

Eucharistic Holy Hour for Evangelization



Monday, August 10, 2026

Our Lady of Perpetual Help Catholic Church
Salem, Virginia

Thank you for joining us to pray that Jesus, who has “all power,” will make more disciples in our town and region this year. We are His disciples here and now, and so this Great Commission is part of our mission too.

“All power in heaven and on earth has been given to me. Go, therefore, and make disciples of all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Spirit, teaching them to observe all that I have commanded you. ”

- Matthew 28:18-20



O COME LET US
Adore
HIM

EXPOSITION OF THE BLESSED SACRAMENT

(kneel)

O SALUTARIS



1. *Ō* sa - lu - tá - ris hó - sti - a, *Quae* cae - li
2. *U* - ni tri - nó - que Dó - mi - no Sit sem - pi -

1. *pan* - dis ós - ti - um: *Bel* - la pre - munt ho -
2. *tér* - na gló - ri - a, *Qui* vi - tam si - ne

1. *stí* - li - a, *Da* ro - bur, *fer* au - xí - li - um.
2. *tér* - mi - no *No* - bis do - net in pá - tri - a.

Text: LM; Latin, St. Thomas Aquinas, 1227–1274; tr. by Edward Caswall, 1814–1878. Music: Anthony Werner, fl. 1863.

EVENING PRAYER

(stand)

Priest: God, come to my assistance.
ALL: **Lord, make haste to help me.**
Priest: Glory to the Father, and to the Son,
and to the Holy Spirit:
ALL: **As it was in the beginning, is now,**
and will be forever.
Amen. Alleluia.

DAY IS DONE



1. Day is done, but Love un-fail-ing Dwells ev-er here;
2. Dark de-scends, but Light un-end-ing Shines through our night;
3. Eyes will close, but you un-sleep-ing Watch by our side;



1. Shad-ows fall, but hope, pre-vail-ing, Calms ev-'ry fear.
2. You are with us, ev-er lend-ing New strength to sight.
3. Death may come, in Love's safe-keep-ing Still we a-bide.



1. God, our Mak-er, none for-sak-ing, Take our hearts, of Love's own
2. One in love, your truth con-fess-ing, One in hope of heav-en's
3. God of love, all e-vil quell-ing, Sin for-giv-ing, fear dis-



1. mak-ing; Watch our sleep-ing, guard our wak-ing, Be al-ways near.
2. bless-ing, May we see, in love's pos-sess-ing, Love's end-less light!
3. pel-ling: Stay with us, our hearts in dwell-ing, This e-ven-tide.

Text: 84 84 88 84 © 1969, James Quinn, SJ. Published by OCP. All rights reserved. Music: Trad. Welsh melody.

(sit)

PSALMODY

Antiphon 1

Priest: By his martyrdom Lawrence gave witness to our
Lord Jeus Christ and gained the reward of heaven.

Left Side: I love the Lord for he has heard
the cry of my appeal;
for he turned his ear to me
in the day when I called him.

Right Side: They surrounded me, the snares of death,
with the anguish of the tomb;
they caught me, sorrow and distress.
I called on the Lord's name.

Left Side: O Lord, my God, deliver me!

Right Side: How gracious is the Lord, and just;
our God has compassion.

The Lord protects the simple hearts;
I was helpless so he saved me.

Left Side: Turn back, my soul, to your rest
for the Lord has been good;
he has kept my soul from death,
my eyes from tears
and my feet from stumbling.

Right Side: I will walk in the presence of the Lord
in the land of the living.

Left Side: Glory to the Father, and to the Son,
and to the Holy Spirit:

Right Side: as it was in the beginning, is now,
and will be for ever. Amen.

ALL: **By his martyrdom Lawrence gave witness to our
Lord Jesus Christ and gained the reward of
heaven.**

Antiphon 2

Priest: Blessed Lawrence cried out: I rejoice greatly
because I have been considered worthy to be a
sacrificial victim for Christ.

Left Side: I trusted, even when I said:
I am sorely afflicted,
and when I said in my alarm:
No man can be trusted.

Right Side: How can I repay the Lord
for his goodness to me?
The cup of salvation I will raise;
I will call on the Lord's name.

Left Side: My vows to the Lord I will fulfill
before all his people.
O precious in the eyes of the Lord
is the death of his faithful.

Right Side: Your servant, Lord, your servant am I;
You have loosened my bonds.
A thanksgiving sacrifice I make:
I will call on the Lord's name.

Left Side: My vows to the Lord I will fulfill
before all his people,
in the courts of the house of the Lord,
in your midst, O Jerusalem.

