



NHL STREET COACHES RESOURCE

Prepare to coach. Teach the basics. Make every shift count.

[COACHES & VOLUNTEERS](#) | [ALL NHL STREET LOCATIONS](#)

1. Complete your role requirements

Confirm your assignment and complete league required screening, training, and acknowledgments before serving. Review the current division requirements with your coordinator. The linked 2024 rulebook requires coaches to be at least 18 years old.

2. Teach safe stick habits first

Teach players to keep sticks below knee height, including during running, shooting, and follow through. The 2024 rules penalize sticks raised above a player's knee. Body checking, slashing, hooking, tripping, and holding are prohibited. Stop unsafe play and reinforce control.

3. Check equipment and the playing area

Confirm players have athletic shoes, hockey sticks, and the required NHL STREET team shirt. Follow Just Compete mouthguard instructions. Check the surface, goals, boundaries, and safe entry points. Goalies need street hockey leg pads, glove and blocker, chest pad, and goalie mask.

4. Plan shifts and simple instruction

Teach stickhandling, passing, receiving, shooting, and basic positioning. Use short explanations and active practice. Plan rotations so every player has meaningful opportunities. Confirm player counts, practice time, game length, and substitution procedures for your division.

5. Lead a positive team

Respect officials, encourage effort, and model sportsmanship. Keep families informed through the approved communication channel. Follow league weather, injury, and incident reporting procedures. Know who is supervising the site and where to get help.

OPEN NHL STREET COACHING RESOURCES >

Official coaching tools, drills, and game day guidance. More links on page 2.

Sources: NHL STREET Rulebook, linked 2024 edition; Just Compete Training & Materials; official NHL STREET resources.



NHL STREET

PRACTICE & COACHING TOOLS

Keep it simple. Keep players moving. Build confidence.

[CLICKABLE RESOURCES](#) | [PRACTICE PLANNING](#)

NHL STREET COACHES PORTAL >

Open the official coaching resource collection.

DRILLS FOR NEW COACHES >

Find games and activities for stickhandling, passing, and shooting.

WHAT TO EXPECT ON GAME DAY >

Review preparation, player confidence, and positive coaching guidance.

OPEN THE LINKED 2024 RULEBOOK >

Read equipment requirements, game procedures, penalties, and infractions.

SAMPLE 20 MINUTE PRACTICE

A suggested outline to adapt to your assigned practice window and players' abilities.

3 minutes	Movement warmup and safe stick reminders
5 minutes	Stickhandling through a simple cone course
5 minutes	Partner passing and receiving
5 minutes	Controlled shooting at targets or small group play
2 minutes	Water, review, and game lineup reminders

Build in extra water breaks as needed. Keep sticks low and waiting players clear of shooting lanes. Use the official drills for complete activity instructions.

Resource links: nhlstreet.com/resources/ | rcx.mediavalet.com/portals/NHL_Coaches