

# INJURED ON THE JOB?

## What should I do?

Notify your employer right away and ask for a Form 801 *"Report of Job Injury or Illness."*  
**You have the right to file a claim if you are injured on the job.**

## What does my employer have to do?

Your employer must give you the Form 801 *"Report of Job Injury or Illness."* Then, your employer must give notice of your claim to the insurer.

## How do I get medical treatment?

Get medical treatment from a doctor or other health care professional of your choice. Your employer cannot choose your health care provider. Some providers have limits on the services they offer, so ask your provider about these limits. Give your employer's name and insurance information listed below to your health care provider.

## What if I can't do my job?

Your health care provider may approve time off work. The insurer will tell you if you are eligible for benefits. Your employer may have light-duty work you can do while you recover.

## It is important to stay in contact with your employer and your insurer.

If you have questions, you may contact the Ombudsman for Injured Workers at 800-927-1271 or the Workers' Compensation Division at 800-452-0288. You can find the most current information about your employer's workers' compensation insurance at [WorkCompCoverage.wcd.oregon.gov](http://WorkCompCoverage.wcd.oregon.gov).

## NOTICE OF COMPLIANCE

**This employer provides workers' compensation insurance for on-the-job injuries.**

Insured policy holder: UPPER COLUMBIA CORP OF SEVENTH DAY ADVENTISTS

Employer: UPPER COLUMBIA CORP OF SEVENTH DAY ADVENTISTS

Insurer: LIBERTY MUTUAL FIRE INSURANCE COMPANY

Policy no.: WC2Z91528481012

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