Right Side: Glory to the Father, and to the Son,
and to the Holy Spirit:

Left Side: as it was in the beginning, is now,
and will be for ever. Amen.

ALL: **Blessed Lawrence cried out: I rejoice greatly
because I have been considered worthy to be a
sacrificial victim for Christ.**

Antiphon 3

Priest: I thank you, Lord Jesus Christ, for permitting me to
enter the gates of your kingdom.

Left Side: O Lord our God, you are worthy
to receive glory and honor and power.

Right Side: For you have created all things;
by your will they came to be and were made.

Left Side: Worthy are you, O Lord,
to receive the scroll and break open its seals.

Right Side: For you were slain;
with your blood you purchased for God
men of every race and tongue,
of every people and nation.

Left Side: You made of them a kingdom,
and priests to serve our God,
and they shall reign on the earth.

Right Side: Worthy is the Lamb that was slain
to receive power and riches,
wisdom and strength,
honor and glory and praise.

Left Side: Glory to the Father, and to the Son,
and to the Holy Spirit:

Right Side: as it was in the beginning, is now,
and will be for ever. Amen.

ALL: **I thank you, Lord Jesus Christ, for permitting me
to enter the gates of your kingdom.**

READING

1 Peter 4:13-14

Rejoice, beloved, in the measure that you share Christ's sufferings. When his glory is revealed, you will rejoice exultantly. Happy are you when you are insulted for the sake of Christ, for then God's spirit in its glory has come to rest on you.

HOMILY

RESPONSORY

Priest: You have tried us by fire, O God,
Then led us to a place of refreshment.

ALL: **You have tried us by fire, O God,
Then led us to a place of refreshment.**

Priest: You refined us as silver in the furnace,

ALL: **Then led us to a place of refreshment.**

Priest: Glory to the Father, and to the Son,
and to the Holy Spirit,

ALL: **You have tried us by fire, O God,
Then led us to a place of refreshment.**

(stand)

CANTICLE OF MARY

Antiphon

Priest: Blessed Lawrence said: The night is not dark for me; all things shine as in the noonday light.

Priest: My spirit rejoices in God my Savior.

ALL: **My soul proclaims the greatness of the Lord,
my spirit rejoices in God my Savior
for he has looked with favor on his lowly servant.
From this day all generations will call me blessed:
the Almighty has done great things for me,
and holy is his Name.
He has mercy on those who fear him
in every generation.
He has shown the strength of his arm,
he has scattered the proud in their conceit.
He has cast down the mighty from their thrones,
and has lifted up the lowly.
He has filled the hungry with good things,**

and the rich he has sent away empty.
He has come to the help of his servant Israel
for he has remembered his promise of mercy,
the promise he made to our fathers,
to Abraham and his children for ever.
Glory to the Father, and to the Son,
and to the Holy Spirit:
as it was in the beginning, is now,
and will be for ever. Amen.

ALL: Blessed Lawrence said: The night is not dark for me; all things shine as in the noonday light.

INTERCESSIONS

Priest: This is the hour when the King of martyrs offered his life in the upper room and laid it down on the cross.
Let us thank him and say:

ALL: **We praise you, O Lord.**

Lector: We praise you, O Lord, our Savior, inspiration and example for every martyr, for loving us to the end:

ALL: **We praise you, O Lord.**

Lector: For calling all repentant sinners to the rewards of life:

ALL: **We praise you, O Lord.**

Lector: For entrusting to your Church the blood of the new and everlasting covenant poured out for the remission of sin:

ALL: **We praise you, O Lord.**

Lector: For our perseverance in your grace today:

ALL: **We praise you, O Lord.**

Lector: For incorporating our dead brothers and sisters into your own death today:

ALL: **We praise you, O Lord.**

THE LORD'S PRAYER

ALL: Our Father, who art in heaven,
hallowed be thy name.
Thy kingdom come.
Thy will be done on earth, as it is in heaven.

**Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from evil.**

CONCLUDING PRAYER

Priest: Father, you called St. Lawrence to serve you by love and crowned his life with glorious martyrdom. Help us to be like him in loving you and doing your work. Grant this through our Lord Jesus Christ, your Son, who lives and reigns with you and the Holy Spirit, God, for ever and ever.

ALL: **Amen.**

EUCCHARISTIC ADORATION

(sit)

HERE I AM TO WORSHIP

Hughes

Light of the world, You stepped down into darkness.
Opened my eyes, let me see.
Beauty that made this heart adore You.
Hope of a life spent with You.

