☐ 3 – Proficient ☐ 4 – Advanced ☐ 5 – Expert

- **Q15. Non-Verbal Communication**

I am conscious of my body language and posture during discussions, recognizing how non-verbal cues affect the message I am broadcasting to others.

☐ 1 – Novice ☐ 2 – Emerging ☐ 3 – Proficient ☐ 4 – Advanced ☐ 5 – Expert

- **Q16. Active Listening**

I practice active listening by focusing entirely on a speaker, identifying their primary thesis statement, and asking relevant, clarifying questions.

☐ 1 – Novice ☐ 2 – Emerging ☐ 3 – Proficient ☐ 4 – Advanced ☐ 5 – Expert

- **Q17. Adaptive Communication**

I can smoothly adapt my communication style depending on whether I am collaborating in a casual peer group or presenting in a formal academic setting.

☐ 1 – Novice ☐ 2 – Emerging ☐ 3 – Proficient ☐ 4 – Advanced ☐ 5 – Expert

PILLAR 6: Work Ethic

Themes: Craftsmanship, Monotasking, and Quality Benchmarks

- **Q18. Monotasking**

I practice "monotasking" by closing irrelevant browser tabs, turning off music, and clearing my workspace to dedicate 100% of my energy to a single major task.

☐ 1 – Novice ☐ 2 – Emerging ☐ 3 – Proficient ☐ 4 – Advanced ☐ 5 – Expert

- **Q19. Craftsmanship Standards**

I hold my work to high craftsmanship standards, comparing my drafts against top-tier exemplars and rubrics to elevate my projects from "good" to "exceptional."

☐ 1 – Novice ☐ 2 – Emerging ☐ 3 – Proficient ☐ 4 – Advanced ☐ 5 – Expert

- **Q20. Personal Accountability & Pride**

I only sign my name to an assignment, project, or assessment when I can honestly certify that it represents my maximum effort and pride.

☐ 1 – Novice ☐ 2 – Emerging ☐ 3 – Proficient ☐ 4 – Advanced ☐ 5 – Expert