

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>10:30 Hymn Sing with Sasha (4)</p> <p>11:00 Church Service w/ Pastor Chrissie (AR)</p> <p>1:30 Bible Stories & Songs w/ Pastor Chrissie (3)</p> <p>6:30 Living Room Concert: Stevie Wonder! (Search YouTube)- All FL LR</p>	<p>9:00 Floor Walks-CP Led (All FL)</p> <p>11:15 Big Soccer Ball w/ Zoi (4)</p> <p>1:30 Bingo w/ Zoi (2)</p> <p>2:00 Hand Therapy & Massages w/ Heather (4)</p> <p>2:30 Big Soccer Ball w/ Heather (3)</p> <p>7:00 The Voice-NBC-CP Led (All FL)</p> <p>Purim Begins</p>	<p>9:00 Sing Along w/ Suzie Q (Search YouTube)- CP Led (2,3,4)</p> <p>11:00 Wake-Up Exercises w/ Zoi (2)</p> <p>Hymns & Prayers w/ Mr. Melfi:</p> <p>11:00 on 3 / 11:20 on 4</p> <p>1:00 Daily Chronicles-CP Led (All FL)</p> <p>Music Therapy w/ Hochstein School:</p> <p>2:30 - 3:30 (3) / 3:30 - 4:30 (4)</p> <p>7:00 Tuesday Travelogue: Highlights of Paris w/ Rick Steve's (YouTube)-CP Led (2,3,4)</p>	<p>9:00 Color Club- CP Led (2, 3, 4)</p> <p>11:00 Bible Study w/ Pastor Chrissie! (AR)</p> <p>2:00 Visits to the Country Store & Ice Cream Social! (NH Parlor)-CP Led</p> <p>3:00 Visits w/ Sasha (All)</p> <p>6:30 BINGO with Eula- (2)</p> <p>7:00 Snack & Chat Social-CP Led (3,4)</p>	<p>9:30 National Geographic Nature Show (YouTube)- CP Led (2, 3, 4)</p> <p>11:00 Prayers & Devotionals with Navi! (3)</p> <p>11:00 Book Club w/ Zoi (4)</p> <p>11:15 Curiosity Club w/ Heather (2)</p> <p>1:00 Manicures & Nail Care (All FL LR)- CP Led</p> <p>ZUMBA w/ Denise:</p> <p>2:00 on 2 / 2:30 on 3 / 3:00 on 4</p> <p>2:30 Happy Hour: Popcorn!</p> <p>6:30 Bagpipe Practice-CP Led (AR)</p>	<p>9:00 Floor Walks-CP Led (All FL)</p> <p>11:00 Morning Music & Movements (All FL LR)</p> <p>2:30 Ice Cream Social! (All FL LR)</p> <p>3:30 Manicures & Nail Care w/ Zoi (2)</p> <p>6:15 Movie! Elders Pick (All FL LR)</p>	<p>11:00 Morning Music & Movements (All FL LR)</p> <p>2:30 Saturday Social w/ Staff! (All FL LR)</p> <p>4:15 Daily Chronicle (Activities Station on each FL)</p> <p>6:30 Saturday Night 'Prime' Movie! Elders Pick (All FL LR)</p>
<p>8</p> <p>10:30 Hymn Sing with Sasha (4)</p> <p>11:00 Church Service w/ Pastor Chrissie</p> <p>11:30 Meet & Greet Social w/ Pastor Chrissie! (AR)</p> <p>1:30 Bible Stories & Songs w/ Pastor Chrissie (4)</p> <p>2:00 BINGO w/ Zoi (3)</p> <p>6:30 Living Room Concert: Bruce Springsteen (Search YouTube)- All FL LR</p> <p>Daylight Saving Time Begins</p>	<p>9:00 Floor Walks-CP Led (All FL)</p> <p>11:00 Monday Music & Adult Color/Puzzle Club (2-Kitchen)</p> <p>11:15 Exercises w/ Metro Silver Sneakers (YouTube)- (3)</p> <p>11:15 Sensory Room Visits w/ Heather (4)</p> <p>1:00 Manicures & Nail Care- CP Led (All FL)</p> <p>2:30 Brain & Boogie w/ Heather (3)</p> <p>7:00 The Voice-NBC-CP Led (All FL)</p>	<p>10</p> <p>9:00 Sing Along Songs w/ Deedee: Memory Lane (Search YouTube)- CP Led (2,3,4)</p> <p>11:00 Wake-Up Exercises w/ Zoi (2)</p> <p>Hymns & Prayers w/ Mr. Melfi:</p> <p>11:00 on 3 / 11:20 on 4</p> <p>1:00 Daily Chronicles-CP Led (All FL)</p> <p>Music Therapy w/ Hochstein School:</p> <p>2:30 - 3:30 (3) / 3:30 - 4:30 (4)</p> <p>7:00 Tuesday Travelogue: Majesty of Madrid w/ Rick Steve's (YouTube)-CP Led (2,3,4)</p>	<p>11</p> <p>9:00 Color Club- CP Led (2, 3, 4)</p> <p>11:00 Bible Study w/ Pastor Chrissie! (AR)</p> <p>2:00 Visits to the Country Store & Ice Cream Social! (NH Parlor)-CP Led</p> <p>3:00 Visits w/ Sasha (All)</p> <p>6:30 BINGO with Eula- (2)</p> <p>7:00 Snack & Chat Social-CP Led (3,4)</p>	<p>12</p> <p>Beauty Shop Day!</p> <p>HAPPY BIRTHDAY NANCY M!</p> <p>9:30 National Geographic Nature Show (YouTube)- CP Led (2, 3, 4)</p> <p>11:00 Prayers & Devotionals with Navi! (3)</p> <p>11:00 Book Club w/ Zoi (4)</p> <p>11:15 Bake Carrot Cake w/ Heather (2)</p> <p>1:00 Manicures & Nail Care (All FL LR)- CP Led</p> <p>ZUMBA w/ Denise:</p> <p>2:00 on 2 / 2:30 on 3 / 3:00 on 4</p> <p>4:15 Cocktail Club (AR)</p> <p>6:30 Bagpipe Practice-CP Led (AR)</p>	<p>13</p> <p>Ireland Day!</p> <p>HAPPY BIRTHDAY ELLEN!</p> <p>9:00 Floor Walks-CP Led (All FL)</p> <p>11:00 What's Your Leprechaun Name? w/ Zoi (All)</p> <p>1:00 Classic TV Comedy (Prime)- CP Led (2, 3, 4)</p> <p>3:15 Ireland Party & Irish Dancers! (AR)</p> <p>7:00 Snack Social & Music Hour: Oldies But Goodies -CP Led (2, 3, 4)</p>	<p>14</p> <p>11:00 Morning Music & Movements (All FL LR)</p> <p>2:30 Saturday Social w/ Staff! (All FL LR)</p> <p>4:15 Daily Chronicle (Activities Station on each FL)</p> <p>6:30 Saturday Night 'Prime' Movie! Elders Pick (All FL LR)</p>
<p>15</p> <p>10:30 Hymn Sing with Sasha (4)</p> <p>11:00 Church Service w/ Pastor Chrissie (AR)</p> <p>1:30 Bible Stories & Songs w/ Pastor Chrissie (4)</p> <p>6:30 Living Room Concert: Tina Turner (Search YouTube)- All FL LR</p>	<p>16</p> <p>9:00 Floor Walks-CP Led (All FL)</p> <p>11:00 Monday Music & Adult Color/Puzzle Club (2-Kitchen)</p> <p>11:15 Exercises w/ Metro Silver Sneakers (YouTube)- (3)</p> <p>11:15 Book Club w/ Zoi (4)</p> <p>1:00 Manicures & Nail Care- CP Led (All FL)</p> <p>1:30 Bingo w/ Zoi (2)</p> <p>3:00 Volleyball Tournament! (AR)</p> <p>7:00 The Voice-NBC-CP Led (All FL)</p>	<p>17</p> <p>HAPPY BIRTHDAY AZALEE!