Refrain



Here I am to wor - ship, here I am to



bow down, here I am to say that You're my God. —



You're all to - geth - er love - ly, al - to - geth - er



wor - thy, al - to - geth - er won - der - ful to me. —

King of all days, oh so highly exalted. Glorious in heaven above.
 Humbly, You came to the earth You created.
 All for love's sake, became poor. (Refrain)

And I'll never know how much it cost to see my sin upon that cross.
 And I'll never know how much it cost to see my sin upon that cross.

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SILENT MEDITATION

YOU ARE MY ALL IN ALL

Jernigan



You are my strength when I am weak. You are the trea-sure that I
 Tak-ing my sin, my cross, my shame, ris-ing a-gain, I call Your



seek. You are my all in all._____ Seek-ing You as a pre-cious
 name. You are my all in all._____ When I fall down, You pick me



jewel. Lord, to give up, I'd be a fool. You are my all in all.
 up. When I am dry, You fill my cup. You are my all in all.



Je - sus, Lamb of God, wor - thy is Your name!_____



Je - sus, Lamb of God, wor - thy is Your name!

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THE HOLY ROSARY

If you need assistance with the Rosary, use the blue sheets with more detail, or consider using the Interactive Rosary from the free Laudate app (available for Apple and Android phones).

BENEDICTION

(kneel)

TANTUM ERGO SACRAMENTUM



1. Tan - tum er - go Sac - ra - mén - tum Ve - ne - ré - mur
2. Ge - ni - tó - ri, Ge - ni - tó - que Laus et ju - bi -

1. cér - nu - i: Et an - tí - quum do - cu - mén - tum
2. lá - ti - o, Sa - lus, ho - nor, vir - tus quo - que

1. No - vo ce - dat rí - tu - i: Prae - stet fi - des
2. Sit et be - ne - dí - cti - o: Pro - ce - dén - ti

1. sup - ple - mén - tum Sén - su - um de - fé - ctu - i.
2. ab u - tró - que Com - par sit lau - dá - ti - o.

Text: 87 87 87; Tantum ergo; St. Thomas Aquinas, 1227–1274; tr. by Harry Hagan, OSB, b. 1947,
© 1990, St. Meinrad Archabbey. Published by OCP. All rights reserved. Music: John F. Wade, 1711–1786.

BENEDICTION SONG

Priest: You have given them Bread from heaven.

ALL: Having within it all Sweetness.

EUCCHARISTIC BLESSING

Priest: O God, who in this wonderful Sacrament
have left us a memorial of your Passio
grant us, we pray, so to revere
the sacred mysteries of your Body and Blood
that we may always experience in ourselves
the fruits of your redemption.
Who live and reign for ever and ever.

ALL: Amen.

*Please make the Sign of the Cross
as Father blesses us with the Eucharist.*

DIVINE PRAISES

ALL: Blessed be God.

Blessed be His Holy Name.

Blessed be Jesus Christ, true God and true man.

Blessed be the name of Jesus.

Blessed be His Most Sacred Heart.

**Blessed be Jesus in the Most Holy Sacrament
of the Altar.**

Blessed be the Holy Spirit, the Paraclete

Blessed be the great Mother of God, Mary most holy.

Blessed be her holy and Immaculate Conception.

Blessed be her glorious Assumption.

Blessed be the name of Mary, Virgin and Mother.

Blessed be Saint Joseph, her most chaste spouse.

Blessed be God in His angels and in His Saints.

(stand)

HOLY GOD, WE PRAISE THY NAME



1. Ho - ly God, we praise thy name; Lord of
3. Ho - ly Fa - ther, Ho - ly Son, Ho - ly



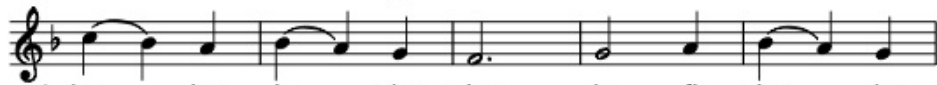
1. all, we bow be - fore thee! All on earth thy
3. Spir - it, Three we name thee; While in es - sence



1. scep - ter claim, All in heav'n a - bove a - dore thee;
3. on - ly One, Un - di - vid - ed God we claim thee;



1. In - fi - nite, thy vast do - main, Ev - er -
3. And a - dor - ing, bend the knee, While we



1. last - ing is thy reign. In - fi - nite, thy
3. own the mys - ter - y. And a - dor - ing,



1. vast do - main, Ev - er - last - ing is thy reign.
3. bend the knee, While we own the mys - ter - y.

Text: 78 78 77 with repeat; *Te Deum laudamus*; attr. to St. Nicetas, ca. 335–414;
Grosser Gott, wir loben dich; tr. ascr. to Ignaz Franz, 1719–1790; tr. by Clarence A. Walworth, 1820–1900.