



# Green Parrot Resort

## Pelican Pub and Grill

### BREAKFAST MENU

All prices in BZ dollars. GST not included.  
15% gratuity added to parties of more than 6 guests.

#### Belizean Breakfast \$28

Two eggs any style, with fried fish, bacon, ham, or sausage.  
Served with refried beans and fry jacks or flour tortilla.

#### American Breakfast \$28

Two eggs any style, with bacon, ham, or sausage. Served  
with breakfast potatoes and two pancakes or toast.

#### Stuffed Fry Jacks \$24

Fry jack stuffed with taco-seasoned ground beef, refried  
beans, scrambled eggs, and cheese.

#### Build Your Own Omelet \$22

Three-egg cheese omelet with breakfast potatoes.

**Meats +\$4 each:** bacon, ham, sausage

**Vegetables +\$2 each:** mushrooms, peppers, onions,  
tomatoes

#### French Toast \$20

French toast with our own rum syrup.

#### Eggs Benedict \$28

Homemade English muffin, ham, poached eggs, and  
hollandaise sauce. Served with breakfast potatoes.

#### Lobster Benedict \$40

Homemade English muffin, lobster meat, poached eggs, and  
hollandaise sauce. Served with breakfast potatoes.

#### Breakfast Sandwich \$24

Scrambled eggs, bacon, ham, or sausage, and cheese on  
our fresh-baked Kaiser roll.

#### Breakfast Burrito \$22

Refried beans, scrambled eggs, potatoes, and cheese  
wrapped in a flour tortilla.

#### Shrimp N Grits \$32

Served with two eggs and toast.

#### Steak N Eggs \$55

4-ounce filet with two eggs any style, breakfast potatoes, and  
toast.

## Breakfast Sides

|                                |            |
|--------------------------------|------------|
| Hashbrown / Breakfast Potato   | \$7        |
| Biscuits and Gravy (2)         | \$12       |
| Grits                          | \$10       |
| Ham, Sausage (3), or Bacon (3) | \$10       |
| Toast with Butter & Jam        | \$7        |
| Fry Jacks (2)                  | \$7        |
| Flour Tortilla (2)             | \$7        |
| Pancakes (2)                   | \$10       |
| Refried Beans                  | \$6        |
| Two Eggs Any Style             | \$8        |
| Fruit Plate - Small / Large    | \$8 / \$12 |

## Beverages

|                                              |      |
|----------------------------------------------|------|
| 1 Liter Water                                | \$4  |
| 1/2 Liter Water                              | \$2  |
| Orange, Pineapple, Lime,<br>Watermelon Juice | \$8  |
| Coffee / Tea                                 | \$4  |
| Coffee refill (unlimited)                    | \$2  |
| Sodas                                        | \$3  |
| Milk                                         | \$6  |
| Cranberry Juice                              | \$6  |
| Bloody Mary                                  | \$18 |
| Mimosa                                       | \$25 |