



MICHIGAN YOUTH BASKETBALL 5 v. 5 RULES



- **Ball size** – 3rd/4th Grade (27.5") 5th/6th Grade Boys & 5th-12th Grade Girls (28.5") 7th-12th Grade Boys (29.5')
- **Even playing time is required for quarters 1-3. Even playing time is not required in the 4th quarter.**
- The game will start with a jump ball at center court.
- Games consist of (4) 10-minute quarters with 1-minute breaks between each quarter and a 2-minute half time. Continuous running clock during each quarter. The clock stops in the last two minute of the game if the score is within 10 points on any dead ball or foul call.
- **TWO TIMEOUTS per half!** They do not carry over.
- There is no shot clock.
- Games are played on Full Court.
- There is a ten second back court violation.
- Substitutions can occur on any dead ball situation.
- Scoring: 2 Points inside the arc, 3 points outside the arc.
- **Free Throws:** If a player was fouled inside the arc on a shooting foul, they will automatically get 1 point. If they were fouled outside the arc, they will automatically get 2 points. They will get one free throw to score one more additional point. The ball is live on a missed free throw. The player has up to 10 seconds to shoot each free throw.
 - **In the last two minutes of the game, no automatic points will be awarded on fouls and players will shoot all free throws worth one point a piece.**
- **Bonus Free Throws:** Teams will reach the bonus on the 5th foul of each quarter. One point will be rewarded to the team that was fouled and the player will shoot one free throw. **In the last two minutes of the game, no automatic points will be awarded on fouls and players will shoot all free throws worth one point a piece.**
- Intentional Fouls (no matter the time of game) will result in two automatic points plus the ball possession for the fouled team.
- Following a made basket or dead ball, the other team will take the ball out under the scoring team's basket.
- Jump ball possession is determined by a possession arrow.
- 3 seconds in the lane. Refs will issue reminders early. Excessive violations will result in turn-over.
- 5 seconds closely guarded only when the offensive player is holding the basketball.
- There is no overtime period during regular season game. There is a two-minute overtime period in the playoffs.
- **Teams need to wear their NBA team jersey. Home teams wear light side and away teams wear dark side.**
- Jerseys need to be tucked into shorts.
- Each home team will be required to have one parent to run the scoreboard and the away team have a parent to fill out the game sheet with scores, fouls, etc.
- **Mercy Rule:** If a team is up by 30 in the first half or 40 in the second half, the game is declared over. The score at the time of the mercy will be recorded as the score for standings. Coaches will create two even teams from the two teams and play the remainder of the game time resetting the score to 0-0.
- **3rd/4th Grade, no zone defense, man to man defense only.**
- 5th grade and older are allowed to run zone defenses.
- There is no guarding past half court (pressing) in the first three quarters. Teams are allowed to guard past half court (Press) in the 4th quarter only if they are not up by more than 20 points.