

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2026



KEY:
 (2)-Second Floor/(3)-Third Floor/(4)-Fourth Floor
 (L)-Lobby/(AR)-Assembly Room/(All FL)-All Floors
 (CP Led)-Care Partner Led

10:30 Hymn Sing with Sasha (4)
11:00 Church Service w/ Mr. Melfi (AR)
3:30 Daily Chronicle (L)
4:25 Bills vs. Jets
6:30 Living Room Reading Hour (All FL LR)

4

***Wilson Students Visit 11:00a-12:00p!**
9:00 Floor Walks-CP Led (All FL)
10:00 Wake Up Walks & Talk Club w/ Zoi (L)
11:00 Monday Music & Adult Color/Puzzle Club (2-Kitchen)
1:00 Karaoke (3) / Manicures (2,4) CP Led (All FL)
1:30 Bingo w/ RPH Service Board (2)
3:00 Curiosity Corner w/ Heather: Animals that thrive in the Cold (2)
7:00 The Voice-NBC-CP Led (All FL)

5

***Wilson Students Visit 11:00a-12:00p!**
9:00 January Color Club/Winter Pictures-CP Led (All FL)
11:00 Wake-Up Chair Exercises (YouTube) (2)
11:00 Rosary (3rd FL DR)
1:00 Daily Chronicles-CP Led (All FL)
Music Therapy w/ Hochstein School: 2:30 - 3:30 (3) / 3:30 - 4:30 (4)
7:00 Tuesday Travelogue: Scotland w/ Rick Steve's (YouTube)-CP Led (2,3,4)

6

***Wilson Students Visit 11:00a-12:00p!**
9:00 Game Show (2) / Music Hour (3, 4)- CP Led (All FL)
2:00 Visits to the Country Store (NH)-CP Led
2:00 Ice Cream Sundae Social & Music (Parlor)
3:00 Visits w/ Sasha (All)
6:30 BINGO with Eula- (2)
7:00 Snack & Chat Social-CP Led (3,4)

7

Happy New Year!
11:00 New Years Day Parade-Rose Parade!- ABC (2,3,4)
1:00 Write Your NY Resolution! (Poster on each Floor in LR)
2:30 Movie Matinee: "One Special Night" (Prime) - Starring Julie Andrews! (2,3,4)
7:00 1:1 Visits w/ Elders-CP Led (All FL)

New Year's Day

1

Happy Birthday, Generosa!
9:00 Floor Walks-CP Led (All FL)
11:00 Book Club w/ Zoi (2)
1:00 Nature Viewing Club: YouTube- "National Geographic Fire & Ice"-CP Led (All FL)
3:15 Music & More w/ Sasha & Friends (AR)
7:00 Snack Social & Music Hour: Ben E. King (YouTube)- CP Led (2,3,4)

2

Happy Birthday Alan!
11:00 Morning Music & Movements (All FL LR)
2:30 Saturday Social w/ Staff! (All FL LR)
4:15 Daily Chronicle (L)
6:30 Saturday Night Viewing: Frasier (Prime) (2) / Elder's Pick (3,4)

3

10:30 Hymn Sing with Sasha (4)
11:00 Church Service w/ Mr. Melfi (AR)
2:30 Make Snowflakes for Party! (2)
3:30 Daily Chronicle (L)
8:00 Golden Globes 2026 (CBS)- (All FL)

11

9:00 Floor Walks-CP Led (All FL)
11:00 Monday Music & Adult Color/Puzzle Club (2-Kitchen)
11:15 Chair Exercises w/ Heather (3)
1:00 Karaoke (3) / Manicures (2,4) CP Led (All FL)
1:30 Bingo w/ RPH Service Board (2)
2:30 Bird Watching Club w/ Heather (4)
7:00 The Voice-NBC-CP Led (All FL)

12

9:00 January Color Club/Winter Pictures-CP Led (All FL)
11:00 Wake-Up Exercises w/ Zoi (2)
11:00 Rosary (3rd FL DR)
1:00 Daily Chronicles-CP Led (All FL)
2:00 Card Club w/ Zoi (2)
Music Therapy w/ Hochstein School: 2:30 - 3:30 (3) / 3:30 - 4:30 (4)
7:00 Tuesday Travelogue: Portugal w/ Rick Steve's (YouTube)-CP Led (2,3,4)

