



Service Outpatient Clinics (SOPC)

CLINIC SCHEDULES

Effective May 18, 2026

**MONDAYS, TUESDAYS,
THURSDAYS, AND FRIDAYS**

WEDNESDAYS

SATURDAYS

8:00 AM - 5:00 PM

1:00 PM - 5:00 PM

8:00 AM - 12:00 NN

ACCEPTING OF PATIENTS: MORNING: 8:00 AM - 10:00 AM ONLY | AFTERNOON: 1:00 PM - 3:00 PM ONLY

DEPARTMENT

**AM
(8:00 AM - 12:00 NN)**

**PM
(1:00 AM - 5:00 PM)**

FAMILY MEDICINE

20 Patients

20 Patients

SURGERY | No Clinic on Wednesdays

20 Patients

20 Patients

OPHTHALMOLOGY

Unlimited

Mon/Tue/Thu/Fri
(Subspecialty) by appointment
Wed: Unlimited

PEDIATRICS

20 Patients

Mon/Tue/Thu/Fri
Scheduled/DevPed patients only
Wed: 20 Patients

OB-GYNECOLOGY

Unlimited

Unlimited

INTERNAL MEDICINE | No Clinic on Wednesdays

>RESIDENTS: Monday and Tuesday - 30 Patients
Thursday to Saturday - 20 Patients
>SUBSPECIALTY (Please see the note below for
the reference limit of the number of patients to
be accepted)
>5 Patients CP Clearance (Mon-Fri except Wed)

>RESIDENTS: Monday and Tuesday - 30 Patients
Thursday to Friday - 20 Patients
>SUBSPECIALTY (Please see the note below for
the reference limit of the number of patients to
be accepted)
>5 Patients CP Clearance (Mon-Fri except Wed)

ORTHOPEDICS | No Clinic on Thursday Mornings

20 Patients

20 Patients

PSYCHIATRY

Contact 09668828430 for screening and appointment

ENT | No Clinic on Friday Mornings

Unlimited

Unlimited

DERMATOLOGY

Unlimited

Unlimited

FOR SCREENING AND APPOINTMENT:

OB-GYN: MONDAY: MORNING AND AFTERNOON: High risk and non-high risk; Oncology GYN Patients

TUESDAY: MORNING AND AFTERNOON: High risk and non-high risk

WEDNESDAY: MORNING: No Clinic; AFTERNOON: High risk and non-high risk

THURSDAY: MORNING: Post-op/Postpartum and GYN; AFTERNOON: High risk and non-high risk; Oncology GYN Patients

FRIDAY: MORNING: No Clinic; AFTERNOON: GYN and ONCOLOGY patients only

SATURDAY: MORNING: High risk and non-high risk

PEDIATRICS: DEVELOPMENTAL PEDIATRICS: FB Messenger: DLSUMC Developmental Pediatrics; STRICTLY BY APPOINTMENT

ENDOCRINOLOGY: Monday (morning only)

WELL BABY CHECK-UP: Tuesday (morning only)

ADOLESCENT CHECK-UP: Tuesday and Thursday (afternoon only)

HEMATOLOGY-ONCOLOGY: Wednesday (morning only)

NEPHROLOGY: Wednesday (afternoon only)

RHEUMATOLOGY: Thursday (morning only)

CARDIOLOGY: Thursday (afternoon only) / Friday (morning only)

NEUROLOGY: Friday (morning only)

ALLERGOLOGY: Saturday (morning only)

PULMONOLOGY: Monday (morning only)

GASTROENTEROLOGY: Wednesday (afternoon only)

PSYCHIATRY: FB Messenger: @PsychiatryOPD (Psychiatry OPD-De La Salle University Medical Center)

Phone inquiries: 09668828430

INTERNAL MEDICINE: *New patients shall have a referral from DLSUMC IM Resident

CARDIOLOGY: 10-15 patients; Monday, Tuesday, Thursday, and Friday (afternoon only)

ENDOCRINOLOGY: 20 patients; Monday, Wednesday and Friday (afternoon only)

GASTROENTEROLOGY: 10 patients; Monday and Friday (afternoon only)

NEPHROLOGY: 15 patients; Wednesday (afternoon only)

PULMONOLOGY: 15 patients; Tuesday and Thursday (afternoon only)