</p> <p>9:00 Sing Along w/ Suzie Q (Search YouTube)- CP Led (2,3,4)</p> <p>11:00 Wake-Up Exercises w/ Zoi (2)</p> <p>Hymns & Prayers w/ Mr. Melfi:</p> <p>11:00 on 3 / 11:20 on 4</p> <p>11:45 St. Patrick's Day Dart Board Game! (L)</p> <p>1:00 Daily Chronicles-CP Led (All FL)</p> <p>St. Patrick's Day Party & Music Therapy w/ Hochstein School:</p> <p>2:30-3:05 (2) / 3:10-3:45 (3) / 3:50-4:30 (4)</p> <p>7:00 Tuesday Travelogue: Ireland! (YouTube)-CP Led (2,3,4)</p> <p>St. Patrick's Day</p>	<p>18</p> <p>9:00 Color Club- CP Led (2, 3, 4)</p> <p>11:00 Bible Study w/ Pastor Chrissie! (AR)</p> <p>2:00 Visits to the Country Store & Ice Cream Social! (NH Parlor)-CP Led</p> <p>3:00 Visits w/ Sasha (All)</p> <p>6:30 BINGO with Eula- (2)</p> <p>7:00 Snack & Chat Social-CP Led (3,4)</p>	<p>19</p> <p>9:30 National Geographic Nature Show (YouTube)- CP Led (2, 3, 4)</p> <p>11:00 Prayers & Devotionals with Navi! (3)</p> <p>11:00 Book Club w/ Zoi (2)</p> <p>1:00 Manicures & Nail Care (All FL LR)- CP Led</p> <p>2:30 Spring Fling Sock Hop Party w/ Jeff Elliott (AR)</p> <p>6:30 Bagpipe Music Practice-CP Led (AR)</p>	<p>20</p> <p>First Day of Spring!</p> <p>9:00 Floor Walks-CP Led (All FL)</p> <p>11:00 Morning Music & Movements (All FL LR)</p> <p>1:00 Classic TV Comedy (Prime)- CP Led (2, 3, 4)</p> <p>3:15 Music & More w/ Sasha & Friends (AR)</p> <p>7:00 Snack Social & Music Hour: 70s Soul -CP Led (2,3,4)</p> <p>Spring Begins</p>	<p>21</p> <p>11:00 Morning Music & Movements (All FL LR)</p> <p>2:00-3:30 Visits with Students at U of R!</p> <p>2:30 Ice Cream Social! (All FL LR)</p> <p>4:15 Daily Chronicle (Activities Station on each FL)</p> <p>6:30 Saturday Night 'Prime' Movie! Elders Pick (All FL LR)</p>
<p>22</p> <p>10:30 Hymn Sing with Sasha (4)</p> <p>11:00 Church Service w/ Pastor Chrissie (AR)</p> <p>2:30 Memorial Service for Nancy M. (Service Board Member & Previous Employee)- (AR)</p> <p>6:30 Living Room Concert: The Eagles (Search YouTube)- All FL LR</p>	<p>23</p> <p>9:00 Floor Walks-CP Led (All FL)</p> <p>11:00 Monday Music & Adult Color/Puzzle Club (2-Kitchen)</p> <p>11:15 Exercises w/ Metro Silver Sneakers (YouTube)- (3)</p> <p>1:00 Manicures & Nail Care- CP Led (All FL)</p> <p>2:30 Shamrock Tea Towel Potato Painting w/ Heather (3)</p> <p>7:00 The Voice-NBC-CP Led (All FL)</p>	<p>24</p> <p>HAPPY BIRTHDAY MAUREEN!</p> <p>9:00 Sing Along w/ Deedee: Memory Lane (Search YouTube)- CP Led (2,3,4)</p> <p>11:00 Wake-Up Exercises w/ Zoi (2)</p> <p>Hymns & Prayers w/ Mr. Melfi:</p> <p>11:00 on 3 / 11:20 on 4</p> <p>1:00 Daily Chronicles-CP Led (All FL)</p> <p>1:30 Shamrock Marble Art w/ Heather (4)</p> <p>2:00 Card Club w/ Zoi (2)</p> <p>Music Therapy w/ Hochstein School:</p> <p>2:30 - 3:30 (3) / 3:30 - 4:30 (4)</p> <p>7:00 Tuesday Travelogue: Europe w/ Rick Steve's (YouTube)-CP Led (2,3,4)</p>	<p>25</p> <p>9:00 Color Club- CP Led (2, 3, 4)</p> <p>9:30 Intergenerational Program at Chili Community Center! (Bus Trip)</p> <p>11:00 Bible Study w/ Pastor Chrissie! (AR)</p> <p>2:00 Visits to the Country Store & Ice Cream Social! (NH Parlor)-CP Led</p> <p>3:00 Visits w/ Sasha (All)</p> <p>6:30 BINGO with Eula- (2)</p> <p>7:00 Snack & Chat Social-CP Led (3,4)</p>	<p>26</p> <p>Beauty Shop Day!