13

Pajama Day- Wear Pajamas!
9:00 Pajama Party-Morning Movie! (Elders Choice)-CP Led (2,3,4)
10:30 Walking Club w/ Zoi (L)
2:00 Visits to the Country Store (NH)-CP Led
2:00 Ice Cream Sundae Social & Music (Parlor)
3:00 Visits w/ Sasha (All)
6:30 BINGO with Eula- (2)
7:00 Snack & Chat Social-CP Led (3,4)

14

Country Day: Iceland!
Happy Birthday, Janice!
9:00 January Color Club/Winter Pictures-CP Led (All FL)
10:00 Coffee Social w/ Staff (3)
11:00 Bible Study (AR)
1:00 Manicures & Nail Care (All FL LR)- CP Led
ZUMBA w/ Denise: 1:00 on 2 / 1:30 on 3 / 2:00 on 4
2:30 Happy Hour & Travelogue: Wonders of Iceland (YT)- (2, 3, 4)
6:30 Bagpipe Music Practice-CP Led (AR)

15

9:00 Floor Walks-CP Led (All FL)
11:00 Friday Morning Exercises/ Movements (All FL LR)
1:00 Nature Viewing Club: YouTube "National Geographic Wild Babies of America's National Parks" & Handouts-CP Led (All FL)
2:30 January Birthday Party Celebration & Concert by Gene Romano! (AR)
7:00 Snack Social & Music Hour: Brenda Lee (YouTube)- CP Led (2,3,4)

16

Happy Birthday, Betty White!
11:00 Morning Music & Movements (All FL LR)
2:30 Saturday Social w/ Staff! (All FL LR)
4:15 Biography of Betty White (L)
6:30 Saturday Night Viewing: Monk (Prime) (2) / Elder's Pick (3,4)

7

10:30 Hymn Sing with Sasha (4)
11:00 Church Service w/ Mr. Melfi (AR)
3:30 Daily Chronicle (L)
6:30 Living Room Reading Hour (All FL LR)

18

9:00 Floor Walks-CP Led (All FL)
11:00 "I Have A Dream" Handouts (2, 3, 4)
1:00 Remembering MLK (YouTube)-CP Led (All FL)
1:30 Bingo w/ RPH Service Board (2)
2:30 Winter Animal Pictures w/ Zoi (4)
6:30 Concert by Total Sounds! (AR)
Martin Luther King Jr. Day

19

9:00 January Color Club/Winter Pictures-CP Led (All FL)
11:00 Wake-Up Exercises w/ Zoi (2)
11:00 Rosary (3rd FL DR)
11:15 Morning Movements & Sing Along w/ Heather (4)
1:00 Daily Chronicles-CP Led (All FL)
Music Therapy w/ Hochstein School: 2:30 - 3:30 (3) / 3:30 - 4:30 (4)
7:00 Tuesday Travelogue: Ireland w/ Rick Steve's (YouTube)-CP Led (2,3,4)

20

Happy Birthday, Anne!
9:00 Game Show (2) / Music Hour (3, 4)- CP Led (All FL)
10:30 Walking Club w/ Zoi (L)
1:30 Scenic Bus Trip: Genesee Valley Park!
2:00 Visits to Country Store (NH)-CP Led
2:00 Ice Cream Social & Music (Parlor)
3:00 Music & More w/ Sasha Sarah (2)
4:15 Winter Word Games w/ Heather (3)
6:30 BINGO with Eula- (2)
7:00 Snack & Chat Social-CP Led (3,4)

21

Wear Blue!
Happy Birthday, Mike!
9:00 January Color Club/Winter Pictures-CP Led (All FL)
10:00 Coffee Social w/ Staff (3)
11:00 Bible Study (AR)
1:00 Manicures/Nail Care (All FL)- CP Led
ZUMBA w/ Denise:
1:00 on 2 / 1:30 on 3 / 2:00 on 4
3:00 Winter Wonderland Party & Music with Ray! (AR)
6:30 Bagpipe Music Practice-CP Led (AR)

