



SPOKANE AREA CAMP MEETING CONVOCATION *continues*

SUNDAY • JUNE 21

10:00 AM – 4:00 PM
ABC CHRISTIAN BOOKSTORE
& UCC CONFERENCE

3715 S Grove Road, Spokane • 99224

FREE
LUNCH
for
DAD

Free Seminars

Used Book Sale – Columbia Room

Lunch Fundraiser – Support our Pathfinders!

Serve One More Project – FREE 72 Hour Emergency
Buckets for you & a neighbor (limited qty)

Food Samples

Huge Case Food Sale

 ABC Christian
Bookstore

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SEMINAR PRESENTATIONS

Understanding Galatians – Andrew McCrary & Eric Saylor

10:00 – 11:00 AM Cascade Room

Paul's letter to the Galatians has created questions and confused scholars and believers alike. What is the relationship between obedience to the law and righteousness by faith? How can we walk in the spirit? These questions and more will be discussed as we dive directly into the book of Galatians.

Plant-Based Batch Cooking Class – Neva Brackett & Violet Douglas

10:00 – 11:00 AM Clearwater Room

Busy schedules necessitate efficient pantry and freezer organization. Learn how to prepare simple recipes in batches to be divided and frozen for last minute use. Food samples and recipe handouts provided by Neva Brackett, author of *Seven Secrets Cookbook*, and Violet Douglas, director of "A Merry Heart Ministries."

Nutrition for Healing & Wellness – Angela Ford

11:30 AM – 12:30 PM Clearwater Room

Learn how to plan nutrient dense, plant-based meals composed of colorful fruits and vegetables providing powerful nutrition for healing and wellness. Whether you are facing a health crisis or just want to be intentional about better dietary habits, Angela Ford's testimony will inspire you.

Menopause & Women's Health – Betty Ann Pilgrim

11:30 AM – 12:30 PM Cascade Room

Betty-Ann Pilgrim is a seasoned health care executive, nurse leader, educator, and global advocate for women's wellness, with a career rooted in clinical excellence, policy leadership, and spiritual empowerment. Learn more about the menopause experience for your health and how you can support others in your church or work community.

Principles of Bible Study – Lareda Neves

1:00 – 2:00 PM / 2:30 – 3:30 PM Cascade Room

Lareda Neves, author of *The Principles of Bible Study*, will teach you how to understand a Bible text; importance of knowing God as a friend; learn about the promises of God, importance of using a regular dictionary; how the concordance unlocks the Bible; find a verse without the reference; marking your Bible; and so much more!

Small Space & Short Season Gardening – Linda Eastman

2:00 – 4:00 PM Clearwater Room

Part 1: Discover how to grow an abundant garden — even with limited space. Linda will share practical tips that a beginner as well as seasoned gardener can implement. Part 2: Learn how to extend your growing season without a greenhouse and ways to cultivate healthy soil.

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