</p> <p>9:30 National Geographic Nature Show (YouTube)- CP Led (2, 3, 4)</p> <p>11:00 Prayers/Devotionals w/ Navi! (3)</p> <p>11:00 Shamrock Tea Towel Potato Painting w/ Zoi (2)</p> <p>1:00 Manicures/Nail Care (All FL)- CP Led</p> <p>2:30 March Birthday Celebration! -Cake & Music Concert w/ Lukas! (AR)</p> <p>6:30 Bagpipe Music Practice-CP Led (AR)</p>	<p>27</p> <p>9:00 Floor Walks-CP Led (All FL)</p> <p>11:00 Make Palm Crosses (AR)</p> <p>1:00 Classic TV Comedy (Prime)- CP Led (2, 3, 4)</p> <p>2:00 BINGO w/ Zoi (3)</p> <p>3:15 Music & More w/ Sasha & Friends (AR)</p> <p>7:00 Snack Social & Music Hour: Today's Country Music -CP Led (2, 3, 4)</p>	<p>28</p> <p>10:30 Pet Therapy Visits w/ RocDog! (All FL LR)</p> <p>2:30 Saturday Social w/ Staff! (All FL LR)</p> <p>4:15 Daily Chronicle (Activities Station on each FL)</p> <p>6:30 Saturday Night 'Prime' Movie! Elders Pick (All FL LR)</p>
<p>29</p> <p>10:30 Hymn Sing with Sasha (4)</p> <p>11:00 Palm Sunday Service w/ Pastor Chrissie (AR)</p> <p>1:30 Bible Stories & Songs w/ Pastor Chrissie (4)</p> <p>6:30 Living Room Concert: Michael Jackson (Search YouTube)- All FL LR</p> <p>Palm Sunday</p>	<p>30</p> <p>9:00 Floor Walks-CP Led (All FL)</p> <p>11:00 Monday Music & Adult Color/Puzzle Club (2-Kitchen)</p> <p>11:15 Exercises w/ Metro Silver Sneakers (YouTube)- (3)</p> <p>11:15 Big Soccer Ball w/ Zoi (4)</p> <p>1:00 Manicures & Nail Care- CP Led (All FL)</p> <p>1:30 Bingo w/ Zoi (2)</p> <p>Music w/ Ray! 2:30- 2 / 3:00- 3 / 3:30- 4</p> <p>7:00 The Voice-NBC-CP Led (All FL)</p>	<p>31</p> <p>9:00 Sing Along Songs w/ Deedee: Memory Lane (Search YouTube)- CP Led (2,3,4)</p> <p>11:00 Wake-Up Exercises w/ Zoi (2)</p> <p>Hymns & Prayers w/ Mr. Melfi:</p> <p>11:00 on 3 / 11:20 on 4</p> <p>1:00 Daily Chronicles-CP Led (All FL)</p> <p>2:00 Card Club w/ Zoi (2)</p> <p>7:00 Tuesday Travelogue: London w/ Rick Steve's (YouTube)-CP Led (2,3,4)</p>				<p>"A cheerful heart is good medicine." -Proverbs 17:22</p>

****Unless otherwise stated, most of daily programming is led by the Family Care Team on each floor's community spaces. All programming is subject to change to honor elders interests in the moment and offer opportunities for spontaneity.****
For questions, contact Heather at 585-235-9100 x228 or heather.hebert@rph.org. KEY: 2=2ND FLOOR / 3=3RD FLOOR / 4=4TH FLOOR/ ALL FL LR= ALL FLOOR LIVING ROOM / AR=ASSEMBLY ROOM / CP LED= CARE PARTNER LED