22

9:00 Floor Walks-CP Led (All FL)
11:00 Sensory Room Visits (4)
OR Chair Exercises (YouTube)-(All FL LR)
11:45 Lunch Hour Piano Music By Tom (L)
1:00 Nature Viewing Club: YouTube "National Geographic Surviving Grand Teton" & Handouts-CP Led (All)
2:00 Shadow Boxes
3:15 Music & More w/ Sasha & Friends (AR)
7:00 Snack Social & Music Hour: Dolly Parton Hits (YouTube)- CP Led (2,3,4)

23

Compliment Day - Give Someone a Compliment
10:30 Pet Therapy Visits w/ RocDog! (All FL LR)
2:30 Ice Cream Sundae Social at Don & Norma's Parlor! (All Floors)
3:30 Billiards & Beatles Music w/ Zoi (2)
4:15 Daily Chronicle (L)
6:30 Saturday Night Viewing: Elder's Pick- Prime (2,3,4)

24

10:30 Hymn Sing with Sasha (4)
11:00 Church Service w/ Mr. Melfi (AR)
2:00 Balloon Games w/ Zoi (4)
3:30 Daily Chronicle (L)
6:30 Living Room Reading Hour (All FL LR)

25

Happy Birthday, Cheryl!
9:00 Floor Walks-CP Led (All FL)
11:00 Monday Music & Adult Color/Puzzle Club (2-Kitchen)
11:15 Chair Exercise w/ Heather (3)
1:00 Karaoke (3) / Manicures (2,4) CP Led (All FL)
1:30 Bingo w/ RPH Service Board (2)
2:30 Make Snowmen w/ Heather (AR)
7:00 The Voice-NBC-CP Led (All FL)

26

9:00 January Color Club/Winter Pictures-CP Led (All FL)
11:00 Wake-Up Exercises w/ Zoi (2)
11:00 Rosary (3rd FL DR)
11:15 Winter Story Circle w/ Heather(4)
1:00 Daily Chronicles-CP Led (All FL)
2:00 Card Club w/ Zoi (2)
Music Therapy w/ Hochstein School: 2:30 - 3:30 (3) / 3:30 - 4:30 (4)
7:00 Tuesday Travelogue: Switzerland w/ Rick Steve's (YouTube)-CP Led (2,3,4)

27

9:00 Game Show (2) / Music Hour (3, 4)- CP Led (All FL)
10:30 Walking Club w/ Zoi (L)
2:00 Visits to the Country Store (NH)-CP Led
2:00 Ice Cream Sundae Social & Music (Parlor)
3:00 Music & More w/ Sasha & Sarah (2)
6:30 BINGO with Eula- (2)
7:00 Snack & Chat Social-CP Led (3,4)

28

Soda Fountain Day!
Happy Birthday, Madhu!
9:00 January Color Club/Winter Pictures-CP Led (All FL)
10:00 Coffee Social w/ Staff (3)
11:00 Bible Study (AR)
1:00 Manicures/Nail Care (All FL)- CP Led
ZUMBA w/ Denise:
2:00 on 2 / 2:30 on 3 / 3:00 on 4
2:30 Happy Hour: Soda Pop & Nostalgic Tunes! (All FL LR)
6:30 Bagpipe Music Practice-CP Led (AR)

29

Favorite Sports Team Day - Wear Your Teams Tee!
9:00 Floor Walks-CP Led (All FL)
11:00 Winter Water Color Art! (AR)
1:00 Nature Viewing Club: YouTube "National Geographic Emperor Penguin Societies" & Handouts-CP Led (All FL)
3:15 Music & More w/ Sasha & Friends (AR)
7:00 Snack Social & Music Hour: Ricky Nelson (YouTube)- CP Led (2,3,4)

30

11:00 Morning Music & Movements (All FL LR)
2:30 Saturday Social w/ Staff! (All FL LR)
4:15 Daily Chronicle (L)
6:30 Saturday Night Viewing: Stagecoach (Prime) (2) / Elder's Pick (3,4)

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Australia Day (Observed)

****Unless otherwise stated, most of daily programming is led by the Family Care Team on each floor's community spaces. All programming is subject to change to honor elders interests in the moment and offer opportunities for spontaneity.****

For questions, contact Heather at 585-235-9100 x228 or heather.hebert@rph.org